

The Cook's Nook

Dog Days Are Time For Cat Naps

Time for cat naps during dog days is every woman's motto! Those annual days of heat and lassitude are with us again; they've been known as the "dog days" ever since the early astronomers pointed out that Sirius (the dog star) rises with the sun as Sol enters Leo! Canis Major is the big dog you see shining in the skies; Canis Minor is the little dog. Blame them for the altitude of the thermometer if you wish—but take it easy during the dog days and life will be blameless.

Tall cooling drinks of iced coffee are one way to make long hours pass pleasantly—the luscious brew cools you off, pays you up; you'll see!

Packaged, canned and ready-to-use products are another right answer to canine days. Breakfast food, crunchy and brown straight from the box of bran into the cereal bowl; juice for breakfast appetizers from a canful of citrus fruit or juice put up 'way last winter; bananas and berries for quick desserts.

Brazil Nut Luncheon Loaf

2 cups diced cooked potatoes
1 sliced onion
1 cup chopped Brazil nuts
Sliced cucumbers
1/2 cup mayonnaise
1/2 lb. ground cooked ham
1 teaspoon prepared mustard
Sliced tomatoes
Lettuce
1/4 cup French dressing
Marinate potatoes and onion in French Dressing half an hour. Add Brazil nuts and enough mayonnaise to moisten. Mix well. Pack half the potato salad in medium sized bread pan. Mix ham with mustard and mayonnaise to moisten; spread over ham and chill mixture in refrigerator several hours. Unmold on chop plate and garnish with sliced cucumbers, sliced tomatoes and crisp lettuce.

Sardine Spinach Entree

2 lbs. spinach
8 tbsps. butter
1 hard-cooked egg
Salt
2 cans smoked sardines
1 lemon
Pepper
Wash spinach thoroughly and cook in water which remains on leaves, about 12 to 15 minutes. Drain and season with salt, pepper and 2 tablespoons of the butter. Arrange on heat proof platter. Slice egg and overlap slices on top of spinach mound. Arrange sardines over these and around sides. Sprinkle with remaining butter, melted, and place

under high broiler heat 3 or 4 minutes. Garnish with lemon.

Bran-Butterscotch Cookies

1 cup butter
2 cups brown sugar
1 egg
3 cups flour
1 cup all-bran
2 teaspoons baking powder
Cream butter; add sugar gradually and beat until light and fluffy. Add egg and beat well. Stir in all-bran. Sift flour with baking powder and work into first mixture, a small amount at a time. Knead and shape into rolls about 1 1/2 inches in diameter; wrap in waxed paper, covering the ends so that dough will not dry out. Store in refrigerator until firm. Cut into thin slices and bake on ungreased cookie sheets in moderately hot oven (425 deg. F.) about 10 minutes. Seven and one-half dozen.

Frozen Banana Sandwich

1 1/2 cups whipping cream
2 tbsps. confectioner's sugar
1/2 teaspoon vanilla
1-8 teaspoon salt
4 ripe bananas
1 egg white
Lady fingers, plain or sponge cake
1 tbsps. lemon juice
Whip 1 cup cream until it will form a peak but is not stiff. Add sugar, vanilla, lemon juice and salt. Fold in one thinly sliced banana and then egg white, which has been beaten until stiff but not dry. Line bottom of refrigerator tray with lady fingers or thin slices of sponge or plain cake placed close together. Fill tray to 3/4 full with the banana mixture. Cover with additional lady fingers or cake. Press cake down lightly into place. Freeze until firm. Slice about 3-4 inch thick and serve with remaining 3 bananas, sliced and 1-3 cup cream, whipped.

Hesslers Hold OSC Family Record

OREGON STATE COLLEGE—So far as is known by old timers here, Mr. and Mrs. George Hessler of Dayton hold the record for sending the most children through Oregon State College, all obtaining degrees. Lenora Hessler, who was a member of the 1938 graduating class, was the last of seven children to get their sheepskins here, all the six brothers and sisters being now in positions, including home-making. Lenora finished with high honors, being one of the honor graduates in home economics and was chosen a member of Phi Kappa Phi, scholastic honor society.

FOODS, FACTS and FOIBLES



THE GREEKS BELIEVED THAT ARISTAEUS, A DEMI-GOD, SON OF APOLLO AND KING OF ARCADIA, INVENTED CHEESE.



PORK CAME INTO USE AS A FOOD ABOUT 1000 YEARS AFTER THE FLOOD, ACCORDING TO PAGAN AUTHORITIES. IT CAME ABOUT THUS: WHEN CERES FOUND A FIELD OF WHEAT INVADDED BY A PIG THE GODDESS HAD THE ANIMAL KILLED AND AFTER HAVING COOKED IT, DISCOVERED ITS EXCELLENT FLAVOR.

FAMOUS GOURMETS OF HISTORY

THE DUC D'ESCARS, WHO WAS GRAND MAITRE D'HOTEL FOR LOUIS XIII., IS SAID TO HAVE DIED OF A BROKEN HEART BECAUSE HE HAD NOT GIVEN HIS NAME TO A SINGLE DISH.

CHURCH ANNOUNCEMENTS

St. Cecilia's Church

Rev. G. L. O'Keefe, Pastor

Sunday services—8:00 and 10:00 a.m.

Aloha Full Gospel Assembly

F. Huntley, Pastor

Service held in Huber Hall.

The friendly church of Aloha invites you to the services.

Sunday School—10:00 a.m.

Devotional Service—11:00 a.m.

Young People—6:30 p.m.

Evangelistic Service—7:45 p.m.

E. I. Poulin will be in the pulpit while the pastor is attending the camp meeting of the Oregon Assemblies of God at Turner.

CHRISTIAN CHURCH

Mrs. Vernon Hopper, Bible School Superintendent

Bible School—9:45 a.m.

Communion service—11 a.m.

Followed by preaching, with special music by the choir led by Mrs. J. Johnson.

Song service and preaching—8:00 p.m.

Bible study and prayer service Wednesday—8 p.m.

Come and worship with us.

Bethel Congregational Church

Harper R. Burns, Pastor

Bible School—9:45 a.m. Good classes for all ages. R. C. Doty, Superintendent.

Morning Worship—11:00 a.m.

Music by Junior Vested Choir, W. L. Cady, Director. Sermon theme, "Applied Christianity" or "Christianity At Work."

Young People's Bible study class—7:00 p.m. Mr. Walker, leader.

A hearty welcome to all our services.

Methodist Episcopal Church

Earl B. Horsell, Pastor

Sunday School—9:45 a.m. Superintendent, Miss Marie Sams.

Morning Worship—11:00 a.m.

Music by Junior Vested Choir, W. L. Cady, Director. Sermon theme, "Applied Christianity" or "Christianity At Work."

Young People's Bible study class—7:00 p.m. Mr. Walker, leader.

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Young People's Bible study class—7:00 p.m. Mr. Walker, leader.

A hearty welcome to all our services.

Morning Worship at 11 a.m.

Sermon topic "Justification By Faith."

Epworth League—7 p.m.

Evening Worship—8 p.m.

Sermon topic "Living Like Pagans."

There is a warmer place than Beaverton on Sunday.

AMERICAN BOY MAGAZINE

COMPANION TO THOUSANDS

Teachers, librarians, parents, leaders of boys' clubs and hundreds of thousands of boys, themselves, enthusiastically recommend THE AMERICAN BOY Magazine for all boys over twelve.

"It's more like a companion than a magazine," remarked one high school student. "It gives advice and entertainment on every subject in which a young fellow is interested. I made our school basketball team solely because of playing tips I read in THE AMERICAN BOY."

Trained writers and artists, famous coaches and athletes, explorers, scientists and men successful in business and industry join with an experienced staff to produce in THE AMERICAN BOY just the sort of stories and articles boys like best.

THE AMERICAN BOY sells on all newsstands at 15¢ a copy. Subscription prices are \$1.50 for one year or \$3.00 for three years. To subscribe, simply send your name, address and remittance direct to THE AMERICAN BOY, 7430 Second Blvd., Detroit, Mich.

Myrtle Davey, executrix of the Estate of Sarah S. Butner, deceased.

Doy Gray, executrix of the Estate of Sarah S. Butner, deceased.

P. L. Patterson, Attorney for the executor and executrix.

adv. c-33-37

W. E. PEGG

UNDERTAKER AND EMBALMER

Grange Building Beaverton

Beaverton Barber Shop

C. J. STEVENS, PROPRIETOR

SATISFACTION GUARANTEED

BIDS INVITED

Sealed bids will be accepted by School District Number 48, Washington County, for insurance covering school properties. Information can be secured from the district clerk, high school building, in Beaverton. Bids to be in hands of clerk not later than 1 P. M. August 1, 1938. The Board of Directors reserve the right to accept or reject any or all bids.

L. W. SHORT

Chairman

Attest: ALTHEA HAULENBECK

Clerk

adv. c-32-33

LOCAL NEWS

Watch for the big hardware specials next week at Barry's Five and Ten.

Mr. and Mrs. V. C. Boze returned from their trip to Tillamook to attend the Golden Wedding anniversary of Mr. Boze's parents, Mr. and Mrs. John Boze of Farmington.

Notice Of Final Settlement In The County Court Of The State Of Oregon For Washington County

In The Matter of the Estate of Sarah S. Butner, Deceased.

NOTICE IS HEREBY GIVEN That the undersigned, executor and executrix of the above entitled estate, have filed their Final Account in the County Court of the State of Oregon for Washington County, and that Monday, the 15th day of August, 1938, in the County Court Room in Hillsboro, Washington County, Oregon, has been appointed as the time and place for the hearing of all objections to said Final Account and the settlement thereof.

Date of first publication, Friday, July 15, 1938. Date of last publication, Friday, August 12, 1938.

Myrtle Davey, executrix of the Estate of Sarah S. Butner, deceased.

Doy Gray, executrix of the Estate of Sarah S. Butner, deceased.

P. L. Patterson, Attorney for the executor and executrix.

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CITATION

In The County Court Of The State Of Oregon For The County Of Washington

In The Matter of the Estate of Charles E. Hedge, Deceased.

To Mrs. Mary Agnes Hedge, On the 1. Baker, Marjorie Reynolds, and Zoia Harriet Moore, and all other parties or persons having or claiming any interest in the Estate of Charles E. Hedge, deceased, as an heir or distributee:

IN THE NAME OF THE STATE OF OREGON:

You are hereby cited and required to appear in the County Court of the State of Oregon for the County of Washington at the Court room thereof at Hillsboro, Oregon, on the 22nd day of August, 1938, at 9:30 o'clock of the forenoon of said day, then and there to show cause why an order shall not be made authorizing the sale by the executor of the following real property:

All of Lot eighty-seven (87), Johnson's Estate Addition to

Beaverton, Reedville, Acreage, as shown by the duly recorded map and plat thereof.

Lot One (1), Three (3), Four (4), Five (5), Six (6), Seven (7), and Eight (8) in Block Two (2), in the Town of Beaverton, Washington County, Oregon.

WITNESS, the Honorable Judge of the County Court of the State of Oregon, for the County of Washington with the seal of said Court affixed, this 14th day of July, A. D., 1938.

W. A. Tapper, Clerk.

By Edw. C. Luce, Deputy Clerk.

adv. c-33-37

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Asthma Cause

Fought in 3 Minutes

By dissolving and removing mucus or phlegm that causes strangling, choking, Asthma attacks, the doctor's prescription Mendoc removes the cause of your misery. No smokes, no dopes, no injections. Absolutely painless. Starts work in 3 minutes. Sleep soundly tonight. Soon feel well, years younger, stronger, and eat anything. Guaranteed completely satisfactory or money back. If your druggist is out ask him to order Mendoc for you. Don't suffer another day. The guarantee protects you.

AMERICA'S LEADER AT 4 for 10¢

PROBAK BLADES

THE AWFUL PRICE YOU PAY FOR BEING NERVOUS

Check Below And