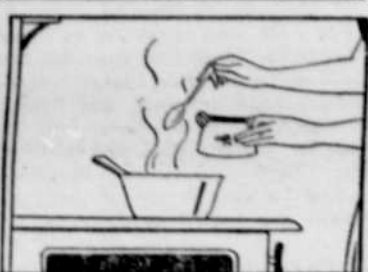


Pam's Recipes

By LIA LANE



For an inexpensive but delicious main luncheon dish, Pam says there really isn't anything that can beat onion tarts prepared the way they prepare them in France. First she slices thin four large onions.



She puts them in a quart of cold salted water and brings them quickly to a boil. French cooks use a little sugar to point up the flavor of the vegetables; so she adds an even teaspoonful.



When the onions have cooked a few minutes she drains them, adds them to a quarter pound of butter melted in a saucepan, cooks them until lightly browned, and then adds three slices of lightly cooked bacon cut into small pieces.



Finally, she adds three eggs beaten lightly with four tablespoons of cream, fills tart shells with the mixture, pours melted butter over them, and bakes until set. Her guests, Pam says, always ask her if she has a French chef hidden in the kitchen.

American Women Ban Foreign Plan Of Washing All Clothes Together



It is difficult to believe, but throughout the world, excepting in America, towns use rivers, ponds and even canals as community "wash-tubs." In Italy, for instance, it is not at all unusual to see fifty to one hundred housewives gathered at a river's edge, or at a public pool, soaping garments and rinsing the possessions of the various families together. The gatherings take on a festive nature as the women chatter over doing the week's laundry in the common water supply which nature has furnished. The practice is repeated in France, and in various other sections of the globe.



The canals of Holland, picturesque though they may be, also are put to practical use by housewives who think nothing of washing the family linens and garments elbow-to-elbow with their neighbors. Even the semi-savage natives of Africa, in cases where they have adopted the civilized practice of clothes-washing, make it an occasion for sociability by joining their fellow villagers at the water's edge.

Beauty and Brawn



JANE FAUNTZ

Jane Fauntz, of Chicago, who finished third in the Olympic diving finals after winning first place in some of the most difficult dives, won beauty honors too among beautiful athletes from all over the world. Mrs. Lillian Winter Reilly, swimming director at the Illinois Women's Athletic Club, who coached Jane Fauntz, tells the simple training secrets that produced this combination of beauty and brawn.

"A diver must have strength, poise, grace and perfect muscle coordination," she says. "Hard consistent work, balanced by plenty of sleep, is essential. Diet, too, may make or mar an athlete. While there are diet faddists among coaches, a balanced diet including proteins, starches, minerals and sugars, is the formula of most of these super-people of the stadium and swimming pool. I follow this rule and mark fruits and vegetables 'must' on the diet list."

"Candy was once a moot point among trainers. It is primarily an energy food and I include it in the diet of athletes, stipulating that it be used with meals, just as I have always included it in the diet of my nine-year-old child."

"Jane's measurements are practically perfect. She is five feet seven inches tall and weighs 124 pounds. 'Stream lines' are the ideal proportions for a swimmer or diver and may be achieved by proper training. For reducing, I cut down on the intake of all foods, retaining a balanced diet. Sweets are reduced in proportion with other foods, only the very starchy foods such as potatoes and white bread being banned."

Work has started on the Wallace school north of Hillsboro.

The water mains at Scio were repaired recently.

LOCAL HAPPENINGS

Roda Gottlieb of Hillsboro spent Wednesday visiting with Ethel Kilander.

Miss Alice Bloom of Portland is visiting for several days with Mrs. M. C. McKercher.

Maryals and Dolores Tuttle visited this week with relatives and friends in Portland.

A. M. Janssen returned Wednesday from a three days business trip to Bellingham, Wash.

Mr. and Mrs. Elmer Cook of Portland were guests at the S. B. Lawrence home Sunday.

Mr. and Mrs. J. E. Davis of Omaha are vacationing at Ocean-side. They have with them four of their nieces from Portland.

Mrs. Louise J. Carter and Genevieve were Sunday dinner guests at the E. T. Faltling home in Portland.

Mr. and Mrs. W. H. Boswell and family returned Wednesday from their vacation in the mountains above Gales City.

Mrs. Ruby W. Boyd, Mrs. Frances Donaldson, Mr. and Mrs. J. D. Wilmot attended the Pioneer picnic at Champeog on Sunday.

Mr. and Mrs. W. R. Vankleek and daughter Kathryn and the Erwin Wills family of Kinton spent Sunday at "Shady Acres" on the Clackamas River.

Mr. and Mrs. T. J. Jones of Portland and Mr. and Mrs. Otto Erickson were dinner guests Monday evening at the Guy McCormick home in Garden Home.

Mr. and Mrs. Robert Peterson and daughters Ariene and Carolyn of Raleigh spent last week at Otter Rock. They enjoyed considerable time deep-sea fishing.

Sunday evening dinner guests at the M. C. McKercher home were Mrs. Opal Sutton, Miss June Dammann, James Moore and Melvin Gorman all of Cathlamet, Wash.

The Daughters of Union Veterans of the Civil War, Tent No. 18, met at the home of Mrs. Lulu P. Kelly last Monday afternoon. After the meeting Mrs. Kelly served coffee and cake.

Mrs. A. P. Christianson on the Canyon Road motored to Crater Lake last week with California friends. They went by way of Wapinita Cut-off and returned through the McKenzie Pass.

Mr. Leslie Spencer received a cablegram from England bearing the sad news of the death of his mother. Mrs. Smith has many friends in Beaverton who are saddened by her passing.

A number of the Congregational young people met with similar groups from the Portland Congregational churches at Roamer's Rest Monday evening for a get together frolic and picnic supper.

Mrs. Pearl Lingo of Los Angeles is visiting for two weeks with her parents, Mr. and Mrs. L. M. Barnes and other relatives. She came up with Mr. and Mrs. H. M. Barnes on their return from Detroit, Mich.

The Leely Garage picnic at Lost Park was reported a grand success. A big attendance, a well filled table, healthy appetites and enthusiastic participation in games and races made a "perfect day" for Cedar Mill grangers.

L. R. Dean, local druggist, while repairing a light fixture in his store, early this week was stricken with an attack of the heart and was reported in a very serious condition. He was taken to the Emanuel hospital Tuesday under the care of Dr. Mason.

Mrs. Torborg Benson and Mrs. Marjorie Lewis attended a meeting last Friday of the Carlton Past Noble Grands Club at the home of Mrs. J. H. Aten near Kinton. There were 24 members of the club present. A pot luck dinner was served at noon.

IN OREGON HOMES

St. Helens—"Homemade evaporators are appearing all over Columbia county," reports Mrs. Sarah Case, home demonstration agent who is filling innumerable requests for copies of the bulletin which explains how to make these dryers. A program of evaporation and canning is fully under way for county relief, explains Mrs. Case, who is acting as advisory member of every welfare bureau or community chest organization in the county.

Gresham—New ways to cook familiar foods, economic buying suggestions, better planned meals and satisfactory bread making at home are four benefits of foods and nutrition meetings cited by members of the Woodmere home extension unit. To Frances Clinton, home demonstration agent, these 18 women reported that ideas and recipes received at these meetings had been passed on by them to 102 other homemakers.

Medford—How to prepare meals for 75 or 85 persons in a shorter time and with less effort than is usually taken for a camping trip for the average family was demonstrated recently by members of the Jackson county recreation club at their summer camp at Dead Indian Soda Spring resort, according to reports. Irish stew for Sunday dinner was prepared in two 18 quart pressure cookers. In addition to those supplies brought from

Students From Many Nations Enroll for Moody Fall Term



MOODY CLASS REPRESENTING 60 DENOMINATIONS AND 15 NATIONALITIES

With nearly half a century of Christian service behind it, the Moody Bible Institute, Chicago, one of the world's outstanding religious training schools, will begin the fall term with students from all parts of the world in attendance. This year's summer-term graduating class was the largest ever to receive diplomas at the "West Point of Christian service," named for the founder, the late Dwight L. Moody, world-renowned evangelist.

Cosmopolitan and democratic in principles, the Institute's day and evening schools, with their free tuition, offer a laboratory method of religious education said to be unequalled. The students, men and women alike, are enabled to have actual experience in churches, hospitals, prisons, missions, lodging-houses and factories in the Chicago area, along with their class-room work.

From a humble beginning the Moody Bible Institute has spread out into nearly forty buildings, and it now offers more than eighty subjects to students, who are instructed by a corps of 46 teachers. The Rev. James M.

Gray, D. D., LL. D., president, is recognized as an outstanding Bible teacher and Bible authority, whose synthetic method of Bible teaching is well known among religious educators. Last year's enrollment figures show that more than 17,000 students were registered at the Institute, divided among the day school, the evening school and the correspondence school.

Many of these young men and women, following graduation, will join the nearly 2,000 Moody trained missionaries who are serving or who have served throughout the civilized and uncivilized world.

Among the places where Moody graduates have presented the gospel to natives are Alaska, Arabia, Austria, Belgium, Bulgaria, Central America, China, Cuba, Egypt, Fiji Islands, French Indo-China, Germany, Greece, the Hawaiian Islands, Hungary, India, Japan, Korea, Malaysia, Madagascar, Mexico, Palestine, Persia, the Philippines, Siam, South America, Tibet, and the West Indies. Moody graduates also are to be found in nearly all branches of domestic missions.

home food cost only 10 cents per person or a maximum of 50 cents for each family. This county recreation group is directed from the office of Mrs. Mabel Mack, home demonstration agent.

Oregon City—Sixty-five families have taken advantage of the two

Clackamas county canning kitchens—on at Oregon City and the other at Milwaukie. Seventy-five hundred tins of fruit, vegetables, meats and fish have been canned—some for individual families and the rest for the commissary that will be drawn on this winter. This food relief work is supervised by Thelma

Beaverton Market and Grocery Fri. & Sat. Specials, Aug. 26-27

BALCO MALT SYRUP PER CAN	.43	LOIN PORK CHOPS PER POUND	.19
BEST FOODS MAYON-NAISE, PINT JAR	.25	SMOKED HAM SHANKS PER POUND	.13
GOLDEN WEST COFFEE POUND	.31	POT ROASTS STEER BEEF, PER POUND	.12
CARNATION WHEAT FLAKES, LARGE PKG.	.19	BACON MEDIUM, WHOLE OR HALF, lb.	.20
FRUIT SALAD NO. 1 TALL, 2 CANS	.29	HAMBURGER AND PORK SAUSAGE, 2 lbs.	.25
KIDNEY BEANS 3 CANS	.27	TOMATO JUICE 4 10-OZ. CANS	.27
SNOW DRIFT 3 POUND TIN	.49	TOILET TISSUE, AM-BASSADOR, 9 ROLLS	.49
OCCIDENT FLOUR 24 1/2-lb. SACK	.95	BORDEN'S CHEESE 2 1/2-POUND PKGS.	.29
2-IN-1 SHOE PASTE 2 FOR	.25	CAN GRAPEFRUIT 6 CANS	.39
BARTON'S DYAN-SHINE, BOTTLE	.23	WHOLE WHEAT FLOUR, Kellogg's, Pkg.	.08
GRAVESTON APPLES 8 lbs. for	.25	KELLOGG'S PEP PER PACKAGE	.08
PER BOX	.89	SALMON, CHINOOK 1-LB. FLAT CAN	.25
IVORY SOAP—2 BARS	.09	GEISHA ORANGE SECTIONS, 2 CANS	.27

Two Deliveries Daily

Phones 3203 and 1702

TIGARDVILLE LODGE HAS BUSINESS MEET

Tigardville Rebekah Lodge told a business meeting Tuesday evening. Sarah Vankleek, Noble Grand presided. About sixteen attended the Washington County Oddfellows picnic held at Rippling Waters last Sunday. Interesting and varied reports were given on the different activities. The Rebekahs voted to invite the members of Charity Lodge to their picnic which will be held August 28.

The Lodge subscribed a substantial sum to be placed in the building fund that is being raised by the Oddfellows for the erection of a new barn for Mr. and Mrs. Herman Metzentine who recently lost their barn in a fire.

The Vice Grand Rosa Tigard treated the members with fresh peaches.

MICKIE SAYS—

SAY, MISTER MAN, WHEN YOU GO AWAY FROM HOME, DO YOU MEET STRANGERS WHO SAY, "THAT'S QUITE A NICE TOWN, AND A LIVE ONE, ISN'T IT?" AND "WONDER WHY, UNTIL I LEARN THEY (AHEM—PARADISE MY BLUSHES) HAVE BEEN READING THIS NEWSPAPER!"



What is Home without the Good Old Home Newspaper?

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Every Item in our stock has been reduced to conform to present market prices

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Prison Walls Behind



Former Governor T. McCray of Indiana—free on parole after serving 3 years and 4 months on conviction of having used the mails to defraud.

Gaylord, home demonstration agent, who is a member of the state food committee, appointed by the governor's relief council.

TRAVELERS CHECKS in convenient denominations are sold by the BANK OF BEAVERTON, member FEDERAL RESERVE SYSTEM. The charge is .75 per \$100. You that are planning a vacation which requires traveling should protect your vacationing funds with TRAVELERS CHECKS.

PEACHES

Eight miles west of Portland. Out Lovejoy St. and Cornell or Thompson roads. Five miles north of Beaverton.

Where To Go

NOTICE

You and your friends are cordially invited to attend a card party given by the Ladies Auxiliary at the Huber Club House, Saturday evening August 27th at 8 p.m. sharp. Lunch and prizes. Admission 25c. Children not playing cards, 8 to 18 years 10c admission.



Beaverton Rebekah Lodge No. 248 meets first and third Tuesday evenings at 7:30 P. M. in the I.O.O.F. Hall. Mrs. Sarah Chamberlain, secretary, and Mrs. Edna Sheets, N. G. p-tf

THE BLACK CAMEL

Kneeling always at your door—It is death. Yes—"It is appointed unto men once to die, but after this the judgment." Christ gave Himself for us that he might redeem us from all iniquity. Bible Salvation, Beaverton, Oregon. adv

NOTICE

Mrs. T. Arthur Dungan will open her class in violin, voice and piano Saturday September 17th. She will have time to take a few new pupils. Price for one lesson each week, \$5.00 a month. Write her at 922 E. 33rd St. No., Portland or call Mrs. H. M. Barnes, Beaverton Phone 9115. advp39-41

15c Big Bargain Dance 15c

OLD TIME

DANCE

KINTON GRANGE HALL Saturday Night August 27 Admission, 15 Cents

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Choice Lunch Meats at Right Prices

Beef Steak, lb.	17c
Beef Roast, lb.	11c
Fresh side Pork, per lb.	9c
Fresh Ground Hamburger, 2 lb.	25c
Liver, young Beef, lb.	9c
Bordens Milk, tall cans, can	5c
Shredded Wheat Biscuit, pkg.	9c

City Meat Market

Phone Beaverton 0855

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