

The Cook's Nook

Try "Tray Tricks" With Refrigerator; Keep Something "On Tap"

Be-tray your desserts and they will never betray your reputation as a hostess! Be-tray, to get punny, refers of course to the freezing trays of your automatic refrigerator, from which more good things emerge each day.

Freezing sherbets, ice cream, parfaits and mousses yourself has become a commonplace—and so easy that it's 1933 practice to keep something good in at least one tray, at all times. This way, your between-meal snack can be a cool-off, afternoon guests need not depart unrefreshed and the children can have a dishful of cool goodness any time at all.

Most refrigerator owners know their own box and recognize the fundamental rules, which include: fill trays only three-fourths full; after mixture is frozen, retain the temperature so that contents remain at desired stage but do not continue freezing; don't try to freeze ice cubes at same time, if you want your desserts done in a hurry; some delightful new recipes and few more tips may come in handy; they are given below.

TRAY TRICKS

Coffee Cubes: Pour freshly-made coffee into trays and freeze; use in making iced coffee, pouring hot coffee right over cubes.

Grapefruit Cubes: For punches and fruit beverages empty contents of a can of grapefruit juice into trays and freeze.

Mocha Parfait

1/2 cup sugar
1/2 cup double-strength coffee
3 egg whites
1/2 sq. chocolate melted
1/2 teasp. vanilla
1 cup cream, whipped
Boil sugar and freshly-made coffee together until mixture forms soft ball in cold water (238 deg. F.). Pour over stiffly beaten egg whites; fold in melted chocolate; cool. Add vanilla; fold in whipped cream. Pour into refrigerator tray and freeze without stirring. Serves 8.

Raspberry Ice Cream

1 cup milk
1/2 teasp. cornstarch
2 eggs
1-3 cup white corn syrup

1 1/2 tbsps. lemon juice
1 cup raspberries
1/2 cup sugar
1/2 cup heavy cream
Combine milk and cornstarch. Beat eggs; add to corn syrup. Cook over hot water until thick. Cool. Mash raspberries with sugar. Chill; strain. Combine with custard. Beat cream; fold in lemon juice. Partially freeze in tray of automatic refrigerator. Beat smooth and finish freezing. Serves 6.

Banana Toasted Coconut Ice Cream

1 cup mashed ripe bananas (2 to 3)
2 tbsps. lemon juice
1/2 cup sugar
1/4 teasp. salt
1-3 cup milk
2 egg whites
1 cup whipping cream
2 egg yolks
1 teasp. vanilla

Mix together bananas and lemon juice. Add sugar, salt and milk and stir until mixed. Beat egg whites until stiff, beat cream until thickened but not stiff; beat egg yolks until thick. Combine bananas, egg whites, egg yolks, cream and vanilla; then turn into freezing tray of an automatic refrigerator. Freeze, with indicator at coldest setting, stirring every 30 minutes until mixture begins to hold its shape. During final stirring add 1/2 cup toasted shredded coconut. For toast coconut bake in moderate oven (375 deg. F.) until golden brown. Freeze mixture until firm. Makes about 1 quart—8 servings.

Brazil Nut Caramel Ice Cream

1 1/2 cups milk
2 tbsps. ground coffee
1 cup sugar
2 eggs, yolks
1/4 teasp. salt
1 1/2 cups heavy cream
1 cup chopped Brazil nuts
Heat milk with coffee in a double boiler. Place half the sugar in heavy frying pan and stir until melted to a light brown syrup. Stir in remaining sugar. Strain coffee mixture through a cloth. Add the caramel syrup and stir into hot mixture. Cook over hot water stirring constantly until custard coats spoon. Add cream and Brazil nuts and pour into freezing trays and freeze.

Summer Oranges for Summer Days



By BETTY BARCLAY

Out in California the summer oranges, known as Valencia, prove the adage that appearances are often only skin deep.

The sweet juicy Valencia orange is not as golden colored as its winter cousin, the Navel. Indeed as it matures it often assumes a greenish tint. Why this is so has not yet been explained by botanists and the phenomenon is often called the "green tinge mystery." The flavor and juiciness of this fruit, therefore, belies its complexion.

The summer diet requires large quantities of fresh fruits and vegetables to meet the demands put on the body by high temperatures and rapid loss of fluids and mineral salts through the skin.

Oranges not only provide the necessary liquid needed by the body, if generous amounts are consumed daily, but they fit into menus "round the clock: orange juice for breakfast and other meals; of course, an orange and seasonal fruit salad plate for lunch; and a fruit cup for dinner or supper.

Orange juice loses in flavor on standing. Therefore serve as soon as extracted and preferably from chilled fruit.

Luncheon

Vegetable Soup
Fruit Club Plate
Rolls, Biscuits, or Crisps
Celery, Olives, Pickles, Preserves
Caramel Custard
Cup Cakes
Beverage

The variations in fruit club plates for summer menus are endless and give play to the hostess' ingenuity. The club plate in the photograph features juicy Valencia orange slices, cherries, blackberries, strawberries and romaine.

Dinner

Orange and Raspberry Fruit Cup
Brown Pot Roast of Short Ribs with Vegetables
Combination Salad with Lemon French Dressing
Cocanut Cream Cake
Sherbet
Beverage
Mints

New Miracles Of The Photoelectric Cell

By James D. Purdy
Director, Schools of Electrical Engineering, International Correspondence Schools

To combat the blinding change in light often encountered by motorists when they drive into a long highway tunnel, intense sodium vapor lamps have been installed in the 900-foot Tooth Rock bore on the Columbia River Highway near Bonneville Dam. The lights burn continuously, but as daylight fades with the approach of night a photoelectric cell device automatically reduces their intensity to the degree necessary to prevent a sharp contrast between the light within the tunnel and on the highway outside.

At the Lick Observatory in California photoelectric cells are being employed to measure star brightness, used by astronomers in calculating stellar distances. The light of the star under observation falls upon the light-sensitive cell, setting up an electric current which is amplified two million times. A meter registers the strength of the current, thus providing an accurate measure of the brilliance of the star.

To prevent damage to the large centrifugal pumps that might result if the flow were interrupted, photoelectric cells are installed at pumping stations on a new 225-mile pipeline built to carry gasoline and other petroleum products of the Atlantic Refining Company. If pressure on the line drops below a certain point a beam of light focused upon the cell is intercepted, causing the light-sensitive cell to set in motion mechanism that shuts down the pumps.

Orange Mallowet

20 marshmallows
1 1/2 cups orange juice
1 teasp. lemon juice
3 tbsps. sugar
2 egg whites
Melt marshmallows and 1/2 cup orange juice in double boiler stirring occasionally. Add remaining orange and lemon juice. Pour into refrigerator tray, freeze at coldest temperature to a mush. Fold in egg whites and sugar beaten together until stiff. Continue freezing, stirring twice at 15 minute intervals.

Parody On 23rd Psalm

(Copied from an eastern paper, solely for the wealth of)

Gives G-Men The Slip

Take me to the man whose tongue has used lying and deceit; whose mouth is full of cursing and bitterness; whose feet are swift to shed blood; whose path is full of destruction and misery.

Take me to this man as he brags in his underworld of how many G-Men he has fooled; take me to him as he views the guns, cars and diamonds he sports and the women who have been his playthings in the hide-outs.

Take me to this man for I have a message to deliver from God his Maker. Hear it—'Man, if you could rob all the banks and jeer at all the G-Men and wine all the underworld and sport all the women to the end of three score years and ten it would come to but weariness, emptiness and bitterness. And why? Because there's an empty place down deep in your heart that is to be forever lonesome until S-K-S. Yes—Until your let come in the Lord Jesus Christ who S-K-S. Who SAVES—

KEEPS—SATISFIES all who receive Him as having borne the curse of the broken law. Not a jot of the law just now, but the law of God. When the unsaved put themselves under that law, the Ten Commandments, to win God's favor, they come under the curse. For—'Cursed is every one that continues not in all things which are written in the book of the law to do them.' Gal. 3:10. If the unsaved seek to win God's favor by living under the Commandments they must be kept in full. Thou shalt not steal, nor kill, nor commit adultery, nor lie. None of these nor the breaking of the other six, need in thought, word nor deed from the cradle to the grave. Cursed be he who fails in any one any where, any time. One slip and lost forever.

But Christ hath redeemed us from the curse of the law having become a curse for us; for it is written, Cursed is every one that hangeth on a tree as a cross. All who receive Christ as having borne the curse for them are told to look to the Holy Spirit for power to keep a just demands of the holy law. It is God who creates within you both the desire and the power to execute his gracious will.

Dean Taylor
Beaverton, Oregon. Pd. adv.

RadiOddities . . . by Squier



humor it presents.)

My government is my Shepherd; I am in want. They leadeth me beside the still factories; they disturbeth my soul; they leadeth me into the paths of destruction for the party's sake. Yea, though I walk thru the valley of the shadow of recession, I anticipate no recovery for they are with me, their policies and their diplomacies they frighten me. They prepareth a reduction in my salary and in the presence of mine enemies they anoint me small income with taxes and my expenses runneth over. Surely unemployment and poverty shall follow me all the days of my life and I shall dwell in a mortgaged home forever. Amen.

Notice Of Final Settlement

In The County Court Of The State Of Oregon For Washington County

In the matter of the Estate of Maurice W. Manning, Deceased. NOTICE IS HEREBY GIVEN

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that the undersigned executrix has filed her final account in the County Court of the State of Oregon for Washington County, and said court has fixed Tuesday, the 13th day of September, 1938, at 9:30 A.M. in the County Court room of the court house at Hillsboro, Washington County, Oregon, as the time and place for hearing objections to said final account if any there be, and the final settlement thereof.

Date of first publication: August 12, 1938. Date of last publication: Sept. 9, 1938.

Louise C. Manning, Executrix of the Estate of Maurice W. Manning, deceased.
Lyndon L. Myers, Attorney for Executrix. c-37-41.

NOTICE TO CREDITORS

In The County Court Of The State Of Oregon For Washington County

In the matter of the Estate of Etta M. Cole, sometimes known as Etta M. Cole, Deceased.

NOTICE IS HEREBY GIVEN

that the undersigned Pearl A. Myers has been appointed administratrix of the estate of Etta M.

Cole, sometimes known as Etta M. Cole, deceased, by the County Court of the State of Oregon for Washington County, and has qualified. All persons having claims against said estate are hereby notified to present the same, duly verified, required, to the undersigned at Beaverton, Oregon, within six months from the date hereof.

Dated and first published August 12, 1938.

Last publication, Sept. 9, 1938.

Pearl A. Myers, Administratrix of the estate of Etta M. Cole, deceased.
Lyndon L. Myers, Attorney for Administratrix. c-37-41.

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