

NO DESSERT WILL BEAT GOOD APPLE PIE



Every Housekeeper Prides Herself on Her Pie.

(Prepared by the United States Department of Agriculture.)

"Can she bake an apple pie, Billy boy, Billy boy?" So runs the song the lady in the picture is doubtless humming as she rolls out her dough. If she knows what a good pie ought to be like, she will probably make a good pie. It doesn't particularly matter whether or not she puts in cinnamon or nutmeg. And while most people prefer, as this homemaker seems to, the "covered" type of apple pie, a good apple pie can also be made "uncovered" with pastry strips across the top. Apple pie is a wholesome dessert because it preserves a satisfactory balance between the fruit and the pastry.

Main Pie-Making Points.

The main points are to make good pie paste, to use a suitable kind of apple, and to manage the oven properly. The crust should be tender, thin, flaky, not too rich, and delicately browned. The apples should be of the fairly tart, juicy, quick-cooking varieties, put in the pie uncooked, seasoned with butter, sugar and a very moderate amount of spices, usually cinnamon. There should be plenty of apples, too, but the pie should not be so full that the juice runs out. The undercrust in a leaky pie is apt to be tough and soggy. The baking should be done in a quick oven. If possible, serve pie a little warm.

The kind of fat used is somewhat a matter of personal taste. Some people like lard best; some prefer one of the hardened vegetable fats, and still others use part butter and part lard or other fat. Any fat used should be sweet flavored and combine properly with the apples.

SAVE FOR VACATION IS EXCELLENT PLAN

Holiday Should Be Planned and Saved For.

(Prepared by the United States Department of Agriculture.)

Are you going to have a vacation of some sort this year? You need a change, some fun, some rest, something new to think about, whether you happen to be a high school student, a busy mother, or the father of a family. Every one needs a holiday occasionally. Better work as well as better health is a result of even a brief change.

Don't say you haven't time, or that you can't be spared. That ancient superstition has been long since exploded by that busiest of indispensable persons, the farmer's wife. Every summer hundreds of farm women now manage to get to mothers' camps for a complete change for a few days, returning to their families refreshed in mind and spirit, full of new ideas and happy recollections.

Don't say you can't afford a vacation. There are all sorts of vacations to be chosen—short ones, long ones, inexpensive ones, elaborate ones. If you can't take a train trip, how about the family car? If you can't go to a hotel, try camping. Decide about what you could afford—if you could put aside a little bit every week from now until midsummer. A vacation doesn't usually just happen. It has to be planned for and saved for. The sooner you begin to get ready for it, the more you have in reserve to spend on pleasant things. There are now only 14 or 15 weeks of spring and early summer left to devote to saving for this year's vacation. Next year's fund can be started as soon as this one is over. That's the better plan, but if you haven't given the matter much thought before, do the best you can from now on.

Suppose, for example, you have your eye on a two-week vacation in late August, to cost about \$40—although lots of people would manage to have a fine time for a good deal less money. Well, suppose you need railroad fare as well as board money. Count up the intervening time by weeks. Three dollars a week set aside regularly for these 14 or 15 weeks will assure you the amount necessary. It sounds easy, doesn't it?

The next point is, of course, can you save that much? A few cents here and there—a little self-denial in small ways—perhaps going without something you would otherwise like to have—and the sum begins to grow. You have to make a choice almost daily. "Shall I have a soda, or put that much aside toward my weekly savings? Do I need new shoes or shall I wear the old ones a little longer and be sure of my holiday?" If you are a homemaker you may be asking

yourself: "Could I make some of the children's clothes and save a few dollars?" Or, "Are there ways in which I can buy the necessary supplies any cheaper?" Perhaps you could find ways to earn a bit here and there, too, to add to your funds. If you see no way to subtract anything from what you already have.

If you are the head of the family you will have to include the entire family in your plans, fix on a larger sum, and get everybody to co-operate. It works out the same way as for an individual. If you have never lived by a budget, don't wait until the first of January to make one. You can begin any time. The United States Department of Agriculture has a publication that will tell you how to go about making a budget that will help you spread your income over a vacation and other needed items.

Different Methods of

Cooking Eggs for Table

The temperature of cooking affects markedly the consistency of eggs. Lower temperatures coagulate the white into a tender, jelly-like mass and allow the yolk to remain soft. Eggs so cooked are considered to be more easily digested than those toughened and hardened at higher temperatures. For this reason, cooking, rather than boiling, is recommended as a way of cooking eggs for children and persons of delicate digestion. Different methods of handling can also greatly change the consistency and appearance of egg dishes. Stirring while cooking, for example, makes scrambled eggs, and beating air in before cooking, the fluffy omelet. In souffles, cakes and other baked products eggs act as binders and serve as a means of incorporating air for leavening. In sauce, cream fillings, custards, can-dies and lemon eggs, thickening the mixture and give smoothness of texture. In salad dressings they are the common emulsifying agent. Their adaptability to a wide variety of uses, therefore, as well as their high nutritive value, make eggs one of the most popular foods the world over.

Pan Broiling a Steak

In pan broiling a steak, the pan is heated very hot and is greased over lightly by wiping with a piece of wet cloth so that the meat will not stick. Using a large amount of grease toughens the outside of the steak and does not increase the juiciness of the inside, says the United States Department of Agriculture. The steak is placed in the pan and seared first on one side, and then on the other quickly. After the steak is seared, the heat is reduced, and the broiling proceeds more slowly. The meat must be turned frequently to prevent burning. Care should be taken not to pierce the crust which has formed; lest the juice leak out. This method of cooking is used with juicy, tender, choice cuts.

HOUSEHOLD HINTS

The best sink brush is one in which the bristles are twisted in wire.

A quart of milk a day for each child is also a protection against colds.

Can meat in a steam-pressure cooker for safe keeping and for safe eating.

Buy the youngsters' shoes an inch longer than their feet and they will

Hero Dog Will Have Memorial

Wins Fight With Fox While Pinned Between Boulders Under Ground.

Woodruff, R. C.—Ring, most famous foxhound in the world, is dead. Within twenty-four hours after being rescued from six days' captivity in a deep cave into which he had chased and killed a huge red fox, the gallant old dog's stout heart ceased to beat.

Like the lamented Floyd Collins, old Ring found the subterranean dampness more than his iron constitution could endure. Ring contracted pneumonia while pinned between two sharp boulders that prevented him from leaving the underground chamber he had entered in pursuit of his enemy, and despite the tender ministrations of veterinarians and his master, R. V. Kelly, wealthy farmer and fox hunter, the famous animal died in the home he had known and loved for seven years.

An Anniversary.

Did fate indulge in a strange whim? It seems so, for it was on the second anniversary of the finding of Floyd Collins' body that old Ring was rescued.

Ring breathed his last surrounded by his partners in hundreds of thrilling fox hunts. Gathered about their stricken comrade, these foxhounds seemed to sense the tragedy impending. Strong men stood about the room and wept unashamed as Ring's broad muscular chest emitted its final convulsive gasp and then remained motionless.

Tender hands laid the gallant old foxhound to rest on the plantation two miles from Woodruff. A suitable memorial will be erected later over the little mound. A thousand dollars was spent willingly in freeing the old foxhound from his subterranean prison and another large sum will be expended to provide an appropriate marker for Ring's last resting place.

Hundreds of men worked day and night to rescue the dog, which chased a fox into the cave, killed the animal after a terrific struggle and then became wedged between two boulders forty feet under ground. The only opening to the cavern was too small to permit a human being to enter, and it was necessary to use dynamite as well as picks and shovels in order to sink a shaft forty feet through rock and earth to effect the dog's rescue.

Ring barked intermittently throughout his long imprisonment underground, apparently with the intention of encouraging the crowds of sympathetic workmen laboring to rescue him. But the joyous, half-challenging note was missing from Ring's typically foxhound yelp.

At ten o'clock on the night of Thursday, February 10, Ring was trapped in the cave. It was Saturday, February 12, when a boy, changing to pass the cave heard a dog, evidently in distress, barking. It was 3:00 a. m. Thursday, February 17, when a shovel pierced the barrier above the imprisoned dog and permitted the rays of a flashlight to reveal an exhausted but supremely happy foxhound.

Freed From Prison.

Strong hands freed Ring from his prison. A moment later a gaunt, yellow foxhound, his hairy coat damp with underground moisture, was raised to the surface of the ground and deposited in the waiting arms of his owner, R. V. Kelly, wealthy bachelor and noted foxhunter of Woodruff. Through lips that quivered with emotion Mr. Kelly shouted, "Boys, it is worth \$10,000.00 to see old Ring again!"

The entire countryside hurried to the cave, two miles from Woodruff, when it became known that Ring was caught in a trap. Men, women and children assembled on the steep hillside.

Ring was one of a dozen fine foxhounds taking part in a fox hunt on the night of Thursday, February 10. Half a dozen hunters had assembled at the home of the Kelly brothers for the chase.

Into a peaceful little valley, bathed in the mellow glow of a full moon, the pack of hounds dashed in search of

their age-old enemy. Suddenly one of the dogs emitted a deep yelp, indicative of the discovery of the desired quarry. The pack took up the trail and soon straightened out in a race that extended for approximately one mile.

"That fox is headed for the old fox den on Littleline creek," remarked one of the hunters, "and he'll make it before the dogs get near him."

A Deep Cave.

The old fox den is in a deep cave on the banks of Littleline creek. The hunter's prediction came true. The wily old fox, however, failed to take into consideration that one of the dogs on his trail was a veteran of seven years' experience, not to be confused or daunted by any subterfuge in Reynard's repertoire. Within a few feet of the fox's tail yelped Ring, filled with the joy of the chase. The fox, a magnificent specimen, rushed into the tiny opening to the cave. Scarcely a foot behind, however, Ring plunged madly onward, either unaware or contemptuous of the proximity of the fox's haven. The old dog's rush carried him nearly 40 feet into the blackness of the cavern. Suddenly his body became wedged between two sharp boulders. It was impossible to push forward or to retreat his steps. He was trapped, and both dog and fox realized what had occurred.

At the mouth of the cavern bayed a dozen disgruntled, baffled foxhounds. Around them stood half a dozen disappointed hunters, facing the painful realization that another wily Reynard had made his escape into the old hole that had caused many fox hunts to end in disgust.

None of the hunters noted that old Ring was missing from the pack of baying yelps at the black entrance to the cave, and after a few minutes the hunters called the bays and left the scene.

Inside the inky blackness of the cave, with no other living soul to see, two animals staged a drama. The fox realized that his enemy was in dire distress. His sharp eyes told him that Ring could neither advance nor retreat, therefore could not parry blows. Sharp yelps from the pinioned enemy told him that Ring was in excruciating pain. Desperately the old dog tried to press forward, but every painful attempt only wedged his body more tightly between the sharp boulders.

An Opportunity.

Here was an opportunity to avenge many old scores. The fox, confident that he could crush the imprisoned dog, advanced to the attack. But he did not know the caliber of the vet-

Christy Is Made an Honorary V. F. W.



Buddy Chandler Christy, noted artist and creator of the famous "Buy a Howdy Poppy" poster used in 1926, and a veteran of the Spanish-American war, is an honorary member of the Veterans of Foreign Wars of the United States. This honor was conferred upon Christy recently following action taken at the 1926 encampment at El Paso, Texas, when Christy was given the distinction of being the first honorary member selected by the national body. The presentation was made in Mr. Christy's studio in New York City by Commander-in-Chief Theodore Stitt. In the picture Mr. and Mrs. Christy are examining the engraved document Mr. Stitt has just handed them.

MEAT CONSUMPTION OF 1926 SHOWS INCREASE OVER 1925

Figures Show Producers Have Hard Task Keeping Pace With American Appetite.

Chicago.—Government figures just made available showing a large increase in total meat consumption for 1926 over 1925 will show that the live-stock producers have a difficult task in keeping pace with the American appetite for meat, according to D. A. Millett, of Denver, prominent live stock breeder and chairman of the National Live Stock and Meat Board. In a report to board members, Mr. Millett pointed out that the total production of 77,245,000,000 pounds of meat for 1926 exceeded the previous year by 240,000,000 pounds. Per capita consumption was quoted at 142.5, whereas in 1925 it was 143.6. He attributed this slight drop of eight-tenths of a pound to the rapid-

ly increasing population and emphasized that this condition indicated an absence of surplus supplies.

The fact that more beef was produced and consumed during 1926 than ever before was given emphasis by the board chairman. The official figures showed 7,458,000,000 pounds of beef produced and this not only broke all previous records but played beef above pork in point of quantity. It was the first time for a number of years that cattle had furnished more meat than hogs.

This situation was attributed partly to the shortage of hogs which was experienced as a continuation of the downward trend following the overproduction of 1923 and 1924.

The production and consumption of lamb was noted for its increase over the last several years. Production reached the highest mark since 1914 and per capita consumption was on

the up grade, standing at 5.5 pounds. For the past three years this figure stood at 5.2. Total lamb and mutton production was placed at 643,000,000 pounds, which was larger by 44,000,000 pounds than the production for the year 1925.

Storm Washes Gold Nuggets From Road

Stockton, Calif.—Streets of gold in California! Sure.

Recently there was a heavy rainstorm in San Andreas, Calaveras county, which washed the streets thoroughly.

George Treat, editor of a newspaper in that city, walking out of his front yard, noticed a glittering substance in the road and, stopping to pick it up, found it to be a heart-shaped gold nugget. It was about a half inch in diameter.

Statue of Liberty

The dimensions of the head of the Statue of Liberty from chin to cranial base are 17 feet 8 inches and the length of the nose is 4 feet 6 inches.

It is said that 40 persons can stand in the head of this statue.

Unsinkable Rope

A fiber rope that is unsinkable has been produced in Holland. The rope includes a core of "foam rubber" that has a specific gravity only one-fourth as great as that of cork.

Genuine BAYER ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monocristalline Salicylic Acid

Treasury Experts Not Easy Persons to Fool

Many and clever are the "get-rich-quick" schemes that flood the United States treasury, but the experts there are practically fool-proof. The government redeems all torn, burned or otherwise damaged money, thus saving the people millions of dollars annually. By giving good money for mutilated money the Treasury department saved citizens \$4,000,000,000 during 1925. Appeals for redemption of money that is retrieved from animals' stomachs, that is partly chewed by infants, or that is burned are granted if two-thirds of it is turned in and the serial number is legible. Recently a man sent in a cigar box full of green paper. He said it was \$148 of rats had chewed up. But the experts found that it contained mostly paper and only a \$1 bill that had been run through a meatchopper.

Bell-Ans Really Sure Relief

Thousands of Testimonials From Doctors, Nurses and Dentists Say So.

For correcting over-acidity and quickly relieving belching, gas, sick-headache, heartburn, nausea, biliousness and other digestive disorders, BELL-ANS has been proved of great value for the past thirty years. Not a laxative but a tested Sure Relief for indigestion. Perfectly harmless and pleasant to take. Send for free samples to: Bell & Co., Inc., Orangeburg, N. Y.—Adv.

"As the Twig Is Bent"

"The world is work crazy," asserts Roger Payne, "and addition to work is just as bad as any other vice, such as idleness, drink or gambling." The lack of proper home influences, of course, is to blame for most of this waywardness. Most men usually attribute their downfall to the fact that at a tender and impressionable age they were led into their first work by older companions.

Self-Whitewashing

Mrs. Gilbert Burnett, secretary of the Anti-Cigarette league, concluded at a New York reception, an eloquent attack on cosmetics with an epigram. "The girl," said Mrs. Burnett, "who powders her face today, will be apt, tomorrow, to powder her conscience."

The Wage Scale

"Why has your stenographer left?" "I tried to kiss her one day when it had just struck five and she wanted to be paid for overtime."—Milan Guerin Meschino.

PERMANENT RELIEF FOR ECZEMA

Used by noted doctor 40 yrs. Don't order unless you will follow directions. Send \$2.00 or more to THE MADDER COMPANY, Box 472, El Paso, Texas, for full information.—Adv.

Obvious

Father (reprovingly)—Do you know what happens to flares when they die? Johnny—Yes, sir; they lie still.

As a woman's beauty fades her brains come to the front.

Popular San Diego Woman Recovers From Long Illness

Amazing Improvement in Mrs. Jester's Health Surprises Friends. Serious Ailments Caused by Nervous Breakdown Relieved and Strength Restored by Tanlac. Looks and Feels Better Than Ever

"Tanlac has certainly done wonders for me; I cannot praise it enough," declares Mrs. T. D. Jester, 1268 Pennsylvania Avenue, San Diego, Calif. "I had suffered a nervous breakdown, and for many months afterward I continued to get worse and worse, despite all the different nerve medicines I tried. Nothing seemed to help until I tried Tanlac."

"Before I had taken all of the first bottle, I developed a ravenous appetite, and was sleeping better. I felt like a different person entirely. In less than three weeks I had gained seven pounds! Later, my weight went up from 105 to 125 pounds. If your troubles are similar to those

from which Mrs. Jester suffered so keenly, get relief before it is too late! Tanlac will doubtless help you just as it helped Mrs. Jester—and as it has helped thousands of other sufferers."

Tanlac is a pure and wholesome compound, made from herbs, roots and barks, according to the famous Tanlac formula. It is a wonderful tonic medicine, for run-down and nervous conditions and for digestive disorders. All good druggists sell Tanlac—get your first bottle today! Over 40 million bottles sold.

Nervous

"What's the matter, Gap?" asked an acquaintance. "What makes you so nervous?" "Well, I'll tell you," replied Gap Johnson, of Rampus Ridge. "My wife's brother, from over in Seven Devils roller, who weighs mighty nice 300 pounds, is visiting us. He has been stifling a sneeze for about three days, and it makes me kinda unsettled, as it were."—Kansas City Star.

Healthy, Happy Babies

The best way to keep baby in growing contented health is Mrs. Winslow's Syrup. This safe, pleasant, effective remedy regulates the bowels and quickly overcomes diarrhoea, colic, flatulency, constipation, and teething troubles.

MRS. WINSLOW'S SYRUP

The infants' and children's regulator is best for baby. Guaranteed free from narcotics, opium, alcohol and all harmful ingredients. Open formula on every label.

Write for free booklet of letters from grateful mothers.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.

At all drug stores.