

MARY MARTHA SAYS "LIFE IS A GARDEN"

As I was working in my garden the other morning—in the very early cool of the day while the dew was still shining in the first rays of the sun—I thought that a life is so very like a garden, and that the things which are so essential to a good garden are also necessary to a fruitful life. This analogy intrigued my interest and as I thinned my lettuce and devastated the weeds about my sweet corn, I considered it from various angles.

Did you ever think of faith as being essential to planting a garden? Yet it is. If you did not have the faith that those tiny seeds would bring forth food, you would never take the trouble to plant them, and if you did not have faith that your actions in life would produce results, you would never exert yourself. And in planting a garden you do not sow lettuce seed and expect to raise tomatoes, nor in life should we sow the seeds of one quality and expect to produce fruit of a totally different variety. Do the seeds of hatred bring forth love, or the roots of intolerance produce the flowers of happiness? Oh, truly are our lives as the gardens, and we must plant them with care, and using only the finest of seeds, and how carefully must we weed from them the faults which so soon would smother out our virtues. Strange, isn't it, how rapidly the weeds spring up among the young plants, how greedily they absorb the moisture, how lush their growth, and in our lives, the weeds of selfishness, of hatred, of gossip—and that is such an ugly weed—how quickly they crowd their way into the rows of our good qualities.

Furthermore, we must feed the soil of our lives, our minds, even as we do that of our gardens. We must keep strong plant food for our thoughts to feed upon, must try new ways of living and new types of fruit-actions lest our life-gardens lose their vigorous growth. Always we must work, must cultivate, must plan for greater production, finer fruit, more perfect distribution, and we must never forget that beauty must have its place in our lives, even as it has in our gardens.

Did you ever think of your garden as being a beautiful place, or do you look upon it only as a place of labor? Look at it some morning when the sun is just touching it with color. See the clean rows of green, cool lettuce, the slender shoots of the onions, the graceful blades of young corn, the bloom of peas and beans, the red of half-hidden strawberries, the trailing melon vines—and the good clean earth. And some folks tuck a few flowers into their gardens—even as they do into their lives. Do you remember "The Garden Prayer" by Thomas Walsh?

A Garden Prayer

"That we are mortals and on earth must dwell
Thou knowest, Allah, and didst give us bread—
And remembering of our souls didst give us food of flowers—
Thy name be hallowed!"

I have a bed of pansies by the brick walk which leads to my garden, and a row of bright zinnias grows between the grass and my potatoes, while a clump of snapdragons are blooming near the early corn. A few plants, a bit of extra work, and such a wealth of color and beauty in return.

Then, O Mary-Martas, a garden and a life must each be loved to bring them to their finest development. If you plant a garden grudgingly and tend it with hatred, that fact will cry itself aloud to every passerby, and a life which is lived without love, and which knows not the joy of service, will be but a stunted, dust-dry waste. May I quote to you a poem by one of Oregon's most gifted young writers, Wilma Vermilyea:

"What is his soul
But a garden untended,
Neither from mole
Nor marauder defended;
Grown as it could,
And not as it would
Had the gardener loved it.

"When we meet him again
After he has grown older
And conquered his pain,
We will say to each other,
'This garden is good,'
It will be understood
How the gardener loved it."

Then last, because I hold it greatest, is the fact that lives and gardens both are a part of That which we call God. How can one plant a seed and watch it grow and doubt the Indwelling Life, or live and think and not realize that same Life as existent in all. As Browning says:

"God is behind all.
We find great things are made of little things,
And little things go lessening, till
at last
Comes God behind them."

Shall we, dear gardeners, who read these letters, work among the growing things and in our lives, planting loveliness, weeding out the ugly growths, giving food to our minds and our plants, working with joy and love. From my garden I send you greetings, with a wish to you for finer growth and a greater abundance of happiness.

My love to you.

"MARY-MARTHA"

DADSTORY

(Cont'd from Editorial Page)
he sold it very cheap. Byron had cleared a little of it and some Russians, by the name of Rhoda, had bought and settled on some tracts to the east lying north of the county line. Pete and Jo Rhoda each had an eighty, while a younger brother, I have forgotten his name, had a forty. These men began clearing up their land and these clearings had grown until from the new house, when we got it built, we could see the homes of several neighbors.

During the times when I was getting out the lumber for the new house, I believe it was the fall and winter of 1904-1905, I worked for a time in a camp belonging to some lumbermen who were putting a railroad to the west of us. I was coming home one Saturday evening when I noticed a big smoke to the east of our home. For a time I

What Vocation Shall My Boy Choose?

By A. B. Clemens,

Director, Mechanical Schools,
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Schools.

We live in a changing world. Opportunities for success in the future will differ from those in the past. A young man's wise choice of his life work may do much to determine success or failure. How shall he choose?

Ground Aviation

FOR every aviation pilot in the air there are four to six men on the ground who are necessary to keep the pilot aloft. These are the men who build the engines and planes, who check them and keep them in condition.

Through good years and bad, air mileage has steadily increased. What the limits of this progress will be no one can now foresee, but as progress continues there is certain to be a constant increase in the need for skilled men on the flying fields and in the factories where the planes and engines are constructed. Few lines of work seem to offer better opportunities to the young man starting on his career.

To be an aviation technician requires both experience and technical knowledge. License requirements and other government regulations have made it impossible for any but highly skilled men to succeed. These requirements, however, have broadened the opportunities for the young man willing to work, to study and to learn.

The most direct start toward success in this field would be getting a job as a helper or apprentice in a plant where planes or engines are built, or in a shop at a flying field. If this is impracticable, the young man can get a start toward the ultimate goal by obtaining a similar job in a shop where almost any type of high-speed internal combustion engine is built, assembled, or repaired.

The job itself, whether in aviation or a field allied to it, will supply valuable experience, while the necessary technical knowledge can be obtained through reading and study during spare time.

Mr. C. L. Hall and Mrs. Elizabeth Deal of Amarillo, Texas, and Mrs. Della Harriman of Walsenburg, Colo., are visiting friends in Beaverton for a couple of weeks. Mr. Hall formerly lived on Allen Avenue, and Mrs. Deal in the Berthold Addition. Mrs. Harriman is a sister-in-law of Mrs. Deal.

was afraid it was our home, but as I got closer I saw it was not our house, but one farther east.

Two little boys met death in that fire. The mother had left them in the house and gone to the barn to do some chores. Just what happened was never known but when they broke in, a little chap three years old had dragged his baby brother to the door, but it seemed he could not get out. The mother almost lost her mind from the shock of their death. If a neighbor came towards their home, after they rebuilt, she would hide until they left.

The Cook's Nook

"Gay Deceivers" Befriend the Bride
When She Is At Last "At Home"
When the roar of Niagara Falls has changed to the splashing of the kitchen faucet, when the shimmering satin wedding gown gives way to checkered gingham, when the new silverware reposes in the dishpan—then the bride is really "at home!"

But it is, no longer, a rude awakening. New methods, new mixes, new ingredients and new quick tricks with food have spoiled the favorite bride-cooking jokes of even the radio comedians. The new Mrs. may not have cooked before, but it doesn't take her long to learn.

Especially welcome to the beginning cook are the "gay deceivers" of cookery, those dishes that not only taste good enough for a groom, but look like "a lot of trouble" without being so at all!

There are, of course, other good friends in the world of grocer's items, but today we will talk of the good things even a beginner can make with bananas.

Glazed Bananas and Pineapple

3 bananas
Granulated sugar
3 slices pineapple, canned
Cut bananas and pineapple slices in halves. Arrange in a shallow baking dish and sprinkle with sugar. Bake in a moderate oven (375° F.) about ten minutes or until sugar is melted. Serve with meat. 6 servings.

Sunday Breakfast Special

1 egg
1 tsp. sugar
¼ cup milk
¼ tsp. salt
6 slices bread
4-6 bananas
Currant jelly
Beat egg slightly, add milk, sugar and salt. Dip slices of bread in this mixture and fry until golden brown in butter or in deep fat. Slice bananas and pile on each piece of fried bread. Dot with currant jelly and serve at once. 6 servings.

Easy Fruit Frosting

½ cup banana pulp (1 banana)
2-2½ cups confectioner's sugar
1 tsp. lemon juice
½ tsp. vanilla
Salt
Mash banana with silver fork and beat in sifted confectioner's sugar until the mixture is thick enough to spread. Add salt and flavoring. A delicious frosting for layer cakes and cup cakes, this recipe is also a perfect foundation for the "hard sauce" called for with fruit puddings, hot Pettys and the like. To make "hard" sauce add sugar to the desired consistency and pile the sauce in a dish to accompany pudding desserts.

Frozen Party Loaf

12 marshmallows
2 tbsps. pineapple juice
½ cup whipped cream
6 lady fingers
3 tbsps. crushed pineapple
2 bananas
Beat the pineapple juice and marshmallows until dissolved. Remove from fire and beat until cool. Add the whipped cream and beat again. Line automatic refrigerator tray with the lady fingers, then the crushed pineapple, then the beaten mixture. Freeze from 2 to 3 hours, until set. When frozen, remove to a plate, cover with whipped cream and garnish with slices of ripe banana. Serves 6.

Fruit Cup

2 large bananas
3 tbsps. lemon juice
1 No. 2 can mixed fruits, or 2 cups sliced fresh fruit
Peel and dice bananas. Drain off juice (if canned fruit is used), and cut fruit in small pieces and chill. 1 large can salmon

and add the drained fruit juice. Serve in fruit cups and garnish with red cherry. Use either as fruit cup or dessert. 6 servings.

"POEMEALS"

Just a can of salmon,
Salt and pepper, too,
Bread crumbs, butter, flour,
Milk—oh, that will do.
Nothing else is needed.
Not a cook should wail
For a tastier morsel
Than this depression dish.

Here it is:

1 large can salmon
1 teaspoon salt
½ tsp. pepper
1 cup buttered crumbs
3 tablespoons butter
1½ tablespoons flour
1½ cups milk
Salt and pepper
In a buttered casserole or baking dish put a layer of buttered crumbs, then a layer of one-half the fish broken into flakes with a fork. Salt and pepper to taste. Pour in one-half of white sauce made by adding flour to melted butter, then adding milk, one-third at a time, stirring to prevent lumping. Repeat and put a layer of buttered crumbs on top. Bake in a moderate oven until brown. You will find this the most delicious salmon loaf you ever tasted.

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Better Ways to Light Up for Bridge and Other Games



When the so-called "bridge lamp" is used to light a game of bridge, as above, its nature and purpose have been misunderstood. At right is shown a correct type of lamp for the purpose.

By Jean Prentice

MISPLAYED hands, sharp words exchanged across the bridge table—these are frequent indications that the "bridge lamp" has been misnamed. So-called because its extension arm holding the shade and bulb has been built on the principle of the cantilever bridge, the bridge lamp was really designed as a reading lamp, and not to play bridge by, at all.

General Illumination Needed

When this lamp is used to illuminate a bridge table, we invariably find a result like that shown in the illustration at upper left. Because of its narrow circle of light, this

lamp can properly illuminate only two of the hands of cards. In order to provide light for the other side of the table, the shade has been tilted, causing discomfort and glare all around.

Double-Purpose Lamps Available

For adequate lighting of a bridge game, either the indirect torchere, as shown, or one of the indirect floor lamps containing a white glass bowl within the shade, may be used. The latter, which forms a good reading lamp, gives both totally indirect and semi-indirect light. Thus, it is a double-purpose lamp, and comes in a wide variety of styles and designs suitable for any decorative scheme.

The indirect torchere is well-nigh ideal for the game room or recrea-

tion room, besides doing its turn in the living room when a moderate amount of glareless light is desired. Many of these torcheres come equipped with the new three-light bulbs, by which any of three different amounts of light may be had at the mere turn of a switch.

Make-Shift Lighting Inexcusable

Make-shift lighting is no longer necessary or excusable, any more than is make-shift furniture. The well-kept home of today makes just as careful provision for the various lighting requirements of family and guests as it does for any other phase of living. Guests nowadays expect good, comfortable lighting, and the thoughtful hostess always endeavors to provide it, especially for games.

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