RESCUED FROM THE GRAVE


- Womm nau "chua sominaty





 course ort ten minitutes application ot


 my win experience















## min <br>  

Birds and Wires.





 streets hits me wires and breaks them,





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 timores. New Orleans and San Francis Co are not duplicated.


| $\mid$ PEOPLE LIVING IV TRERS. |  |
| :---: | :---: |
| A Jourue to to semmmo |  |
| tory, exeopt the pouceese in the mouth," Protesor ceorge. E. shelly, thico antitro. |  |
|  |  |
|  |  |
|  |  |
|  |  |
| $\begin{aligned} & \text { known explorer, Carl, aided by some na- } \\ & \text { tive soldiers, in the wilds of Laos, in the } \\ & \text { year } 1889 \text {. } \end{aligned}$ |  |
|  |  |
|  |  |
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## 


 Eriol
Anl Amidy













 dear actonte

## How the chinese Alve.

Whem the Frexch tropy mado their





 Chinese had no idea of the use of the
sights on the rifles, and it is almost use-
less to attempt to teach them the use of

 yards off with the sight down, the con-
sequence being that the muzzle of the
rife nor riue not receiving the necessary elevation
to carry the bullet over a long distance,
the bail would strike or descend very close to the ground before it reaches its
lestination. It was also asserted that
some of the Chinese soldiers actually knocked the sights off thoir rifle
ing entirely useless.

The box tree, from sections of whos
trunk the blocks for engravers are made is found in marketable quantities made,
shores of the Mediternuean. very slowly, and seldom reaches more
than twenty feet in height, and the
pieces in commerce are seldom more than pieces in commerce are seldom more tha
tive inches in diameter. The increase of
illustrations is ssid to be causing a rise in the cost, and we may expect son to
have a substitute which the engravers will denounce as the invention of the
sons of Belial.-Philadelphia Bulletin.

St. Augustine, Fla, proposes to cele
brate the anniversary of the landing o brate the anniversary of the landing
Ponce de Leon in 1512 , and at the sam
time to commemorate the founding the city in 1565, by ate demenautratiing
the 27 th of March, 1885 .

## WISE werds.

Without earnestness no tasn is ever Experiens really great things. Il the weapons we have been wounded
with. The truly grateful heart may not be
able to tell of gratitude, but it cau feel,
and love, and act. Genius is only entitied to respect when
it promotes the peace and improves the
happiness of mankind. In the literary world as well as military
world, most powerful abilities will oftes be found concealed under a rostic grtem A plain, genteel dress is more admined
and obtaira more credit than lace sad
embroidery in the eyes of the judicious The knowledge which wo have ac-
quired ought not to resemblo a great
shop without order, snd without an inventory; we ought to know what wo
posess, and be able to make it serve
us in need. Nothing so cements and holds together
in unison all the parts of society as fitith
or credit, which ean never be hept up unless men are under some force or ne ne-
oessity of honestly gaying what they owe
to one another Remamber, that if thos marry for
beauty thou bindest thysels alt thy lite
for that which, perehance, will neither last nor pleass thee one year; and when
thon hassit, it will be the of no price
at all, for the desire dieth when it is attained, and the
when it is satisfied.

$$
\begin{aligned}
& \text { A father hans no right to do business or } \\
& \text { worry himself out of hailt, In order th } \\
& \text { keep young men and woonen in idleness. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { koep young men and wounen in idleness. } \\
& \text { It is better for both fathor and chiliden } \\
& \text { that they po out at onee to carn their }
\end{aligned}
$$

$$
\begin{aligned}
& \text { that they go out at onee to carn their } \\
& \text { brad and get that rraixing which the } \\
& \text { world never spares to those who will not }
\end{aligned}
$$

## Nourishing Fond

 Pens, beans, lentils, vectches and allthe seeds belonging to that class used
as vegetables, contain rich nourishing mattor, in the same proportiou ash the
best grains. The specinl nourishing azotio matten found in grina, as gishten
in tha cereals, albumen in the egg, case-
in in milk, musculin in meat difters in
those seeds those seeds, necording to the kinder, from
24 to 31 per cent.; the fecua and its phom 49 to 59 per cent. the fat
phosporated in one part from 2 to 2.8 ;
the mineral matter from 2.1 to $3: 5:$ tho


 care tat into pooiling water, as that would
not put are
cause them to harden instead of aoften,
and prevent a solution of the vegetable. and prevent a solution of the vegetable.
The wator must contain as littlo lime as
possible. and the vegetable must
be put. into it before it com-
mences to heat. Legum ans are of the peuliarity of having the ricount
phosphoric parts of all substances in the group of albumens which form for man-
kind the complete ailment for the con-
stitution, as well as for the ncrous sys. tem. Especially is surch food noursishing.
to the brain. limparing grains with le
gumens, we find that the fcramer con-
ins 15 per cent, of the albuminous azgumens, we find that the fcruer con-
tinin 15 per cent. of the albuminous az-
otic subptances, similhr in their constitu-
ent parta and nowrishin ent parts and nourishing qualities to the
abumineus fibri, cascin, musenlin and
legumin. The principal alburainous subiegumin. The principal alburiuous sub-
stance of grain is gluten, called also fi-
brin of giten, or vegetable fibrin, in the
same way as the legumen has been called vegetabie casein. The glutea in the ce-
reais. represents the legumen of peas,
beans, lentils and other seds of the same vegetable kind. These two sulstances
areoonsidered to be of the sume nour-
ishing value excet that the legumen is
richer in phosphorous than the gluten. The grain contains 60 per cent, of fecula,
7 of guten, 1.2 of fat of which one patt
is phosphorous, similar the lic legumens
-1.6 of mineral matter, 1.7 of cellular matter, and 14 per cent. of water. Thus.
we see that the proportion of nourishing matter in the leguminous seeas is froxs
$\$ 4$ to 31 per cent, while the nourishing
substances of grain do aot exceed 15 per substances of grain do anot exceed 15
vent.-Amerixan Miller.
Men of High Standing.

## g , the Chinese guant,

 means as tall as many celebrated gyantsof other nations. CCung is seven feet.
ix aix mehes in height, Patrick Cotter,
the Irish giant, was eight feet seven and
one-haff inches. He died in 1803 . Eleazer, the Jewish giant, mentioned by
Josephus as living in the reign of Vitel
lius, vas ten feet six inches in height.
Widl
 nches in height. Loushinin, drum
ind was eight feet five inches in height.
Maximinus, the Roman emperor from
232 to 238 A. D., was eight feet six 332 to 238 A. D. was eight feet six
nehes tall. John Middleton, who was
orn at Hale, in Lancashire, in the erign
of James L. wwa naine feet six ineches in of James L. was wine feet six ineches in
height. His hand was seventeen inchess
long and eight and one-half inches broad. A human sketeton eight feet six inches
n height is preserved in the museum of
Trinity college, Dublin. The expression, "an litite bird told
me." comes froum Ecolesiastes $x$., 20 : me." comes from Ecelesiastes $\cdot x$. ., 20 :
For a bird of the anir shall carry the
voice, and that which hath wings shall
cll the matter " The bell of the evening-The supper
boll.

