

# WHAT IS PE-RU-NA?

## Is It a Catarrh Remedy, or a Tonic, or Is It Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy. Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over-enthusiastic. When practical experience confirms a well grounded theory the result is a truth that cannot be shaken.

### WHAT HE LEARNED ABROAD.

When Mr. Bentley Returned He Certainly Appreciated Home Cookery. Home food tastes better than that supplied by the longest and richest of foreign menus. Not all of us, perhaps, are as easily satisfied as the family of that ingenious Yankee housekeeper who achieved variety by her use of under-crust, top-crust, or pastry strips in making the one kind of pie which was her only dessert.

"Must be fussy folks," she was wont to say contemptuously, "that ain't contented with open-face, cross-bar or kiveredls!"

Mr. Solomon Bentley, who, falling heir to a little legacy, was recently induced to take his daughter abroad, is, however, equally unexact in his tastes. A neighbor, having exhausted the subject of European scenery, which Mr. Bentley declared without enthusiasm to be "well enough," and of galleries and museums, which he dismissed with an inarticulate grunt, he thought herself to inquire how he enjoyed foreign cookery, and that of Paris in particular.

"No more nonsense about French chefs for me!" snorted Mr. Bentley, explosively. "Will you believe it, M's' Evans, I couldn't raise a plain apple pie in all France; and as for corn beef hash and chowder and roly-poly pudding and the other good old standbys, I couldn't even ask for 'em, because they weren't in the dictionary. Call the French a nation of cooks! They don't know beans, M's' Evans! Not baked beans, any way, they don't."

"I'm a plain man, and mebbe I didn't learn as much as I might over there about art and architecture," but there's one thing I did learn, yes, ma'am, hauntn' those bullyvards for grub-shops and eatin' queer food right outside on the sidewalk, I come to know one thing as I never thought to know it—and that's the full value of a billed dinner! A reel good, Yankee billed dinner, with all the vegetables and fixin's. "First time Elmsly Ann put it on when I got home, I felt like runnin' up the flag and lettin' out three good cheers for Uncle Samuel, and three times three for Aunt Sam, who does the cooking!"—Youth's Companion.

## Scrofula

Few are entirely free from it. It may develop so slowly as to cause little if any disturbance during the whole period of childhood.

It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

To get entirely rid of it take the great blood-purifier,

### Hood's Sarsaparilla

In usual liquid form or in chocolate tablets known as Sarsatabs. 100 doses \$1.

### A Deep Dig.

Cholly—Of course, I admit I talked about myself, but they talked about trade all the time, and, of course, that was worse.

Miss Pepprey—You were perfectly right. It's better to talk about nothing than talk about trade.—Philadelphia Press.

### Keep Your Blood Pure.

No one can be happy, light-hearted and healthy with a body full of blood that cannot do its duty to every part because of its impurity; therefore, the first and most important work in hand is to purify the blood so that every organ will get the full benefit of a healthy circulation. There is no remedy we know of so good as that old family remedy, Brandt's Pills. Each pill contains one grain of the solid extract of sarsaparilla blended with two grains of a combination of pure and mild vegetable products, making it a blood purifier unexcelled in character. One or two taken every night for awhile will produce surprising results.

Brandt's Pills have been in use for a century and are sold in every drug and medicine store, either plain or sugar-coated.

Upward of 200,000,000 gallons per annum of aerated waters are drunk in the United Kingdom.

### A Narrow Escape.

The company had assembled in the church, but the bridegroom was nowhere to be found. Finally a messenger announced that the young man had been run over and killed while on his way to the church.

"And just think," she said a month afterward to a friend, "what a narrow escape I had from becoming a widow!"

**FITS** St. Vitis' Dance and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE 24-leaf booklet and treatise. Dr. H. H. King, 1281 Ave. C, Philadelphia, Pa.

**Sounded Convincing.** The editor was criticizing the poem just brought in by the literary contributor.

"You speak of the 'spirit of the forest,'" he said. "Do you think there is such a thing as a forest spirit, as distinguished from any other kind?"

"Yes, sir!" fiercely responded the literary contributor. "Didn't you ever hear of such a thing as wood alcohol?"

### You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Esq., N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. See. Don't accept any substitute.

### From the Back Fence.

City Boarder—That old cat made an awful noise in the back yard last night.

Farmer Geehaw—Yaas; ever since he made a meal of th' canny las' winter he's got th' idee in his head as how he's a natur'l born slugger, b'gosh!

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Seamen on native river craft in China get \$3 a month; on sea-going Chinese vessels \$8. They furnish their own food.

# Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.

"I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends whenever they have a cough."—Miss M. Harvey, Washington, D. C.



Made by Dr. J. C. Ayer & Co., Lowell, Mass., also manufacturers of Sarsaparilla, Pills, Hair Vigor.

Ayer's Pills keep the bowels regular. All vegetable and gently laxative.

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"Everybody is telling exactly what you will do if you are elected to office."

"Yes," answered the candidate.

"Well, what will you do?"

"I don't know yet."—Washington Star.

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

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Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

### A Choice of Evils.

Landlady—Would you advise me to send my daughter to a cooking school or to a music school?

Boarder (reflectively)—Well, I think I'd send her to a cooking school. It may be more fatal in its results, but it isn't anything like so noisy.

### Of Course.

Gunner—I see where a man in the southwest had twenty-three children and then disappeared. What do you think of that?

Guyner—Why, that was nothing unusual.

### BLOATED WITH DROPSY.

The Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West Fourth St., Olympia, Wash., says:

"For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally back-ache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed and became so tense I could hardly close them. I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

Sold by all dealers. 50 cents a box. Foster Milburn Co., Buffalo, N. Y.

# RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

# S.S.S.

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### The End of Books.

What brings about the end of books? Is it fire, water, worms? As every ship launched is bound to be wrecked, every theater to be burned, the fins of the book is its reduction to ashes. What became of the Alexandrian library? Did the Saracens burn it in 640? There is this question asked: Was there any library at Alexandria containing 700,000 books? Gibbon inclines to the opinion that there was no such library. Canon Taylor insists that if there had been a library it was burned in the time of Julius Caesar. Tradition seems to indicate, however, that there was a library in the serapeum, by no means a large collection, but whether destroyed by Theophilus or Theodosius is not known. It looks as if the charge brought against the Arabs rested on no foundation. Exploitations of Alexandria in 1895-96 show no traces of the serapeum. The seaport of Egypt was built on a damp foundation, and granting that there was a library, if not destroyed by fire, then the papyrus might have suffered from decay due to water. Books of to-day taken to India, to the Southern States and to the West Indies perish through mildew.

### AN UNKINGLY KING.

The "king of beasts," declares a writer on the lions of Africa in the Metropolitan Magazine, is an unmitigated nuisance. The stockowner loathes him for the havoc he causes among the herds. There is no security against him. He is always travelling. A pair of lions may find a spot where game is easily obtainable, and make a considerable stay there, but their real home is the whole veld.

If the lion slew only as much as he could eat, he would be less hateful; but he will often kill four or five oxen, and content himself with devouring only the entrails of one.

He is a low, crafty brute, one that takes no risks, for, unlike the leopard, he will never leap a wall unless he can see what is on the other side. A paper fence would keep him away from a herd of cattle, provided they did not break out through terror of his growling and his smell.

The lion's roar is the subject of another fiction; not that he is incapable of making the most terrible, awe-inspiring sound emitted by any living thing, but because when he is roaring he is harmless. It is the lion which keeps quiet that is to be feared, for as a rule the male and female work in couples, and the one that makes the noise is merely driving the game down the wind to the silent partner.

In a single respect only—on the score of strength—does the lion deserve his name of "king of beasts." He can drag a large bullock over rough ground with the greatest ease; he can carry a mule on his back, after hoisting it there by some strange sideways jerk of his head; he can leap a five-foot fence with a full-sized donkey gripped in his mouth. Otherwise, speaking from a seven years' experience in the lion country, I have no hesitation in describing the king of beasts as a fraud—at least so far as his alleged nobility is concerned.

His regal attributes lose some of their glamour when one learns that the so-called monarch frequently lives for days at a time on such plebeian food as field rats; and the vision of the kingly creature sitting patiently on a flat rock waiting for the rats to come out from underneath is a rather unheroic one.

### Leonardo's Tomb.

Another tomb is being looked for in France—that of Leonardo da Vinci at Amboise. Two committees have been formed by the cities of Paris and Florence, and the actual search is being made by a body of scientists and artists selected by King Victor Emmanuel. The great artist died in 1519 at Amboise, where he had for a long time fixed his residence, and the house in which he lived, in close vicinity to the castle of Amboise, is still shown.—London Globe.

### Historic Spot Identified.

Archbishop Ryan, of California, had rebuked a priest for wearing a most disreputable looking hat.

"I would not give this hat for twenty new ones," said the priest. "It belonged to my father who fell in the rising of '48."

"Ah," was Archbishop Ryan's retort; "evidently he fell on the hat!"—Harper's Weekly.

Gas trusts would be unable to declare dividends if people didn't have money to burn.

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