

THE BEAVERTON REVIEW

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INDOOR HUMIDITY

The lack of proper indoor humidity during the winter months causes much discomfort, and is responsible for many cases of colds and more serious ailments.

The so-called "comfort zone", indoors, has a maximum temperature of 70° F., a minimum humidity of 30%, a minimum temperature of from 50 to 60 degrees F., and a maximum humidity of 55%. This is the range which most people in temperate climates will find agreeable.

The temperature and humidity of the air affect health mainly by influencing the heat regulating mechanism of the body. More heat is produced in the body than is required, hence heat must be lost, else heat stagnation or heat stroke will result.

Excessive moisture makes hot air feel hotter and cold air colder—the first by hindering evaporation and the second by favoring conduction. If the air is at or higher than body temperature perspiration is secreted by the skin and its evaporation lowers the body temperature. When high air temperature and high humidity occur together the heat will be oppressive. Considerable air movement aids evaporation and results in cooling of the body. Low air temperature combined with high humidity is likely to cause discomfort because the accumulation of moisture in the clothing lessens its efficiency as a non-conductor of heat. Moistening of air, however, in connection with heating, is advantageous, as it prevents too rapid evaporation from the skin and thereby allows somewhat lower temperatures with comfort.

Drafts or currents of cold air on the face or sudden temperature changes cause contraction of the blood vessels with resulting local anemia. This loss of blood supply allows an increase of bacteria and may result in the development of colds or other respiratory infections. Continual exposure to overheated air increases the liability to the abnormal conditions mentioned above. High temperatures combined with high humidity may result in chronic respiratory diseases. Thus, limiting the temperature will simplify the problem of maintaining the proper moisture content in the air because experiments have shown that excessive heat requires excessive humidifying.

Evaporation of at least two quarts of water daily in each commonly used room of the house hold is easily accomplished and is necessary in maintaining the proper humidity in heated buildings. Open water containers ranging from pans to specially constructed humidifiers when placed near heating fixtures and kept well supplied with fresh water will furnish the needed moisture during the indoor season.

Protected window ventilation will usually supply sufficient moisture. Overheating of rooms should be avoided. Health and comfort can be safeguarded by good ventilation.

—Weekly Bulletin, Oregon State Board of Health

Beavers To Vie For Tournament Debate Honors

When the annual high school debate tournament is held at Linfield college on January 23 and 25, Beaverton debaters will be in the thick of the big word battles debating the national and state question for this year: "Resolved, That All Electric Utilities Should Be Governmentally Owned and Operated."

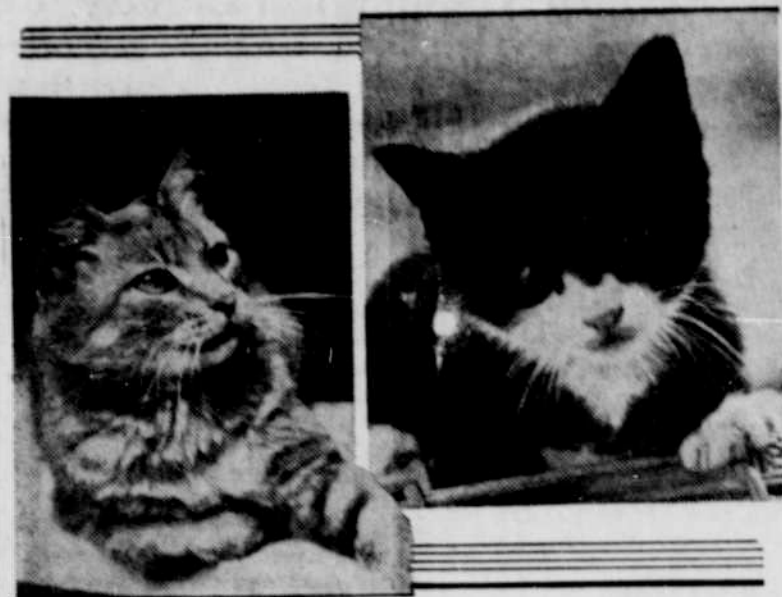
The Linfield tournament conducted by Professor R. D. Mahaffey, college instructor in speech, and his students, is a state-wide invitational meet open to Oregon high school debate rivals. Winners are eligible for national competition and receive a silver loving cup.

Eight teams of four persons each are now competing in a school contest preparatory to representing Beaverton at McMinnville.

Beaverton has distinguished itself in former years by winning the championship three times. According to Mr. Webb, debate coach, this year's turnout for debate is the largest in several

The SNAPSHOT GUILD

CAT PORTRAITS



Did the photographer say, "Watch the birdie"? This command ought to mean something to a cat, but, as a matter of fact, these poses were obtained by dangling a bright object near the camera.

It is natural for an amateur photographer, according to his tastes and interests, to become intrigued with one kind of picture subject: animals, machinery, trees, skyscrapers, wild life, marine views, and what not. The result, often, is that he finds himself pursuing a fascinating hobby within a hobby—searching for and photographing interesting types of his favorite picture subject.

One of the most enjoyable and challenging of one-subject hobbies is making portraits of cats. You soon learn that the mature cat is an animal of many expressions, and that he rarely fails to reward you with an interesting one. You discover, also, that cats have individuality, even those of the same breed. Consequently, in making cat portraits you obtain a variety of distinctive studies.

Sometimes—and this is the challenging part of cat photography—you need something more than photographic skill to be successful. When it comes to posing for the camera, the feline is often a perverse creature. Dogs beyond the puppy stage are generally obedient, but, to keep a cat in front of the lens, it is usually necessary to entertain him. Even then, Thomas is likely to "take a walk" out of the view finder, with complete indifference to what you say to him or about him. He has a mind of his own. Hence, there will be times when you will need Christian patience and an assistant to recover

years, and the Beaver teams have high hopes of again attaining the coveted Linfield award.

Elizabeth Boeckli Wins Scholarship

Elizabeth Boeckli, senior, has been awarded a scholarship for outstanding 4-H club work.

The scholarship, a tuition for one year to Oregon State college, given on condition that the student major in Home Economics or Agriculture, is awarded by the Union Pacific Railroad to the highest scoring individual in Multnomah county 4-H work.

Elizabeth has been interested in 4-H work for many years and was very pleased to learn that she had received such a high honor. She plans to start to college either this coming year or the year after.

Essays to Enter Contest

As their project for this semester, Miss Watkin's English VII classes are writing essays to be entered in contests.

The students may write their essays on "Today's Need for Thoughtful Effort", "Captain B. L. E. Bonneville", or a subject of their own choice. The best essays on the first two subjects will be submitted in contests sponsored by the International Business Machines Corporation and the Oregon Historical Society.

Garbage Cans Placed By Hi-Y Organization

In an attempt to help keep the streets of Beaverton clean, the Hi-Y has placed garbage cans on three of the Beaverton street corners.

The students are asked to cooperate and to put all waste paper into the cans rather than throw it on the streets. A fine of \$5.00 or \$10.00 will be imposed on any party, failing to comply with this regulation.

—From the Beaverton Hummer

Mr. and Mrs. H. A. West of Raleigh have announced the engagement of their daughter Harriet, to John P. Baden of Houston, Texas, son of Mr. and Mrs. John P. Baden of Independence, Kansas. The wedding is planned for June.

Monmouth College Girls Set Record With 12,000 Washings in Five Years



place is kept in use by girls who drop in between classes.

In five years this washer has done more than 12,000 individual washings.

But Monmouth's boys are not to be outdone by the coeds. In fact, they were first to "go domestic." They have been operating a typical household washer in their gymnasium for ten years. It cleanses all the towels used by more than 200 gymnasium students and it keeps all athletic equipment clean.

In these days when there is greater interest in higher education than ever before, but when college budgets and allowances are closely pared, nevertheless the opportunity to do a washing quickly, easily and at practically no cost is a boon to many of these industrious students at Monmouth.

—From the Beaverton Hummer

Right Out Of The Air

By R F SERVICE

Happiest news of the year for Joe Cook fans is that he starts the New Year right by starting a new radio series for the present sponsor of the Saturday night Chateau.

Show will be heard on the same schedule as the Chateau, 9:30 p.m., E.S.T., on Saturdays over the NBC red network. For the Cook series, the program moves East to New York.

***Renewals lead the news. "Husbands and Wives," NBC Tuesday night feature, has just been handed an extended engagement by its facial cream sponsor, Sedley Brown and Allie Lowe Miles nursed this program from a local station to its present popularity.

***Kathleen Wilson will play her radio role in the movie version of "One Man's Family" and, on the basis of screen tests already made, plenty of people are predicting that there will be more Hollywood roles for her later. Her face doesn't give the lie to this rumor and she was picked for "One Man's Family" in the she could act.

***Nomination for the dizziest title of the year: Colonel Stoopnagle's "The General Expired At, Shall We Say, Six A. M." It was a take-off on a film.

***That Radio Theatre production of "The Life of Louis Pasteur," starring Paul Muni, hit a new high in number of players used. Total of people on stage during the broadcast was 76 with 23 of these actually having speaking parts. The rest were members of the orchestra, production men, actors for crowd effects, etc. Radio Theatre regularly has the largest cast of any radio dramatic program.

***Ed Wynn, "The Perfect Fool," is back on the airwaves Saturday nights, but he has a new idea. He takes guest stars and gives them serious things to do — and then spends most of the time poking fun at them. Most of the celebrities like it, and Wynn uses it as one of his sure-fire methods of getting laughs.

***Phil Baker plans to do very little vaudeville this year, because he says a radio star cannot be true to two loves—and he chooses radio.

***When a "mysterious widow" entered Edgar Guest's "Welcome Valley" series, heard Tuesday nights, the program developed its first real mystery in more than a year on the air. One of radio's favorite actresses, Bernadine Flynn, who is a star on her own program, is an important member of the cast.

***There is no telling what you may hear when "We, The People," speak. That is the line Phillips Lord is making famous in his Sunday programs, "We, The People," and it is the truth, radio experts agree. From all walks of life real people come to the microphone each week, with Lord presenting them.

***In one week, Rudy Vallee played five shows daily at a New York theatre and for supper dancing at a night spot in addition to rehearsals and the broadcast of his famous Variety Hour.

Joe Cook

Kathleen Wilson

Paul Muni

Ed Wynn

Bernadine Flynn

Phillips Lord

High School League Arranged by Committee

Formation of a Columbia-Washington county high school league to manage all sports was perfected on November 3, by representatives of eleven schools in the two counties.

Mr. Austin of St. Helens was elected president. Mr. Goodman of Hillsboro, Vice President, Mr. Tucker of Clatskanie, Secretary. Other members include Mr. Metzler of Beaverton and Mr. Fowler of Tigard.

The schedules are arranged by this committee and officials are selected for the games.

This league includes eleven schools and is one of the largest and strongest in the state.

—From the Beaverton Hummer

BOXCAR KNIGHTS

"Could you give me back those old shoes?"

Indeed we could not, having burned them, holes and all. But we fitted him out again. And where did he sleep last night?—"In a boxcar. The others in the car quit it about three in the morning to get out and warm up walking around. I stuck it out an hour longer."

Then he asked—

"Say, you haven't an old overcoat you could spare, have you?" Being clear skinned, alert and erect, with no trace of liquor, we were interested. More so as he was the son of a S. S. Superintendent back East. "Father and Mother were religious; all my brothers and sisters too. I'm the only one not in. I just can't settle down. I will get a job and after awhile set out to see some other place. I've had good jobs. So long since I have written home I'm ashamed to now."

We called up the Deaconess Home, his people being Methodist. And those good angels fitted him out with overcoat, suit of clothes, socks and under things. We put him up in a lodging house where he could change duds and sleep a night without wrapping in papers to keep warm.

Now why do all this? You see that crowd of 5000 men beside women and children? A lot of riff-raff, camp-followers, shacktown ne'er do wells among them. And the Lord made no division; everybody fed. Now you church folks have stepped into His shoes to carry on for Him in these Missions out over America and in the hospitals you maintain on the foreign field.

Then there is the deeper reason. We told him—"Man there is

no hope for you until you get so low down as to cry out to God to have mercy on you." He not being the craven kind that bows to every wind that blows, we noted his answer. He said he knew we were right and of late, for some reason, he had been feeling just that himself.

Yes, he was thankful for the word of prayer before we parted. And we visioned the scores of boxcar knights who might come through if we would all beseech the throne to bring them. Geo. N. Taylor, Beaverton, Ore. —Paid adv.

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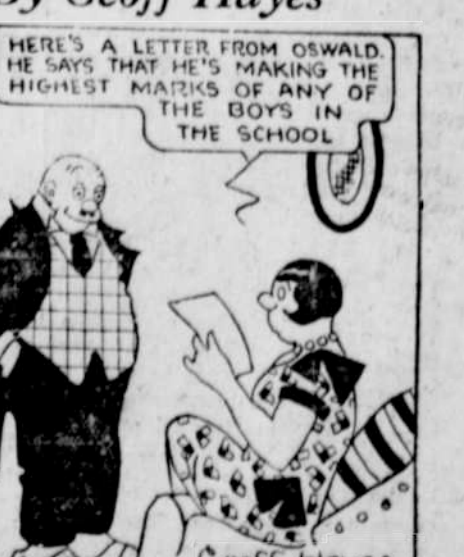
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AFTER THE HONEYMOON



By Geoff Hayes