

BAD BLOOD

THE SOURCE OF ALL DISEASE

Every part of the body is dependent on the blood for nourishment and strength. When this life stream is flowing through the system in a state of purity and richness we are assured of perfect and uninterrupted health; because pure blood is nature's safe-guard against disease. When, however, the body is fed on weak, impure or polluted blood, the system is deprived of its strength, disease germs collect, and the trouble is manifested in various ways. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison, etc., are all deep-seated blood disorders that will continue to grow worse as long as the poison remains. These impurities and poisons find their way into the blood in various ways. Often a sluggish, inactive condition of the system, and torpid state of the avenues of bodily waste, leaves the refuse and waste matters to sour and form uric and other acids, which are taken up by the blood and distributed throughout the circulation. Coming in contact with contagious diseases is another cause for the poisoning of the blood; we also breathe the germs and microbes of Malaria into our lungs, and when these get into the blood in sufficient quantity it becomes a carrier of disease instead of health. Some are so unfortunate as to inherit bad blood, perhaps the dregs of some old constitutional disease of ancestors is handed down to them and they are constantly annoyed and troubled with it. Bad blood is the source of all disease, and until this vital fluid is cleansed and purified the body is sure to suffer in some way. For blood troubles of any character S. S. S. is the best remedy ever discovered. It goes down into the circulation and removes any and all poisons, supplies the healthful properties it needs, and completely and permanently cures blood diseases of every kind. The action of S. S. S. is so thorough that hereditary taints are removed and weak, diseased blood made strong and healthy so that disease cannot remain. It cures Rheumatism, Catarrh, Scrofula, Sores and Ulcers, Skin Diseases, Contagious Blood Poison, etc., and does not leave the slightest trace of the trouble for future outbreaks. The whole volume of blood is renewed and cleansed after a course of S. S. S. It is also nature's greatest tonic, made entirely of roots, herbs and barks, and is absolutely harmless to any part of the system. S. S. S. is for sale at all first class drug stores. Book on the blood and any medical advice free to all who write.

S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Lesson from the Past.

Thomas Jefferson was writing the immortal Declaration of Independence, and had just evolved the revolutionary doctrine that all men are endowed with certain inalienable rights, among which are "life, liberty and the pursuit of happiness."

"Of course," he reflected, "there will be about one week in the year when the boy with the cannon cracker or the toy pistol will be at liberty, in his pursuit of happiness, to take anybody's life."

Smiling as he thought of the havoc the automobilists would play with these principles some day, he proceeded to submit a few facts for the consideration of a candid world.—Chicago Tribune.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

His Change of Front.

"My view of coeducation," he said, firmly, "is that it should be forbidden. It is deleterious to mental development. It leads to—"

"John," said his wife, entering unexpectedly, "are you telling Mr. Smith of the dear old days when we were college classmates?"

"Yes," said John.—Philadelphia Ledger.

California's State library has been placed under civil service rules. It is the first department of the State government to which those rules have been applied.

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LITERARY LITTLE BITS

Martha Evans Martin, author of "The Friendly Stars," is now a resident of New York (where she watches the stars from the roof of an apartment house overlooking the Hudson), and spends her summers in New Jersey (where she studies the stars from the porch of her summer home). She is one of the numerous Indiana-born writers who have won distinguished success. She was born in Terre Haute and educated at De Pau University. She lived for a number of years at Richmond and Indianapolis. She married an Indiana editor, and her father was long known as the oldest in service of all Indiana editors.

A small mortgage is all that remains to be liquidated in order to establish satisfactorily the Keats-Shelley memorial in Rome, in the house on the Piazza di Spagna in which John Keats died. R. U. Johnson, secretary of the American committee that worked so loyally with the English organization, and did so much to insure the memorial, announces that the opening of the library in the apartment occupied by Keats and Severn is expected to take place in November, by which time these rooms will be rearranged in simple style and provided with bookcases and other necessary furniture. After the enterprise is fairly established it will be maintained by the rentals of the other apartments. The rooms have yet to be furnished, however, and various mementos secured.

Alexander Teixeira de Mattos, the translator of "The Measure of the Hours," the new Maeterlinck volume, is of Dutch parentage and birth, but has resided for the last thirty years in England. He was educated in London, under Rt. Rev. Mgr. Capel, who has since settled in America, and near Windsor, under the Jesuits, at their establishment known as Beaumont College, once the home of that famous prosopist, Warren Hastings. Before taking up the translation of Mr. Maeterlinck's essays Mr. Teixeira had achieved some distinction as the author of the English version of "The Memoirs of Chateaubriand," in six volumes, and of "The Memoirs of President Kruger," and as the translator of several novels by Emile Zola, Louis Couperus and other continental writers.

Eden Philpotts' forthcoming novel, "The Mother of the Man," is a study of heredity. There is a woman in it who in her youth was wild and wayward, but in her maturity becomes stable and serious. She believes that her son will follow the same lines of development, and in the working out of the problem the author finds his story.

The Oxford dictionary to date contains a record of 225,433 words; the main words numbering 156,579, the special combinations explained under the main words 29,078, and the subordinate words 39,812. The number of illustrative quotations now exceeds a million—1,053,954. The words beginning with C amount to 29,295, the largest total, and with Q 2,321, the smallest number; the second place is taken with words beginning with P, which, up to "Plat" only, number 18,268.

Old Sports at the Game.



When Uncle Hiram comes to town And goes to see the game, Into his seat he settles down, Delighted that he came; And when a corking play is made He hollers with a will: "By shucks, that's just the way I played When a kid at Hawkinsville!"

Two-Sided Mr. Churchill. Winston Churchill, the youthful British statesman, is the son of an American lady, Mrs. George Cornwallis-West, formerly of New York. Mr. Churchill is proud of his American strain, as is shown by a speech he made when he referred to it as "an emblem of the union of the two great English-speaking nations." In this same speech, alluding to the wisdom of the principle of international arbitration, Mr. Churchill cited the award in the Alaskan boundary dispute, adding that it was "a beautiful illustration of the blessedness of arbitration." Whereupon one of his auditors asked:

"Will you, sir, loudly tell us which half of you is now speaking?"—Success.

Whale Entangled in a Cable. In repairing the submarine cable between Iquique and Valparaiso, says the Electrical Times, the cable ship Faraday hauled up from a depth of 400 fathoms a whale entangled in the cable, the evident cause of its breakdown.

How many men do you think should be chased out of town?

For Coughs and Colds

There is a remedy over sixty years old—Ayer's Cherry Pectoral. Of course you have heard of it, probably have used it. Once in the family, it stays; the one household remedy for coughs and hard colds on the chest. Ask your doctor about it.

"I have had pneumonia three times, and Ayer's Cherry Pectoral has brought me safely through each time. I have just recovered from my last attack, aged sixty-seven. No wonder I praise it."—E. V. Higgins, Stevens Point, Wis.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of Sarsaparilla, Pills, Hair Vigor.

Ayer's Pills increase the activity of the liver, and thus aid recovery.

London's 101 Parks. One of the most useful activities of the London County Council has been in the extension of the park system of the metropolis, which now includes, under the management of the Council, nearly 5,000 acres.

The acquisition and development has cost about \$8,500,000, and the annual charge for maintenance comes to \$565,000, which adds about a half penny in the pound to the rates, or about two-tenths of 1 per cent. The cost includes the salaries of an outdoor staff of 843 men and women.

The Council came into existence in 1889, and succeeded to the metropolitan board of public works in the care of the parks, but of course with larger powers. In all fifty-seven new parks have been added since then out of the total that come under the Council's management.—Park and Cemetery.

That Law Again. For miles and miles the through passenger train has plodded along in the wake of the slow freight. The travelers grow irksome and even petulant.

"Conductor," says one of the boldest of them, "why do you not get that freight to take a siding while we go by it?"

"Under the new Heppburn law," explains the conductor sadly, "we are not allowed to pass anything."—Success Magazine.

Making Cloth from Paper. "To the ingenuity of Herr Emil Clavier, a well-known Saxon inventor and manufacturer, is due the production of a paper yarn termed "Zyloin," that has been successfully used in a wide range of textile fabrics." So writes Frank N. Bauskett in the Technical World Magazine.

"The utilization of paper wood fibre in this practical way and the extreme cheapness of the new material compared with other yarns now in use is really a most remarkable achievement. This is not a haphazard discovery, but rather the logical result of years of painstaking study and experimentation. After the final development of the theory at first in mind into tangible material for all manner of uses in textile industries, the paper thread and yarn, loose or tightly spun, of all thicknesses, have since been woven into almost every conceivable fabric and tested and retested until the invention has become an important commercial success. The paper yarn has extraordinary wearing properties, and as the full scope of its usefulness has probably not been determined, it will, in all likelihood, lend itself to other purposes yet to be discovered."

The Judge in Jail. "I," said an esteemed magistrate, "spent a week in jail before I entered on my judgeship. I ate the prison food. I slept in a cell. I conformed with all the prison rules. I wore the prison clothes. I did the prison work. Thus I learned the value of the sentences I was to mete out later on. I got to know what a week, a month, a year, in jail meant. As a result I am more merciful than most judges. I think it would be a good thing if every judge before taking office would spend a little while in jail as I did. He would then know the value of prison sentences, a thing he doesn't know now. Now he is like a cashier who attempts to pay out money in a coinage of which he is ignorant. In Baden this thing I speak of must be done. Every judge in Baden before he takes his seat on the bench is required by law to pass weeks like a common prisoner in jail."—Cincinnati Enquirer.

His Idea of Water. At one time the bailiff in charge of an English jury was sworn to keep them "without meat, drink or fire." It was Justice Maule who gave the classic reply to the bailiff, who inquired whether he might grant a jurymen's request for a glass of water: "Well, it is not meat, and I should not call it drink. Yes, you may."

ALL HAIL PE-RU-NA.

A Case of STOMACH CATARRH.



Miss Mary O'Brien, 306 Myrtle Ave., Brooklyn, N. Y., writes: "Peruna cured me in five weeks of catarrh of the stomach, after suffering for four years and doctored without effect. In common with other grateful ones who have been benefited by your discovery, I say, All hail to Peruna."

Mr. H. J. Henneman, Oakland, Neb., writes: "I waited before writing to you about my sickness, catarrh of the stomach, which I had over a year ago."

"There were people who told me it would not stay cured, but I am sure that I am cured, for I do not feel any more ill effect, have a good appetite and am getting fat. So I am, and will say to all, I am cured for good."

"I thank you for your kindness. "Peruna will be our house medicine hereafter."

Catarrh of the stomach is also known in common parlance as dyspepsia, gastritis and indigestion. No medicine will be of any permanent benefit except it remove the catarrhal condition.

Gained Strength and Flesh.

Miss Julia Butler, R. R. 4, Appleton, Wis., writes she had catarrh of the stomach, causing loss of sleep and appetite, with frequent severe pains after eating. She took Peruna, her appetite returned, she gained strength, flesh and perfect health.

Stamps costing \$19,500 were recently required for an agreement between two London railway companies.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent, or nearly one-quarter, die before they reach one year; thirtyseven per cent, or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

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