

The Cook's Nook

Just the thing for the afternoon tea or to serve with dessert, eaten with a spoon.

Sponge Drops

1/3 cup powdered sugar
1/4 tsp. vanilla
1 tablespoon melted butter
Sift flour once, measure, add salt, and sift together four times. Combine egg and egg yolks. Beat until thick and lemon-colored. Beat egg whites stiff, add sugar gradually, and continue beating until mixture stands in peaks. Fold in egg-yolk mixture and vanilla. Add flour, folding in carefully; then fold in butter. Drop from teaspoon on ungreased paper. Bake in moderate oven (375° F.) 12 minutes. Makes 2 1/2 dozen sponge drops.

Hungarian Cream Cake

2 cups sifted cake flour
2 tps. baking powder
1/2 tsp. salt
1 cup sugar
2 eggs, well beaten
1 1/4 cups heavy cream
1 tsp. vanilla
Sift flour once, measure, add baking powder and salt, and sift together three times. Add sugar gradually to eggs, and beat well. Add flour, alternately with cream, beating after each addition until smooth. Add vanilla. Bake in greased pan, 8x8x2 inches, in moderate oven (350° F.) 20 minutes. Spruce with chocolate frosting.

Baked Rice and Cheese

3 cups cooked rice
1/2 tsp. salt
1 cup milk
2 cups cheese
2 tps. butter
Cayenne
Crumbs
Put layer of cooked rice in greased baking dish, cover with layer of grated cheese, season with salt and cayenne. Continue adding layers until dish is almost full. Add enough milk to come halfway to top of rice. Cover with crumbs, dot with butter and bake in moderate oven (350 deg. F.) thirty minutes.

Lemon Sherbet

1 cup water
1/2 cup white corn syrup
1 egg-white
1/4 cup sugar
1/4 cup lemon juice
Boil water, sugar and corn syrup together for 5 minutes. Add lemon juice. Cool and freeze to a mush. Add beaten egg white and freeze until firm.

Real Estate Transfers

Emil A. Johnson et ux to Victor Herbert Johnson et ux, Lot 3 & W 1/2 of Lot 2, Blk. 2, Kingston.
C. J. Stickney et ux, to E. Eversen, 1.19 acres in Lot 21, Johnson Est. Add.
Sarah C. Martin to Myrtle R. Seater, 7 1/2 acres in Lot 31, Springhill Farm.
H. S. Porter et ux to H. Gills et ux, 29 acres in Secs. 1, 2, 11, and 12, T1S R2W.
Floyd C. Bierly et ux to Julius Wedekind, 8.67 acres in Sec. 12, T2S R2W.
Mrs. Rachel J. Kimball to Alfred Kimball, Lot 5, Blk. 9, Pattison & Moran's 1st Add., Hillsboro.
Verne Dystie et ux to Lizzie Kurath, Part of Sec. 18, T1N R1W.
Sophia Fisher et vis to Maria Briggs, Lot 7 Hazelbrook Farm.

Taxes Milk Public

Chicago—"Every time you or your children swallow a glass of milk, you have to swallow a tax," writes E. C. Forbes, noted economic expert, in a newspaper here. "There are 53 taxes on your loaf of bread; taxes of \$2.70 a year on your telephone, more than \$1 in taxes each month on your electric or gas meter."
Under the New Deal, more than 20 cents out of every dollar goes for federal taxes, direct or indirect.

SIMPLE MUSCULAR RHEUMATIC PAINS GET QUICK RELIEF

If you are one of the vast number of people who suffer torturing, stabbing, shooting, simple muscular rheumatic pains of arms, legs, shoulders and body, here is quick relief. Take just a few doses of Williams R.U.X. Compound. It must produce results or money back. Williams R.U.X. Compound is prepared from the prescription of a doctor who used it in private practice many years. Now this valuable relief is available to sufferers at a cost of only a few cents a day. Try a bottle under the money-back guarantee. Enjoy blessed relief as so many other sufferers say they have. On sale at Brown's Beaverton Pharmacy.—Paid adv.

Rice Waffles

1 cup cold cooked rice
1/2 tsp. salt
1 tbs. sugar
4 tps. melted butter
2 eggs
1 cup flour
2 tps. baking powder
1 cup milk
Sift dry ingredients. Add egg yolks, beaten with milk. Beat until smooth; add rice and melted butter. Fold in stiffly beaten egg whites; bake on hot waffle iron and serve at once. For children, who burn up energy, the waffles may be served with plenty of syrup rich in dextrose.

Date Mold

1 tbs. gelatin
1/4 cup cold water
1 1/2 cups hot coffee
1/4 cup sugar
1/4 tsp. vanilla
1/2 cup nuts, chopped
1/2 cup dates, sliced
1/2 cup cream, whipped
Soak gelatin in cold water for 5 minutes; dissolve gelatin and sugar in hot coffee. Cool until syrupy, fold in dates, nuts, vanilla, and cream. Mold. Chill. Unmold and serve with whipped cream.

Hearty Salad

1/2 cup cold boiled rice
1/2 cup cooked chicken, diced
1/2 cup string beans, cut
2 tps. green pepper, chopped
1/2 cup celery, diced
1/2 tsp. parsley, minced
2/3 cup mayonnaise
2/3 cup whipping cream
1 tbs. gelatin
2 tps. cold water
1/2 tsp. salt
Tomato Ice
Combine chicken, beans, rice, pepper, celery and parsley. Combine mayonnaise and whipped cream. Soften gelatin in cold water 5 minutes, then melt over hot water. Cool; add salt and combine all ingredients except tomato ice. Line refrigerator pan with waxed paper; pour layer of tomato ice (previously frozen to mushy state) into freezing tray. Then arrange layer of chicken salad and cover with another layer of tomato ice. Freeze.

Tomato Ice

Heat two cups tomato juice, let partially cool; add 1 tablespoon gelatin moistened in cold water. Then season with one teaspoon lemon juice, one teaspoon salt, one teaspoon Worcestershire sauce. Freeze. Cut in squares, and serve each portion in a nest of celery or curly endive.

SPRING GARDEN TIPS

Early planting of vegetable seed, especially in cool and moderately wet soil, sometimes results in seed rotting and a poor stand of plants. Such is often the case with spinach and pea seed—among the earliest to be planted. Commercial growers of these vegetables frequently prevent this by treating the seed with a dust of an organic mercury compound, such as same-san, or with copper oxide. A circular on treating pea seed is available from offices of all county agents.

Hotbeds in which young vegetable plants are growing rarely need to be closed down tightly except in cold weather or at night. Losses of plants caused by "damping-off" are frequently induced by the hotbed operator keeping too warm and humid atmosphere in the frame. Plants, even when young, need some air circulation but with no cold draughts. Good temperatures are 65 to 75 degrees F., with lower ones prevailing as the plants increase in size.

Amateur vegetable growers who operate hotbeds and grow early vegetable plants will succeed best if the seedlings in the seed rows are not allowed to become too large for transplanting. If seed is sown broadcast or at the rate of eight to the linear inch the plants will have become sufficiently crowded when they have three leaves at which time they are best shifted.

If there is not enough rhubarb in your garden for spring and summer harvesting and for forcing in the dark in the winter, plan to set out more plants this spring, obtaining divisions of vigorous plants several years old and planting the crown and root in a well fertilized hill. The finest rhubarb is forced rhubarb and to replace the hills dug up in November and December more plants are needed each spring. The O.S.C. Extension Service has two rhubarb circulars available.

National Debt Speeds Upward
Washington, D. C.—Durlag February the national debt, which stood at an all-time record high as the month began, increased at the rate of \$7,000 a minute, \$420,000 an hour, \$5,040,000 a day and \$1,830,000,000 a year.

WPA Mural Placed in Asylum for Insane

Chicago.—Works Progress Administration artists have just completed a mural 44 feet long and 6 feet wide, at a cost of almost \$2,000. Eighteen of the "hoodlum" painters were employed on the object of art, at salaries of \$94 a month.

When the mural was completed it was placed where it is hoped it will be of interest and diversion to hundreds of art lovers—in the state asylum for the insane at Elgin, Ill.

Democratic Party Official Gets \$50,000 in Salaries

Washington, D. C.—Walter J. Cummings, treasurer of the Democratic National committee, is being paid salaries and fees amounting to \$90,000 a year, all from semi-public offices to which he was appointed by Jesse Jones, chairman of the Reconstruction Finance corporation, it was reported here.

Cummings was formerly a Chicago manufacturer, but his business closed and is now in process of liquidation. When the New Deal came into power he was made executive assistant to the secretary of the treasury, and later chairman of the Federal Deposit Insurance corporation. In 1934 Jones named him chairman of the board of directors of the Continental Illinois National bank (into which the RFC has put \$50,000,000) at a salary of \$50,000 a year, later raised to \$75,000. Now Jones has named him as one of the three trustees of the Chicago, Milwaukee, St. Paul & Pacific railroad (which has benefited to the extent of \$11,499,462 of RFC money) at a salary of \$15,000. The total of \$90,000 is just \$15,000 more than the salary of the President of the United States.

First DuPont Exhibit

DALLAS, Texas.—For the first time in more than 100 years of existence, E. I. DuPont de Nemours & Co. will exhibit at a national exposition. Featuring the marvels of modern chemistry, The \$100,000 display will be housed in the Hall of Varied Industries when the Exposition opens June 6.

Texas Invites Nation

DALLAS, Texas.—Half a million postcards will go into the mail during the week beginning Jan. 12, addressed to out-of-staters by Dallas residents and inviting them here for the Texas Centennial opening June 6.

\$500,000 for Art

DALLAS, Texas.—Murals, friezes, bas reliefs, works of sculpture and other artistic touches costing more than half a million dollars are provided for in plans of the Texas Centennial Exposition.

CEDAR MILL

A group of 16 girls from the Cedar Mills district have organized a Girl Scout troop which is getting the whole-hearted support of a good committee and surrounding residents. Troop leaders are: Captain, Mrs. A. R. Pearson; Lieutenant, Miss Regina Swan; Serjeant, Doris West; and Treasurer, Wanda Mead.

Miss Blanche Eickworth, Washington county's new Home Demonstration Agent, held a meeting in the dining room of the Cedar Mills Grange hall, Tuesday, March 3, to discuss different types of yard goods. Mrs. Arthur Bauer led the singing and a pot luck lunch was served at noon. Anyone who is interested is invited to attend these

meetings, which are to be held on the first Tuesday of March, April and May, beginning at 10:30 a.m.

Arthur Schultz and James Walters spent Sunday fishing in the head waters of the Nehalem River at Keasay, Oregon.

Charles Walters, son of M. and Mrs. Sam Walters, has been confined to his bed with a serious case of influenza and the measles.

Saturday evening, March 14, there will be a "500" card party at the Cedar Mills grange hall. The proceeds from this year's parties are being used to install modern plumbing and improve the cook rooms of

the hall. Mrs. William Beck of Cottage Grove has been a visitor at the home of her daughter, Mrs. Charles West.

Mrs. Irvin Heinrich entertained March 10th in honor of her daughter's 10th birthday. Among those present were Virginia and Jean Cote, Georgia Wallace, Betty Lou Hill, Virginia Heinrich, and Vivian Eggers.

The Sewing club at Cedar Mills was entertained in Portland on Wednesday, March 11, at the home of Mrs. Bob Mathieson, a daughter of Mrs. Spring.



ALKA-SELTZER for

COLDS, Acid Indigestion, Headache, Neuralgia, Fatigue, Muscular, Rheumatic, Sciatic Pains and other disorders due to an over-acid condition of the body. The analgesic (acetyl-salicylate) relieves pain. The alkalis help to correct the cause of those pains due to Excess Acid.

Get Alka-Seltzer at your drug store in 5c and 6c packages for home use, or ask for a drink of Alka-Seltzer at the soda fountain.

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Greatly reduced winter coach and tourist roundtrips to eastern points... plus the privilege of including California on your trip... plus a new long return limit of six months. This is the travel bargain we have on sale daily until May 14th. Ask your local S. P. agent for fares and details, or write J.A. Ormandy, Gen. Pass. Agent, 705 Pacific Bldg., Portland, Oregon.

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the safest, most efficient ever developed

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