

# The Cook's Nook

## Dishes That "Do Beat The Dutch" Dutch Arrived in Manhattan 311 Years Ago This Month

Just 311 years ago on the 4th of May Peter Minuit arrived on the shores of an island destined to become the largest city in the world—first Manhattan, then Nieuw Amsterdam, and finally Manhattan again!

When he arrived with his Vrouw on his arm, his blue-eyed Annetjes and Kristina and Engel-tica brought with them a heritage of fine full flavored fare that exists today from Spuy-ten Duyvil, New York to Dutch Flats, California. It's silly to say, but it's true—you still can't "beat the Dutch" on some kinds of cooking. A subtle sense of the sweet-sour in cookery, a deft use of flavorings, a sturdiness and a robustness are qualities of Dutch cookery.

### IT'S TULIP TIME

This month, when we celebrate the landing of those noble Hollanders on American shores, is a better-than-good time to revive some of their foods and serve some of the dishes they started on the road to fame. Especially since it's "tulip time!" By the way, don't you think that those crullers of theirs should not be made except in cold weather. Deep-frying is simple when you have a frying basket, a modern oil with a high boiling point that prohibits smoke or smells; and cool spring mornings are just right to make doughnuts for cool spring nights.

### DUTCH LUNCH—DUTCH TREAT Doughnuts

- 2 eggs
- 1 1/3 cups sugar
- 2 tbsps. salad oil
- 1/2 teas. salt
- 1 teas. nutmeg
- 1/2 teas. cinnamon
- 1/2 cup cornstarch
- 4 cups flour
- 4 tbsps. baking powder
- 1 cup milk

Shortening for frying  
Beat eggs. Add salad oil, sugar, salt and spices and stir till well-mixed. Sift together flour, cornstarch and baking powder. Add the milk to the first mixture. Beat in flour mixture, turn on a slightly floured board, roll to one-third inch thickness, shape with doughnut cutter and fry in deep hot shortening (350° F.) or until a bit of bread will brown in one minute. Turn as soon as they rise to the surface and cook about four minutes, turning occasionally. Drain on crumpled paper, dust with confectioner's sugar mixed with a little cinnamon if desired and warm or cold.

### Banana Waffles

- 1 1/2 cups sifted cake flour
- 4 tbsps. sugar
- 1 1/2 tbsps. baking powder
- 3/4 teas. salt

- 1 egg, well beaten
  - 3/4 cup milk
  - 4 tbsps. melted shortening
  - 1 1/2 cups finely diced bananas
- Mix and sift together the flour, sugar, baking powder and salt. Combine beaten egg milk and shortening. Add gradually to dry ingredients and mix until smooth. Stir in banana. Place batter by spoonfuls onto hot waffle iron spreading banana evenly over the iron. Bake in about 8 minutes, or until waffle is well browned. Makes four waffles.

### Dutch Beets

- 6 freshly boiled beets
- 2 tbsps. salad oil
- 1 tbs. flour
- 1 cup boiling water
- 1 tbs. sugar
- 2 tbsps. minced onion
- 2 tbsps. vinegar
- 3/4 teas. salt
- 3/4 teas. pepper

Peel and slice beets thickly. Heat salad oil, add flour and stir until smooth; pour in boiling water; when mixture comes to a boil add sugar, onion, vinegar salt and pepper. Turn beets into sauce and keep warm on stove, without allowing to boil, for about 10 minutes. Serve as accompaniment to "Dutch Treat" platter of sliced ready to serve sausage salami, veal loaf, etc.

### Tuliptime Salad

- 1 large head lettuce
- 6 oranges
- 3/4 cup mayonnaise
- 1 cup coconut
- 6 Maraschino cherries

Trim off outer leaves of lettuce wash and drain. Slice head (crosswise into 3/4 inch rounds. Place rounds on individual salad plates. Peel oranges by cutting a continuous circular peel, removing outside white membrane which covers segments. Cut a small slice from bottom of orange so it will stand securely on lettuce round. Open orange so that it resembles the petals of a flower and lay on lettuce. Moisten slightly with French dressing; sprinkle with coconut and put mound of mayonnaise in center.

### Hans Brinker Cookies

- 2 eggs
- 1/3 cup salad oil
- 1 cup light brown sugar
- 2 cups pastry flour
- 1/2 teas. baking powder
- 1/4 teas. soda
- 1/4 teas. salt
- 1 cup nuts
- 1/2 cup dates
- 2 cups corn flakes

Beat eggs slightly, stir in salad oil, add sugar and beat well. Add flour, baking powder, soda and salt, mixed and sifted. Fold in chopped nuts and dates and corn flakes. Mix carefully. Drop from end of spoon onto oiled baking sheet. Flatten down and bake in a moderate oven (375° F.) for 15 minutes.

## STRAWBERRIES TAKE TO THIS SHORTCAKE



IS there anything more satisfying than a delicious strawberry shortcake? Here's the recipe for a tender-rich one that can be mixed when convenient and be almost ready to pop into the oven at a moment's notice. In other words, this mix, if stored in the clean-washed, moist air of the modern ice refrigerator will keep fresh and sweet until you are ready to bake the shortcake. STRAWBERRY SHORTCAKE: Mix and sift together 2 cups general purpose flour, 3 tbsps. baking powder, 2 tbsps. sugar, 1/4 teas. salt. Cut in 1/2 cup shortening. Store in air-conditioned ice refrigerator. When ready to bake, remove mix from refrigerator and add 1 beaten egg and approximately 1/2 cup milk. Blend lightly. Place half of dough in a greased cake tin. Brush with butter and cover with second part of dough. Bake in a hot oven (400°) 18 to 20 minutes. While hot, split shortcake and spread generously with softened butter and crushed strawberries. Top with strawberries; serve with whipped cream.

## "Nation's Fair" Their Objective



Mrs. Vincent Astor  
Winthrop W. Aldrich

NEW YORK (Special)—Mrs. Vincent Astor, society leader and civic worker, has been appointed Chairman of a National Women's Advisory Committee for the New York World's Fair of 1939. Winthrop W. Aldrich, Chairman of the Chase National Bank, is heading the men's National Committee. Together they will enlist more than 10,000 committee workers in a nationwide campaign to arouse interest in and create support for the New York Fair Grover Whalen, President of the Fair Corporation has announced that State Chairmen will be named later and that every state will be brought into active participation in the New York Fair, making it truly national.

## Outlook Justifies State Participation In New York Fair

### Whalen Voices Opinion in Inviting Governor and People to the 1939 Exposition

NEW YORK, (Special).—In a letter of invitation to the governors of 47 states, Grover Whalen, President of the New York World's Fair 1939 Corporation, points out that the commercial consequences of the International exposition under construction in New York City are so great and important that they alone would justify the active participation of every state in the nation.

"Fifty million persons from every walk in life, from every state in the United States, from every country in the world, are expected to attend the Fair," writes Mr. Whalen. "The great American market with its tremendous consumer purchasing power will be represented by these visitors. They will comprise a true cross-section of America."

The World's Fair, according to Mr. Whalen, will be a magnificent spectacle, entertaining and instructive. It will attempt to answer the questions: "What kind of a world have we built? What kind of a world are we building? What kind of a world can we build?" With collateral improvements, it will represent a total investment of more than \$125,000,000 by the Fair Corporation and the governmental, industrial and other participants. The Fair site park is a tract of 1216 1/2 acres, almost at the geographical and population center of New York City.

Construction of buildings and roads, grading, dredging, planting and landscaping are already under way, based upon a schedule which calls for completion of all construction operations before January 1, 1939, to allow four months for final decorations and installation of exhibits preparatory to the opening of the Fair on April 30.

The opening date commemorates the inauguration, on April 30, 1789, of George Washington as the first President of the United States. In the government area, and near an imposing federal hall to be erected by the United States Government, the Fair will provide a "Hall of States" in which the significant contributions of each state in laying the foundations for the better World of Tomorrow can be proudly displayed, says Mr. Whalen.

His letter supplement, an invitation to participate in the Fair extended to the governors on November 30 by Governor Herbert H. Lehman of the host state of New York. Governor Lehman pointed out that the State of New York was already appropriated, to date \$2,130,000 for commencement of construction of boulevards, service roads, bridges, and certain other basic improvements the State will make at the exposition site or its approaches. The New York legislature, further, during 1936 passed an act creating the New York World's Fair Commission of 18 members and providing funds in aid of this body's preparation of plans for a state building and exhibit and for active state participation in the Fair.

The United States patent office, at a convention of inventors in the east, announced a long list of needed inventions for which no applications for patents had as yet been made.

Then up stepped a nine-year old boy who had invented a new kind of potato masher, with the statement that he was working on an idea for a "painless neck scrubber" that would be of great satisfaction to lots of little boys.

Read the Classified Ads.

## CHURCH ANNOUNCEMENTS

### CHURCH OF CHRIST Geo. W. Hatch, Pastor

Bible School—9:45 a.m. Mrs. Vernia Hopper, supt.  
Communion service—11 a.m. followed by the sermon by the pastor, Subject "Life Made Over."  
Evening service—8 o'clock and the Pastor's message at this time will be "Human History Outlined in Bible Prophecy." This is the fourth sermon in a series on the "Second Coming of Christ." Read the 2nd and 7th chapters of Daniel, in this service the symbols will be explained.  
The choir directed by Mrs. Johnson, will furnish special music both morning and evening. Mid-week service will be led this week by Mrs. Robert Johnson.

### Bethel Congregational Church Harper R. Burns, Pastor

Bible School—9:45 a.m. Another record attendance last Lord's day, R. C. Doty, supt.  
Morning Worship Hour—11 a.m. Anthem by the Choir, W. L. Cady Director. Sermon theme: "Was Mary a Christian?"  
Christian Endeavor—7 p.m. Evening Worship—8 p.m. Special Musical Concert. This service will feature anthems by a large male chorus, women's chorus, mixed choir with special solos. A silver offering will be taken for the benefit of music for our Junior Choir which is to furnish music this summer.  
Bible Study class every Wednesday at 8 p.m.  
Ever welcome to all our services are strangers and the poor.

### Nazarene Church Julius Miller, Pastor

Sunday School—9:45 a.m. Bring your family for religious worship and stay for the morning worship. Ervin Rickman, supt. We have classes for all.  
Worship hour—11 a.m. Theme: Hell—The Place of Eternal Darkness.

Juglar Society—6:30 p.m. Evangelistic meeting—7:30 p.m. The Pastor's subject will be "The Marriage Alarm Bells."

Midweek prayer-meeting—7:30 Wednesday nights. Come and worship with us. We welcome strangers.

### St. Cecilia's Church Rev. G. L. O'Keefe, Pastor

Sunday Services—7:30 and 9:30 A.M.

### NOTICE OF FINAL ACCOUNT In The County Court of the State Of Oregon For Wash. Co.

In the Matter of the Estate of John McGill, Deceased.  
Notice is hereby given that the undersigned administrator of the estate of John McGill, deceased, has filed herein his final account in the County Court of the State of Oregon for the county of Washington, and that, Monday the 7th day of June, 1937, at the hour of 9:30 o'clock in the forenoon of said day, and in the Court Room of said Court, has been appointed by said Court as the time and place for the hearing of ob-

## WAKE UP YOUR LIVER BILE—

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The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas blasts up your stomach. You get constipated. Your whole system is poisoned and you feel sour, sunk and the world looks pink.

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## Easy Pleasant Way To LOSE FAT

How would you like to lose your fat, increase your energy and improve your health?

How would you like to lose your double chin and your too prominent hips and abdomen and at the same time make your skin so clean and clear that it will compel admiration?

Get on the scales to-day and see how much you weigh—then get a bottle of Kruschen Salts that cost next to nothing and which will last you 4 weeks. Take one half teaspoonful in a glass of hot water in the morning—cut down on pastry and fatty meats—go light on potatoes, butter, cream and sugar—and when you have finished the contents of this first bottle weigh yourself again.

Notice also that you have gained in energy—you feel younger in body—Kruschen will give any fat person a joyous surprise. Refuse imitations—safeguard your health—you lose fat SAFELY the Kruschen way.

NOTE—Many people find that the only diet change necessary while taking Kruschen regularly is TO EAT LESS.

jections thereto, and the settlement thereof.  
Dated and first published May 7, 1937.  
Doy Gray, Administrator of John McGill Estate.  
Samuel B. Lawrence, Attorney for Administrator. adv. 73-27

### SUMMONS in The Circuit Court Of The State Of Oregon For Wash. Co.

Frederick Schoes, Plaintiff, vs. Ella Day and John Doe Day, her husband, Sarah Emerick Bunch and John Doe Bunch, her husband, Eva Siegrist and Adolph Siegrist, her husband, Joe Hensley and Sophie Hensley, his wife, Carl Hensley, Hulda Emerick, Edward Emerick and Katie Emerick, his wife, Daniel Emerick and Eula Emerick, his wife, Fannie Louise Viele and Melvin Viele, her husband, Esther Vida Emerick, Lena Sorenson and Julius Sorenson, her husband, William Henry Emerick, James Alva Emerick, Maude Emerick Franklin and Charles Franklin, her husband, Harry Emerick, William Thomas Emerick, Elizabeth Amelia Forbes, William Taylor Forbes and Sarah Forbes, his wife, Marvin Edwin Forbes, Thelma Anderson, C. V. Cates, Laurinda Faye Brothers and Theodore Brothers, her husband, Estella Florence Fletcher and Charles Fletcher, her husband, Ernest Clarence Forbes and Jane Doe Forbes, his wife, William H. Emerick and Maybelle Emerick, his wife, Frank A. Emerick and Martha Emerick, his wife, Cynthia E. Welsh, Nellie Spurrell Emerick, Mary Emerick Kelly and John Doe Kelly, her husband, G. A. Wehrung, R. J. Simpson and A. Simpson, her husband, Mary Field, Willie Field, Vernice Field (sometimes known as Vernie Field), Nellie Field, the unknown heirs at law of Sally Ann Sparks, deceased, the unknown heirs at law of Eliza Jane Webster, deceased, and all other persons and parties unknown to plaintiff claiming any right, title, interest or estate in or to the real property described in plaintiffs' complaint, Defendants.

IN THE NAME OF THE STATE OF OREGON: You, and each of you are hereby required to appear and answer the complaint filed against you in the above entitled Court and cause on or before the expiration of four weeks from and after May 7th 1937, the date of the first publication of this summons in the Beaverton Review, the date of the last publication thereof being June 4th, 1937, namely, on or before Monday the 8th day of June, 1937, and set forth by answer duly verified, as by law required, the nature and character of any estate in or right or title to, that you have or claim to have in or to or upon the real property hereinafter described, that the same may be adjudicated by decree of the above entitled Court.

AND YOU WILL PLEASE TAKE NOTICE that if you fail so to answer, for want thereof, plaintiff will apply to the above entitled court for a decree adjudging and declaring that the plaintiff is the owner in fee simple, in possession and en-

itled to possession of the following described real property lying, being and situate in the County of Washington, State of Oregon, and particularly described as follows, to-wit:  
Commencing where the north line of the Donation Land Claim of Christian Emerick in Township 1 South, Range 3 West crosses the center of the Tualatin River; thence West on said North line to the Northwest corner of said claim; thence South on the West line of said claim to the center of the Tualatin River; thence Northeasterly down the center of said river to the place of beginning, containing 137 acres. Excepting therefrom 1/4 of an acre containing the graves of Christian Emerick and the children of Solomon Emerick;

and further adjudging and declaring that neither of you have any estate or interest in or right or title to said premises or any part or parcel thereof, and that each and all of you and all persons claiming or to claim by, through or under you, or either or any of you be forever barred and precluded from claiming or attempting to claim, asserting or attempting to assert any interest or estate in or right or title to said premises, or any part or parcel thereof to the end that plaintiff's title in and to the real property in the complaint and in this summons described be forever quieted and set at rest in relation to any and all claims of whatever nature claimed or asserted by you or either of you individually or jointly, or otherwise, and for such other, further and additional relief as shall meet with equity and good conscience. This summons is served upon you, and each of you by publication thereof in the Beaverton Review for and during the time and on the dates in this summons mentioned by order of the Hon. R. F. Peiers, Judge of the above entitled Court made and dated at Hillsboro, Oregon, on the 4th day of May, 1937, requiring you, and each of you to appear and answer within the time in this summons specified.

Dated this 4th day of May, 1937.  
Francis E. Sturgis and Barclay and Hare, Attorneys for Plaintiff, Resident Attorneys, State of Oregon, Post Office Address, First National Bank Building, Hillsboro, Oregon. adv. 23-27

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