Flayd Gibboan'
Aovenvers chus
and "Stretching His Luck"
Lello everybody! $H_{\text {Yew eddy was a wing }}^{\text {ElLo everybopy }}$


Fails to Figure Effect of Air Resistance.
far.." "Right then." Teddy says, "I could see I had stretched my luck too





## at wind put more press pinm nand the landing

## 

 ton He wasnton the edidear tor
Teeddys face

## The bridgework that was Teddy's front upers had crushed! The ends of the moithpiece, however, were tucked away back






Quaint Customs Surround Oldest British Festival Quaatagh is seidom heard of in thent swept, always startiting at settival England, but is one ot the oldest
Britush festivals. t it observed in

 re observed wowhere elseg whetere

Beguiling Silk Lingerie
That's Styled Dress-Like


## Houston Goudiss Gives Some Timely Hints How to Keep Up Fuel Value of Winter Diet; Discusses New Methods for Quick Baking

WHAT to EAT and WHY



- energizing, but easily digested, evening meals to satisfy bodily requirements without over-taxing the digestive system
In addition to the need for supppying meals that are ade quate as to energy values and
the homemaker has two other
important factors to consider; she must satisfy the appetites
of various members of her family... and she must keep
within her food budget
 and


and


$\mathrm{H}^{\mathrm{ER}}$



## $Q_{\text {Behave! }}$ <br> containing VITAMIMA <br> Smi.

