

Good News To Dieters



If you are one of those dieters who fears that ice cream may be fattening, yet finds it difficult to resist your favorite dessert on a hot day, you will be interested in this little story and its recipe.

It deals with an ice cream that contains three times as much milk and orange juice as cream, without sacrificing any of its rich, full flavor and smoothness. The deceptively expensive-looking parfait pictured consists of this ice cream, combined with a lengthwise slice of banana, a dab of whipped cream, a trickle of whipped currant jelly and a cherry. If you are very, very sensitive about your weight you may even eliminate the whipped cream.

This rennet-custard ice cream is smooth and full-flavored in spite of the fact that it is made without eggs and with approximately one-fourth of the total liquid in the form of cream — half to one-eighth as much cream as is usually used. It requires no cooking, is easily digested and has a much lower caloric value than the usual tasty of this type.

Follow these simple directions and you'll have a dessert that will delight — whether you are a dieter or not:

Orange Banana Parfait

- 2 rennet tablets
- 2 tablespoons cold water
- 1 1/2 cups heavy cream

- 2 1/2 cups milk (ordinary or homogenized)
- 1 cup sugar
- 1 1/2 cup orange juice, strained
- 4 teaspoons lemon juice, strained
- 1/2 teaspoon grated orange rind
- 3 bananas

Crush and dissolve rennet tablets in cold water in a cup. Warm cream, milk and sugar slowly, stirring constantly. Test a drop on inside of wrist frequently. When comfortably warm, (120° F.) not hot, remove at once from stove. Add dissolved rennet tablets and stir quickly for a few seconds only. Pour at once, while still liquid, into freezer can and let stand at room temperature until firm and cool. Pack in a mixture of 4 parts ice to 1 part ice cream salt and freeze until mushy. Open can and slowly add fruit juices and grated rind, turning dasher to prevent mixture from hardening on outside. Replace cover and crank and finish freezing until stiff. Remove dasher. Repack with ice and salt and let set until ready to serve.

Serve in well-chilled parfait glasses. Cut lengthwise slices of ripe banana and coil diagonally around inside of glass. Fill with ice cream and top with a dab of whipped cream and a sauce made by whipping currant jelly until it can be poured. Cap with a maraschino cherry if desired. (If you do not have parfait glasses, use ordinary sherberts.) Serves 10.

HANCOCK GASOLINE CHIEF VISITS PACIFIC NORTHWEST



John Hancock, of the Hancock Oil Company of California, is shown above being greeted on his recent arrival in the Pacific Northwest by general C. Edward Miller, Hancock field manager. Heavy tourist travel to Oregon and Washington was predicted by Hancock.

Bottled, The Sun Tower



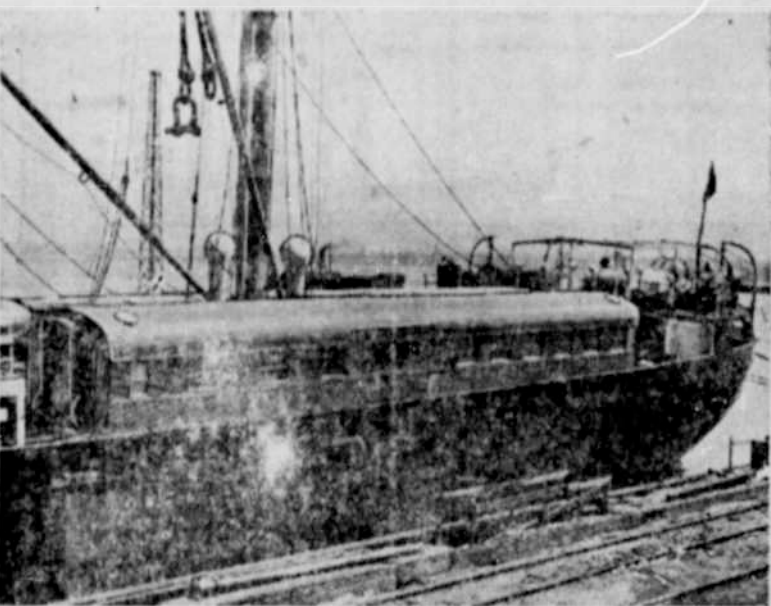
Pretty Marie of the New Folies Bergere bottles up the Tower of the Sun on Treasure Island, preserving it for the future, for it, like the 1940 Golden Gate International Exposition is destined to become a memory on September 29.

Fair Sailing at Fair



Fabian of the New Folies Bergere makes picture work on Treasure Island mighty smooth sailing with this model ship on a mirrored ocean from the National Hobby Show. The Fair closes September 29.

U.S. Streamliners for War-Torn Europe



IN port at Philadelphia, the freighter "Cypria" takes aboard the last of a shipment of 28 Budd-built stainless steel railway cars preparatory to a dash over war-blockaded seas to Lisbon, Portugal. Patterned after streamliners built by Budd for American railroads, the cars will be operated on the Campanha dos Caminhos de Ferro Portugueses between Lisbon, Oporto and Irun.

Visual Baking is Popular



A panel of heat-proof glass introduced first in the oven door of a gas range more than a year ago was so welcomed by homemakers everywhere it now appears in numerous models and is perfected to prevent steaming and discolorations; in some instances the glass is removable for cleaning. Visual baking is a boon to all women constitutionally addicted to oven peeking, since continual opening of the oven door lowers the baking temperature, well below the desired degree and is said to be one of the most common causes of failures. A glance now and then through the window in the oven door satisfies the mind and eye that the baking is proceeding properly, even if one is well aware that the oven is engineered to bake beautifully with or without a window.

Coming Clean! . . . by Squier



NewsOddsities . . . by Squier



Hungry Mosquito's 'Horsepower' Latest Marvel of Insect World

Philip Granett (left), hero of 300,000 mosquito bites, and Dr. Willem Rudolfs, bio-chemist at Rutgers University, studying the reactions of a mosquito in a test tube.



HUNGRY mosquitoes on the hunt for someone to bite have many thousands of times the proportionate strength of a human being. That is the conclusion of scientists at Rutgers University, New Brunswick, N. J., who have been studying mosquitoes for five years and have developed a lotion that keeps them from biting and enables people to escape insect annoyance. In the course of their research the university scientists discovered that mosquitoes will buck winds up to eight miles an hour in their efforts to reach a source of carbon dioxide that they detect on the air. Considering the difference in size between a man and a mosquito, the scientists point out that if a man had the relative strength of a mosquito, he could stand up against a wind going several thousands of miles an hour.

With that much proved, and carbon dioxide found to be the substance that enables mosquitoes to find someone to bite, the Rutgers investigators set to work in the opposite direction to discover what chemicals would keep the insects away. They tested hundreds of existing chemicals as well as many new ones that were especially created for them in the laboratories of the National Carbon Company, which cooperated in the work. They have found a chemical combination that repels mosquitoes longer than any other. It is easy to use, harmless to the skin, and easy to remove. The new lotion has been known to keep mosquitoes away for as long as three hours with one application. It is also effective against gnats, black flies, beach flies, sand flies, deer flies, and chiggers.