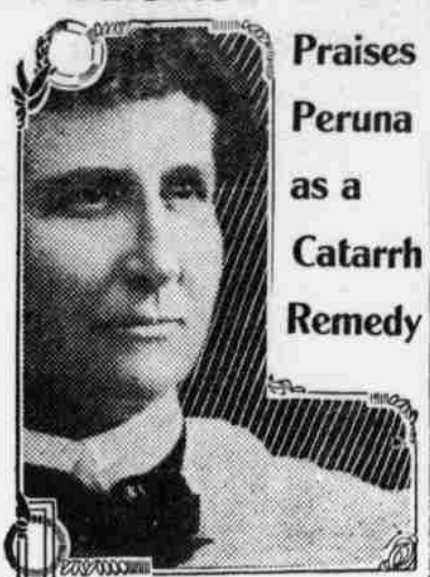


A Talented Writer



Praises
Peruna
as a
Catarrh
Remedy

MRS. E. M. TINNEY

Mrs. E. M. Tinney, story writer,
325 E. Nueva St., San Antonio, Tex.,
writes:

"During 1901 I suffered from
nasal catarrh, which various other
remedies failed to relieve.

"Six bottles of Peruna, which I
took, entirely cured me, the catarrh
disappearing and never returning.

"I therefore cheerfully recommend
Peruna to all similarly afflicted."

Mrs. Ellen Nagle, 414 4th street,
Green Bay, Wis., writes:

"I have often heard Peruna praised
and it is more widely known here than
any other medicine, but I never knew
what a splendid medicine it really was
until a few weeks ago when I caught a
bad cold which settled all over me.

"The doctor wanted to pre-scribe, but
I told him I was going to try Peruna
and sent for a bottle and tried it.

"I felt much better the next morn-
ing and within five days I had not a
trace of any lameness or any cough.

"I consider it the finest cough remedy."

Peruna Tablets—Some people pre-
fer to take tablets, rather than to take
medicine in a fluid form. Such people
can obtain Peruna tablets, which represent
the solid medicinal ingredients of Peruna.

Tupelo, a Southern wood, is now being
extensively utilized in the place of pine
and cypress. It has been heretofore
regarded as of little value, but under the
pressure of increasing demand it is found
available for a great many purposes, but
where it comes in contact with the ground
it is short-lived.

Contagion a Question of Prevention.

Sinks, drains, eating and cooking uten-
sils, sick room linen and clothing fre-
quently carry the dreaded disease germ
unnoticed by the household.

The rough and hygienic cleansing is the
best safe ward against infection, and such
a safeguard is found in the universal house-
hold necessity Borax.

This simple preventive carries in itself,
disinfecting qualities which enter the fabric
or act upon the article, to be cleansed in a
hygienic manner, eliminating every un-
wholesome property, rendering it contagion
proof, while at the same time Borax is of
itself as harmless as salt.

Unlike most disinfectants who depend
upon their strength of odor or harmful to
the system qualities to arrest or prevent
contagion, Borax is Nature's remedy, being
easy to obtain and easy to apply, a simple
solution in hot water being all the appli-
cation necessary and requiring no prescrip-
tion, it can be obtained from any grocer or
druggist in convenient, economic 1 house-
hold pack sizes.

In a dilution to its disinfecting qualities
Borax is especially a household necessity,
as it can be used for softening water, clean-
ing and whitening clothes, clearing the
skin, whitening hands, making an excellent
dandruff remover and can be used on the
finest laces or most delicate fabrics without
injury, while as an adjunct to the bath it
removes all odor of perspiration and leaves
the skin soft and velvety.

Frightful Example.

"What a curious old crank Squire
Blood is! He has named his youngest
son Good Food. Think of it—Good Food
Blood."

"Yes; he says he wants the boy to be
an object lesson showing the transcendent
beauties of English orthography.

CATARRH BLOOD AND SYSTEM DISORDERED

Catarrh is not merely an inflammation of the tissues of the head and
throat, as the symptoms of ringing noises in the ears, mucous dropping back
into the throat, continual hawking and spitting, etc., would seem to indi-
cate; it is a blood disease in which the entire circulation and the greater
part of the system are involved. Catarrh is due to the presence of an excess
of uric acid in the blood. The Liver, Kidneys and Bowels frequently be-
come torpid and dull in their action and instead of carrying off the refuse
and waste of the body, leave it to sour and form uric acid in the system.
This is taken up by the blood and through its circulation distributed to all
parts of the system. These impurities in the blood irritate and inflame
the different membranes and tissues of the body, and the contracting
of a cold will start the secretions and other disgusting and disagreeable
symptoms of Catarrh. As the blood goes to all parts of the body the cat-
arrhal poison affects all parts of the system. The head has a tight, full
feeling, nose continually stopped up, pains above the eyes, slight fever
comes and goes, the stomach is upset and the entire system disordered and
affected by this disease. It is a waste of
time to try to cure Catarrh with sprays,
washes, inhalations, etc. Such treatment
does not reach the blood, and can, therefore,
do nothing more than temporarily relieve
the discomfort of the trouble. To cure
Catarrh permanently the blood must be
thoroughly purified and the system cleansed
of all poisons, and at the same time
strengthened and built up. Nothing equals
S. S. S. for this purpose. It attacks the
disease at its head, goes down to the very
bottom of the trouble and makes a complete
and lasting cure. S. S. S. removes every
particle of the catarrhal poison from the
blood, making this vital stream pure, fresh
and healthy. Then the inflamed mem-
branes begin to heal, the head is loosened
and cleared, the hawking and spitting cease,
restored. S. S. S. also tones up the stomach and digestion and acts as a
fine tonic to the entire system. If you are suffering with Catarrh begin the
use of S. S. S. and write us a statement of your case and our physicians will
send you literature about Catarrh, and give you special medical advice
without charge. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

I had Catarrh for about fifteen
years, and no man could have
been worse. I tried everything
I could hear of, but no good re-
sulted. I then began S. S. S., and
could see a little improvement
from the first bottle, and after
taking it a short while was cured.
This was six years ago, and I am
as well today as any man. I think
Catarrh is a blood disease, and
know there is nothing on earth
better for the blood than S. S. S.
Nobody thinks more of S. S. S.
than I do.

S. S. S.
PURELY VEGETABLE

every symptom disappears, the constitution is built up and vigorous health
restored. S. S. S. also tones up the stomach and digestion and acts as a
fine tonic to the entire system. If you are suffering with Catarrh begin the
use of S. S. S. and write us a statement of your case and our physicians will
send you literature about Catarrh, and give you special medical advice
without charge. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Always at it.
Mrs. Pease—My husband and I never
dispute before the children. We always
send them out when a quarrel seems
imminent.

Miss Sharp—Aw, I've often wondered
why they're so much in the street!

No Chance.
He gave an interview and what he said
was twisted in a manner most capri-
cious;
When he refused to talk it merely led
to statements that his silence seemed
suspicious.
—Washington Star.

Splendid.
Half a century ago the crossing of the
Atlantic was an ordeal to appeal the stout-
est. To-day, babies in arms and invalids
need not fear it. There is a good deal in
fashion, and if it is the fashion to hurry
it is also the fashion to hurry splendidly.
—Observer.

Broke.
Mrs. A.—When my husband starts
on his vacation he always tells me he
is coming back shortly.
Mrs. Z.—And does he come back
shortly?
Mrs. A.—No, he generally comes
back short.

A Terrible Thought.
"I want to be loved for myself," ex-
claimed the romantic heiress.
"My dear lady," rejoined Baron Fu-
cush apprehensively, "is there any possi-
bility of this being a case of mistaken
identity?"—Washington Star.

Tentative.
Nan—Jack seems to be considerably
devoted to me, don't you think?
Fan—Yes; he seems to be considering
whether he is devoted to you or not.

The Natural Result.
"I saw Blinks this morning and he
looks all gone to pieces."
"What's the matter with him?"
"He's broke."—Baltimore American.

About It.
"Pop, what is an immunity bath?"
"A plunge, my son, to tell on the
other fellow first."—Baltimore Ameri-
can.

Now Objection to That.
"Go and take your bath, dear," said
his mother, "like a little man."
"That's the way I want to do!" howl-
ed Johnny. "Little men never take a
bath 'ceptin' they feel like it!"

Catarrh Invites Consumption

It weakens the delicate lung tissues,
deranges the digestive organs, and
breaks down the general health.

It often causes headache and dizzi-
ness, impairs the taste, smell and
hearing, and affects the voice.

Being a constitutional disease it re-
quires a constitutional remedy.

Hood's Sarsaparilla

Radically and permanently cures.

In usual liquid form or in chocolate tablets
known as Sarsatabs. 100 doses \$1.

The Face of Him.
"It won't be good for you if you cut
my face," remarked the man with the
sample case, as he took his seat in the
barber's chair.

"Why, what will you do?" asked the
barber.
"Nothing," rejoined the other; "but
you'll have to get a new razor."

St. Vitus' Dance and all Nervous Diseases
permanently cured by Dr. Kline's Great
Nerve Restorer. Send for FREE TRIAL bottle and
treatise. Dr. R. H. Kline, L.D., 931 Arch St., Phila., Pa.

Up to Date.

"Well, well," remarked old Mr. Pas-
tangon, "the young women of to-day
are not what they were in my time."

"No?" replied Miss Huskie.

"No, indeed. Why, all you young
women nowadays are muscular ath-
letes."

"That's so. In the proud lexicon of
feminine youth there is no such word
as 'frail.'"—Philadelphia Press.

VICTORIA A MIGHTY CATARACT.

African Waterfall Far Eclipses Our
Own Niagara in Grandeur.

Oozing out of a black, boggy depres-
sion in the heart of southern Africa is a
sluggish, muddy stream which winds
its way southward, leisurely at first,
but it soon grows rapidly in size and
strength until it pours into the Indian
Ocean, 1,650 miles away, fourth in
rank among the mighty rivers of Af-
rica, says the Scientific American.
About 700 miles from its source, and
just beyond the cataracts of Mololo,
the Zambesi, joined by the waters of
the Kwando River, spreads out into
what might be termed a lake about six
miles long and over a mile in width.
This lake is studded with islands and
the surface is very smooth, the vegeta-
tion along the banks being perfectly
mirrored in the placid water. Strange
to say, the lower end of this lake is
marked not by a shore line nor by the
slightest narrowing of its surface, but
by an abrupt fall beside which our
much vaunted Niagara is a mere pyg-
my. It is an entire lake that takes the
plunge, and not merely a river.

A comparison of Niagara and Victo-
ria falls shows at a glance how vast-
ly greater is the African falls. At
Niagara the river takes a plunge of 168
feet, but the Zambesi falls sheer 400
feet. The crest of Victoria falls is over
a mile long—5,808 feet, to be exact—
whereas the American fall at Niagara
measures only 1,060 feet, and the Horse-
shoe fall is only 1,230 feet across, or
3,010 feet as measured along the curve.
To illustrate the magnitude of the Af-
rican waterfall we might depict against
it the skyline of New York from Bat-
tery Park to Worth street. Not a build-
ing would project above the crest of
the falls excepting only the tower of
the Singer building, which is now in
process of erection. To be sure, in
comparing Niagara with Victoria, it
must be said in favor of the former
that the Horseshoe fall presents an un-
broken crest, while the edge of the
Victoria is divided by numerous is-
lands into stretches which nowhere ex-
ceeds 600 feet. At the center is Liv-
ingstone Island, and to the left, as
you look up stream, is the main fall,
while at the right of the island is the
Rainbow fall. Buka Island separates
the main fall from the Cascade or Dev-
il's Creek.

QUEER STORIES

Paris possesses the largest public
garden and the largest hospital.

A square foot of a Persian rug means
twenty-three days' work for the weaver.

The herring catch off the shores of
England represents \$15,000,000 annu-
ally.

Herrings are being sold in the streets
of Sunderland, England, at twenty for
a penny.

Squares, triangles and similar im-
plements used by draftsmen are now
made of glass.

A German estimate of the capital in-
vested in the construction of the world's
railroads is \$43,310,000,000.

The swiftest river in the world is the
Sutlej, of British India, which in 180
miles has a descent of 12,000 feet.

The Actors' Church Union of England
has in the last year gained fifty mem-
bers and has now 142 centers, with 171
chaplains.

The great cathedral at Cologne, al-
though completed but a few years ago,
has so deteriorated from factory smoke
that the body of the church will have to
be renovated throughout.

Cremation makes great headway in
the Alps. Geneva takes the lead, both
in point of number and equipment, but
Zurich, Aarau, Berne and Lausanne are
each building a second crematorium.
Five other towns are doing likewise.

He was a Scotchman and somewhat
shy. At tea the variety of cakes was
bewildering and the young lady whose
guest he was helpfully inquired, "Will
you have a cake or a meringue, Mr.
Johnstone?" "Hoots, no, ma lassie,"
quoth he, kindly, "you're no wrang—
I'll hae the cake!"

Monks and nuns exiled from France
by the recent laws are still seeking
refuge in England in considerable num-
bers. Fifty nuns recently left Brest
on board the Antelope, and 160 brothers
of Christian schools, who have been ex-
pelled from their institutions, are seek-
ing a home in Jersey and England.

The production of metallic cadmium,
which has hitherto been confined to
Belgium and Silesia, has been under-
taken by a chemical company of Cleve-
land, Ohio. The ore of the Joplin dis-
trict is stated to be richer in cadmium
than the ore of Silesia, but under the
conditions of zinc smelting in the United
States it has not been considered
worth while to attempt to save cad-
mium as a by-product.

Uncle Sam's Only Jade Mine.

The only jade mine in the United
States is in Siskiyou County, Califor-
nia, where preparations are now being
made to develop the deposit and ship
the rock to Germany to be worked
into ornaments. As a first step a per-
mit for building a road to the mine
has been secured from the forest ser-
vice, which is especially charged with
furthering in all possible ways the de-
velopment of mines and all other na-
tional resources.

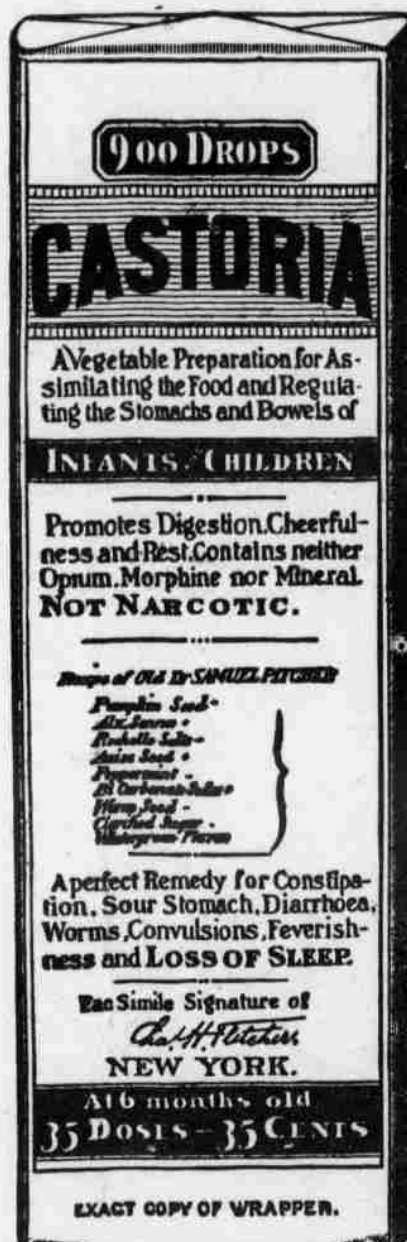
Here is a chance for some man to
make fifty million dollars in a few
minutes: marry Helen Gould.

Do not trust your victims; there
are no faithful victims.

What is Castoria.

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and
Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor
other Narcotic substance. Its age is its guarantee. It destroys Worms and allays
Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles,
cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach
and Bowels, giving healthy and natural sleep. The children's Panacea—The
Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over
30 years, has borne the signature of Chas. H. Fletcher, and has been made under
his personal supervision since its infancy. Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with
and endanger the health of Infants and Children—Experience against Experiment.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. F. Gerald Blattner, of Buffalo, N. Y., says: "Your Castoria is good
for children and I frequently prescribe it, always obtaining the desired
results."

Dr. Gustave A. Elsengraeber, of St. Paul, Minn., says: "I have used
your Castoria repeatedly in my practice with good results, and can recom-
mend it as an excellent, mild and harmless remedy for children."

Dr. E. J. Dennis, of St. Louis, Mo., says: "I have used and prescribed
your Castoria in my sanitarium and outside practice for a number of years
and find it to be an excellent remedy for children."

Dr. S. A. Buchanan, of Philadelphia, Pa., says: "I have used your Cas-
toria in the case of my own baby and find it pleasant to take, and have
obtained excellent results from its use."

Dr. J. E. Simpson, of Chicago, Ill., says: "I have used your Castoria in
cases of colic in children and have found it the best medicine of its kind
on the market."

Dr. R. E. Eskildson, of Omaha, Neb., says: "I find your Castoria to be a
standard family remedy. It is the best thing for infants and children I
have ever known and I recommend it."

Dr. L. R. Robinson, of Kansas City, Mo., says: "Your Castoria certainly
has merit. Is not its age, its continued use by mothers through all these
years, and the many attempts to imitate it, sufficient recommendation?
What can a physician add? Leave it to the mothers."

Dr. Edwin F. Pardee, of New York City, says: "For several years I have
recommended your Castoria and shall always continue to do so, as it has
invariably produced beneficial results."

Dr. N. B. Sizer, of Brooklyn, N. Y., says: "I object to what are called
patent medicines, where maker alone knows what ingredients are put in
them, but I know the formula of your Castoria and advise its use."

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.
The Kind You Have Always Bought
In Use For Over 30 Years.

No Necessity for Haste.

Mrs. Hokey (looking at postmark)—
My husband mailed this two days ago,
and it has a special delivery stamp on it.
How does it happen that it wasn't deliv-
ered yesterday?

Messenger—We have to be mighty kee-
ful with them special delivery letters,
ma'am. They're generally important, and
it won't do to hurry 'em.

Jealous of the Angels.

"She is half frantic since her hus-
band died."

"Yes; she is sure he went to heaven
and she has just read that the majority
of angels are women."—Houston, Tex.,
Post.

Not Entirely.

The great flouring mill had stopped.
"What's the matter?" inquired the re-
porter, finding the proprietor alone in the
establishment.

"Strike."

"Are you absolutely idle?"

"No—not absolutely!" answered the
miller, grinding his teeth.—Chicago Trib-
une.



Mortgages and other real estate securi- ties purchased. LOANS made.

H. E. NOBLE
Commercial Block PORTLAND, OREGON

ENGRAVING
PLATES
FOR PRINTING
HICKS-CHATTEN
Portland Oregon

P. N. U. No. 45-97

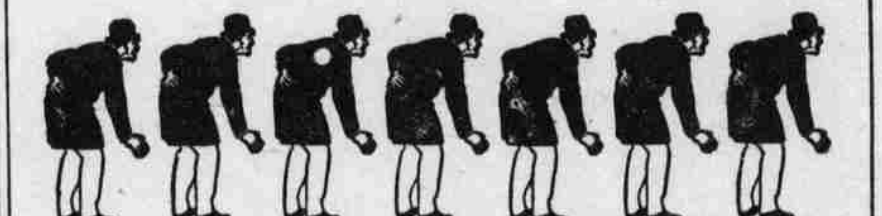
When writing to advertisers please
mention this paper.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well
and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet
how to dye, bleach and mix colors. MONROE DRUG COMPANY, Quincy, Illinois.

Impossible.
Miss Rinkies—Everything costs so
much nowadays! I suppose I'll have to
live plainer.
Miss Sharpstung—Why, dear, you
couldn't be any plainer, and live.

Balk.
Convalescent—Doctor, do you mean to
tell me that's my appendix?
Surgeon—Yes, sir.
Convalescent—Great Scott! It looks
more like a comic supplement!



NEURALGIA, STITCHES, LAMENESS, CRAMP
TWININGS, TWITCHES FROM WET OR DAMP
ALL BRUISES, SPRAINS, A WRENCH OR TWIST
THIS SOVEREIGN REMEDY THEY CAN'T RESIST

ST. JACOBS OIL

PRICE 25c AND 50c

One piece is a portion
and a luscious dessert—Preferred Stock Peaches,
from the Highlands of California. These
mountain peaches are universally conceded to
be the finest peaches in the world.

Preferred Stock Canned Goods

Packed Wherever the Best are Grown

In order to secure extra superior quality and
flavor for Preferred Stock Yellow Dessert Peaches
they are selected, when at their peak, and plucked
in the morning, then hand-peeled and
canned right in this mountainous, peach-growing country.

Purity and quality guaranteed—Preferred Stock—at your Grocer's
ALLEN & LEWIS, Wholesale Grocers, PORTLAND, OREGON, U. S. A.

W. L. DOUGLAS

\$3.00 & \$3.50 SHOES BEST IN THE WORLD

SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.

\$25,000 Reward To any one who can prove W. L. Douglas does not make or sell more men's \$3 & \$3.50 shoes than any other manufacturer.

THE REASON W. L. Douglas shoes are worn by more people
in all walks of life than any other make is because of their
excellent style, easy-fitting, and superior wearing qualities.
The selection of the leathers and other materials for each part
of the shoe and every detail of the making is looked after by
the most complete organization of superintendents, foremen and
skilled workmen, who receive the highest wages paid in the
shoe industry, and whose workmanship cannot be excelled.
If I could take you into my large factories at Brockton, Mass.,
and show you how carefully W. L. Douglas shoes are made, you
would then understand why they hold their shape, fit better,
wear longer and are of greater value than any other make.

My \$4.00 and \$5.00 GILT EDGE Shoes cannot be equalled at any price.
CAUTION! The genuine have W. L. Douglas name and price stamped on bottom. Take
No Substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send
direct to factory. Shoes sent everywhere by mail. Catalog free. W. L. Douglas, Brockton, Mass.