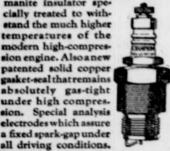


#### The Truck Driver

I believe Champion is the better spark plug because of the way Champions stand up in hard truck service.

Champion is the betterspark plug because it has an exclusive sillimanite insulator spe-cially treated to withstand the much higher temperatures of the modern high-compres-sion engine. Also a new patented solid copper gasket-sealthat remains absolutely gas-tight under high compression. Special analysis electrodes which assure a fixed spark-gap under



### CHAMPION Spark Plugs

Dependable for Every Engine

A Wrong

President Lee of the Brotherhood of Railway Trainmen, said in interview in New York:

"The Geneva economic conference has very rightly protested against those cartels, or monopolies, which greedily increase the cost of living.

"The men who do the useful work of the world-the farmers who feed us, the sallors who sall our ships, the teachers who educate our childrenthese men are lucky if they succeed in accumulating a few thousand dol lars in a lifetime of toll; but the cartels! They, by putting up a price or two, make millions overnight." Mr. Lee shook his head.

"It's a wrong gain," he said. "that has no earning."

## Any Woman Can **Look Stylish** BY MAE MARTIN



Most stylish looking 'somen you see are simply "good managers." They for every change in fashlon. They know simple ways to make last season's things conform to this season's

styles.

Thousands of them have learned how easily they can transform a dress, or blouse, or coat, by the quick magic of home tinting or dyeing. With true, fadeless Diamond Dyes. anyone can do this successfully. The "know-how" is in the dyes. Each package represents the perfection of 50 years of dye-making. They don't streak or spot like inferior dyes. New. fashionable tints appear like magic, right over the out-of-style or faded colors Tinting with Diamond Dyes Is as easy as bluing, and dyeing takes just a little longer. Only Diamond Dyes produce perfect results. Insist on them and save disappointment.

My new 64-page book, "Color Craft," gives hundreds of ways you can make your home and clothes stylish and attractive, and do it with little money. It's FREE. Send for your cony. NOW. Write Mae Martin, Home Service Dept., Diamond Dyes, Burlington, Vermont,

Change in Policy

"Use that guest towel hanging in the bathroom," a wife said to her husband. "After you have repeatedly warned

me never to touch it? Well, I guess not! Not me," replied her mate. "Oh, I know," said the wife, "but it's turning yellow from disuse and I want to get some good out of it be fore it falls apart."-Great Bend

## **Quickly Relieves Rheumatic Pains**

12 Days' Free Trial

To get relief when pain tortured joints and muscles keep you in con-stant misery rub on Joint-Ease. It is quickly absorbed and you can rub it in often and expect results more speedily. Get it at any druggist in America.

Use Joint-Ease for sciatica, lum bago, sore, lame muscles, lame back colds, sore nostrils and burning, aching feet. Only 60 cents. It

FREE Send name and Address for 12 forces, Desk 3, Hallowell, Maine.

# Joint-Ease

For Mosquito Bites, Sting of Bees and Venomous Insects HANFORD'S BALSAM OF MYKRH Money back for first bottle it not suited. At dealers,

SCHOOL FOR MEN Training for BUSINESS, TRADES or PROFESSIONS Euroll any time. Send for literature. OREGON INSTITUTE OF TECHNOLOGY Y. M. C. A. Bidg. Portland, Oregon

W. N. U., PORTLAND, NO. 21-1923.

FAVOR MILK WITH OUT-OF-DOOR LUNCHES



Even at Picnic Parties Milk Is Important.

(Prepared by the United States Department of Agriculture.) Let the children lunch out of doors frequently in the good weather of the next few months, suggests the United States Department of Agriculture. If you do not have a convenient eating porch, you can set a table for them right out in the yard. There they can have the regular foods that would be given for a meal at this hour indoors, including the milk they all need. Liquid foods like milk and soup are easier for children to manage at a table than in picnic fashion, although there is much to be said for the simple picnic lunch of sandwiches and fruit on summer days. Whatever sort of lunch is served, milk should be included for the children. Every growing child needs at least a pint of milk a day and may take as much as a quart.

toward the hip when the child stoops

should be taken on the child's thigh

about five inches above the kneecap.

are satisfactory. Elastic leg bands

The bloomers and bands of trim-

may be used instead of white.

There are four, instead of three,

buttons on the belt of the drop seat.

made separate from the upper, but-

toned to it both front and back. Two

pairs of bloomers to one top would

insure a maximum of cleanliness with

Liver Always Favored

Since people have begun to realize

the value of liver in the diet as a

source of iron and vitamines, new

ways of serving it are always accept-

able. This recipe from the bureau of

home economics makes a dish that

can be cooked while the housewife

is doing something else, and that can

he sent to the table when ready, thus

saving two serving dishes-always a

help when the homemaker must not

only cook but wash the dishes.

sliced thin 2 ths. flour 14 lb. liver, sliced 1 tsp. grated onion

Place a layer of thinly sliced raw

salt and flour lightly. On the potatoes

part of the crisped salt pork. Add more

potatoes and continue until all in-

gredients are used. The top layer

should be of potatoes. Put the onlon

into the milk and then pour

over the contents of the baking dish,

Cover and cook for one hour, or until

Make Very Good Pudding

Dried opricots have many uses be-

fore the season for fresh fruits re-

turns. A very good steamed pudding

Steamed Dried Apricots

and found it excellent.

1 cup water

1% cups milk

3 white potatoes, 1/4 tsp. salt

Cook the

Scalloped Potatoes and

are never advised.

very little trouble.

It is a common mistake to make them

#### POPULAR TYPE OF ROMPER FOR BABY

Use of Two Materials Gives Garment Dressy Air.

(Prepared by the United States Department of Agriculture.)

Here is a romper liked by many mothers for little runabouts between a year and a half and three years old. The flared cut at the sides and the use of two materials give the garment a somewhat more "dressy" air than the severely plain play suits



A Good Type of Romper of Two Materials-Front View.

of dark materials often needed for don't open their pocket-books wide | mornings spent at the sand pile. A romper of this kind is appropriate at any time of day. The one in the illustration was made by the bureau of home economics to bring out certain points in the construction of rompers of this general type. Several pat tern companies show designs similar to this one, which can be adapted to

one's needs. The length from the hip to the leg bands should be given attention. If the rompers are not short enough at the sides they will hang down over the child's knees and prove a great annoyance to him. At the same time sufficient length must be allowed through the crotch. In the illustra-



Back View of Child's Romper, Show ing Placing of Buttons at Side and

tion the material is folded between the legs; while the leg openings are sloped upward to make the sides of the bloomers short. Fullness is provided in the width-of-the garment in stead of in its length. The leg bands must be loose so that they can slide

HOUSEHOLD NOTES

Tough ple crust is generally the re-

If you fasten the froning board

cover on wet it will dry tight and

A mattress wears best if it is the

exact size of the springs. In buying

a new mattress, remember that it will

spread from one to two inches as it

sult of using too little shortening.

straight.

rounding out the diet in this respect. Extension window frames covered with canvas or unbleached mustin will let in air and keep out snow on winter nights.

Children Need Cereals

Cereals play a very important part

n the food of children, according to

the United States Department of Ag-

riculture. Whether served as bread.

as breakfast food, with ment, or as

dessert, they can be depended on for

a large part of the fuel that every

active child needs. Milk and other

protein foods, vegetables and fruits.

and butter may supply practically all

the building and regulating materials.

needed, but unless they are used in

unduly large proportions they do not

furnish enough fuel, and cereals are

excellent for supplementing them and

When the knob comes off of a saucepan cover, insert a screw through the hole from the bottom and screw a cork on It.

When oranges are expensive or difficult to obtain, canned tomato Juice may be substituted for the buby's i orange luice,

To be serene amid a losing fight, To meet with equal courage dark or light, To hate all sham, and with per-

sistent might To do brave deeds as in a master's

This is to learn life's lesson. reach the height.

-Charles Allen Dousson.

better. Place in a

covered baking

dish a pound or

pint of rhubarb

cut into inch

HOW TO USE RHUBARB

When stewed and properly sweet ened, ruhbarb makes a most delicious sauce, but when baked it is even



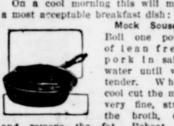
lengths and unpeeled. Add one cupful of sugar and one-fourth cupful of water. Cover and bake until the rhubarb is tender but unbroken. For variety one may add a piece of lemon or ginger, if that flavor is liked. A few raisins, figs, dates or prunes will also add variety and make a pleasing

Spiced Rhubarb.-For each three pounds of rhubarb add one teaspoon ful of cinnamon, one-half teaspoonful each of cloves and allspice and one fourth teaspoonful of nutmeg. Tie in or climbs. Measurements for them a thin muslin bag. Place one-half cupful each of vinegar and water and two pounds of sugar in a preserving kettle, add the spice bag and simmer too broad for comfort. Inch bands for fifteen minutes. Then add the rhubarb cut into inch lengths and one package of seeded raisins. Simmer until thick. Put into glasses and seal

ming are made of fast-colored print in this case, and the upper part is Rhubarb and Pineapple Sherbet .white. Any firm white cotton mate-Combine one cupful of crushed pineapple with one cupful of stewed rhurial such as broadcloth, cotton poplin, fine cambric, madras or lightweight barb, adding the fulce of one lemon and one orange. Make a sirup with sateen, are good fabrics for the purone cupful of water and one and onepose. Plain chambray or broadcloth matching of the colors in the print half cupfuls of sugar; when thick cool, stir in the fruit, add one-half cupful of pineapple juice and turn into a two-quart freezer. When partly frozen add one stiffly beaten egg white These are placed near enough to the and continue freezing. If wished fine underarms for the child to reach grained, add another cupful of water when he learns to dress himself. The or pineapple juice and water and lower part of this remper may be strain the fruits.

For conserves and preserves onethird of berries of any kind with twothirds of fresh rhubarb, makes a most delicious combination and makes the he imped badly. product much less expensive when berries are high in price.

More Ordinary Foods. On a cool morning this will make



Mock Souse .-Boll one pound of lean fresh pork in salted water until very tender. When cool cut the meat very fine, strain the broth, cool

and remove the fat. Reheat the broth-one quart of it-in a double boller; - when bolling stir in three quarters of a cupful of corn meal. cook over the heat for a few minutes then over water for an hour, stirring occasionally. Now add the meat, two teaspoonfuls of salt, one-quarter of a ful of pepper, sage. Cool in greased baking powder potatoes in a greased baking dish and cans. Slice, dip in seasoned flour and fry brown in a hot frying pan. Nice with cabbage salad or apple sauce for

lay some of the slices of liver and luncheon. Monastery Pie.-To one cupful of soft bread crumbs add one pint of milk and one tablespoonful of butter. Let stand in a double boiler one hour over heat, stirring occasionally; now add three-fourths of a cupful of finely cut the potatoes are tender. At the last cheese; beat until melted and smooth. remove the cover and allow the pota- add one-half teaspoonful of sait, a dash of cayenne, two tablespoonfuls of minced sweet pepper, one tablespoonfuls of grated onlon and three well-beaten eggs. Turn into a buttered baking dish, set in a pan of water and bake until browned and set Serve hot as a main dish with tomate

Raised Doughnuts.-Scald one plnt c n be made with them. The bureau of milk, add one cupful of sugar, oneof home economics has tried the recipe half cupful of butter and when slight ly cooled, one beaten egg and cinna 15 lb. dried apri- 2 eggs mon and nutmeg—one-fourth tea-cots 2 tsp. baking pow- spoonful each. When the mixture is lukewarm add one-half of a yeast tsp. salt
lor 2 tbs. apricot
juice, if needed
lored flour to make a dough stiff enough to knead-about six cupfuls. Sock the apricots overnight in the Mix this at night. In the morning cut water. Drain and cut them into small down, let rise again and roll out as pieces with scissors. Cream the but- much of the dough as will be needed ter and the sugar, add the beaten for the meal, let rise and cook in deep eggs, and the flour in which the sait fat; put the rest in the ice chest and and baking powder have been sifted. fry when needed. This will keep two Stir in the apricots. If the batter is or three days. a little stiff add one or two table-

Country Club Gnocchi,-To one-half spoonfuls of the liquid in which the cupful of yellow corn meal add one apricots were souked. Partially fill a pint of chicken stock, and one-half greased mold and steam for two hours. cupful of milk, boiling hot. Let boil Serve hot with ilquid or hard sauce up, then cook over water for an hour. stirring occasionally. Season with one teaspoonful of salt, a little grated onion and a dash of cayenne pepper When done it should be somewhat thicker than breakfast cereal. Add a well-beaten egg after taking from the heat, beating rapidly. Cool in but tered dish, making an inch layer When cold cut into rounds, place in a buttered baking dish, cover with one and one-half cupfuls of rich white sauce, cover with buttered crumbs or grated cheese and brown quickly in a hot oven. Bouillon cubes or any meat stock may be used if one lacks the chicken stock.

# Nevie Maxwell

A "Yes, Dear," Man

Friend-"I thought you said you at ways had the last word with your wife? I heard her ordering you about she suggested. "You can come later all the time." The Hubby—"Well, P I'll square you with dad before you do have the last word. Didn't you get to the Roost." hear me say, 'All right' each time?"-Montreal Gazette.

The Pumping Way

A pump does not draw water, lift it or pump it. All it does is to displace air, and atmospheric pressure tillbe vacuum with water.

# The Ward Robbers' Roost

CRITTENDEN MARRIOTT

W. G. Chapman, WNU Service

#### SYNOPSIS

"Go Ahead" Morton, Virginian, and secret service man, receives a jetter from Tom Fair, bandit leader, urging that some one be sent to rescue Stelia Morton, fos-ter sister, from the gang. An ter sister, from the gang. An enemy in the gang prevents Fair from helping the girl. The letter was intended for "Go Ahead's" father, who is away from home. "Go Ahead" decides to go himself, At "Robbers' Roost" Fair explains the situation to Stella, now eighteen years old. She does not want to leave Fair, for not want to leave Fair, for whom she has the affection of a daughter. Jim Barker, sheriff and aspirant for Stella's hand, directs Fair to run a shipment of arms into Mexico and bring back whisky. Unknown to Fair, Stella, dressed as a boy, accom-panies the gang.

#### CHAPTER IV-Continued

But Stella, suddenly uneasy, refused to be longer held. Up she jumped and ran out of the door and away to the

As she ran in, Diego, on his knees beside her horse, straightened up caught her eye, and flinched. Then, with quick recovery, he nodded viofently. "Horse heap lame," he gasped "Lame!" Stella's face darkened "He wasn't lame last night. How'd he

get lame?" "Quien sabe, senorita?" Diego stuttered and stammered in his confusion. "But pacienza, senorita, it is nothing. Soon will this so wonderful horse be well. It cannot be otherwise."

Stella had dropped on her knees and was examining the horse's foot. She could find nothing wrong, but when she tried to lead the animal out

Furious, Stella turned on Diego. "Ge get me another horse, Quick!" she ordered.

Diego hesitated; and Wade, who had followed Stella, grabbed him by the throat and flung him down, "Pon't you hear what you're told?" he raged "Go get another horse, pronto!" But Diego threw up his hands to

protest. "But, senor," he sald, "there is no other. My men have gone on all the others to the station or to the corral. Have patience, senor, and they will return in the bour; but of a surety they are not here now." Stella listened with frowning brows

Though one of the least suspicious people in the world, she was not a fool; and she felt sure that there was something behind all this. But what?

As she hesitated Wade turned to her with a laugh, "I guess we're stung, all right," he said. "We've just got to wait. If the fools had told me in time I'd have made one of the men give you his horse and wait. As it is -well, I guess Fair will give me the devil, anyway."

Stella dld not rise to the occasion. She did not assure Wade that she would back him up when he told her father that she had taken Charley's place and that he had not known it until bours later. Instead she looked him in the eyes.

"Have the rest of our men gone?"

she asked. Wade shrugged his shoulders. "1 don't know for sure." he answered;



Up She Jumped and Ran Out of the Door.

"but I guess they have. We don't

walt for each other goln' home. You know that yourself." Stella did know it. Nevertheless-"Will Barker be here this morn

ing?" she asked, flatly. In spite of himself Wade flushed hotly. But he answered quickly, if evasively. "How'n thunder do know?" he demanded. "Barker does what he pleases. I ain't his keeper."

Stella could read the falsehood in

his eyes. Too late she realized that

she had been trapped. "I'll take your horse and go on,"

But Wade shook his head. After all, he decided, why should he longer keep up the deception? The trap had been sprung and the victim was in

"Nothin' doin'," he replied rough ty. "You come on this trip on your owh say-so. Now you've got to take the consequences."

Instantly Stella's hand dropped to her belt and her ever-ready pistol flashed up, covering both Diego and

Wade. "Put 'em up," she ordered Wade Then-"Diego! Get out Wade's horse

for me," Wade had put up his hands as ordered; but now he took them down. "Aw, what's the use foolin'," be said. "We've got you; an' it's about time you knew it. You ain't as smart as I thought you was, or you'd 'a' caught on sooner. Sure, Barker's comin'; an' he's bringing in the padre with tilm to make you Mrs. Jim Barker, As for that gun of yours, the cartridges in it sin't loaded. One of the boys changed 'em while you was eatin' breakfast. Just hand it over, pronto."

Stella paled; but she did not lower her pistol. Wade might be speaking the truth about the cartridges and be might not. Most certainly she did not intend to take his word for it. She bad plenty of cartridges in her belt, but of course she could not make instant use of them. Nevertheless-"I'm going to find out first if you're

lying," she remarked coolly. "If you are you'd better speak up quick; for if you don't you're going to die. One! Two! Three!" With the "three" she pressed the trigger. The lock clicked. No explosion followed. Wade had told the truth as

to that one cartridge, at any rate. Swiftly the girl snapped the revolver igain and again. Still no report sounded; and the grip on Wade's face teld her as clear-

ly as the gun itself that he had spoken the truth. Coolly she lowered it. "You did tell the truth once," she admitted. "By some mistake, I reckon. Here's the gun. Take it." She tossed the weapon

at Wade's feet. Then, as he stooped to pick it up. she darted past him and hurried to

the house. Wade made no attempt to stop her. He guessed that she boped to find another pistol; but he knew that none



"Put 'Em Up," She Ordered Wade.

was there to be found. So he followed her slowly, chuckling to himself, and giving her ample time to search the house. It was very simple and very simply furnished; and it would not take long to search.

It did not. Stella soon found this out. Then, for she was a sensible girl she went into the big living room and sat down to consider what to do, (TO BE CONTINUED.)

#### Camouflage of High Order Saved Convict

Extraordinary tales of adventure, death and escape from the French islands of exile off the Guiana coast are told by Blair Niles, the first wom an to visit the prison Islands.

"There was, for example," she writes the convict stationed on one of the Devil's island group, who, some months ago was missing at the five o'clock roll cail. At that hour the keepers are busy rounding up the men and locking the correct number into each dormilory for the night. Number X was missing; he failed to answer to his name. Search was made of the three islands. It revealed nothing. The run was sinking; in a few moments the tropical night would fall. The cancemen were commanded to launch the boats; far, far out a speck was seen on the deserted ocean. The prison authorities focused their glasses But they saw only a dark mass on the surface and above it the great spreading horns of one of the water buffalo which the administration imports from French Indo-China. Only a dead water buffalo floating out to sea. They revoked the order to the canoemen Anyway, darkness had suddenly shut

down. "But the prisoners knew that the dead water buffalo was one of their comrades, his body bound to a plank and covered with banana leaves, while with arms and legs he swam desperately. The buffalo horns-didn't a buffalo die on the Islands only last week? The horns were the escaping convict's camouflage,"-From the Fo rum.

#### Enemies of Cockroach In Europe a parasitic four-winged

fly often tays its eggs in the capsules of the cockroach. This fly has become widely distributed over the world, following the roach. Unfortunately, its usefulness as a means of keeping the roach in check by destroystroving the egg capsules is greatly impaired by the occurrence of another four-winged fly which is parasitic up on the first. Among other natural enemies of the roach are tree frogs, and it has been stated that if these an imals are inclosed in a room overnight they will entirely clear it of roaches

Carver's Favorite Adaptability to the carver's art is

one of the chief attributes of gumwood. Its fine, closely interlocked grain permits delicacy and grace in line, as well as strength and dignity in mass. The quality, when combined with its outeral delicate coloration affords high lighting effects possible with few other bardwoods,



MOST people know this absolute antidote for pain, but are you careful to say Bayer when you buy it? And do you always give a glance to see Bayer on the box-and the word genuine printed in red? It isn't the genuine Bayer Aspirin without it! A drugstore always has Bayer, with the



## **ALLEN'S FOOT-EASE**

dancing, sprinkle two Shake Allen's Foot-Ease

# WILL DO ALL IT **CLAIMS TO DO**



all the time and couldn't sit up and I am only 30 years old. I saw your adver-tising in a mag-azine and after I had taken three doses of Lydia E. Pinkham's Vege-I could feel that

bottles I began doing my work and I feel like a new woman. I recommend the Vegetable Compound to my friends and say it will do all it claims to do and more. I will gladly answer all letters I recive."-Mas. S. E. STEELE, Pratt, W. Va.

Passing the Buck Lee-Will you kiss me? Dora-Isn't that just like a man,

It is what a man bets that proves his convictions.

## Cute in a Baby-Awful at Three -and it's Dangerous

Thumb sucking does look sweet in a baby, but it is disgusting in the threeyear-old and sometimes it hangs on until fifteen or sixteen! The habit may cause an ill-formed mouth or induce adenoids; and it always interferes with digestion. Pinning the sleeve over the hand; attaching mittens, or putting on cardboard cuffs, which prevent bending the arms at the elbows, are some of the ways to stop

Another bad habit-irregularity in bowel action—is responsible for weak bowels and constipation in babies. Give the tiny bowels an opportunity to act at regular periods each day. If they don't act at first, a little Fletcher's Castoria will soon regulate them. Every mother should keep a bottle of it handy to use in case of colic, cholera, diarrhea, gas on stomach and bowels, constipation, loss of sleep, or when baby is cross and feverish. Its gentle influence over baby's system enables him to get full nourishment from his food, helps him gain

Castoria is purely vegetable and harmless—the recipe is on the wrap per. Physicians have prescribed it for over 30 years. With each package, you get a valuable book on Motherhood, Look for Chas. H. Fletcher's









#### Pike's Peak Elevation

Pike's peak achieves an altitude of 14,147 feet. It is not the highest peak in the United States (Mount Whitney, California, 14,501 feet, enjoys that distinction) nor even in Colorado, where Mount Elbert exceeds it with 14,420

# Mrs. Steele Says of Lydia E. Pink-

ham's Vegetable Compound Pratt, W. Va.—"I was so weak and nervous that I was in bed most



ter taking two

always trying to shift the responsi-



the habit.

strengthens his bowels.

signature on the wrapper so you'll get the genuine.

proven directions tucked in every box: