

The Beaverton Review

YOUR OWN LOCAL PAPER
Telephone 9415

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ISSUED FRIDAY OF EACH WEEK
AT BEAVERTON, OREGON

J. H. HULETT, Owner
No liquor or tobacco ads accepted

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AMERICANISM
"Americanism is unfailing love of country; loyalty to its institutions and ideals; eagerness to defend it against all enemies; undivided allegiance to the flag; and a desire to secure the blessings of liberty to ourselves and our posterity."

SWIMMING CAN BE ENJOYED NOW

Swimming can be enjoyed by persons of all classes and ages, and is probably the most widely practiced sport in America today. Unlike most sports which stress the development of certain muscles and organs of the body, swimming is an exercise beneficial to the entire body. While most persons should learn to swim and to take advantage of swimming as a beneficial exercise, there are certain precautions all swimmers should bear in mind.

In spite of the advantages to be gained by swimming, it is to be remembered that man is not a marine animal and that man's body is not equipped for a life under water. Mammals which live in water such as hippopotami, seal, crocodile, etc., are all equipped with valves or closing devices over the nostrils which enables them to prevent entry of water to the head and lungs while the body is submerged. Water must be kept out of the head, otherwise it may irritate or infect tender tissues and cause great damage.

Man normally breathes through the nose. If he is to breathe safely while swimming he must follow a practice contrary to normal breathing habits. If he fails to do so, water may get into the nasal cavities, sinuses, Eustachian tubes and middle ears.

A person should be in good general health, free from organic disease, free of communicable disease, including the common cold, because if he swims under such conditions he may endanger his own health and that of the others with whom he comes in contact, or persons using the same pool.

In days of old when knights were bold, and sheet iron trousers wore, they lived in peace for then a crease would last ten years or more.

In those old days they had a caze fo cast iron shirts—and wore 'em. And there was bliss, enough of this, the laundress never fore 'em.

Belty—"Last night George gave me this heart."
Ruth—"Well, he gave you damaged goods, dearie, for the night before he told me I'd broken it."

The sad-looking contractor scanned the menu with a hopeless air. "You may bring me a dozen fried oysters," he said at long last.

"Ise' awfully sorry, boss," the colored waiter apologized. "But de fact is, we's outer all shell fish ceptin' algs."

Planned Parenthood

OVERWHELMING public sentiment in favor of planned parenthood is shown by a recent Gallup poll. Seventy-seven per cent of those who voted approved of giving birth control information to married people through government health clinics.

This is interpreted by the *Atlanta Constitution* as evidencing "a rising tide of humanitarianism in this country."

Twenty-five years ago, to advocate birth control meant jail or social ostracism. Margaret Sanger was imprisoned in 1917 for opening the first birth control clinic for poor mothers in a slum section of New York City.

Today, the Birth Control Federation of America reports 553 such clinics in the United States. North Carolina and South Carolina have made birth control a part of their state public health services. More than a thousand leaders in medicine, religion, science, education, civic affairs and business have joined to sponsor wider development of the movement for planned parenthood.

Fifteen of the country's leading economists, social scientists and authorities on population trends recently stated that, through control of births, humanity may move toward greater happiness, better standards of living and a civilization of higher quality and culture. These authorities point out that, because reliable birth control advice is now little available to low-income groups, far more than half of the next generation is being born to parents least able to care for large families and to give their children opportunity for healthy development.

The Gallup poll confirms the fact that the poor want reliable information. Both the upper income groups and persons on relief voted approximately eight to two in favor of birth control service through the health clinics.

An Unfinished Salad Symphony



When Grandfather succumbed to spring fever, Grandmother prescribed plenty of sulphur and molasses. How much more palatable are the fresh fruits and greens which constitute today's prescription for that seasonal complaint!

Combining fruits and greens such as lettuce, chicory or watercress to make a salad is distinctly twentieth century American. At the top of the list of salad fruits is the orange. Oranges are available the year around from California groves, where the Navel variety ripens during the winter and Valencia oranges are picked all summer. This season the fruit is unexcelled.

In addition to the healthful minerals and vitamins in which oranges abound, making them among the most potent as well as the most palatable of spring tonics, they are marvelous mixers with seasonal fruits. Navel oranges are easiest to divide into sections; when using the summer Valencia it is usually better to slice them. In any case the entire outer skin and membrane should be peeled away from the fruit, down to the juicy meat, as shown in the photograph.

By BETTY BARCLAY

There are so many ways in which a simple salad of orange slices or a bed of greens may be completed that this one was left unfinished for you to center as desired. Here are some suggestions for topping the salad in the making.

Any berries in season.
Walnut-cherry bonbons.
Avocado balls or slices.
Fresh cherries.
Banana slices.
Frosted grapes (grapes dipped in egg white and sugar).
Mayonnaise and pimiento strips.
Tablespoon cottage cheese.
Sherbet of any variety.

An excellent dressing for fruit salads uses:

3 tablespoons lemon juice
3 tablespoons orange juice
4 tablespoons oil
1/4 teaspoon salt
1 tablespoon sugar
Mix all ingredients thoroughly.

SALESMANSHIP

A tramp was sleeping behind the bunker of a golf course when the club secretary of the club, prowling around, kicked him none too gently and ordered him to clear out.

"And who are you?" demanded the tramp.

"I'm the secretary of the club," said the official.

"Well," said the tramp. "That is no way to get new members."

TRANSLATED

"Name?" asked the immigration official.

"Shnee," replied the Chinese.

The official looked hard at him. "Is that your Chinese name?" he asked.

"No. Melican name," said the Oriental.

"Then let's us have your native name."

"Ah Choo."

Simple Desserts Most Popular



Most of us prepare elaborate desserts for special occasions. Few make this a regular practice as the days and weeks come and go. We prefer the simple dessert, particularly if it is easy to prepare, economical and delicious.

Here is a dessert that does not call for eggs. No baking or boiling is needed. The ingredients should be in every home at all times—with the possible exception of the toasted almonds for which you can easily find a substitute. Mothers of children who refuse to drink milk will find it particularly beneficial.

Apricot Vanilla Rennet-Custard
1/2 cup dried apricots
1 cup cold water
1 tablespoon sugar
2 cups milk (not canned or soft curd)
1 package vanilla rennet powder
Chocolate sauce
Chopped toasted almonds

Wash dried apricots thoroughly, add water, cover, and simmer for 1/2 to 1 hour, or until soft, adding more water if necessary to prevent scorching. Drain off excess liquid and rub apricots through a strainer, stir in the sugar, and cool. Divide cooled puree among 4 or 5 sherbet glasses or custard cups. Make rennet-custard according to directions on package. Pour over apricot puree. Do not move until firm—about 10 minutes. Then chill. Just before serving, garnish with a pool of thick chocolate sauce and a sprinkling of chopped toasted almonds.

Makes 4 to 5 servings, depending on size of sherbets.



By ABNER GORDON

With spring painting already being planned by far-sighted homeowners, news comes from the paint industry of the marketing of pure ready-mixed white lead paint in colors.

It means that those who do not wish to reduce white lead paste to paint consistency now may purchase the ready-mixed product in a growing number of localities throughout the United States. Heretofore "old reliable" white lead was, for the most part, available only in paste form, to be mixed on the job with linseed oil and then tinted to taste.

This is one of the most important advances reported by the paint industry in years. The ready-mixed product now is being distributed from such key centers as Philadelphia, Boston, Cleveland, St. Louis, Chicago, Richmond and Milwaukee in ever increasing quantities to take care of spring painting needs.

Home-owners who have been accustomed to thinking of white lead as being exclusively white, now can visualize it in colors and in addition have the assurance of beauty and durability generally associated with white lead paint.

For the painter, tinting white lead is a convenient process—colors in oil simply are added to achieve any desired shade or color.

For the home-owner, who may not care to tint to the exact color he has in mind for paint styling or decorative purposes, the new manufacturing development of pure white lead in colors will be an advantageous one.

CANNING HINTS

"Plan Before You Can!" is a fine suggestion for this season of the year. Now is the time to look over your canning equipment and make preparation for the busy time of food preserving which is at hand. Consider the following points as time savers and safety measures.

Use only clean, sound, fresh foods in the prime of condition. Loose no time between picking and processing.

After picking, place foods immediately in cold water to prevent flaming or flat sour before packing.

Make sure that containers in which fruit is packed are clean and free from defects.

Prepare all jars, tops, rings and rubbers before starting on the food itself.

The water bath method is not entirely safe except for acid vegetables and fruits, for this method, be sure that the water in the canner comes at least an inch over the top of the cans. Keep boiling water ready for refilling in case it gets low. Process non-acid vegetables and meats in a pressure cooker for complete safety.

Prepare only as much at one time as can be processed at once. Food ready for canning that must wait may develop a flat sour, which is the germ used for that condition of canned vegetables in which taste and odor are bad though the appearance may be good.

For complete safety, all home canned vegetables and meats should be boiled rapidly for 20 minutes before serving.

The best temperature for storing canned goods is 45° to 60 degrees, F.

The white sediment in the bottom of some good jars after they have stood awhile, may be due to careless washing, to old products, or to hard water containing lime compounds.

A new Home Food Preservation bulletin may be soon ready for distribution. This bulletin can probably be secured by a request at the office of home demonstration agent, Kathleen McCrae, Hillsboro.

YES, WE PICK 'EM UP

He proved to be a farm hand with one of the big dairy outfits on the Columbia river. Some errand called him to McMinnville that Saturday morning and he waited beside the highway at Tigard where we pulled up to let him in. After a few minutes of sounding out the man and getting into the merits of his job—milkling at 2:00 A.M. and 2:00 P.M.—and learning his religious background, we were ready to speak further.

"When you come from the grave, it will be to meet Christ as your Saviour or else to meet your sins and Christ as Judge." So we began. And how would he take it we asked ourselves? Had the Spirit of God brought him into the car for this hour and truth? Had he been made ready by the Holy Spirit? "For He, when He comes will convict the world of sin.... of sin because they believe not on Me," said Christ of the Spirit's work. Would this man be persuaded by the Spirit that the root and stem or all sin is not to believe on Jesus Christ? As it turned out, the man's heart was open to the truth and all the way to McMinnville he drank it in. He came into the light. The death sentence that was against him was carried out against Christ and on that ground freedom was his if he would have it so. A SUBSTITUTE HAD BEEN RAISED UP TO DIE FOR HIM. Would he take Christ as having paid it all? Feelings or no feelings, would he take Christ and let God make him His own? Then his name would be put into the BOOK OF LIFE and God's spirit sent into his heart. This is the new birth. Sins charged up to Christ and God's Spirit put within us to wrestle for us and overcome the old Adam nature until we can truly say HE IS OUR VICTORY OVER SELF AND PRESENT CIRCUMSTANCES. CHRIST, THE OVERCOMER, IN HIS YIELDED ONES.

At McMinnville as the car

was brought up to let the man out, he bowed his head to make a word of thanks; the act of a new born babe received as son of God. We mailed back to him as a gift, a new Testament that he might learn how to love, trust and obey the eternal Christ now received as Saviour and Lord. And for you also, we have a gift, New Testament if you here and now receive Christ on the simple ground—GOD SO LOVED YOU THAT HE GAVE HIS ONLY BEGOTTEN SON THAT IF YOU BELIEVE ON HIM YOU SHOULD NOT PERISH BUT HAVE ETERNAL LIFE. As receiving Christ, address me for your gift, New Testament.

Dean Taylor
—Paid Ad. Beaverton, Ors.

CHURCH ANNOUNCEMENTS

CHURCH OF CHRIST
E. E. Coulter, Minister.
Morning worship at 9:45 a.m.
Subject, "Contending For The Faith."

Endeavor meeting at 7:00.
Evening sermon at 8:00, subject, "The Second Coming Of Christ." Will Jesus come to earth again? If so, how? And when will He come? These are a few of the questions people are asking.
Special song and music. Mrs. Lyle Cobb will render a special on the piano-accompaniment.
Come and enjoy these Gospel services.

ALPHA COMMUNITY BAPTIST
Rev. B. Marcus Godwin, Pastor
Bible school 10:00; morning worship, 11; young people's meeting, 6:45; evening worship, 7:45; teacher training class and prayer meeting, Wednesday, 8:00.

Bethel Congregational Church
Willard B. Hall, Minister.
9:45 a.m. Church School, Prof. E. G. Webb, Superintendent.
11:00 a.m., Morning worship. The sermon subject will be, "What Is The World Coming To?" The choir will sing, under the direction of Willis L. Cady.
7:00 p.m. Christian Endeavor.

THE METHODIST CHURCH
Earl B. Horsell, Minister.
Sunday school, 9:45 a.m. Superintendent, Chas. H. Roseman.
Morning worship 11:00 a.m. Sermon Topic, "America's Great Enemies," a Memorial Day sermon.
Evening worship, 8:00 p.m. Study, "Methodists United for Action," a book review.
Midweek Service: Thursday at 8:30 p.m.
Beaverton Camp No. 31, and Beaverton Auxiliary No. 25, Department of Oregon, United Spanish War Veterans will attend our morning service in a body in observance of Memorial Day.

ALPHA ASSEMBLY OF GOD
Church on Wheeler and Alexander Streets.
Sunday School 9:45 A. M.
Young People 6:30 P. M.
Morning Worship 11:00 A. M.
Evangelistic 7:45 P. M.
Tune in on KWJJ each Sunday from 5:00 to 5:30 p. m. to the Assembly of God Broadcast.
P. J. Huntley
Pastor

CHURCH OF THE NAZARENE
W. P. Keebaugh, Pastor.
Sunday school at 9:45.
Morning worship at 11:00.
Sunday will be full of spiritual treats at the church of the Nazarene. Henry Brown of Portland will preach both morning and evening and with him will be Mr. and Mrs. Ronald Langness who will sing the Gospel. Also Miss Alice Watts, returned Missionary from Tientsin, China, will be present and give her testimony. Come and worship with us.

SEVENTH DAY ADVENTIST
The Huber-Alpha Seventh Day Adventist meets every Saturday morning at 9:45 at the Huber Commercial hall. Sabbath school meets at 9:45, church service at 11:00.
Leader, T. G. Edgington.
Superintendent, Mrs. F. E. Tuttle.

BETHANY BAPTIST CHURCH
Rev. John C. Schweitzer, Minister.
9:45 a.m.—Sunday school with classes for all ages. John Croenl, superintendent.
11:00 a.m.—Worship service. Choir directed by Carl Eggman.
7:45 p.m.—Evening service.

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THE REVIEW

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