

WHAT IS PE-RU-NA?

Is It a Catarh Remedy, or a Tonic, or Is It Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarh remedy.

Which of these people are right? Is it more proper to call Peruna a catarh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarh remedy. Indeed, there can be no effectual catarh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarh, a remedy must not only have a specific action on the mucous membranes affected by the catarh, but it must have a general tonic action on the nervous system.

Catarh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medicinal agents is formed in Peruna which constitutes a specific remedy for catarh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over-enthusiastic. When practical experience confirms a well grounded theory the result is a truth that cannot be shaken.

The Only Doubtful Citizen.

"Everybody is telling exactly what you will do if you are elected to office."

"Yes," answered the candidate.

"Well, what will you do?"

"I don't know yet."—Washington Star.

How's This?

We offer One Hundred Dollars Reward for any case of Catarh that cannot be cured by Hall's Catarh Cure.

F. J. CHENEY & CO., Props, Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by their firm.

War & Trade, Wholesale Druggists, Toledo, O. WALKING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

A Choice of Evils.

Landlady—Would you advise me to send my daughter to a cooking school or to a music school?

Boarder (reflectively)—Well, I think I'd send her to a cooking school. It may be more fatal in its results, but it isn't anything like so noisy.

Of Course.

Gunner—I see where a man in the southwest had twenty-three children and then disappeared. What do you think of that?

Guy—Why, that was nothing unusual.

Gunner—What?

Guy—Why, twenty-three—skiddoo!

BLOATED WITH DROPSY.

The Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West Fourth St., Olympia, Wash., says:

"For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally backache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed and became so tense I could hardly close them. I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

Sold by all dealers. 50 cents a box. Foster Milburn Co., Buffalo, N. Y.

Steel rusts seven times as rapidly as iron.

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

"VIA SECURA."

The Simple Life All that is Left for the Commoners.

"What's up?" inquired Uncle Cyrus, looking up from his newspaper as Aunt Martha burst into the kitchen.

"Why, Mary Coombs says that one of these here automobiles knocked a man down yesterday 'n' like to killed him—right in front of the Judson house!"

"The Judson house ain't more'n five miles from the orchard," remarked Uncle Cyrus, reflectively, after the details of the accident had been discussed duly.

"Yes," said Aunt Martha, catching his thought, "suthin'll be happening right here at the Corners fast we know."

"It does seem," she continued, plaintively, "'s if folks can't be safe any-where nowadays. There was one comfort about the trolleys when they began to come into the villages—they kep' on their tracks, an' didn't kill right 'n' left. But with the automobiles riding over everything along the country roads—'w'y, war times wa'n't much worse."

"Seems like we're drifting back to them old dark ages, don't it?" Uncle Cyrus regarded his anxious wife with twinkling eyes.

"An' if you escape what goes snortin' round the roads, mebby you'll eat suthin out of a can 'n' die before your day. Mercy me, sence you read out about all them scandals about packing sometimes I can't stomach to eat meat 't all!"

"Well, it ain't so bad 's it might be," remarked Uncle Cyrus, comfortably. "It's ten to one you 'n' me'll live out our appointed time. There's no nortage on this here old homestead an' it looked putty pop'ulous out in the chicken yard this morning. Marthy, we kin jest stay home 'n' eat aggs!"—Youth's Companion.



Intestinal Indigestion.

It was formerly thought that the stomach was the main organ of digestion, and dyspepsia was supposed always to have its seat there. But this question has been much studied of late, with the result that the stomach has been found to be of little account, comparatively, in the preparation of the food for absorption. The most important part of digestion occurs in the upper part of the intestine, where the food, after leaving the stomach, is churned and mixed thoroughly with the bile and pancreatic secretion.

Since, then, the intestine takes such an important part in digestion, it is natural to suppose that a failure to perform this function properly would give rise to serious disturbances of health, and such, in fact, is the case.

Intestinal indigestion is a not uncommon affection at all periods of life, and is especially prevalent in children. The chief symptoms are fatulence, or wind, more or less colic, diarrhoea, or more often constipation, or an alternation of the two; and practical starvation, as shown in weakness and emaciation.

The treatment is mainly through diet, but this will vary, of course, according to age. In an infant the problem is a difficult one. If the child is fed artificially, all prepared foods containing starch should be taken away, and cows' milk, modified as to the amount of fat, sugar or casein it contains, according to the physician's directions, should be substituted.

If the infant is nursing, the life of the mother should be studied, for the state of her health may affect the milk injuriously.

In older children and adults the amount of fats and of starchy foods must be carefully regulated. Cereals, pastry, rice, potatoes and bread must be cut out of the dietary for a time, or taken in very small quantity. When eaten at all they should be most thoroughly, even excessively, chewed, for in this way they may be in great measure digested by the saliva before reaching the intestine.

The diet should consist mainly of milk, white of eggs, and the more easily digestible meats and fish. The diarrhoea or constipation should be regulated, and sometimes the administration of intestinal antiseptics is beneficial. Regular exercise in the open air is of great value in the treatment. The cold bath or shower-bath is often of service, when it is followed by a healthy reaction.—Youth's Companion.

Lloyd's Blackest Day.

Sir Henry Hozier, who has just retired after thirty-two years' service as secretary of Lloyd's, said not long ago that the blackest day he could remember was in October, 1881, when 108 vessels were posted as lost in twelve hours. When a vessel is lost it is announced by the tolling of the bell which hangs beside the crier's box. It is tolled once when a vessel is lost, twice when a missing vessel comes to port.—Kansas City Journal.

Amended.

"Your headline says," remarked the critical visitor, "that the candidate talked to many."
"Well?"
"It should have said 'talked to too much.'"—Philadelphia Ledger.

Scrofula

Few are entirely free from it. It may develop so slowly as to cause little if any disturbance during the whole period of childhood.

It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

To get entirely rid of it take the great blood-purifier,
Hood's Sarsaparilla
In usual liquid form or in chocolate tablets known as Sarsatabs. 100 doses \$1.

A Deep Dig.

Cholly—Of course, I admit I talked about myself, but they talked about trade all the time, and, of course, that was worse.

Miss Pepprey—You were perfectly right. It's better to talk about nothing than talk about trade.—Philadelphia Press.

Keep Your Blood Pure.

No one can be happy, light-hearted and healthy with a body full of blood that can't do its duty to every part because of its impurity; therefore, the first and most important work in hand is to purify the blood so that every organ will get the full benefit of a healthy circulation. There is no remedy we know of so good as that old family remedy, Brand's Pills. Each pill contains one grain of the solid extract of sarsaparilla blended with two grains of a combination of pure and mild vegetable products, making it a blood purifier unexcelled in character. One or two taken every night for awhile will produce surprising results.

Brand's Pills have been in use for over a century and are sold in every drug and medicine store, either plain or sugar-coated.

Upward of 200,000,000 gallons per annum of aerated waters are drunk in the United Kingdom.

A Narrow Escape.

The company had assembled in the church, but the bridegroom was nowhere to be found. Finally a messenger announced that the young man had been run over and killed while on his way to the church.

"And just think," she said a month afterward to a friend, "what a narrow escape I had from becoming a widow!"

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kane's Great Nerve Restorer. Send for FREE \$3 trial bottle and treatise. Dr. R. H. Kane, L.L.D., 531 Arch St., Phila., Pa.

Sounded Convincing.

The editor was criticizing the poem just brought in by the literary contributor.

"You speak of the 'spirit of the forest,'" he said. "Do you think there is such a thing as a forest spirit, as distinguished from any other kind?"

"Yes, sir!" fiercely responded the literary contributor. "Didn't you ever hear of such a thing as wood alcohol?"

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures itching, hot swollen, itching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. Don't accept any substitute.

From the Back Fence.

City Boarder—That old cat made an awful noise in the back yard last night.

Farmer Geehaw—Yaas; ever sence he made a meal of th' canary las' winter he's got th' idee in his head as heow he's a natur'l born singer, b'gosh!

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Seamen on native river craft in China get \$3 a month; on sea-going Chinese vessels \$5. They furnish their own food.

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.

"I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends whenever they have a cough."—Miss M. Myxess, Washington, D. C.

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Ayer's
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Ayer's Pills keep the bowels regular. All vegetable and gently laxative.

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ST. JOSEPH, MISSOURI

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FRUIT TREES, VINES, PLANTS BERKSHIRE SWINE, (Registered) SHORTHORN CATTLE, (Registered) BARRED AND WHITE ROCKS
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