The Western World

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FACE the FACTS

LET us face the facts. The war situation is critical. Unless the Allies fight as they never yet have fought, defeat threatens. Hungry men cannot fight at their best; nor hungry nations. France, England, and Italy are going hungry unless we feed them.

Wheat Savings—They must have wheat. It is the best food to fight on. It is the easiest to ship. We alone can spare it to them. By saving just a little—less than a quarter of what we ate last year—we can support those who are fighting our battles. And we can do it without stinting ourselves. We have only to substitute another food just as good.

The Corn of Plenty—Corn is that food. There's a surplus of it. Providence has been generous in the hour of our need. It has given us corn in such bounty as was never known before. Tons of corn. Trainloads of corn. Five hundred million bushels over and above our regular needs. All we have to do is to learn to appreciate it. Was ever patriotic duty made so easy? And so clear?

America's Own Food—Corn! It is the true American food. The Indians, hardiest of races, lived on it. Our forefathers adopted the diet and conquered a continent. For a great section of our country it has blong een the staff of life. How well the South fought on it, history tells. Now it can help America win a world war.

Learn Something—Corn! It isn't one food. It's a dozen. It's a cereal. It's a vegetable. It's a bread. It's a dessert. It's nutritious; more food value in it, dollar for dollar, than meat or eggs or most other vegetables. It's good to eat; how good you don't know until you've had corn-bread properly cooked. Best of all, it's plentiful and it's patriotic.

Corn's Infinite Variety—How much do you know about corn? About how good it is? About the many delicious ways of cooking it? And what you miss by not knowing more about it? Here are a few of its uses:

There are at least fifty ways to use corn meal to make good dishes for dinner, supper, lunch or breakfast. Here are some suggestions:

HOT BREADS	DESSERTS
Boston brown bread.	Corn-meal molasses cake.
Hoecake.	Apple corn bread.
Muffins.	Dumplings.
Biscuits.	Gingerbread.
Griddle cakes.	Fruit gems.
Waffles.	

HEARTY DISHES

Corn-meal croquettes. Corn-meal fish balls.

Meat and corn-meal dumplings.

Italian polenta. Tamales.

The recipes are in Farmers' Bulletin 565, "Corn Meal as a Food and Ways of Using It," free from the Department of Agriculture.

ESSENTIAL AND NONESSENTIAL.

While the government is drawing the line between essentials and nonessentials for priority rights in transportation, the same line should be drawn voluntarily by people generally in their various undertakings. The biggest business which we have in hand right now is to win the war into which we have been dragged by Germany and to win it as quickly as possible, because every month or week or day that its duration is cut short represents untold saving of lives and money, of suffering and sorrow. While we are waging war, however, those at home must live and they must hold fast to the institutions and the standards of living that have been achieved and for whose protection and preparation we are really fighting, says Omaha Bee. The principal point where the distinction between essentials and nonessentials is necessary comes in the consideration of new enterprises. Is the proposed venture helpful to the winning of the war or merely calculated to dissipate money and effort that could be used to better advantage? Is it one that is immediately urgent or can it be deferred without serious loss? If what is planned is to answer a real demand that cannot well be met otherwise we should go on with it. If it is something that would not be missed if it would fail to materialize it is a nonessential that can wait.

The Dutch have done a great deal for the relief of the Belgians, but that the people of Holland would be justified in seizing supplies of food sent by Americans for the relief of Belgium is a theory that is not likely to gain countenance in the United States. Were the thing to happen it would be looked upon as attesting not to a condition of starvation in Holland, but a determination to resort to desperate methods for the purpose of diverting this country from the maintenance of its embargo on the shipment of food products to neutral nations which have been supplying Germany.

Why shouldn't there be service flags for women who have gone to the front? The suggestion is a good one that there should be a service flag with a blue field and a white star to tell that a woman from the house from which it waves has enlisted in the Red Cross and departed for France to "do her bit."

Signor Caproni, the inventor of the mammoth Italian airplanes, believes that the United States will send an air fleet to Europe by direct flight from American shores. The Germans may be sure that the Americans will get their airplanes over somehow.

Now that the sugar shortage is becoming acute, taking candy from a baby will not continue to be the synonym of easy labor, for it will become hard work first to furnish the baby with the candy.

Time Here to Ignore Croakers and Go Ahead With the War Work

By GEORGE ADE

It was all right six months ago to spare an hour a day in trying to convince someone with a vacant eye and a dark mind that we were really justified in accepting the insolent challenge thrown at us by Germany.

You are to be forgiven if, even three months ago, you spent valuable time trying to convince a sluggish minority that—

First—Government bonds are a safe investment.

Second—Pro-German propaganda is to be hit in the head.

Third—The allies are to be trusted.

Fourth—The Red Cross is above suspicion and does not obtain either money or knitted goods under false pretenses.

Fifth—All taxes which have been levied are justified by extraordinary and unprecedented conditions.

Sixth—This is not a rich man's war; it was not precipitated by any Wall street influence; it is not concerned over private investments; it is not a grand benefit for munition makers.

Seventh—Fair promises have no value when they are made by a criminal who finds himself backed into a corner.

Eighth—The men in our training camps and aboard transports and stationed somewhere in France are being safeguarded as American soldiers were never before looked after, as regards wholesome food, proper sanitation, prevention of disease and moral guidance.

Why enumerate further?

In every community you will find a contrary-minded sediment of the human race—people who keep themselves somewhat in evidence by noisily denying facts which are self-evident to all of their neighbors who happen to be in the full enjoyment of sanity.

They are somewhat like frogs, i. e., they make an awful noise in proportion to their number.

The time has come to ignore them.

If we cannot lock them up for safekeeping, at least we can shut them out from our daily program and go ahead with the important work laid out for us.

Economy in Consumption Is Essential for the Winning of the War

By BASIL B. BLACKETT, C. B., Member of the British Embassy to the United States

Thinking in terms of money is the root of most of the fallacious thought on war finance. What the United States government wants is not some entity known as twenty billion dollars a year, but "goods and services" valued at that figure, i. e., labor to make guns, build ships, transport soldiers, build cantonments, etc., and materials of all kinds in connection therewith, besides the services of soldiers, sailors, civil servants, etc.

When once this is realized, it is easy to bring home to the people that what financing the war really means is the securing by the government of the goods and services needed for the war, and that if the government is to secure these, people must organize themselves for the war, must produce more of the things that are necessary, and consume as little as possible of everything else. Everything spent over and above what is necessary for health and efficiency takes away from the goods and services available for the war. All private self-indulgence is definitely against the national interests. "Extravagance costs blood, the blood of heroes," as Mr. Lloyd George said. Hence saving, i. e., increasing the surplus of goods and services available over the goods and services consumed by private people, is essential for the winning of the war.

Saving is even more important than lending to the government, that is, it is better to save and put savings in a savings bank than to borrow large sums from a bank in order to subscribe to a war loan and then to fail to repay.

As a Matter of Wise Policy Suffrage Is Not to Be Denied to Women

By FRANKLIN K. LANE, Secretary of the Interior

I see no reason to fear woman suffrage. It has not worked disaster in California. To be sure, it is not a panacea for all political and social ills; nor can any other change in the political machinery of the state be a cure-all.

Nations are not made wise nor virtuous by their laws. But this is an industrial world, and those who do the work, whether men or women, are not to be denied their opportunity for protection and advancement through the action of the state.

As a matter of political philosophy suffrage cannot be put aside, and as a matter of wise policy it is not to be denied.

DO NOT NEGLECT YOUR TEETH

A Clean Tooth Never Decays

If you want work that lasts; if you want it done with no more pain than the prick of the needle; if you want your Pyorrhea CURED, or if you want to KEEP FROM GETTING PYORRHEA, see

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