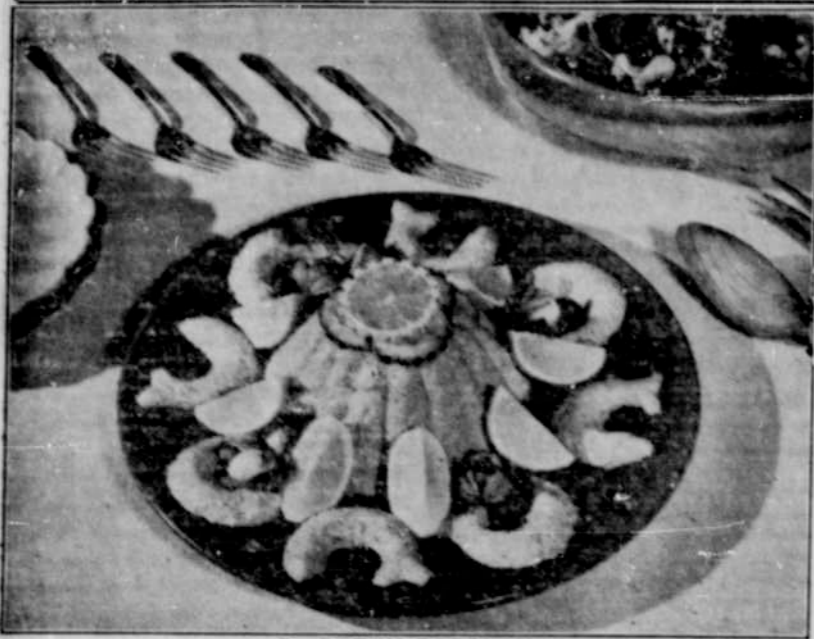


Facts For Fish Lovers



By BETTY BARCLAY

This country may not be the "fishermen's Paradise" that Finland is with 60,000 lakes and 80,000 islands but there are few districts where fresh fish are not available -- and excellent canned seafood is always in season. The many varieties of fish and shellfish make planning Lenten menus a pleasure. In fact Lent offers the homemaker a good opportunity to get better acquainted with this nutritious food which contributes valuable proteins and minerals to the diet.

Fish and lemons are associated on dining tables the world around. Lemon juice is rubbed over fish to be baked or fried; fresh fish is marinated in lemon juice and oil before it is baked or broiled.

To keep fish white when boiling, add 1 tablespoon lemon juice and 1/2 teaspoon salt to one quart of water used for cooking.

When using canned fish such as salmon or tuna in a creamed or scalloped fish, sprinkle fish with lemon juice before adding the white sauce.

If fish is served as an appetizer course, lemon is indispensable. An excellent cocktail sauce for shellfish -- oysters, clams or shrimp -- is made with 1 tablespoon horseradish, 1/2 cup tomato catsup, 6 tablespoons fresh lemon juice, a dash of tabasco sauce and salt to taste. Blend ingredients well and serve very cold.

For a canape spread, cream 2 tablespoons fresh lemon juice with

1/2 pound sweet butter. This is an excellent spread for crisp crackers or fresh or toasted bread to be topped with anchovies, caviar, sardines or spreads made with tuna, salmon or any desired fish.

For lemon garnishes with fish, be sure to serve juice quarters so that the individual can add lemon to his taste.

Here is an excellent method of preparing a salmon mold, good for Lent and equally good at any season.

Salmon Mold

- 1 No. 2 can salmon
- 1 tablespoon butter
- 1/2 tablespoon cornstarch
- 1 teaspoon dry mustard
- 2 egg yolks
- 1/2 cup milk
- 1/4 cup lemon juice
- 1/2 tablespoon gelatin
- 2 tablespoons cold water
- Salt to taste
- 1/2 cup whipping cream
- 1/2 cup diced cucumber

Cook butter, cornstarch, mustard, egg yolks and milk in double boiler to soft custard consistency. Add gelatin liquefied in cold water. Add lemon juice and salmon. Season to taste. (Rub salmon through coarse sieve if a fine texture is desired.) Cool. Fold in whipped cream and cucumbers. Pour into one large mold or a number of small molds. Serves 6.

Serve garnished with lemon quarters, lemon slices and radish roses.

NEWS AND VIEWS FROM THE CAPITOL

Principal Yoder and students of Hill school near Gaston, were the guests of Senator Fisher Tuesday. They received a cordial welcome.

Paul Patterson, city attorney for Hillsboro, Beaverton, Gaston and Sherwood, accompanied by Paul Patterson, Jr., visited in Salem Tuesday in behalf of the League of Oregon Cities legislative program.

J. W. Stretcher, deputy county Clerk of Washington County, was at Salem for the joint legislative Lincoln Day exercises in the House. He later visited the Senate. The courtesies of the Senate were extended to Mr. Stretcher, as captain of the Elwood, Ind. Highschool, where Wendell L. Wikie, was a member of the Elwood foot ball team. He said Wikie was a terror to pack the ball for the republican party.

Messrs. Glen Halvorson and Marin Harum of Hillsboro, were visiting with Representatives Hesse and Kuratli Wednesday, and looked over the House and Senate during their visit.

The Willamette University Glee Club serenaded the legislature Thursday P. M., humming the numbers first then plenty of encores.

C. W. Shields, in charge of the capitol grounds, believes best results are obtained in rose culture by pruning the plants this time of year down to ten inches, leaving only four new stalks to each bush, and spraying with a light solution of lime-sulphur, about twelve to one. The variety of roses that surround the State House are the Caroline Testout, official rose of the Portland Rose Festival Association. Cultivate around plants with plenty of fertilizer, and plenty of irrigation when roses are in bloom.

The Washington County delegation have received a number of resolutions from incorporated cities of Washington County giving full support to House Bill number 348, the League of Oregon Cities bill, providing for a share of the gasoline tax fund for the improvement of city streets.

There are eight incorporated cities in Washington County, and we will be pleased to have resolutions from all of the cities on our desks that we may use the same during debate on House Bill number 348.

Mrs. Lyle Goodell, daughter of Mr and Mrs. H. T. Hesse, now on a visit in the east, writes having a splendid trip-but in Chicago the temperature was 10 below-quite a contrast from Oregon's sunshine.

Representative Hesse is improving from his recent illness.

Charles Imlaw, prominent miller at Reedville, was at Salem Monday on business.

Oscar Hagg, of Reedville, and Joe Kendrick of Portland, are taking good care of the dairy interests at the legislature this session.

Last Thursday evening the Washington delegation had a fire side chat at the home of Representatives Hesse and Kuratli, 660 N. Cottage St. Solem, Henry Kuratli related an interesting episode which happened many years ago when old Bethany Band gave band concerts in eastern Washington County when he was a member of the Bethany Band. During the winter months the Bethany band gave a number of concerts in Washington County towns--one at Beaverton. In particular, was a band concert and afterwards a masquerade dance. Henry said he had a great time that night at the masquerade dance. He relates there were three girls who attended the dance: Rose, Cora and Alice Henry, and their costumes were Indian and adorned with long streamers of popcorn. The popcorn was a string of popcorn. The popcorn was gone. They were the days when everyone had a good time. He didn't say who took the girls home-- neither did Fisher!

Bethany-Cedar Mill

By Esther Sandstrom

Mr. and Mrs. R. L. Jackson who have purchased Mrs. Freda Hogan's house, have moved it to a higher position on the acreage.

LOCAL HAPPENINGS

Betty Easton was home sick three days with the measles.

Mrs. E. E. McCormick has just recovered from the measles.

Mrs. M. Swain was in Portland on business Monday.

Geo McKercher was home from Bremerton over the week end.

Mrs. J. Schultz has gone to California for a rest and a visit.

Bobby Swain left Sunday for Culver City, with his aunt, Mrs. Effie Kofahl.

Mr. and Mrs. Tony Bosich and children visited friends in Portland Sunday.

Washington County schoolmasters will meet Monday evening at Reedville.

Mr. and Mrs. Paul Easton are making repairs on their home on Johnson road.

Mrs. Jack Britton of Estacada called at the home of Mrs. J. V. Myers Wednesday.

Mrs. Jessie Myers has been quite ill with the flu but is able to be out again.

Dr. and Mrs. G. F. Via, of Forest Grove Oregon was a caller Mrs. Jessie V. Myers home Sun.

Thursday eve. the Thrifty Marke ball team were entertained by Holboke and Kell at the Old Heibelberg Inn.

Mr. and Mrs. W. C. Wright, and Mrs. Woodrow Weaver spent the week end at Seaside Beach.

Mrs. E. A. Cobell entertained a groupe of the younger set to celebrate her daughter Betty's birthday Fri. eve. February 14.

J. H. Neal and wife have sold their home of Stacey Ave. in Aloha and have moved to Northeast Everett St. in Portland.

Beaverton Selective Service board have already sent twenty men to training camps and are expecting to supply as many more by June.

Mr. and Mrs. B. Abbott of Portland were out working on their place on Johnson Road. They laid out walks and planted some shrubbery.

Mrs. Jack Britton of Satacada Oregon and Mrs. J. V. Meyers were Wednesday afternoon callers at the F. Peepers home in Forest Grove Oregon.

Mr. and Mrs. V. A. Wood attended the Daphne Club card party Mon. evening at the home of Mr. Mrs. Robert Rathbon in Portland.

Mrs. Anne Holboke was a birthday dinner hostess Sunday to a groupe of relatives and friends in honor of Margarette Anne's birthday.

Mrs. M. Swain entertained Sat. evening for Mr. and Mrs. Henry Lipkey and Mr. and Mrs. Effie Kofahl of Portland. Bridge being played, followed by a lunch at midnight.

The lunch room on the Harris property on Canyon Road near Cedar St. has been sold to two ladies who are having the place done over. They expect to open for business soon.

Book club will hold a Silver Tea at the Bethel Congregational church Thursday Feb. 27th. at 2 P. M. Mrs. Lucille Miller of Portland dressed in Spanish costume will present the program.

Democrats of this county will meet Monday evening, February 24, at the Hillsboro Chamber of Commerce rooms, to organize a Central committee. A. B. Abts, of Hillsboro will preside.

Mr. and Mrs. Roland Kunzi and family of Silverton, and Mr. and Mrs. Ernest Losil of Laurel were dinner guests at the home of Mrs. Suse Losil. Mr. and Mrs. Albert Wilson and son Curtis of Beaverton visited there after dinner.

Mr. and Mrs. Chris Pihl, Charley Stunger, Mrs. Geo. Stunger and Mrs. Jennie Sandstrom and daughter attended the Danish card party in Portland.

Mrs. Jennie Sandstrom and Esther visited at the home of Mr. and Mrs. Geo. Doby Thur. eve.

Oh, see the little moron-- He doesn't give a damn I wish I were a moron-- Gee, Whiz! Perhaps I am!

I never saw a pale blue cow I never hope to see one! But by the milk I'm getting now I know that there must be one!

Notice Of Final Settlement In The County Court Of The State Of Oregon, For Washington County

In the matter of the Estate of Alfred William Muchow, deceased:

NOTICE IS HEREBY GIVEN, that the undersigned Administratrix of the above entitled estate, has filed in the above entitled court and cause, her final account and report as such, and the Court has fixed and appointed the first day of March, 1941, at the hour of 10:00 o'clock A.M. of said day, and the court room of the above entitled court in Hillsboro, Oregon, as the time and place for hearing objections to said final account and for the final settlement of said estate.

DATED this 24th day of January, 1941.

J. L. Gray, Administratrix of the Estate of Alfred William Muchow, deceased.

E. J. McAlear, Attorney for Administratrix.

Do you want some potatoes? Chas Hemrich, has a big field and is offering them to anyone who will dig them and take them home. There is no obligation. You don't have to buy any gum or soap or anything. Just dig the potatoes and take them off. He lives between Watson and Lombard on Eighth St. in this city, Beaverton.

IT SAYS HERE, CLARISSA:

The best ten years of a man's life are the ten before he stumbles and Mrs.

NOTICE TO CREDITORS In The County Court Of The State Of Oregon For Washington County

In the Matter Of The Guardianship of W. T. Shackelford, an Incompetent Person.

NOTICE IS HEREBY GIVEN that the undersigned has been duly confirmed by the above entitled Court as guardian of the person and estate of said incompetent person, and has duly qualified as such.

NOW, THEREFORE, all persons having claims against said guardianship estate are hereby notified and required to present the same, together with proper vouchers therefor, to the undersigned at the law offices of E. J. McAlear and Francis E. Sturgis, in the First National Bank Building, in Hillsboro, Oregon, within six months from the date hereof.

DATED this 31st day of January, 1941.

DOY GRAY, Guardian of the Person and Estate of W. T. Shackelford, an incompetent person.

E. J. McAlear and Francis E. Sturgis, Attorney for Guardian. Adv. c- 9-13

Ed. C. Smith JEWELER KIWANIS BLDG. BEAVERTON OREGON

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WHY NOT TRY OUR HOT TAMALES! PLAY SNOOKER HERE In That Extra Hour You'll Find All Your Friends At La PORTONE

Let GARLIC Help Fight Harmful Colon Bacteria Out of sorts? Harmful bacteria in accumulated waste matter in your colon may be poisoning you and causing distressing headaches and dizziness. Try DEARBORN odorless Garlic Tablets. Come FREE and get a FREE trial package DEAN'S DRUG STORE

The SNAPSHOT GUILD PICTURING SMALL CHILDREN



Good expression is the important point in baby shots. Watch for them-- and let your subject be his natural self.

IT'S easy enough to get good baby pictures--if you go at it the right way. The secret of the whole matter is to pick your subject when he's in a good mood--and just let him be natural. Give him a toy--something bright, something that's colorful and maybe new to him, and he'll provide the expressions you want.

This is one case where you don't need to worry about small details of the pose, or about special lighting effects. Good expression -- a genuine, natural effect--is more important. And the best lighting is simple -- a soft, overall lighting, with plenty of illumination in the shadows.

Indoors, you get this type of lighting by proper placing of your photo lights. Space them rather well apart -- one toward the subject's left, one over toward the right. If you have a third light, it may often be used to brighten up

the background, producing the light, cheerful effect that is so desirable in a baby picture. The third light, if used only for the background, will make no practical difference in the exposure.

Very satisfactory snapshots of babies and small children can be made with a box camera or a simple folding model. However, if I were choosing a camera especially for these pictures, I would want a shutter with speeds up to at least 1/100 second, so that when the subject was lively and active I could still get good sharp snapshots. And I would want an eye-level view finder--I find it the most convenient type for these shots.

But whatever camera you use, remember the points above--balance your lighting for soft shadows, let the child be natural, and watch for good expressions. Do that, and you'll get satisfying pictures.

John van Guilder