FOR FEMININE READERS.

For the Hands

This remedy was given to a lady by a doctor in reply to what she should do for the "hard bunches and knots," as she called them, inside her hands. He told her to get a small bottle of olive oil (one-half bottle would do to try), and put in as much camphor gum as it would dissolve, pour some in the hands, rub them together and heat it by the fire. She continued in this, usually evenings, rubbing and heating, and in a short time her hands were as soft as need be, not a "bunch" remaining.

A Woman Farmer.

"Yes, my husband has been dead fif-teen years," said an old lady to a Boston Globe correspondent, "and I have run the farm ever since myself, and, in fact, I have had the whole care of it for twentyone years, for within a year of our marriage my husband had a stroke of paralysis that left one side entirely useless, and it is over a score of years since we moved here.'

It was an old lady of Kennebec county, Maine, who made the above statement, and she seemed to see nothing remarkable about the fact that she, en tirely unaided, should be running a farm of sixty acres, in spite of her three score years and ten.

"Do you do the whole work yourself?"

"Yes, almost all," she replied. "I never hire by the month, but in the busiest season I hire a man to help by the day in having and such work."

" Do you take care of your stock yourself?"

"Oh, yes; but I have not as much stock as I had formerly, having sold many, including as fine a stock buli as had in the county."

"Do you take the daily papers?" "No, I can find all the lies I want to

in the ordinary story and religious papers with ut postering my head with fresh ones made up every day."

"Are you not lonely in the winter?" asked the reporter. "I notice yo." house is off the main road, and you must find it hard getting down to the villags."

"Yes, you are right there," responded the old but energetic lady. "Sometimes I can't get out for five or six weeks unless my neighbors take the trouble to .come and shovel me out, but I don't mind much, and manage to get through all right. Howsomever, I don't see anything much about this; but there is a funny idea about you newspaper fellers, and people seem to take anything they see in print for gospel. For instance, I knew two neighbors who was always fighting about the way to cultivate a field, and they both declared the other was a fool. Finally one got his printed in a farming paper, and the other feller saw the piece, and not knowing whose ideas they was he thought he had learned something and went home and followed the advice of the man he had called a foot, just because he saw it in print. Don't you want to come to see the farm? It don't amount to anything, though," she added.

The writer walked out to the door, and the first thing that attracted his 'attention was a tombstone in front of the piazza. He was about to ask if it was erected in this certainly unusual spot at the particular request of some near and dear relative, when he noticed that a ring was passed through the top of the marble stone and that it served the purpose of an ordinary hitching post. Therefore he forebore lest he should touch on a forbidden topic, and even the broadest hints did not elicit any information on the subject of the sepulchral horse-fastener. Everything about the farm, to use a localism, was in apple-pie order, just as one might find the farm of an old farmer with able-bodied sons to help him.

THE HOME DOCTOR.

A Sea Atmosphere for the Sick Room. The solution to be used and diffused as spray consisted of solution of peroxide of hydrogen (10 volumes strength) containing 1 per cent. of ozonic ether, io-dine to saturation, and 2.50 per cent. of sea salt. The solution placed in a steam or hand spray diffuser can be distributed in the finest spray in the sick room at the rate of two fluid ounces in a quarter of an hour. It communicates a pleasant sea odor, and is the best purifier of the air of the sick room I have ever used. It is a powerful disinfectant as well as deodorizer, acting briskly on ozonized test solutions and papers. Mr. Carl R. Schomberg has recently invented a large spray producer, which will diffuse the artificial sea air through a hospital ward.-B. W. Richardson, M.D.

Whooping Cough. A correspondent writes: "Will you not give your readers an article on whooping cough, stating what it is, and whether there is any known remedy?"

The disease is a peculiar form of bronchitis, attended, in its first stage, with some fever, and, in the second, with spasms of the glottis, the vocal cords in the upper part of the larynx. It is highly infectious, and since few children es-cape it, and it generally destroys one's susceptibility to a second attack, it is largely confined to childhood.

more violent and ast longer. At length -it may be in two or three days, or in as many weeks-the spasms of the glottis are developed, and the well-known whoop settles its real character.

The whoop is due to the fact that it is impossible to take breath during the rapid coughing, and hence, on its ceasing, there is a long and labored inrush of

Moreover, as the blood cannot freely enter the lungs during the paroxysm, the impeded blood causes the veins of the neck to swell out, gives to the face a livid look, and sometimes occasions various hemorrhages-of the noise, stomach and lungs. But there is no danger of the patient's dying of suffocation, as is so often feared.

The disease may be quite mild, or very severe. Occasionally the person gets well in a few days, without any medical aid. But generally the disease lasts six weeks. Sometimes when neg-lected, it runs on many months. As a rule, the paroxysms gradually become less severe and frequent, and then cease, though for a time an ordinary cold will

be attended with a whoop. The most that medicine can do is to palliate the symptoms, and shorten the duration of the disease. Alum acts well on the inflamed bronchial tube; bellaous but efficacious remedies. No one medicine meets each case, nor any case in all its symptoms and stages.

The only wise course is to employ an intelligent physician who can study its peculiararities and watch its tendencies. This is the more important since there is always danger of grave complicationsindirectly, often fatal.

Unless where there is serious complication, it is best to have the child as much as possible out of doors. The diet should be nutritious. This should be looked after more carefully if the child vomits much. Food should be given often, and as early as possible, before an expected paroxysm.-Youth's Companion

Diving for Sea Eggs.

The "sea eggs" are a species of the family Echindæ. Diving for them by the Fuegian women is one of the most painful and dangerous ways of procuring food, as they often have to follow it when the sea is rough, and in coldest weather. The following description is taken from Mayne Reid's serial, "The Land of Fire."

The savages do not long remain idle, another resource engaging them—a feat for which the Feugian native has obtained a world-wide celebrity-namely, diving for sea-eggs. A difficult, dan-gerous industry it is, and just on this account committed to the women, who alone engage in it. Having dispatched their poor breakfast, half a dozen of the younger and stronger women take to the canoes-two in each-and paddle out to where they hope to find the sea-ur-chins. Arriving there, she who is to do the diving, prepares for it by attaching a little wicker-basket to her hip, her companion is intrusted to keep the canoe in place, a task which is no easy one in water so rough as that of the sea-arm

chances to be now. Everything ready, the diver drops over, headforemost, as fearlessly as would a water-spaniel, and is out of sight for two or three minutes; and then the crowblack head is seen bobbing up again, and swimming back to the cauoe with a hand-over-hand stroke, dog-fashion, the egg-gatherer lays hold of the rail to rest At the commencement it resembles a herself, while she gives up the contents hard cold, but the acts of coughing are of her basket. Having remained above water just long enough to recover breath, down she goes a second time, to stay under for mimutes as before. And this performance is repeated again and again, till at length, utterly exhausted, she climbs back into the canoe, and the other ties on the basket and takes her turn at diving. Thus, for hours, the sub marine egg-gathers continue their arduous, perilous task; and, having finished it, they come paddling back to the shore. And on landing, they make straight for the wigwams, and seat themselves by a fire almost in it-leaving the spoil to be brought up by others.

Perils on the Sea.

Many strange stories are to'd of the sea, but few of them surpass the experience of two crews who reached New York in the brig F. J. Merryman. Captain Hoffschied sailed in command of the bark Friederick Scalla, loaded with salt from Stettin, Germany, for New York. He had a crew of eleven Germans. The ship met with baffling winds, but one day she encountered a terrific hurricane that lasted forty hours and left the vessel disabled, with her rudder and masts gone and a big leak in her side .. For nine days the sailors worked at the pumps while the ship drifted helplessly over the sea. On the evening of the donna on the iritated nerves that cause ninth day they say a large brig appar-the spasms of the glottis. A doctor ently drifting like themselves helplessly must be consulted for the more danger on the waves. Fortune drew the two ships together, and in response to cries from the Scalla two blacks and two white men on the brig lowered a boat and took the crew of Germans on board.

The brig proved to be the F. J. Merryman and the four men were all that was left of her crew. The Merryman had sailed from Boston for Sierra Leone acute bronchitis, pneumonia, pleurisy and discharged her cargo and then pro-and other lung difficulties. It is thus, ceeded down the coast of Africa to take ceeded down the coast of Africa to take on another cargo, when the African fever began to kill off the crew. The first mate and several men died. They were buried at sea. Then after lying in a primitive quarantine for thirty days off Bathurst, Africa, they were allowed to load a cargo of hides and start home-ward. They fortunately secured the services of the two blacks to take the place of their dead seamen. On the voyage home Captain Nickerson and the second mate and another of the crew were stricken down with the fever. No one was left who could command the ship and she drifted aimlessly on the ocean until the crew of the Scalla were taken aboard.

It is no Wonder

It is no Wender that so many people sink into untimely graves when we consider how they neglect their health. They have a disordered Laver, deranged Bowels, Constipation, Files or dis-eased kidneys, but they let it go and think they "will get over it." It grows worse, other and more serious complications follow and soon it is too late to save them. If such people would take Kidney-Wort it would pre-serve their lives. It acts upon the most im-portant organs purifying the blood and cleans-ing the system, removes and prevents these disorders and promotes health.

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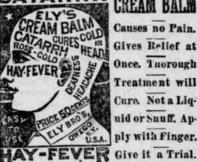
A Great Victory

A Terrible Case of Scrofula Cured by Hood's Sarsaparilla

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This statement is confirmed by W. J. Huntley, drag-gist, of Locaport, N. Y., who calls the curs a great vic-tory for Hood's Saresparille.





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Words of Warning and Comfort.

If you are suffering from poor health or languishing on a bed of sickness, take ch anguishing on a bed of sickness, take class if you are simply ailing, or if you feel 'weak and dispirited, 'without clearly know-'ing why, Hop Bitters 'will surely cure you. ss, take ch

If you are a minister, and have o ertaxed yourself with your pastoral duties, or a mother worn out with care and work, or a man of business or labor, weakened by the strain of your every-day duties, or a man of letters toiling over your midnight work, Hop Bitters will most surely strengthen you.

safety strengthen you. If you are suffering from over-eating or drinking, any indiscretion or dissipation, or are young and growing too fast, as is often the case, "Or if you are in the workshop, on the "farm, at the dresk, anywhere, and feel "that your system needs cleansing, ton-"ing, or stimulating, without intoxicat-"ing, if you are old, "blood thin and impure, puse "teeble, nerves unsteady, faculties "waning, Hop Bilters is what you need to "give you new life, health and vigor."

If you are costive, or dyspeptic or suffer ing from any other of the numerous dis-cases of the stomach or bowels, it is your

own fault if you remain ill. If you are wasting away with any form of Kidney disease, stop tempting death this moment, and turn for a-cure to Hop Bitters

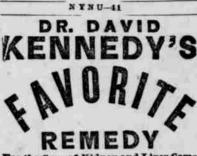
If you are sick with that terrible sickness, Nervousness, you will find a "Balm in Gil-ead" in Hop Bitters.

-If you are a frequenter, or a resident of, -- a minematic district, barricade your sys--- tem against the scourge of all countries -- Maiaria, Epidemic, Billions and Inter--- mittant Fevers by the use of Hop Billiers.

If you have rough, pumply, or sallow skin, bad breath, Hop Bitters will give you fair skin, rich blood, the sweetest breath and health. 5500 will be paid for a case they will not cure or help.

A Lady's Wish. "Oh, how I do wish my skin was as clear and 'soft as yours," said a lady to her friend. "You 'can easily make it so," answered the friend. "Bow ?" inquired the first lady. "By using Hop Bitters that makes pure, rich blo.d and biooming health. It did it for me as you observe."

observe." IF N ne genuine without a bunch of green Hops on the white label. Shun all the vile, poisonous, stuff with "Hop" or "Hops" in their name.



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THE WOMEN AT HOME.

Our mothers, wives end daughters! Home is no home at all without them. Yet they may die and leave the house silent and sad any day. Husbands and fathers, a word in your ear. The ladies are not leave the homes silent and and any day. Hasbands and fathers, a word in your ear. The ladies are not always too blame when they are low-spirited and "cross." They are sick, Fut a bottle of DR. DAVID KEN NEDY'S FAVORITE REMEDY on the shelf, and tell them to use it. The color will ome back to their checks and the laugh to their lips. Go and get it at once down town, or mail one dollar to the Doctor's address at Kondout, N. Y.



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BINGHAMTON.N.Y.

Fashion Notes.

Black pearls are in demand.

All-feather bonnets are to have a run. Little girls are wearing very large hats Fine felts are largely worn for walking hats.

Bonnets for evening wear are small in shape.

Novelties in wool goods all show rough surfaces.

Velvet and brocade are much used fo. dress bonnets.

Lizzard and moss greens are much fawored in millinery.

Bonnet strings are medium as regards length and width.

Brown is a leading color in both dress goods and millinery.

Square-toed shoes are gaining popularity with gentlemen.

Tying the bonnet strings in a square bow under the chin and making them into a pert little knot under the left ear seems equally in favor.

Most of the new Newmarket coats have the seam at the back closed, but are made full enough to wear with large bustles. Braid is their most common trimming.

Bonnet to match each costume now form part of a bridal outfit, and the nearest approach to a white bonnet is that sometimes prepared for evening wear and which has a white crown and a colored brim.

When the new watercress green is used for the crown of a hat, the brim is of a brown with a greenish tinge almost like olive, for the watercress green could only be worn on the stage, or with a stage complexion.

Some of the new costumes have their skirts almost covered with mohair braid sewed on in perpendicular rows, almost but not quite touching. The braid is sewed on its edge, so as to stand out from the surface, and a border of braid set still closer finishes the skirt at the hem.

conversion of venous blood into arterial, accompanied by alteration of color and plentiful admixture of oxygen, which takes place in shock, is due to a nervous inhibition of the circulation of gases and their passage from tissue to tissue. Possibly the habit of blushing at every slight surprise, common to many people, may find its explanation in the same fact.

POPULAR SCIENCE.

Dr. Brown Sequard believes that the

All fishes that live continuously at a depth greater than two thousand feet are carnivorous. This results from the fact that, owing to the absence of light, vegetation gradually disappears as the depth increases, and consequently all species of fish that do not ascend to within five hundred feet of the surface -the point at which the last algae are found-are obliged to hunt for animal food.

Some very minute inquiries have re-cently been instituted by M. Haslam, of Derby, England, to determine the temperature best adapted to the preservation of fresh meats, eggs and other animal products without absolutely freezing them. The result has been to fix upon a temperature of from thirty degrees to thirty-four degrees Fahrenheit, as the surest and safest for refrigerators, iceboxes, etc.

Samples of green peas, from a lot alleged to have caused sickness and diarrhoea, have been found by Dr. John Muter to be affected by a fungoid growth on the inner surface of the outer coating of the seed. When boiled with water the peas have a sickly, pale-green color, with yellow spots; but when the water contains a little soda they show deep violet-brown markings, and emit a fragrant odor on keeping.

M. Aime Girard regards the grain of wheat as consisting of three parts, the shell, (which forms 14.36 per cent.,) the germ, (1.43 per cent.,) and the farinaccous layer, (84.21 per cent.) In a recent paper on the chemical compo-sition and the alignentary value of the various parts of such a grain he considers that the introduction of the shell and the germ into the flour is only of an in- half of the gold and one-half of the silsignificant utility, and is attended with | ver of the world's supply. serious inconvenience.

Captain Hoffschied, before he had straightened things out on the African brig, saw his own bark sink with her cargo beneath the waves. Taking charge of the Merryman he turned her bow ir the direction of New York.

The March to the Grave,

A statistican recently stated that if one could watch the march of 1,000,000 people through life, the following would be observable: Nearly 150,000 would diethe first year, 50,000 the second year, 28,000 the third year, and less than 4,-000 the thirteenth. At the end of forty-five years 500,000 have died. At the end of sixty years 370,000 would still be living; at the end of eighty years 97,000; at eighty-five 31,080; and at ninety-five years there would be 223; at the end of 108 years there will be one survivor.

The Bastinado.

The bastinado is still one of the authorized punishments in Egypt, and is so terrible that even the silent and muchenduring Arabs scream with pain after the first few strokes. First the victim is laid on his face on a stone and held there firmly. Then his legs are raised till the flat soles of his feet are uppermost, and secured in that position. The lash is a species of cat, but with five strands instead of nine, and it stings and cuts frightfully. The torture is inflicted for very slight offenses, and maims the sufferers for many days.

Crater lake, Oregon, is inhabited by a dreadful monster. It is said to be as large as a man's body, and swimming with about two or three feet out of water, and going at a rapid rate, as fast as a man could row a skiff, leaving a similar wave behind it.

The United States now makes one fifth of the iron, and one-fourth of the steel of the world, and it furnishes one



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