

The Cook's Nook

FOOD FACTS FOR FEBRUARY February Special

Children love 'em, even dads can make 'em and grocers are featuring 'em this month: dates stuffed with peanut butter! Get yourself a package of dates and a jar of peanut butter. Put a dab of peanut butter into each date and eat! Good for salad, good for dessert, good between-times good for your tongue, good for your health and good for your budget.

You can spell it ketchup, cat-sup or catchup and nobody can correct you.

BRAND NEW FROSTING

You have broiled bananas, baked bananas, fried bananas, pies, salads, puddings, on cereal. You have eaten them plain, right out of the peel ever since you were this high. But have you ever made Banana Frosting the new way? As the ads say, "do it now!"

Banana Frosting

1/2 cup mashed banana
1/2 teasp. lemon juice
1/4 cup butter
1 lb. (3 1/2 cups) confectioner's sugar
Mix together the banana and lemon juice. Cream butter with one cup of the sugar, then add banana and remaining sugar alternately. Fill and frost one 8-inch layer cake.

FLUFFY RUFFLES PIE

Silly name but marvelous flavor reposes in this light and airy orange chiffon pie; the recipe is used by a coast tea room where it is demanded by every customer!

1 baked pie shell
1 tsp. gelatin
1/4 cup cold water
1 cup sugar
4 eggs
1 tsp. lemon juice
1/2 cup orange juice

1 tbsp. grated orange rind
Soak gelatin in cold water. Beat egg yolks until light, add half the sugar, the juices, rind, continue to beat. Place on low heat, stirring until custard consistency; add gelatin and dissolve. Cool. Add beaten egg whites to which remaining sugar has been added. Fill pie shell and chill. Serve with whipped cream. 8 pieces.

A survey by the Boys Athletic League of 22,416 children between the ages of six and sixteen years has just been completed, showing that hash is a favorite "meat," spinach a favorite vegetable (imagine), ice cream the favorite dessert and bananas the favorite fruit! Apples and oranges were runners-up.

POP CORN BALLS

Roll your own some February night—your own pop corn balls! Pop your corn, then mix your syrup: mix 1 cup sugar, 1 cup dark corn syrup, 1/2 cup water in a saucepan; stir over fire until sugar is dissolved. Cook, without stirring to firm ball stage. Add a tablespoon butter and stir gently into syrup. Pour syrup over salted popped corn and form into balls with greased hands.

Avocados are sometimes called "sailors' butter" because they were sometimes used for that purpose. The "alligator pear" name comes from the green shiny surface, which looks like a 'gator.

COLORISMS

Paprika is the life-saver of pallid dishes.

So much do women admire bright color that the growers of Florida help along the gaiety of life by giving their fine fruit a little spray of pure food coloring. The fruit is fully ripe but since the ladies use rouge, the growers figure they can also

help nature.

"Gratings" of cheese, raw carrots, etc., add a lively touch to salads. Minced parsley can be used on any dish (except dessert).

For peach-covered hard sauce use a dash of angostura bitters. Know your colors and you'll know how to select bananas, slightly tipped with green, a banana is partially ripe—just right to cook and serve as a vegetable; all yellow, the banana is yellow ripe, ready to eat or cook; flecked with brown, it is fully ripe, at the best stage for immediate eating.

Kale is just as good for you as spinach, maybe even better, experts report. Collards, lowly green from the South has also climbed the social "greens" register. But cautions are given against eating the leaves of rhubarb because of their oxalic acid content.

CHURCH ANNOUNCEMENTS

Methodist Episcopal Church
Earl B. Horsell, Pastor

Sunday School—9:45 a.m. Superintendent, Marie Sams. Classes for all ages.
Morning Worship at 11 a.m. Sermon topic "The Glory of the New Covenant."

Epworth League—7 p.m. Evening Worship—7:30 p.m. A union service at the Congregational Church.

Happy is that soul which has a blue sky. The blue sky is the gift of God.

Bethel Congregational Church
Harper R. Burns, Pastor

Bible School—9:45 a.m. Good classes for all ages. R. C. Doty, Superintendent.

Morning Worship Hour—11 a.m. Anthem and solo by members of the choir. W. L. Cady, choir director. Sermon by Pastor. Sermon text, "James 4:1."

Note: The service will center about such questions as:

1. What is War?
2. What are its contributing causes?
3. Are we on the verge of another world war?
4. Can we permanently remove war from the world?

5. Some things that have been tried to stop war.

6. What about national defense?

Intermediate and Senior C.E.—6:30 p.m. A helpful service for young people.

Evening Worship Hour—7:30 p.m. Union services with Methodist church with Rev. Horsell bringing the message.

A very cordial invitation to all these services.

St. Cecilia's Church
Rev. G. L. O'Keefe, Pastor

Sunday services—8:00 and 10:00 a.m.

CHRISTIAN CHURCH
George Harris Hatch, Pastor

Bible School with classes for all ages meets at 9:45 a.m. with vorture by orchestra.

Communion Service—11 a.m. when the pastor will speak on the subject, "The Master Pass'n." Christian Endeavor—6:30 p.m. Song and prayer service at 7:30 p.m. Sermon subject "The Great Invitation."

Dan Adams, former resident of Beaverton was visiting with friends here this week.

NO NEW RECRUITING BEING DONE

Major H. D. Bagnall, the Army Recruiting Officer, 323 New Post Office Building, Portland announced today that due to the Army being overstrength, the War Department has entirely suspended recruiting.

Major Bagnall said that it might be a considerable length of time before men may again be accepted, and advises qualified young men to have their names placed on the waiting list so that they may be notified when recruiting is again resumed.

Major Bagnall also announced that qualified young men desiring appointments as Flying Cadets in the Army Air Corps no longer are required to make application to the Adjutant General, Washington, D.C. The Commanding General, Ninth Corps Area, Presidio of San Francisco, Cal. now has authority to make appointments, and full information may be obtained by writing to or calling at the nearest Army Recruiting Office.

In The Day's News

A recent survey covering 500 newspaper readers showed that religion as a news topic outranked art, aviation, biography, business, children, drama, engineering, finance, law, medicine, music, radio and society in interest.

If by RELIGION is meant what comes out of the Bible then the Book ought to have a chance to speak. What does it have to say for itself? First listen to the Voice through the Prophet Isaiah—"For as the rain cometh down and the snow from heaven and returneth not thither, but watereth the earth and maketh it bring forth and bud, that it may give seed to the sower and bread to the eater; so shall my word be that goeth forth out of my mouth: it shall not return to me void, but it shall accomplish that which I please, and it shall prosper in the thing whereunto I send it." Isaiah 55:10-11.

Now comes the word of Peter the Apostle—"For all flesh is as grass and all the glory of man as the flower of the grass. The grass withereth and the flower thereof fadeth away: but the word of the Lord endureth forever."

Again to that old stalwart, Joshua, the general of the Lord, leading the forces in to capture the Promised Land comes—"This Book of the Law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein; for then thou shalt make thy way prosperous, and then thou shalt have good success." Joshua 1:8.

Next let our Lord himself speak—"Ye search the Scriptures for in them ye think ye have eternal life; and these are they that testify of me." And the Apostle Paul, the greatest voice since Christ's day came straight to the point when he reminded the church in corrupt old Corinth—"I determined not to know anything among you save Jesus Christ and Him crucified." This brings us to the passage that sums up the whole Bible—For God so loved the world that he gave his only begotten Son, that whosoever believeth in Him should not perish but have everlasting life. John 3:16.

Don Taylor, Pd. adv.

Notice Of School Meeting

Notice is hereby given to the legal voters of School District 48 of Washington County, Oregon, that a school meeting of said district will be held on the 23rd day of February, 1938, at 8 o'clock in the evening, for the purpose of determining the disposition of the old grade school building upon completion of the new building now under construction for School District 48, in accordance with Section 3-B of the offer of the Federal Emergency Administration of Public Works and in accordance to requirement of Section 35-1112, State of Oregon Code.

C. E. Mason, Chairman.

Attest: Althea Handbeck, Clerk.

Dates of publication: February 11 and February 18. adv. 11-12

NOTICE TO CREDITORS

In the County Court Of The State Of Oregon For The County Of Washington

In the Matter of the Estate of Harry W. Howard, deceased.

NOTICE is hereby given that the undersigned, Arthur G. Howard, has been appointed Administrator of the estate of Harry W. Howard, deceased, by the County Court of the State of Oregon, for Washington County, and has qualified. All persons having claims against said estate are hereby notified to present same, duly verified as by law required, to the undersigned at 1220 Spaulding Building, Portland, Oregon within six months from the date hereof.

Dated and first published: January 14, 1938.

Last publication: February 11, 1938.

Arthur G. Howard, Administrator.

Collier, Collier and Bernard, Attorneys for Administrator.

adv. 7-11

NOTICE TO CREDITORS

In the County Court Of The State Of Oregon For The County Of Washington

In the Matter of the Estate of Robert D. Smith, deceased.

NOTICE is hereby given that the undersigned, Margery A. Smith, has been appointed Executrix of the estate of Robert D. Smith, deceased, by the County Court of the State of Oregon, for Washington County, and has qualified. All persons having claims against said estate are hereby notified to present same, duly verified as by law required, to the undersigned at 1220 Spaulding Building, Portland, Oregon, within six months from the date hereof.

Dated and first published: January 14, 1938.

Last publication: February 11, 1938.

Margery A. Smith, Executrix.

Collier, Collier and Bernard, Attorneys for Executrix.

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WISE

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Don Taylor, Pd. adv.



Hot Luncheon for Winter Day

Special Tuna Casserole
Baked Rice Spanish Style
Surprise Salad
Home-made Relishes
Orange Shortcake with Orange Sauce
Beverage

The menu featured above is something old, something new, nothing borrowed, nothing blue! Let's take the new first. The Tuna Casserole can be made from the emergency shelf kept adequately stocked in every well-ordered home. The almonds add novelty and nutritive value but they may be omitted.

The Surprise Salad glorifies the parsnip. It is often called Mock Crab Salad. Try it to see why. A cabbage salad would be an equally good balance in this meal.

Although shortcake is old it is a favorite dessert for all ages. This Orange Shortcake is especially luscious. The oranges provide the vitamins and minerals so frequently lacking in winter diets.

Special Tuna Casserole (Serves 6)

1 1/2 teaspoons grated onion
2 7-ounce cans tuna, with oil from one can
1 1/2 round cans of ready-to-serve cream of mushroom soup
2 tablespoons flour
1 1/2 teaspoons Worcestershire (or any favorite condiment sauce)
2 tablespoons lemon juice
Salt to taste
1/4 teaspoon white pepper
3 tablespoons chopped pimiento
1/2 cup sliced almonds

In a saucepan, gently saute onion in oil drained from the can of tuna, until soft, but not brown. Blend in the soup. Add cream of mushroom soup and Worcestershire. When it reaches the boiling point add the chopped pimiento and tuna prepared in large pieces, and salted almonds. Boil, stirring carefully and as little as possible.

Put in a casserole set on a serving dish, garnish with bits of almonds and arrange lemon quarters on the side. A sauce of

RIGHT OUT OF THE AIR

By R. F. SERVICE



Margaret Shanna, lovely star of "Arnold Grimm's Daughter," believes she is jinxed. A few weeks ago she slipped on an icy pavement and had to work on crutches for three days. She slipped again shortly after and found herself on crutches once more. She thought her woes had ended, but an acute attack of appendicitis necessitated an operation. Now she's hoping that the jinx has been finally banished.

John Conte, probably the youngest announcer in big-time radio, enjoys the distinction of having been signed by Burns and Allen for a long-term contract without the customary required audition.



Mark Warnow, "We, The People" music director, makes a hobby of finding musical cues appropriate to the adventures and professions of persons appearing on the Gabriel Heatter Thursday night CBS air show.

Mary Margaret McBride still says "tomayto," "tether" and "apricot" with a long "a." It gives a distinct pain to this Missouri girl to hear folks saying "Pahk avenyoo" and "N'Yawk."

With only one previous network appearance in his credit, Tenor John Carter, shown here, stepped into an important singing assignment on the air when Nelson Eddy left the big Sunday night variety show to go on a concert tour. Carter was a vaudeville dancer and never had a singing lesson until a year and a half ago.

Manhattan's Upper Broadway R. thinks she is a stenographer and they discuss her program most personally.

Carlton Kaddell thought some fan had mistaken him for Ken Carpenter when he found a box marked "chimes" on his door-step, but it developed they were a fan gift for the door of his newly-built Beverly Hills home.

Several weeks ago the Andrews Sisters, singing trio, were earning \$200 a week. Now—thanks to their highly original version of "Bei Mir Bist Du Schoen"—the girls have a Sunday CBS program and earn five times that amount.



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Lucille Ball is Phil Baker's attractive heckler in his Sunday broadcast over CBS. Lucille dodges between the CBS studio and the RKO lot where she is team with pictures.

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