

## Mouth Comfort

Best Insured by Using Rexall Tooth Paste—Guaranteed to Please.

Rexall Tooth Paste is meant to please you. Every care is exercised in selecting the purest ingredients and blending them into the dainty, antiseptic, delightful finished product. That is why it is the favorite among all our tooth preparations, selling faster than any other three of them. Our people have learned that using Rexall's Tooth Paste is a pleasant experience, and that it is also good for their teeth and gums. It destroys the germs of decay, helps whiten and preserve the teeth, makes the gums red and rosy, and leaves the breath fragrant and sweet. If it doesn't do all this, if it doesn't please you your money back. Price 25 cents. Sold in this community only at our store. The Rexall Store, C. Y. LOWE.

## Living on Less

That's what we're all doing these days. But don't get the mistaken idea you can live on less by eliminating the meat.

You can't, meat is the cheapest substantial food you can buy, if you buy right, which means at the

**Bandon Market**  
Phone 131

When You Want STOVE, FIRE PLACE OR CORD

## Wood

Phone 653

Order your wood for the winter now, while the roads are good, you'll get better service and better prices. Orders taken for future delivery.

**E. F. HOWES**

Successor to Christie & Chalcombe.  
Bandon, Oregon.

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REAL ESTATE  
INSURANCE  
OVER BANK  
OF BANDON

**NEW HOME**  
SEWING MACHINES  
MODELS OF PERFECTION.



PERFECTLY  
SIMPLE  
SIMPLY  
PERFECT.

Needles, Oil, Belts and all kinds of Sewing Machine supplies. Repairing a specialty.

**NEW HOME**  
**USERS**  
are Quality Choosers

For Sale By

**BANDON HARDWARE CO.**

Bandon, Oregon

The New Home Sewing  
Machine Company

San Francisco, California

## Typhoid at Bay

Source of the increasing number of typhoid cases is worrying more people than the doctors of the city. There have been two deaths from the dread disease within ten days' time and at least four more cases exist on Coos Bay.—Coos Bay Times.

## PRESBYTERIAN CHURCH

Rev. Winfield S. Smith, Pastor  
Sabbath Services  
10:00 A. M. . . . . Sabbath School  
11:00 A. M. . . . . Preaching  
7:00 P. M. . . . . C. E. Prayer Meeting  
8:00 p. m. . . . . Preaching  
Wednesday  
8:00 p. m. . . . . Prayer Meeting



## GROCERIES

The Get  
the Habit  
Store

There Are  
Many Reasons  
In This Store  
Why You Will  
Buy Here Regularly Once  
You Begin.

Come In and Look Them  
Over

## SPARKS' GROCERY

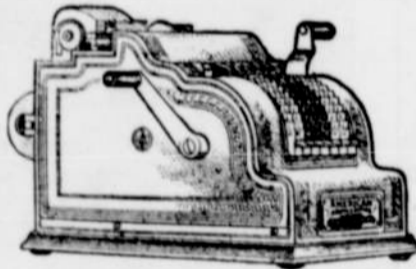
PHONE 291 Quick Delivery

## TUTTLE News Stand

New Location  
TIMMONS BUILDING,  
First Street.

Daily Papers Magazines  
All Current Publications  
Cigars, Tobaccos

Saturday Evening Post



## American Adding and Listing Machine

Eight Column Capacity

Price  
**\$88.00**

F. O. B. Maywood, Ill.

Sold on one year's credit or  
3 per cent discount  
for cash.

MAIL COUPON TODAY

**American Can Company**  
Chicago, Ill.

Please send booklet descriptive  
of American Adding and  
Listing Machine.

Name

Address

W. W., Bandon, Ore.

## Crop Rotation Plan For Coast Outlined

Tillamook Agriculturist Gives Pointers on Results Accomplished in That Thriving Section.

"Most of the farmers of Tillamook county, Oregon, grow practically all the feed their cows eat," reports Roy C. Jones, county agriculturist. "Two-thirds of the cows freshen in or near early spring, and are fed hay, roots or kale until grass is abundant, about the middle of April, and then are pastured until the first of November, when they are again put on hay and roots and maintained on this diet until they freshen again.

"Feeding in this manner, the average man on the bottom farm uses about two acres of land per cow. Of this two acres one-tenth of an acre will be required for roots or kale, and the balance is used for pasture, with the exception of one-half to three-fourths of an acre, which grows the hay crop from May 29 till July 10. The man on prairie land requires about twice as much land per cow under the same arrangement, but prairie land is worth just about half the price of bottom land, so the investment is the same."

Mr. Jones believes that if a bottom land farmer has all his land in condition to plow there is no reason why he could not supply all the roughage required by three cows on two acres, and by purchasing about half a ton of concentrates per cow a balanced ration can be supplied. He suggests the following five-year rotation:

"Old pasture is broken up, well manured and planted to corn or roots. Twelve to 15 tons of corn or 35 tons of roots can be relied on safely for a yield. The corn is put into the silo and the ground seeded to oats and vetch or possibly to wheat and vetch, on account of oat rust. By actual weight we have obtained 25 tons of green feed per acre from this crop. This will be put into the silo about June 1. The ground will be disced at once and seeded to bald barley, with red clover seeded with it. This will last for about three years, the last two years to furnish pasture and the first to be used for green feed and hay. This will enable one to fill the silo in the spring and use the silage to supplement the pastures in the late summer then in the fall to refill to use during the winter and spring. I believe that under this system there might easily be kept as high as two cows to the acre."

What a wonderful country this is! Nature has richly endowed any land where such remarkable results can be obtained and where such a number of cows may be supported on a parcel of ground.

## English Walnuts to This Valley

L. P. Branstetter came up from Eureka on the Kilburn last Saturday and is now located at the Baxter for the season, to look after the Russ holdings here of which he is the manager. He is quite enthusiastic over a report just received from the agricultural experts down in California to whom samples of the soil of this section were sent, to see how well they might be adapted for the culture of English walnuts. They say that the samples from here are the best on the coast and that with climatic conditions perfectly adapted to the growth of this fruit its culture ought to become one of the leading industries of this section. The principal drawback is the time that it takes the trees to reach the bearing stage—about eight years. At that time they will average about a hundred pounds per tree, and with forty trees to the acre it can be easily seen what sort of a mint a grove of them would prove. We have hardly begun to realize as yet the capabilities of the Coquille valley. There is no question but that we are on the eve of a great era of development here in southwestern Oregon.—Coquille Sentinel.

## Regular Freight Service Between Here and Portland

With the departure from Portland yesterday of the gasoline schooner Ahwaneda for Bandon, the vessel entered the service of the Riverton Coal Company and will bring coal from the company's property here, carrying general cargo southbound. It is announced that shipments can be made from Portland via Bandon for Denmark, Bullards, Lamra, Langlois, Prosper, Parkersburg and Riverton, while via Coquille there can be reached Arago, Norway, Myrtle Point, Bridge, Etelka and Gravel Ford. A weekly schedule is to be followed. The Ahwaneda has a deadweight capacity of 125 tons.—Oregonian.

## Manciet Bros. To Get Choice Stand

Have Leased Center Store Room in New Buckingham-Biggs Building—New Fixtures.

Manciet Bros., proprietors of a cigar store and pool hall in the Anderson building next to the Hub store, will soon be located in a fine new room in the Biggs-Buckingham building, they having secured a lease on the center store room facing on First street. George Manciet, one of the firm, left on the Elizabeth the latter part of the past week to buy new fixtures and new pool and billiard tables. He will also purchase a soda fountain and in their new place they will give special attention to the ice cream and soft drink feature. This firm is one of the oldest in the city. Before the fire they were located next to the corner of Bandon avenue on the south side of First street. They were heavy losers in the conflagration and afterwards took up temporary quarters in a small wooden building erected on the lot they formerly occupied. Last fall they moved to the Anderson building but have since considered it advisable to take a room in the new fire-proof building where they will have one of the finest stores in the county.

## The New Paper

We are going to have a new paper in town. It will be called the Gold Beach Reporter. The chief owners are J. Huntley, Collier H. Buffington and E. M. Bogardus. Mr. Bogardus will be the editor, business manager and conduct the paper upon lines laid down by the owners. Mr. Bogardus is an experienced and practical newspaper man and will do much to build up Curry county. The Globe congratulates the new owners in securing so able and efficient a man as Mr. Bogardus to conduct the paper and extends to the new enterprise the right hand of fellowship—Gold Beach Globe. The Reporter has purchased the plant of the Langlois Leader, which has ceased publication.

## Almost Half a Million Due

The taxes now due on the O. & C. lands in Coos county from 1913 to 1915, with penalty and interest, amount to \$170,000. The taxes now due from the Southern Oregon lands in this county, from 1909 to 1915, with penalty and interest, amount to \$287,000. The total for both grants now due the treasurer of Coos county amounts to \$460,000—almost half a million.—Coquille Sentinel.

Eastern scientists say an elephant's heart beats only 30 times to the minute while that of man's beats 70. (A traveling man suggests that this discrepancy is caused by the elephant not having to worry about his trunk.)

Gold Rooster plays at the Grand every Monday—See the Gold Rooster.

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy. It is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation

## GENERAL TREVINO.

Carranza Officer Sent to Capture Murderers of Americans.



Photo by American Press Association.

## Home Circle

### HAVE YOU?

Have you given her so much that you can not give her more,  
More of loving, more of kindness,  
More of sweetness than before  
Have you been to her in all things as you think you ought to be,  
Have you loved her, have you cheered her, have you helped her know and see?  
Have you been her man and master and in these sunk all your thought,  
Or beside her in the vineyard of a mutual loving wrought,  
A companion and a comrade and a friend that she could trust  
Mid the conflict and the tempest—true and fine and sweet and just?  
Have you loved her with a loving that meant only something you  
Wanted for yourself tomorrow; or because you loved her true,  
Loved her nobly, loved her wisely, as all women loved should be,  
With the spirit of the knighthood that has set our women free?  
—Benztown Bard in Pittsburgh Dispatch.

### WORRY AND DISEASE

The patient's mental attitude is an important factor in the outcome of an illness. Everybody knows how emotions influence the appetite, digestion, bowels and kidney functions; how fear blanches the face and relaxes the sphincter muscles and inhibits the circulation; and how faith, confidence, cheerfulness and optimism enables an invalid to put up a better fight for health.

The pallor, faintness and other disturbances accompanying fear are probably caused by relaxation and dilation of the splanchnic or abdominal blood vessels, which are capable of holding one-third of all the blood in the body. Worry is diluted fear, or a succession of fear states causing a loss of tone which becomes chronic. If one large dose of fear causes the marked symptoms mentioned, a continual feeding of fear in small doses will obviously bring on actual disease in time. Somebody.

indeed, has referred to the blues as "splanchnic neurasthenia." Worry is a direct factor of intestinal stasis, with resulting autointoxication and all that that implies. Fear can paralyze the bowels or bladder, as is well known. Worry can cause functional disturbances of both organs, as the student about to appear for his final examination has learned.

A buoyant, courageous, jovial visitor in the sick room is good medicine for the patient. A pessimistic, gloomy tale-bearer, a person of the "old womanish" gossip type is poison in the sick room. The visitor who can breeze in, get the patient smiling or laughing and then go while the going is still regrettable is a valuable acquisition. Where there is gloom let smiles and gentle banter come. Doctors have the best of reasons for placing obstacles in the path of the crape-hanger who calls to express doubts about the possible recovery of the patient or to detect signs of evil omen which the household as a whole would prefer to overlook. Let this be borne in mind: No patient can be too sick to profit by an atmosphere of good cheer; and we are all of us susceptible to the dynamic influence of the emotions.

### You All Know Him

A local citizen played it on his wife the other day. Went home to lunch. Very silent. Mooned around for an hour. Told his wife he had seen the sweetest and most beautiful woman on earth. Discovered an immediate and intense frigidity in the atmosphere. Home surcharged with electricity. Wife dignified and silent. Uncommunicative. Children dismayed and in awe. Dog and cat slink away. Storm brewing. About to break. Man remarks the "beautiful one" is married. Husband a lucky dog. He is the husband. Frigidity vanishes. Clouds melt away. Sunshine again. Warmth everywhere. Peaches and cream. Love, Dovey. Children happy. Dog and cat back. Pie for a week. Amen.—Ex.

Registrar W. T. White, up to the present, has recorded the names of 88 voters in Port Orford precinct. Of these 54 are Republicans, 31 are Democrats, 2 are Prohibitionists and one is a Socialist.—Port Orford Tribune.

**10 PER CENT DISCOUNT ON ALL**

## HEATERS AND RANGES

FIRE PLACE SETS  
AND IRONS AND  
SPARK ARRESTERS

FOR A SHORT TIME ONLY

We have a big stock of—

Trilby Oak, Bee, Opal, Rival,  
Laclede, Hot Blast, Lever,

and other Heaters which at regular prices sell from

**\$1.25 to \$17.50**

Come in and look them over;  
Let us explain their superior points.

**Bandon Hardware Co.**

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NOTHING TOO LARGE NOTHING TOO SMALL  
TO RECEIVE PROMPT, CAREFUL ATTENTION

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