

MARY MARTHA SAYS "SHARE THY BLESSINGS"

Dear Ones who read:

The other day a friend said, concerning some help she had given a needy person, "I do so wish I could give more, but I have so little to share." You have heard that expression many times, yet few untrue it is, in its assertion of lack. We speak and think of "giving" as belonging only to the sharing of material things—clothes, or money, or food, or oddly enough, that non-existent thing we call "time", and yet we hold in our possession wonderful things which we may give, and strange as it may seem, our store of treasure never lessens, but rather does it increase as we deal it out with lavish hands.

We do not need the coin of the realm to give gifts. Leave that to him who has only gold to give. As was once said: "Any rich man can feed the bodies of the poor, but only he who has gained wisdom can feed their souls", and I say further that if you give love, give thoughts of peace and encouragement, give hope and new aspirations to the disheartened and soothe for one moment the weary restlessness of a burdened mind and heart, then have you given a greater gift than he who gives only material things.

Another woman once said, to one who had gained wisdom, that she could give so little. He smiled as he answered: "As you pass a house ask God to give peace to those who dwell therein; as you move along a crowded street, send forth thoughts of peace and love, and doubt not for one moment that they will find a resting place in some weary heart." A gift need not be a thing which can be held in the hands. The Master Jesus left no material thing to the world, yet when He said "My peace I give unto you", he gave a gift which still brings comfort to weary souls and aching hearts.

Then, O Mary-Marthas, a strange thing about this giving is that if we do not give—whether it be money or love or joy—we soon cease to have. That is a law, un-failing in its application. If you give not of your material possessions, you become a miser—and no miser possesses his wealth. The money possesses him; if you give not love, you know hard and cold and the love of others passes you by; if you do not pour forth joy with open hands, then life grows grey and still about you and you

dwell alone in a sad land. As Emerson says: "Beware of too much good staying in your hand. It will fast corrupt and worm worms. Pay it away quickly in some sort." Give, give joyously, lavishly of your love, your thoughts for peace and hope, give a rose from your garden, a cheery greeting to a passing way-farer, a word of comfort to the anxious ones, a message of hope and faith to those whose brows are lined with care. Think of yourself as a channel through which gifts flow from some un-failing Source; realize that unless you keep this channel open, if you fail to allow the good to flow freely to all who need, then will the supply cease to come, the waters will be held in a stagnant pool and the green scum of selfishness will shut it from the Light.

Furthermore, my dears, remember this: As you give gladly, so also must you receive gladly. Accept the love and friendships which come your way, refuse not the happiness given you but add it to your store and share it with others, accept each good gift which comes and be joyously grateful. Learn, also, to express gratitude for that which you have, send forth to the Sun a thanksgiving for the warmth and the life he radiates upon our world, as you remove a faded bunch of flowers or cut from a bush a withered rose, give a whispered word of appreciation for their gift of beauty, give thanks for needed rain and the growing life about you and the good gifts of the soil. Too many lips say "God be pitiful", who never said, "God be praised."

But, in this sharing, remember to give out only that which is good, for it is true that evil gifts may also be given. If you send forth gifts of hatred, of resentments, of intolerance, of cruel words and unkind thoughts, think not for one moment that they will not return unto you a hundred-fold, even as a good gift would. The law works just as surely in the one case as in the other, and as gratitude and love open the channel for the receiving of good, so does ingratitude and hatred close the gateway and lead to lack and bitterness.

Do you remember the old hymn, "Count your many blessings"? I think most of us do. Let us then, O sister thinkers, count the many things we possess which we can share; let us unseal the choked channels of our hearts and pour forth joy and happiness, radiate understanding, offer love and friendship, and let us not forget to receive as joyously, as gratefully, the good which will come to us.

This week I am sending you Grace Noll Crowell's lovely poem, "Because of Thy Great Bounty", which I know you will enjoy.

Because of Thy Great Bounty
Grace Noll Crowell
Because I have been given much,
I, too, shall give;
Because of Thy great bounty, Lord,
Each day I live
I shall divide my gifts from Thee
With every brother that I see
Who has the need of help from me.

Because I have been sheltered, fed,
By thy good care,
I cannot see another's lack
And I not share
My glowing fire, my loaf of bread,
My roof's shelter overhead,
That he, too, may be comforted.

Because love has been lavished so
Upon me, Lord,
A wealth I know that was not meant
For me to hoard,
I shall give love to those in need,
The cold and hungry clothe and feed,
Thus shall I show my thanks
Indeed.

Dear friends unseen, I thank you for the letters which have come to me. It makes me very happy to know that so many of you find something in my writings which fills your need, and I want you to know that your words of appreciation add to my joy in the work I do.

Lovingly yours,
"MARY-MARTHA"

LOCAL NEWS

Elmer Harnden, son-in-law of Mr. and Mrs. L. D. Shellenberger, was a member of the graduating class of the North Pacific Dental College. Mr. Harnden graduated from the Pharmacy department. The commencement exercises were held at the White Temple in Portland, Tuesday evening.

Manson Bennett, son of Mr. and Mrs. O. E. Bennett of Beaverton, Rt. 2, who is a graduate of Beaverton High school and the U. of O., is working with the firm of Brookman and Ooty, Architects and Designers, who designed the model house in the National Housing Show held in Portland last week. Manson drew the perspectives for the house.

Mr. and Mrs. J. W. Sprague returned Saturday from a week's visit with Dr. and Mrs. Boyd Sprague at Condon. They were accompanied home by Dr. and Mrs. Rob't Wood of Milton. Dr. Wood returned Sunday, and Mrs. Wood remained to be with her mother, Mrs. Olmstead, who is recovering from injuries received in an auto accident.



Rice in All Colors of Rainbow
Is Taking Our Tables By Storm
Want to serve something new, something to make your guests sit up and take notice? Here it is; Colored Rice!

Rice in lovely delicate colors is the latest idea to hit our tables—a bright idea it is too! Your guests will think they are looking at the world through rose-colored glasses when you serve pink rice. You can make pale green or gold or lavender rice to match your chosen color scheme. And remember the "Mary Jane" of the Milne stories, who wouldn't eat her rice pudding? Try the children on "fairy-tinted" rice and watch it go down!

Of course nothing is better than the plain snowy-white rice for most purposes, for it blends with the taste, texture and color of other foods. But the colored rice is smart and fashionable for parties and special occasions—for pre-nuptial parties, receptions, etc. The kernels of our own Southern-grown rice take on the loveliest shades in the rainbow with no trouble at all!

Coloring Rice

To have colored rice, you do not buy it that way, but tint it yourself, to suit yourself! You simply add a few drops of vegetable or fruit coloring right to the water in which the rice is boiled and of course, "fluff" or steam your rice afterwards, to have big puffy grains. Don't use too much coloring—allow about six to ten drops to two quarts of boiling water and 3 teaspoons salt for boiling 1 cup of rice. Boil until grains are tender, then steam (covered with a cloth) over hot water until grains swell.

Party-Suggestions for Tinted Rice

Rings of colored rice are festive; press the boiled rice into a ring mold, or arrange in tablespoonful on a platter. Fill center with fruit or creamed fowl or seafood. Use tinted rice for salads, or for frozen desserts. Some suggestions:

Green rice ring with fresh strawberries and whipped cream; lavender rice ring with creamed chicken; yellow rice ring filled with creamed tuna or salmon and green peppers; pink rice ring filled with sliced bananas, dates, maraschino cherries and pineapple cubes.

Banana Bavarian (With Pink Rice)

1 cup cooked rice, tinted pink
1 tsp. gelatin
1/2 cup cold water
1 cup cream
1 tsp. vanilla
1/4 cup sugar
2 ripe bananas
1/4 tsp. salt
Pour cold water in bowl, and sprinkle gelatin on top of water. Place bowl in boiling water and stir

until dissolved. Add to hot cooked rice, (which has been tinted pink), sugar, salt and vanilla. Beat well and cool. When mixture begins to thicken whip in bananas which have been mashed to a pulp with a silver fork. Mix well and fold in cream, whipped, and turn into mold that has been rinsed with cold water or pile in serving glasses. Chill. When firm, unmold and garnish with additional ripe bananas, sliced. 6 servings.

Cold Chateaufe of Rice and Veal (With Golden Rice)

2 cups uncooked rice
1 1/2 lbs. veal knuckle
1 carrot
1/2 onion
1 tsp. salt
1/2 tsp. pepper
2 tps. gelatin
1 stalk celery

Wash rice thoroughly. Cook in boiling salted water which has been tinted a golden yellow with fruit or vegetable coloring. Dry out and chill. Cut meat into small pieces and cook slowly in enough water to cover. Add seasonings and carrot, sliced. (Long cooking should result in jellied mass when poured into a mold and chilled.) Time may be saved by adding, when veal is done, two teaspoons of gelatin, moistened in a little cold water. Stir until gelatin dissolves. Mold in quart bowl or fancy mold lined with cooked, golden-tinted rice. Chill. Turn out on platter.

Molded Date Parfait (With Pale Orange Rice)

2 cups hot boiled rice
2 tps. gelatin
1 1/2 cups milk
1 cup cream
1 cup sugar
1 tsp. salt
1/2 pkg. dates, sliced
1 tsp. vanilla

Soak gelatin in milk until dissolved. Add to hot rice (which has been tinted pale orange) and add sugar. Let cool. When mixture begins to stiffen, stir in dates (sliced) and vanilla. Fold in cream, which has been beaten until stiff. Pour into wet mold, pack in ice and salt for several hours, or freeze in mechanical refrigerator. Serve as ice cream, cut in slices.

Polk To Try Katahdin Spuds

Dallas—Trial plantings of Katahdin potatoes, a new federally developed variety which has become popular in parts of the Willamette valley in the last year or two, will be made by several Polk county farmers this year, County Agent J. R. Beck reports. Cornelius Buhler will plant 250 pounds, Emil Stevens 100 pounds, and Martin Van Groos 200 pounds if sufficient seed can be obtained. Mr. Beck says.

FINDS RELIEF IN 4-PURPOSE TREATMENT

MRS. KOPP, OF OTTUMWA, IOWA TELLS OF REMARKABLE RELIEF 4-PURPOSE TREATMENT GAVE HER

Stomach sufferers will be interested in the following statement of Mrs. Mary Kopp, Ottumwa, Iowa: "I have suffered for years with heartburn and sour stomach; was much distressed; everything I ate disagreed with me; could get no relief until I tried Williams S.L.K. Formula. One bottle has done wonders and has given me great relief. It is expressing it mildly to say I am well pleased and can recommend S.L.K. to all who suffer as I have."

So it goes. Thousands praise this wonderful prescription for relief of disorders of stomach, liver, and kidneys, and faulty elimination, which cover dyspepsia, sour or gassy stomach, constipation, sick headache, neuritis, neuralgia, lame back, rheumatic pain, general weakness, and loss of vitality.

If you suffer, don't wait. Make the test for yourself and see what wonderful results it produces. Get your bottle of Williams S.L.K. Formula at the Brown's Beaverton Pharmacy. Satisfaction guaranteed or your money refunded. 2-adv

ARE YOU RHEUMATIC?

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In The WEEK'S NEWS CURRENT EVENTS PHOTOGRAPHED FOR THE REVIEW



QUEBEC CELEBRATES in summer of festivals and historical pageants commemorating King George V's silver jubilee and anniversary of Jacques Cartier's second voyage and arrival at Hochelaga, now modern Montreal. Above, French Canadian mademoiselles ready for celebrations in attire of their 17th century ancestors.

NO SHOES, NO SCHOOL—"There, Mr. Truant Officer, that's why we can't go to school." The children of George A. Burgees, of Newark, N. J., an unemployed salesman, show plausible reasons for their absence. Shoes have been ordered by the ERA Inspector.

GOOD STYLE—Gertrude Michael demonstrating how the well dressed girl should be undressed in a bathing suit—a one-piece swimming suit in all-white jersey.

LARGEST SHIP—The Normandie will arrive in America next month. She has 160,000 horsepower turbo-electric motors—and they are lubricated by Socony-Vacuum, which recently announced a new kind of Mobil oil for motorists.



STRANGEST ANIMAL—The Aard Vark or Earth Pig, termed the world's strangest animal, is now in the New York Zoo. It feeds on ants and termites.



DISABLED VETERANS from hospitals near Washington were guests of the President and Mrs. Roosevelt recently. Photo shows the President and Mrs. Roosevelt receiving their guests on the White House Lawn.

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