

SCIATICA?

Here is a never-failing form of relief from sciatic pain!



The world's our oyster, but we don't all find a pearl therein.—Boston Transcript.

For Barbed Wire Cuts Try HANFORD'S Balsam of Myrrh

Paper Church to Be Moved A church built of paper, cardboard and beaver board is to be moved in its entirety from an estate at Benoni, about twenty miles from Johannesburg, South Africa, to a new site. It was sent from England in sections 21 years ago and, although much used, has proved highly efficient.



Revenue From Forest Dornberg, a Baden village, is in the same fortunate position as the small Franconian city Ebern, whose inhabitants not only pay no taxes but receive about 60 marks a year from the city.



Makes Life Sweeter Too much to eat—too rich a diet—or too much smoking. Lots of things cause sour stomach, but one thing can correct it quickly. Phillips Milk of Magnesia will alkalize the acid. Take a spoonful of this pleasant preparation, and the system is soon sweetened.

PHILLIPS Milk of Magnesia

From Old Salutation The slang phrase, "so long," is said to be a corruption of the word "saluam."

TIRED WHEN SHE GOT UP

Strengthened by Lydia E. Pinkham's Vegetable Compound

St. Paul, Minn.—"I used to be as tired when I got up in the morning as when I went to bed. I had fainting spells and palpitation. Of course it was my age. I read a Lydia E. Pinkham booklet and started taking the Vegetable Compound three times a day. I am now a well woman. Three of my neighbors know what it did for me so they are taking it too. I will write to any woman if Lydia E. Pinkham's Vegetable Compound will help her as it did me. I feel like a young woman now and I thank you."

Black Sheep's Gold

BY BEATRICE GRIMSHAW Illustrations by Irwin Myers

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THE STORY

On a pleasure trip in eastern waters, Philip Amory, English World War veteran, now a trader on the island of Papua, New Guinea, plunges overboard to save the life of a musical comedy actress, known as "Gin-Sling."

CHAPTER VII

From where I was camped, the whole world seemed to fall away in one huge wave, upon whose crest the boys and I precariously hung.

From today, I knew, the worst of the work began. I scanned the world below, and decided that I had done well. Grace, the dead miner, hadn't left the Romilly till he came right to the head of the navigable part.

I should have slept well that night. I did not. I lay wakeful on my grid of sticks, snoring through the open angle of the tent fly, the Cross swung round in the movement of the earth about the sun.

PHILLIPS Milk of Magnesia America gets most of its pure and for glass making from West Virginia and Illinois.

bandaged onto her feet. Her hat was a tangle of torn straw. Anger had possession of me, and yet—though I knew that she had practically wrecked my expedition—I could not choose but pity the bright thing, brittle as a butterfly, who had waged her light self against the terrific powers of the unknown; who, before the threshold was crossed, lay beaten. Nothing but the slow pace enforced on me by the cutting of a track had kept her with me so far. She must have known this; guessed that her only chance of life was to come forward and show herself, fling herself on my mercy, before it was too late. She had obtained a canoe (as I afterward learned) from the village at Romilly mouth, and persuaded a small crew to accompany her. Living and sleeping on board, she was able to keep her boys with her until she landed at the place where I had debarked a few hours earlier. There they deserted, as carriers will, and she had had no food save what she could carry herself, no shelter save the frost, during the four days of my journey towards Dreadnought range. Luckily for her, it was impossible to lose the way, even when she fell behind, since the track we were cutting made our course plain as a macadamized road.

But I do not think she knew, even suspected, that her coming stamped the expedition into dust. She thought she had merely to placate me, use her woman's tricks, in order to find refuge in my party. She didn't doubt her ability—Jinny had not had much reason to doubt her chance of success. In this or any other test, where the weapons of her sex were pitted against man's determination.

She did not know. She stood up, and came to me, with the red of sunrise on her red-gold hair, smoothing her torn shirt, and sliding down her tattered breeches, calling to work the smile that had gained drop of new sweetness from every man who fell victim to it, until now it was a very honey dower wherein the wandering, kissing bee might drown. She knew her work this Jinny. She made me, in a minute, forget her rags, her stains, her battered weary look, and see her but as I had known her months weeks ago, on the liner and in Thursday island. Yet, at the same time, I was angry, and sorry—for her and for myself.

"My oath, 'Bl,' she declared, catching me by the loose folds of my shirt, as if she feared that somehow, I might va-ish—"My oath! I thought it was all in with me. I did straight. Last night I couldn't see a star of your fire anywhere, same as I'd seen it other nights, and I ain't gave myself up for dead. And as this morning, I started off just as soon as I could see me feet, and I said to meself, 'Jinny, my girl, if you don't find him quick, the robins or whatever-it-is will come and cover you with leaves today. So I hurried and hurried, and when I come on you just like that, it took me queerly, and I had to sit down, be."

"Passion Play" Life of Small Bavarian Village The Passion play, a dramatization of the sufferings in the life of Christ takes place in the little village of Oberammergau, nestled in the Bavarian Alps. And this play has been going on every ten years since the plague of 1369. During that year the citizens of Oberammergau vowed that they would enact the piece every ten years as a thanksgiving offering for having been delivered from the plague.

Good Manners I take it that the essence of good manners is the gift of putting people at their ease, not the chosen few people whom one likes, but all people. Yes, ease is the word that describes good manners. The great lady is at her ease with the gardener, the housemaid, the ragamuffin, the outcast, and she makes them all feel comfortable in her presence. And her manners is the faculty of making every one an comfortable whether by being abrupt by rude, or overwholly indulging by too cordial or too lacking in cordiality too contemptuous or too flattering. Too much of anything is bad manners. It destroys ease and makes other people nervous. A manner that makes other people nervous is a bad manner, whether it be frankly unpleasant or too pleasant by far.—Mary Borden in Harper's Magazine.

Street of Monuments "Victoria embankment, London, writes 'Looker-On' in the London Daily Chronicle, 'may well hold the world's record for monuments in any thoroughfare of any size length for variety, too, it takes a lot of our passing monarchs is represented at each anniversary by groups. Victoria at Blackfriars and Bonding at Westminster in between are statesman-monarchs, poets, soldiers, journalists, musicians and comic-memoirists. Every body of course, knows all about it. Yet I doubt if any person in ten could put on paper six of the names or deeds represented."

cause of course I was afraid that you'd be angry—Phil, you're not angry with little Jin, are you? Phil, I just had to get in, I don't mind anything, now I've found you, and I know I'm going with you."

"No, nor dinner last night," she said. "I hadn't anything left."

"You're goin' back again?" cried Jinny. "We're going back."

"Who's the swine?" I asked. But she looked at me sideways, and made no reply. I saw she was shaking with rage. (TO BE CONTINUED)

The Kitchen Cabinet

It's only folk within the wood Can know my happiness: I did not tell my secret but I heard the robins quess: The golden minnow knows it Beneath the watercrass. —Maud Lee.

THIS AND THAT IN COOKERY

An omelet seems a hard dish to make for the amateur. To have it light and fluffy, well done and palatable takes practice. Here is one that will be good for a beginner:

Fluffy Omelet.—Take one-half teaspoonful of salt, one-eighth teaspoonful of pepper, two tablespoonfuls of quick cooking tapoca, three-fourths of a cupful of milk; cook for ten minutes or until the tapoca is clear (in a double boiler), then add one tablespoonful of butter. Beat the yolks of four eggs until creamy and the whites until stiff but not dry; combine with the cooked mixture, folding in the egg whites last. Cook in a buttered omelet pan and when well cooked on the bottom place the top in the oven or under a gas flame to finish on top. Fold over and serve. This omelet, because of the cooked tapoca, will stand up and stay light while being served.

Meat Loaf.—Many cooks have their favorite recipe for meat loaf. We like one which is moist enough to be palatable but will hold its shape when sliced. Use ten tablespoonfuls of quick cooking tapoca, two pounds of round of beef chopped, one-half of an onion chopped, two-inch slices of salt pork finely chopped, one pint of canned tomatoes, two and one-half teaspoonful of salt, one-fourth teaspoonful of pepper, with a dash of cayenne. Try out the salt pork until golden brown, add the onion and cook for two minutes; then add all the other ingredients, mix well and bake in a loaf. Garnish with parsley. The tapoca enforces the meat and also acts as an ingredient to bind the mixture. Milk may be used in place of tomatoes if preferred.

Breaking Out "What's the lump on the front of your car?" "Oh, the radiator just had a boil."

There are many who object to corn starch; tapoca will take the place of it in such dishes as pudding and cream or lemon pies.

Duchess Soup.—Take two tablespoonfuls of quick cooking tapoca, add one teaspoonful of salt, one-eighth teaspoonful of pepper, one tablespoonful of chopped onion, one quart of milk, two tablespoonfuls of butter, two tablespoonfuls of parsley and four tablespoonfuls of cheese finely chopped or grated. Mix well, add the cheese, butter and parsley just at the last. Cook the ingredients at least fifteen minutes to insure the perfect cooking of the tapoca. Then add the cheese and serve.

SEASONABLE IDEAS During the summer weather cool drinks are used more freely and it is a great satisfaction to have something good, cold, and palatable ready to serve one's friends. Lemon sirup, aside from its being more delicious than ordinary lemonade, gives one the assurance of its always being ready to serve at just a moment's notice.

Lemon Sirup.—Squeeze the juice from enough lemons (probably five dozen) to make two quarts of the juice. Add enough of the grated rind to suit the taste, six pounds of sugar, and two and one-half quarts of water. Heat to the boiling point, strain and bottle. Keep cold. When serving pour a tablespoonful or two of the sirup over chilled ice in the glass, add water and serve.

Chocolate Sirup.—Mix together one pound of chocolate, one pound of sugar, and one pint of water; add a few drops of vanilla or cinnamon extract. Keep cold; use three tablespoonfuls to a glass of chilled, iced milk.

Ginger Punch.—Chop half a pound of canton ginger, add one quart of cold water, one cupful of sugar, boil fifteen minutes, strain, add one-half cupful of orange juice and the same of lemon juice. Serve on crushed ice.

Fruit Punch.—Make a sirup by boiling one cupful of water, two cupfuls of sugar until smooth, add one cupful of strong tea, two cupfuls of strawberry sirup, the juice of five lemons, five oranges and one can of chopped pineapple. Mix and let stand until cool. Strain, add three quarts of chilled water, one quart of mineral water, one cupful of cherries. Serve in a punch bowl with ice.

Currantade.—Take one quart of currants, one pint of raspberries, one quart each of water and sugar boiled to a sirup; cool. Serve in a punch bowl with ice. Strain before putting in the bowl.

Raspberry Sirup.—Take six quarts of raspberries, one quart of vinegar, let stand in a Jar forty-eight hours with a weight over the berries. Strain and squeeze the Juice through a Jelly bag. Add one pint of sugar to one pint of Juice; boil ten minutes. Bottle in dry cork in paraffin.

Old English Custom Boxing day in England, the first week day after Christmas day, had its origin in the custom of presenting boxes containing presents to employes, postmen, errand boys, etc.



If Baby has COLIC A cry in the night may be the first warning that baby has colic. No cause for alarm if Castoria is handy! This pure vegetable preparation brings quick comfort, and can never do the slightest harm.

Bruce Attack Disputed Loyal admirers of Robert the Bruce are aroused over the recent attack on the Scotch hero made by Thomas Johnston, undersecretary for Scotland. During an address at Greenock, Scotland, Johnston said that "Robert the Bruce was a feudal bully and the story of Bruce and the spider is an invention."

Spanish Idea of Beauty Longfellow calls attention to the fact that the Spanish people greatly admire "emerald eyes" and celebrate them in song.

There are a thousand hacking at the branches of evil to one who is striking at the root.—Thoreau.

Doctor's PRESCRIPTION when system is sluggish; costs nothing to try

When your bowels need help, the mildest thing that will do the work is always the sensible choice. Take a laxative that a family doctor has used for all sorts of cases of constipation. Dr. Caldwell's Syrup Pepsin is so pleasant to the taste, so gentle in its action, it is given children of tender age and yet it is just as thorough and effective as stronger preparations. Pure senna, and harmless laxative herbs; ingredients that soon start a gentle muscular action. Avoid a coated tongue, bad breath, bilious headaches, etc. Every drug store has Dr. Caldwell's famous prescription in big bottles. Or just write Dr. Caldwell's Syrup Pepsin, Monticello, Ill., for a free trial bottle.

Happy Movie Endings Popular With Edison The great inventor, Thomas A. Edison, has been called super-human by many admirers, but those who really know him claim he is human to a marked degree. Although he does not like bridge or golf, he is quite a movie fan and especially partial to "westerns."

Mother of Five Healthy Children Speaks Everett, Wash.—"There is nothing so helpful in motherhood as Dr. Pierce's Favorite Prescription. I am the mother of five as fine, healthy children as any one could wish for and I give this medicine gratefully, for I took it each time and it kept me in such good physical condition that I was always able to do my own work right up to the last—never lost my strength at any time. I would not think of going thru expectancy without taking this tonic."—Mrs. C. E. Armstrong, 2611 Victor Place.

Well or Money Back Five Prices mentioned or less refunded.—It is the WELLEN ASSURANCE method of administering the Dr. C. J. Dean famous non-surgical method of treatment. (Used by us exclusively) Remarkable success also with the Herberichs Colon and Rectal Treatment. Send TODAY for FREE 100-page book, "The Colon and Rectum," and hundreds of testimonials.

Free from pimples! What a relief it is to know that your skin can be free of pimples. Anoint it gently with CUTICURA OINTMENT, then wash off in a few minutes with CUTICURA SOAP and warm water. A very simple but satisfying treatment of pimples!

