

# The Cook's Nook

### Chocolate Flavor First in Favor As Most of the Surveys Show

Nice out of ten choose chocolate! That is at least as the consensus of replies to the questioning of various eating places throughout the country. A New York restaurant chain claims chocolate leads in plain ice cream, and in cake and candy flavors; a candy manufacturer states that chocolate candy is his best-seller (chocolate covered nuts a close second); bakeries report a strong leaning to chocolate frostings and an overwhelming yes for devil's food or chocolate cake; and a prominent school dietitian says the children yell for "choc!"

Mexico started us on the chocolate trail when it began to drink "chocolate"; they drank it "straight", mixed with spices. The Spaniards added sugar and in 1657 a Frenchman opened a shop to sell it in London and in 1700 the English found that the addition of milk improved it; about that time the colonies in America began to enjoy chocolate as a beverage and in foods!

If you choose chocolate, try these recipes which favor this flavor!

#### Chocolate Banana Cream Pie

3 sqs. unsweetened chocolate  
2 1/2 cups milk  
1 cup sugar  
6 tbsps. flour  
1/2 tsp. salt  
2 egg yolks, slightly beaten  
2 tbsps. butter  
1 tsp. vanilla  
1 baked 9-inch pie shell  
2 egg whites  
4 tbsps. sugar  
5 or 6 ripe bananas

Whipped cream  
Add chocolate to milk and beat in double boiler. When chocolate is melted beat with rotary egg beater until blender. Combine sugar, flour and salt; add gradually to chocolate mixture and cook until thickened, stirring constantly; continue cooking 10 minutes, stirring occasionally. Pour small amount of mixture over egg yolks, stirring vigorously; return to double boiler and cook 2 minutes longer. Remove from boiling water; add butter and vanilla. Cool. Slice bananas

into pie shell and pour cooled filling over them. Lay banana slices in circle around top of pie and pipe whipped cream in the center.

#### Chocolate Rice Pudding

2 cups cooked rice  
2 cups milk  
1/2 cup sugar  
4 tbsps. cocoa  
1/2 tsp. salt  
1/2 tsp. vanilla

Wash rice thoroughly. Heat the milk in double boiler, add the rice, and cocoa mixed with sugar and salt. Cook until thick. Add the vanilla and serve cold with cream.

#### Parisian Parfait

2/3 cup sugar  
1/3 cup white corn syrup  
1 cup water  
3 egg whites, beaten stiffly  
2 sqs. chocolate, melted and cooled  
2 cups cream, whipped  
1 tbsps. vanilla

Cook sugar, corn syrup and water until small amount of syrup forms a soft ball in cold water (238 deg. F.). Pour syrup in fine stream over egg whites, beating constantly. Continue heating until cool. Fold in chocolate, cream and vanilla. Place in trays of mechanical refrigerator for 3 or 4 hours, or pack in ice and salt. To serve, arrange in parfait glasses, and serve with whipped cream or chocolate sauce.

#### Chocolate Date Cookies

2 1/2 cups flour  
1/2 tsp. salt  
2 tbsps. baking powder  
1/2 tsp. cinnamon  
1 pkg. dates  
1/2 cup shortening  
1 cup brown sugar  
1 egg  
2 sqs. chocolate melted  
1/2 cup milk

Sift flour, salt, baking powder and cinnamon. Work in dates (piled and sliced) with finger tips. Add sugar gradually to creamed shortening; then the beaten egg and the melted chocolate. Add dry ingredients alternately with milk. Drop the mixture by rounded teaspoonfuls two inches apart on well-oiled baking sheet. Bake in moderate oven (375 deg. F.) for 10-15

#### Chocolate Banana Milk Shake

1 ripe banana  
1 "ball" vanilla ice cream  
3/4 cup cold milk  
2 to 4 tbsps chocolate syrup

Slice or break banana into medium mesh wire strainer. Press through strainer with a spoon. Add other ingredients and mix in cocktail shaker, or fruit jar. Shake well and serve cold. Makes 2 drinks.

## CEDAR MILL NEWS

(By Girl Scout Troop No. 61)

Cedar Mills Sunday school held an annual picnic at Lost Park, Thursday.

Cedar Mills farmers and farmettes are being kept unusually busy harvesting burr (shekms).

Work has been progressing on the well which will benefit the Cedar Mill school. Heretofore the school has had no water supply.

Last Thursday, while thrashing for Bill Westoff the thrashing machine of Louis Selznicker caught fire, damaging the machine and burning four stacks of grain.

Mrs. W. I. Heinrich and Mrs. George Cole entertained the Cornell Club in honor of Mrs. Wm. Spring on Wednesday. Recause Mrs. Spring has recently moved from this locality, they presented her with gifts.

On Tuesday Sept. 8, the first fall meeting of the Cedar Mill Home Extension meetings will be held at the Cedar Mills Grange hall at 10:30 a.m. All ladies are invited to attend these meetings, bringing either a hot dish, salad or dessert. These meetings are educational and are sponsored by the Home Demonstration Agent, Mrs. Blanche Ekworth of Hillsboro. They are free.

Mr. and Mrs. Robert Nohr and daughter Dorothy of Madison, Wisconsin were in Cedar Mill Wednesday visiting members of the M. M. Mead family. Mrs. Nohr's father was Lewis Mead. Mrs. Hartkamp gave a dinner in their honor, with the following present: Mrs. Helen Chamberlain, Mrs. Janie Sandford and daughter Elvora, Mrs. Anne Dorland and children, Mrs. James Walters and daughter, Otto Hartkamp, Olive Mae and Joyce.

A professor at the University

of California handed a book over to the librarian with an apology for keeping it so long. The librarian checked up on the date it was taken out and found the book was 26 years, 9 months and 11 days overdue, thereby accumulating a total fine of \$1,337.50. The librarian didn't collect it, suggesting to the absent minded professor that they forget about it, which the professor no doubt promptly did. She was glad enough to get the book back.

## SUMMONS

In The Circuit Court of the State of Oregon for the County of Washington

Mary S. Dixon, Plaintiff, vs. Archie H. Dixon, Defendant.

To Archie H. Dixon, the above named defendant:

In the name of the State of Oregon, you are hereby required to appear and answer the complaint filed against you in the above entitled Court and cause on or before the expiration date of four weeks from the date of the first publication of this summons; if you fail so to appear and answer, plaintiff for want thereof will apply to the above entitled Court for the relief prayed for in her complaint, to-wit:

For a decree dissolving the marriage contract heretofore and now existing between the plaintiff and the defendant and granting custody of the minor children of plaintiff and defendant to the plaintiff, with the provision that defendant shall have the right to visit said children at all reasonable times, and for such other and further relief as to the court may seem just and equitable.

This summons is published by order of the Honorable R. Frank Peters, judge of the above entitled Court, made and entered on the 19th day of August, 1936, directing publication of this summons once each week for four consecutive weeks in the Beaverton Review, a newspaper published in Washington County, Oregon.

Date of first publication August 28, 1936.

Date of last publication, September 25, 1936.

Kavanaugh & Kavanaugh, Attorneys for Plaintiff, 504 Mead Building, Portland, Oregon. adv c29-43

## NOTICE TO CREDITORS

Notice is hereby given that the undersigned has been duly appointed Executor of the estate of Victoria Thompson Hamilton.

deceased, and any and all persons having claims against the said estate are hereby required to present said claims, duly verified as by law required, at the residence of R. Carson in Metzger (Route 4, Portland) in Washington County, Oregon, within six months from the date of this notice.

Dated and first published, August 14, 1936.

Date of last publication, September 11, 1936.

F. W. Hamilton, Executor of the estate of Victoria Thompson Hamilton, deceased.

Elmer Johnson, Address 609 Lumbermen's Bldg., Portland, Oregon. Attorney for Executor. adv c37-41

## NOTICE OF FINAL SETTLEMENT in the County Court of the State of Oregon for Washington Co.

In the Matter of the Estate of Jefferson C. DuZan, Deceased. Notice is hereby given that the undersigned administrator of the estate of Jefferson C. DuZan, deceased, has filed his final account and report as such administrator in the County Court of

the State of Oregon for Washington County, and that said final account and report has been set for final hearing and settlement before said court at the court room thereof in Hillsboro, Oregon, on Monday, August 31, 1936, at 10 o'clock a.m. of said day.

Dated and first published, July 31, 1936.

Last publication August 28, 1936.

Homer L. Wilson, Administrator of the Estate of Jefferson C. DuZan, Deceased.

M. B. Bump, residence and address, Hillsboro, Oregon, Attorney for said Administrator and Estate. adv c35-39

## SUMMONS

In the Circuit Court of the State of Oregon for Washington Co.

Ada Stone, Plaintiff, vs. Charles Stone, Defendant.

To Charles Stone, the above named defendant:

IN THE NAME OF THE STATE OF OREGON: You are hereby required to appear and answer the complaint filed against you in the above entitled Court and cause on or before Saturday, the 29th day of August, 1936, which date is four full weeks from the date of the first publication of this summons, and if you fail so to appear and answer, for want thereof, the plaintiff will apply to the Court for the relief prayed for in her complaint, to-wit: For a decree dissolving the marriage existing between you and the plaintiff on the grounds of cruel and inhuman treatment rendering her life burdensome.

This summons is served upon you by publication thereof pursuant to order of the Honorable R. Frank Peters, Judge of the above entitled Court made and entered on the 27th day of July, 1936, directing that the date of the first publication of this summons be July 31, 1936, and the date of the last publication thereof be August 28, 1936, and that this summons be published in the Beaverton Review, a legal newspaper of general circulation published in Washington County, Oregon.

Bagley & Hare & F. E. Sturges, Resident Attorneys, State of Oregon, Post Office Address, First National Bank Building, Hillsboro, Oregon. adv c35-39

## FOODS, FACTS and FOIBLES

**FISH!!**

**ALASKA PRODUCES 60 PERCENT OF THE WORLD'S TOTAL SALMON SUPPLY.**

**CHESHIRE CHEESE ORIGINATED IN CHESTER, ENGLAND; LIMBURGER, IN LIMBURG, BELGIUM; GRUYERE, IN GRUYERE, SWITZERLAND. HUNDREDS OF CHEESE-VARIETIES ARE NAMED FOR THEIR BIRTHPLACES.**

**NEXT TO POTATOES, MORE CABBAGE IS CONSUMED THAN ANY OTHER VEGETABLE. THERE ARE MORE THAN 70 VARIETIES OF CABBAGE.**

**BREAKFAST WAS FIRST MENTIONED IN THE YEAR 1463. IT WAS NOT RECOGNIZED AS A REGULAR MEAL UNTIL THE LATE 17th CENTURY.**

**FAMOUS GOURMETS OF HISTORY**

**ALEXANDER THE GREAT**—ATRIBUTED HIS PROWESS AT WAR TO THE FACT THAT HE AND HIS ARMIES ATE LARGE QUANTITIES OF ONIONS.

**WELL IT'S ABOUT TIME—TLL TELL TH' COCKEYED WORLD!**

**FIRST CALL F' BREAKFAST!!**

## Sunlight or Moonlight Now Come Into Living Room At Flick of Switch

By Jean Prentice



A fresh note of modernism is injected into this Chinese Chippendale living room through the installation of a concealed lighting unit recessed behind the curtains. The effect produced is that of warm sunlight streaming through the windows.

THERE seems to be simply no limit to the ingenuity of these lighting people nowadays. A press of a button, and they give you daylight, sunlight, or moonlight at any hour of the day or evening—right in your own living room. And it's almost laughably simple!

Lighting panels built into hidden places produce the effect. They are often used over the latest kitchen sinks, although in such cases, ordinary colorless bulbs are employed. Recently this type of lighting has become quite popular in living rooms, particularly where there is a bay window.

### Easily Installed

The lighting unit itself consists of a metal box, approximately thirty inches long, six inches wide, and seven inches high. It contains three 40- or 60-watt bulbs, depending upon whether you have light or dark shades. The amount and color of light desired also determines the number of bulbs. Flashed opal glass is used at the bottom of the unit to diffuse and soften the light.

There are two ways of installing such a unit, which is a regulation fixture, obtainable at many electrical stores. When built into a new house, it is recessed into a ceiling, adjacent to the window. In a house that has been already built, two polished metal reflectors containing 60-watt lamp can be mounted between the over-drapes and the glass curtains. These reflectors are also standard equipment, easily installed by your electrical contractor.

### Choice of Colors

Where there is no space between the draperies and curtains, a row of small 10-watt bulbs or several miniature lamps may be mounted behind the valance or curtain cornice. The wiring can be so arranged that a choice of colored light is simply a matter of which switch is pressed.

In these modern times, there's no need to permit the original architectural limitations of a room to stand in the way of modernity. And you'll find that the modest investment yields ample dividends in the added enjoyment you derive from your home.

## Hints for Motorists

By C. R. Strouse

Director, School of Automobiles, International Correspondence Schools



WHEN a car equipped with a honeycomb radiator shows signs of over-heating, it is frequently due to rust and other foreign matter in the radiator. Much of this can usually be cleaned out by removing the upper and lower hose connections and forcing water under pressure through the radiator in a direction opposite to the natural flow, by means of a hose applied to the bottom opening. At the same time, to loosen the rust, a piece of board about 6 inches wide and 12 inches long should be held against the face of the radiator core and struck with light hammer blows, shifting the board around to different positions. The board will prevent damage to the core.

## Hints for Homemakers

By Jane Rogers



IF you have an unfinished attic, you can cut down fuel costs and hot weather discomfort by insulating it. Insulation board of wood fibre nailed over the joists minimizes the loss of heat through the roof in cold weather and, in summer, retards the passage of heat from the roof through the ceilings. Joists as a rule are set on sixteen-inch centers. Since the boards are forty-eight inches wide, they can be put on with very little sawing.

Science has discovered that light foods eaten before retiring promote restful sleep. The sleep of a group of children was improved 12 per cent by substituting for their ordinary supper a light supper in which the main dish consisted of the familiar, easily digested corn flakes and milk.

## In The WEEK'S NEWS CURRENT EVENTS PHOTOGRAPHED FOR THE REVIEW



ATHLETE TURNS AUTHOR. Harry Stuhdrehner, one of the famous Four Horsemen of Notre Dame and now head coach at the University of Wisconsin, has just turned out a football novel and sold it to The American Magazine. It's his first piece of fiction.



HEADS ETHICS CRUSADE—Col. E. C. Kennedy, who as a spokesman for National Distillers started a drive within the liquor industry for a self-imposed code of advertising ethics far beyond present federal requirements. State Liquor Administrators gave the movement hearty support as a further protection to the consumer.



FALL FASHIONS HERE—Barbara Pepper, vivacious blonde actress, wearing the latest tailored suit for fall. The jacket is a one-button model with wide and rounded lapels and no collar, and the skirt has one inverted pleat in the center front.



WINS HAMBLETONIAN—The country's premier trotting event is won by the filly Rosalind, with her owner's father, the veteran Ben White, handling the reins.



WINS FOR U. S.—Thirteen-year-old Marjorie Gesting, who scored an upset by winning the women's springboard diving championship for the United States at the Olympic Games in Berlin. She is the "baby" of the American squad.



FIRING SQUAD AHEAD?—A rebel officer is captured by loyalist soldiers and is being led to a quick court martial in this dramatic picture from the Spanish front. Estimates place the civil war deaths to date at 35,000.



Freight trains nowadays act like express specials. New freight schedules are so fast, sometimes wonder if everything has to be delivered day before yesterday.

Many of our passenger trains are running faster schedules, too. Well, one thing is sure. We make faster runs, but the first railroad commandment is still "Safety First." That's one rule they won't change.

Western railroads and allied industries provided jobs for 750,000 workers last year. Some of them live in our town. Good neighbors.

Passenger fares are now the lowest in history with substantial reductions on round trips. And no more surcharge for riding in sleeping cars.

This Free pick-up-and-delivery of less than carload freight—I heard some traveling salesmen talking about it on the train yesterday. They said it saves shippers a lot of money and centers all responsibility on the railroad. The railroad picks up the freight at shipper's door and delivers it at receiver's door. Of course, the local delivery men get the haul from door-to-car and car-to-door at both ends. But the railroad handles the whole transaction.

When railroads are busy, I notice towns along the railroad are prosperous. The merchants put more ads in the newspapers.

We are proud of railroad achievements, appreciate the public's good will and increased patronage, and pledge continued progress.

**Railroad Jim**  
**WESTERN RAILROADS**  
and THE PULLMAN COMPANY