

MARY-MARTHA SAYS: "THINK FRIENDSHIP"

You may be able to win one of the valuable prizes offered for a suitable name for this department. Here are the prizes:

A fountain pen and pencil set offered by Dean's Drug store;

An electric desk lamp offered by Beaverton Electric;

A beautiful crystal necklace offered by Wilson's Jewelry store;

A bottle of Coty's expensive perfume offered by Brown's Beaverton Drug store;

A beautiful aluminum percolator offered by Richer's Hardware and Furniture Store;

A box containing a Lynn-Farker toletry ensemble offered by Martin's drugstore;

A four-piece set of Wear-Ever aluminum cake pans offered by Halsten's Hardware.

Any of these articles may be inspected at the places offering them. They are all valuable and are being donated by the different stores for the purpose of getting a suitable name for this department.

The name suggested must be submitted along with a letter or about fifty words telling why you think it a good name for the department.

All entries must reach the Review before eight o'clock on the morning of May 18. Competent and impartial judges have been selected who will render their verdict entirely on the merits of the contributions submitted.

No contributions can be returned and the ones winning one of the prizes will become the property of The Review.

The winners will be selected partly because of the suitability of the name suggested for the department and partly because of the excellence of the letter telling why the name is suitable for the purpose.

The thought is what we want, not flowery language or four-syllable words. The only ones barred from the contest are employees of The Review.

Dear busy ones:

This letter comes to you from far in the Cascades. After following a narrow trail which led through green forests where the rhododendrons are promising a glory of bloom, I came to a small island lying in the curve of a swift river. My bridge to this green seclusion was a giant fir which lay prone spanning the narrow river-cut gorge, and I am writing to you while the sunshine lies warm

about me on the moss and the breeze brings me the honey-odor of the new-leaved trees, and the pulsing vibrant water-music of the singing river.

It is well for us, who are busy Martians, sometimes to break through our daily routine, slip away for a few hours, and get acquainted with ourselves. We need not seek out the heart of a mountain range to find seclusion; it can be found nearer home, if we cannot go so far, but when we do find a quiet spot and look deep into our minds, we often are much surprised at the interesting things we discover. Most of us underestimate our real selves, give our own thoughts, our own reflections, too little consideration. As Emerson so truly says: "A man should learn to detect and watch that gleam of light which flashes across his mind from within more than the lustre of the firmament of stars and moons. Yet he dismisses without notice his thought because it is his."

I wonder, if you have ever considered how wonderful are your thoughts in their creative power. Did you ever realize, O Mary-Marttha, that everything in existence was first a thought? One of the wisest and most ancient books speaks of "That which thought the world", and so do we, by our own thoughts, create in our small way the world of our own environment. By our thoughts, and their resulting actions, we build beauty or ugliness, love or hatred, friendship or enmity. Remember always, dear sister-workers, that the thoughts which you hold in your mind, as your hands perform their accustomed tasks, will be manifest in your life. If you think hatred and intolerance, "it will follow as the night the day" that hatred and misunderstanding will be your portion, and if you think love and friendship, if you dwell upon the good which lies in the hearts and lives of those about you instead of the ugliness which you may chance to see, then will love and friendship come to your dwelling-place and vibrations of peace and happiness will enfold all who enter therein.

We are only just beginning to understand the power of something we have been using as carelessly as a child plays with an explosive. In rereading Frances Hodgson Burnett's very lovely children's book, "The Secret Garden", I came across this paragraph: "One of the new things people began finding out in the last century was that thoughts—just mere thoughts—were as powerful as electric batteries—as good for one as sunlight is, or as good for one as poison. To let a sad thought or a bad one get

into your mind is as dangerous as letting a scarlet fever germ get into your body. If you let it stay there after it has got in you may never get it out as long as you live."

O, my dears, we hold within our minds a genie lamp; let us learn to use its magic with wisdom, with understanding. Dean Inge says: "Our soul is dyed the color of its leisure thoughts", and an author whose name I have forgotten, writes thus:

"You never can tell what your thoughts will do. In bringing you hate or love, For thoughts are things, and their airy wings

Are swift as a carrier dove; They follow the law of the universe: Each thing must create its kind, And they speed o'er the track to bring you back

Whatever went out from your mind."

In this way of strange unrest, this time of difficulty and insecurity, it is not easy to control our thoughts, to keep them always constructive, courageous, hopeful, yet it can be done, and, know this, ye-who-read, that each who holds her thoughts serene, firm with unswerving faith, seeing always the good which comes forth from the thrashing-floor of life, knowing that behind this apparent chaos is One Who understands and guides and loves, such a thinker forms a about her a far-reaching vibration of encouragement, of vitalizing power for constructive effort, a force which overrides weakness and fear and destructive worry, and will help to bring our troubled world into ways of peace.

Guard well thy thoughts, O Mary-Marttha, for they are the hidden power which moulds the destiny of yourself, your loved ones, all those with whom you come in contact, an ever widening circle for good or evil. Thrust away from your mind all thoughts which tend toward fear or worry, toward evil or hatred, or unjust criticism and replace them with thoughts of peace, love, encouragement and joy, for

"Where you tend a rose, my lad, A thistle cannot grow"

and we need roses—the world is already too full of the thistles brought into being by those who created in blindness and folly.

Across the mountains and green valleys my thoughts go forth to you with love and understanding. Some of you have already written to me, some have sent me bits of verse, which I shall use as this space permits, and your letters have made me very happy. I do thank you and my thoughts bear happiness to you.

Lovingly yours,
"MARY-MARTHA"



Hostesses Wise "Caramelize"—

For Everybody Cares For Caramel:

Caramel, butterscotch and brown sugar are all members of the same flavor family, and all as popular as a new sweepstakes winner! To the particular and finicky, there are slight differences in the flavors of each, but most of us accept them all with the same glad smile!

The aforesaid "glad smile" probably reveals a sweet tooth, because caramel flavor comes in such good sweet things—candy, dessert, cakes, pies, puddings, ice cream, cookies, sauce! Possibly next to chocolate, caramel is the most universally liked flavor.

On "caramel" you will be sure to find some differences of opinion on pronunciation. Some will pronounce it as if it were "karmul"; some will put the accent on the first syllable, others on the last. Many say it should sound like "care-a-mel" with the accent on "care". But you won't "care" how you say it as long as you may taste!

Grandmother used to get out the old iron spider and carefully "burn" the sugar (in holy fear of scorching all the while) when she wanted to caramelize anything. Remember the pungent fragrance upstairs and down? We seldom do that any more, but depend upon our way with ingredients, upon flavorings, and brown sugar to give us the desired effect.

That the "desired effect" is all you can wish is expertly demonstrated in the following recipes. When you try them, note how this butterscotch-caramel-burnt sugar flavor combines with the elected ingredients.

Banana Marshmallow Caramel

1/2 cup sugar
2 cups scalded milk
2 tbsps. flour
2 egg yolks
1/2 tsp. vanilla
3 to 4 sliced bananas
12 to 20 marshmallows

Put sugar in frying pan, and stir, constantly over a low fire until melted. Add this (caramel) to scalded milk, stir until dissolved, then add to flour mixed with beaten egg yolks, and place in double boiler. Cook about ten minutes, stirring constantly until mixture thickens. Add vanilla and pour over sliced bananas in baking dish. Cover with whipped cream, marshmallows or meringue, and brown in moderate oven (375° F.).

Butterscotch Rice Pudding

1/3 cup uncooked rice
1/2 cup cold water
3 cups milk
2 tbsps. butter
1 cup brown sugar
1 tsp. salt
1/4 tsp. gelatin

Wash rice and cook until nearly tender in a double boiler with two cups milk scalded, and salt. Meanwhile cook together in a shallow pan brown sugar and butter until it becomes very dark brown but not burnt. Add this to the rice and milk and finish cooking until rice is tender and caramel melted. Pour cold water in bowl, sprinkle gelatin on top of water, add one cup hot milk and stir until dissolved. Add gelatin to hot rice mixture and

NOT FOR SALE

With one stroke sweep from off the whole earth all that we call civilization: cities, villages, schools, hospitals, railroads, factories; sweep it all out. Then fill the earth with tribes that are fierce, and cruel; killers all. And what have you left?

You still have left the Unchanging One, the Lord Jesus Christ, "the same yesterday, today and forever." He can never die nor be swept out. Now as on the day of Pentecost, give Him again the one hundred and twenty who were utterly yielded to Him and into whom He breathed His living self. And as He commanded that other band, now let Him command these—"Go ye therefore and teach all nations . . . and lo I am with you always."

See them go forth; see the converts come; see the institutions and constitutions and civilizations spring up; see the hills clap their hands and the mountains break forth into singing.

What are we saying? Just this—that Christianity is not a set of rules that men must keep. It is not climbing a ladder of good deeds up to heaven; it is not something you get by first being good and that you keep by being good afterward. Then what is the Christian life? It is a life that comes to you from the outside in; an imparted life, even Jesus Christ Himself imparted to you and living within your human body with you. And changing you from glory to glory.

It is by a new birth; only sinful men ever get it; Christ came into the world to save sinners; "By grace are you saved;" . . . "By the grace of God I am what I am"—the Apostle Paul.

George N. Taylor, Beaverton, Oregon.

turn into mold that has been rinsed in cold water and chill. When firm, unmold and serve plain or with whipped cream or a fruit sauce. 6 servings.

A "Trifle Square"

1/2 cup sugar
1/2 cup brown sugar
2 tbsps. white corn syrup
Vanilla ice cream
1/2 tsp. vanilla
1/2 cup cold water
1 1/2 tbsps. butter
1/2 cup nuts

Cook white and brown sugar, syrup, and cold water together until a little dropped in cold water becomes brittle. Remove from fire, beat in butter, hot water and vanilla. Make a "sandwich" of sponge cake and ice cream, top with hot sauce and pecans.

Coffee Ground Caramels

4 tbsps. ground coffee
4 tbsps. boiling water
1/2 cup evaporated milk
4 tbsps. butter
1 cup white corn syrup
Few grains salt
1 cup sugar
1 tsp. vanilla

Pour water over coffee; add milk and scald in a double boiler for 5 minutes. Strain through double cheese cloth and measure. (There should be 1 cup.) Boil sugar, corn syrup and salt together to make a very thick syrup (245° F.). Add coffee mixture so slowly that boiling does not stop; add butter in small bits. Cook quickly, stirring constantly, until syrup forms a soft ball when tried in cold water (242° F.). Add flavoring and pour at once into shallow lightly oiled pans. Cool. Mark in squares while warm. Cut in pieces the next day.

Fruit Caramel Cookies

2 cups flour
1/4 tsp. salt
2 tbsps. baking powder
1 egg
1/2 cup nut meats
1/2 cup shortening
2/3 cup brown sugar
2 tbsps. milk

FINDS RELIEF IN 4-PURPOSE TREATMENT

MRS. KOPP, OF OTTUMWA, IOWA TELLS OF REMARKABLE RELIEF 4-PURPOSE TREATMENT GAVE HER

Stomach sufferers will be interested in the following statement of Mrs. Mary Kopp, Ottumwa, Iowa: "I have suffered for years with heartburn and sour stomach; was much distressed; everything I ate disagreed with me; could get no relief until I tried Williams S.L.K. Formula. One bottle has done wonders and has given me great relief. It is expressing it mildly to say I am well pleased and can recommend S.L.K. to all who suffer as I have."

So it goes. Thousands praise this wonderful prescription for relief of disorders of stomach, liver, and kidneys, and faulty elimination, which cover dyspepsia, sour or gassy stomach, constipation, sick headache, neuritis, neuralgia, lame back, rheumatic pain, general weakness, and loss of vitality.

If you suffer, don't wait. Make the test for yourself and see what wonderful results it produces. Get your bottle of Williams S.L.K. Formula at the Brown's Beaverton Pharmacy. Satisfaction guaranteed or your money refunded. — 2-adv



A FREE TICKET through CALIFORNIA on low summer roundtrips EAST

A free ticket through California! That, in effect, is what Southern Pacific gives you on a summer roundtrip East. This means you can visit California on your way to or from the East for not a single cent more fare than the lowest roundtrip direct East and back. This applies from most western Oregon and Washington points to almost any eastern destination. Stop over in San Francisco, Los Angeles, or anywhere along the line. Return by a northern U.S. or Canadian line. Or go by the North, return through California! Low summer fares are in effect May 15 to October 15. Return limit October 31.

AIR-CONDITIONED TRAINS! This summer our 5 leading trains will be air-conditioned completely. No matter what type of accommodation you choose you'll have cool, clean, fresh air and quiet all the way.

Here are two summer roundtrip examples. Similar low fares everywhere.

Roundtrip:	Coach	Tourist	Standard
CHICAGO	\$57.35	\$68.80	\$85.00
NEW YORK	\$95.75	\$107.20	\$124.40

*45 day return limit. October 31 limit slightly higher.

Coach fares good in coaches and chair cars. Tourist fares good in Tourist Pullmans (plus berth). Standard fares good in all types of accommodations (plus Pullman charges).

Southern Pacific

For details, see your local S.P. agent or write J.A. Ormandy, General Passenger Agent, 705 Pacific Building, Portland, Ore.

In The WEEK'S NEWS

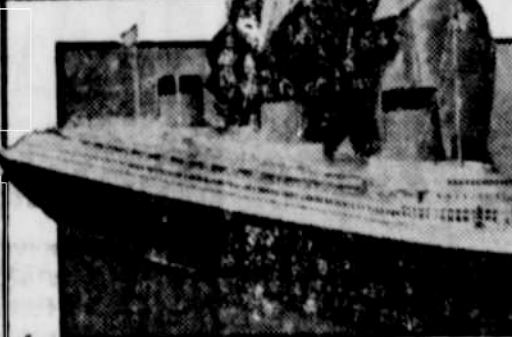
CURRENT EVENTS PHOTOGRAPHED FOR
THE REVIEW



\$500,000 FIRE—Brooklyn, N. Y., firefighters battled a water-front warehouse fire for three days before overcoming it. During the battle more than 200 firemen were injured.

INSPECTS SAFETY FEATURE—Col. Harold Fowler, first deputy police commissioner of New York City (left), inspects the Fisher Body "turret top" on a new 1935 Pontiac sedan at General Motors' spring show in Manhattan. H. H. Grothman, show official, points out the safety of the solid steel top.

ATTRACTIVE SPRING FROCK—One of the new Spring prints—maize colored poppies with deep red centers on a leaf-green background—fashions a delightful street frock worn by Kay Sutton, picture star. Shirting, the newest note this season, is used on the bodice.



BACKS BONUS BILL—James E. Van Zandt, Commander-in-Chief, Veterans of Foreign Wars, backs the Patman Bonus Bill in testimony before the Senate Finance Committee hearing.

NEW QUEEN OF THE SEA—The Normandie, largest ship in the world, has been selected to carry twenty winners in a Palmolive letter writing contest on a free trip to Europe. At left, a model of the Normandie with Francia White and Eunice Howard, radio singers.



DEFENDS ADVERTISING—Anna Steese Richardson, associate editor of The Woman's Home Companion, has just returned from a nationwide tour where she has lectured before thousands of women on "Honesty in Advertising." Attacks upon the small fraction of dishonest advertisers, she says, should not be allowed to injure those who have maintained a high ethical standard in print.



TRAIL BLAZER—The Pan American Airways Clipper blazed the trail for commercial flights to Hawaii in its epochal round-trip to America's island possession. It was the first non-stop round-trip between the mainland and Hawaii.