

SEMI-WEEKLY

Bandon Recorder

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ECONOMY

The German government has ordered the bakeries to use potatoes in their bread to conserve the wheat supply.—News Item.

This is an example worthy to be followed by people out of employment or, for that matter, by any one in moderate circumstances. A great many could not only live more cheaply but also be better nourished if they were taught to select and prepare their food more intelligently.

The application of chemistry to the art of cooking has of late years taught us much. Protein which is most commonly secured in meat can be more cheaply obtained from some vegetables. Potatoes contain some protein which can be utilized if the potatoes are pared shortly before cooking and are immediately dropped into boiling water to seal the outside and thus keep the protein in, as is done in roasting or boiling a piece of meat.

When potatoes are peeled and allowed to stand or soak in water before cooking all the protein soaks out into the water and is wasted.

Knowledge of how to cook different foods so as to make them more capable of being assimilated by the body, lessens the cost of living and increases the standard of it. The cheaper cuts of meat are just as nourishing as the dearer ones and can be cooked to be just as palatable.

Phillip D. Armour once said that the big packing industries were built up by the saving of the by-product wasted by the small packers. Many people now poorly nourished in poverty could thrive both physically and financially if they would utilize their resources.

The difference between penury and competence, under nourished weakness and well-fed strength, failure and success can often be bridged by the intelligent use of a small income. The poor family that lives from a bakery or meat-shop will never become independent.

With wheat at its present high price a man out of work and in financial straits would do well to feed his family on potato bread and to get much of the needed protein from beans instead of twenty cents a pound beef-steak.

These are a few of the many economies easily attained. Night schools are now being held in large cities to teach grown people just such lessons in efficiency.

It is being predicted by several financial writers of national repute that the experiences of 1914 will cause the nation to be less foolishly wasteful.

THE GOVERNOR'S MESSAGE

"My short experience as a member of the state highway commission has convinced me:

First—That good roads are our greatest need and no material development can come without them.

Second—Many favor better roads but few are willing to pay for them.

Third—That he who undertakes the construction of roads gets damned for the cost but no credit for his efforts." Gov. West's message.

DRY CAFES

The Portland papers announce that G. J. Kaufman who has been manager of the Portland Hotel company, will open a high class dry cafe in June.

This is undoubtedly a wise economic and social action. In the language of the advertisement, "there is a reason for everything. The saloon fills a want of a gregarious mankind. This is the instinct which is met by some such social places as Mr. Kaufman contemplates and by its prohibition will be more easily and thoroughly enforced. The "dry cafe" has a notable forbear in the coffee houses such as were patronized by Dr. Johnson and his famous literary associates.

The social instinct will find outlet somehow. The wise course is to provide for it in a manner beneficial to the general and individual welfare. Some public place where the socially inclined may meet, should be provided in all towns before the saloons are closed.

FOREST NOTES

Forest fires in British Columbia covered more than 300,000 acres during the past year.

It is reported that there is a big market in Hawaii for box shooks for packing canned pineapple and pineapple juice.

During the past two years forest officers have killed nearly 9,000 predatory animals, more than three-fourths of which were coyotes.

The arboretum established at Washington in Rock Creek park, through cooperation between the forestry service and the District of Columbia, now contains 1,500 trees, comprising 92 different species.

There were 400 fires this year on the national forests of Utah, Southern Idaho, Western Wyoming and Nevada, or fifteen more than in the most disastrous season of 1910. Yet the cost of extinguishing them was only one-third and the damage only one-thirteenth of that of the earlier year. This difference is due to better organization now and to more roads, trails and telephones.

WEEKLY INDUSTRIAL REVIEW

Salem, Ore., Jan. 14.—One of the plausible things to come before the legislature is a state institution for the care of crippled children.

The Oregon Blue Sky law has been upheld by the supreme court.

Eugene—Socialists are initiating a bill for a large municipal market.

The resources of Oregon and agricultural education are to be advanced by an O. A. C. college quartet going east to give concerts.

The Southern Pacific shops have reopened at the places, employing 1200 men.

Irving farmers are boosting the sugar beet industry.

Plans are complete for the \$100,000 hotel to be erected by Mayor Simpson and associates at North Bend.

Richland—Mrs. Sanders and Eastland will build a general hospital.

Guy Lafollette is the new owner of the Crook County Journal at Prineville.

Baker—This city spent \$200,000 on new buildings in 1914.

The North Bend Manufacturing company is getting out \$15,000 myrtle wood novelties for the Panama fair.

Three new bridges on the Columbia highway to Astoria will cost \$40,000.

Baker county mining output for 1914 was \$1,500,000.

Eugene improvements for 1914 were \$750,000.

Central Oregon irrigationists will ask the state to appropriate \$1,250,000 for projects.

Oregon City—Crown-Willamette paper mills have made places for 33 more men.

The local brick manufacturers at Eugene won out on the armoury contract over convict made brick.

Grants Pass is pushing for three new industries in 1915—a beet sugar factory, a custom mill to crush ore, and a plant to prepare lime rock for fertilizer.

OREGON SCHOOL CHILDREN TO RAISE HOGS

Portland, Oregon, Jan. 15, (Special) A conference of far reaching importance to the live stock industry of the Pacific Northwest was held at the Portland Union Stockyards a few days ago. As a result of this conference arrangements have been made whereby it will be possible to send out 1,000 or more brood sows to the boys and girls of Oregon, these animals being treated for and guaranteed against cholera. These sows are not to be given away, but are to be sold at prices ranging from \$8 to \$25 each and in payment the stockyard people will accept a note running from 3 to 10 months at 6 per cent interest, the note to be approved and endorsed by the father or guardian of the boy or girl and approved by the county school superintendent.

The family of infant porkers will appear in four or five weeks after shipment of the sows, and the boy or girl will have plenty of time before their swine mature to bring the pig to a marketable age and dispose of them to the best advantage, paying off the note with the proceeds of the sale. In the work done by the hog club of the northwest last year, an eleven year old girl of Washougal, Wash. made a clear profit of \$79 on one brood sow. In this instance two litters, twenty-four pigs in all, were produced. Local educators have expressed the opinion that this is the most important step ever taken in this line of work and as far as known, the first movement of the kind ever started in the United States.

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SCHOOL CHILDREN OF THE COUNTY NUMBER 5127

Coos county has 5127 children between the ages of 6 and 20 years and 3566, or 69.9 per cent of them attend school, according to a recent census bulletin. The data contained in the report relates to the year 1910 and has only recently been made public. The distribution by age groups, and the number attending school is as follows: Ages 6 to 9; total number, 1447; number attending school, 1089 ages 10 to 14; total number, 1706; number attending school, 1026; ages 15 to 17, 1005, number attending school 670; ages 18 to 20, total number 969, number attending school 181.

Prineville is making great preparations for the entertainment of the Cattle and Horsebreeders' Association which will hold a convention there beginning February 9. It is expected that not less than 400 delegates from all parts of the Northwest will be present.

LODGE DIRECTORY

Masonic. Bandon Lodge, No. 130, A. F. & A. M. Stated communications first Friday after the full moon of each month. Special communications Master Masons cordially invited. WALTER SABIN, W. M. C. E. BOWMAN, Sec.

Eastern Star. Occidental Chapter, No. 45, O. E. S., meets Saturday evenings before and after stated communications of Masonic lodge. Visiting members cordially invited to attend. L. KATE ROSA, W. M. ROSA BINGAMAN, Secretary.

Rebekah Ocean Rebekah Lodge, No. 126, I. O. O. F., meets second and fourth Tuesdays at I. O. O. F. hall. Transient members cordially invited. ELVA MILLER, N. G. MINERVA LEWIN, Secretary.

I. O. O. F. Bandon Lodge, No. 133, I. O. O. F., meets every Wednesday evening. Visiting brothers in good standing cordially invited. D. C. KAY, N. G. L. I. WHEELER, Secretary.

Knights of Pythias. Delpni Lodge, No. 64, Knights of Pythias. Meets every Monday evening at Knights hall. Visiting knights invited to attend. ERNEST SIDWELL, C. C. B. N. HARRINGTON, K. of R. S.

W. O. W. "With Charity Towards All" Seaside Camp, No. 212, W. O. W. meets Tuesdays, K. of P. hall, 8 p. m. Visitors are assured a hot welcome. By order of W. A. KELLER, C. C. C. M. GAGE, Clerk.

Loyal Order of Moose. Meets Thursday evenings in I. O. O. F. hall. Transient Moose cordially invited. Something doing every Thursday.

City Transfer

S. D. Kelly, Proprietor. Light and Heavy hauling promptly done. Contracting and grading. Transient trade solicited. Horses boarded. Phone 1151. Office: Dufort Building

Photography

UP TO THE MINUTE. Is what you get at the WHEELER STUDIO.

PROFESSIONAL CARDS

C. R. WADE Lawyer BANDON, OREGON

DR. H. L. HOUSTON Physician & Surgeon Office in First National Bank building. Hours, 9 to 12 a. m.; 1:30 to 4 p. m.; 7 to 8 in the evening. BANDON, OREGON

DR. SMITH J. MANN Physician & Surgeon Office in Ellingson Building. Hours, 9 to 12 a. m.; 1 to 5 p. m. BANDON, OREGON

DR. L. P. SORESENSEN Dentist Office in First National Bank building. Telephone at house and office. BANDON, OREGON

G. T. TREADGOLD Attorney and Counselor at Law Office in New Bank Building Notary Public BANDON, OREGON

DR. R. V. LEEP Physician & Surgeon Office in Ellingson building. Phone 72 BANDON, OREGON

DR. ARTHUR GALE Physician & Surgeon Office in Ellingson building. Office phone, 352. Residence phone, 353. BANDON, OREGON

DR. S. C. ENDICOTT Dentist Office in Ellingson building. Office phone 1241. Residence phone, 1161 BANDON, OREGON

DR. I. L. SCOFIELD Dentist Office in Fahy and Morrison Building next to Emergency Hospital. Phone 1141 BANDON, OREGON

DR. H. M. SHAW Eye, Ear, Nose and Throat Specialist Office Phone 330-J Res Phone 105-J Rooms 200-1 Irving Block MARSHFIELD, OREGON

BENJAMIN OSTLIND Consulting Engineer and Architect MARSHFIELD, OREGON

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The Leading Contractors and Builders. We furnish plans and specifications and if you are going to build anything, no matter how large or how small, we can save you money. Let us figure on your building.

Try the Recorder shop with that next order of printing.

AGENTS WANTED

Everywhere To Sell Madame Du Four's Face Powder. Miss Billie Burke. Your favorite advertisement. The best I have ever used — so soft and wonderfully pink.

CHECKS ON THIS BANK



THE BANK OF BANDON

ARE PAYABLE AT SIGHT. WE ALWAYS CARRY A CASH RESERVE LARGE ENOUGH TO MEET ALL DEMANDS. HAVE YOUR ACCOUNT HERE AND YOUR CHECKS WILL GIVE YOU AN ADDED STANDING WITH YOUR CREDITORS. BE UP TO DATE BY HAVING AN ACCOUNT WITH AN UP-TO-DATE BANK.

City Meat Market

A FULL LINE OF SELECT FRESH AND SALT MEATS ALWAYS ON HAND. MODERN METHODS AND COURTEOUS TREATMENT COMBINE TO MAKE YOUR TRADING HERE A PLEASURE. YOUR PATRONAGE SOLICITED. Phone 193. Geo. Erdman, Proprietor

We want you

For our customer—not just today, but tomorrow and for all time to come, if Right Goods Right Prices Courteous Treatment and prompt delivery is what you want WE HAVE YOU SPARK'S GROCERY Successor to A. E. White

A. D. Mills

Real Estate Fire Insurance Notary Public Rentals. Good Lots in Azalea Park, \$25 Down and \$10 per month. Bargain in Business Lot on First Street.

For Your Garden

The new soil of this section requires a COMMERCIAL FERTILIZER, giving it what nature lacked. You must have it for your garden to get the best results. We have a large supply at a very reasonable price. Central Feed Co. Central Warehouse Phone 142