

PLAIDED RAYON FEATURED; QUAINT FLOWING SLEEVES

IT is your pleasure to be initiated into the secret of "what's new" in materials for the dainty morning and frock dresses, now that spring sewing time is at hand, "rayon" is the magic key which will open the door of knowledge. Rayon is a word which, spoken to salesfolk, causes them to enthusiastically display to your admiring eyes choicest weaves, lovely in coloring and exquisitely patterned—the sort which makes the prospect of sewing become a genuine pleasure.

Among the prettiest new rayon wash fabrics are the handsome plaids delicately wrought with interweavings of lustrous rayon, on soft sheer backgrounds, some in lavender, rose,

arrivals convey the interesting style message that sleeves have again been elected to serve as a foremost interpreter of the mode. Especially is the quaint gracefully flowing sleeve being featured. Because of their unaffected simplicity the new flowing sleeves are of beguiling charm. The naive manner of seaming the lower flowing portion at the elbow, is accentuated in two of the frocks in this picture. In each instance flat crepe is the selected fabric for the gown. The model to the right adopts the popular redingote styling. Very girlish is the dress to the left, which is in rose-beige trimmed with ribbon ruching.



Two Smart Washable Frocks.

maize, the popular blues and in fact every desirable new color. Some introduce the suggestion of a Jacquard patterning like the material employed for the charming porch frock in the picture to the left.

Whether one makes one's own or buys ready-made one's daytime washable frocks, the two models here portrayed cannot but prove of interest. From the standpoint of fabric they are inspirational, for each is fashioned of rayon novelty goods, the kind which launders to perfection.

In the styling of these frocks many interesting trends of the mode are revealed. One realizes that the simple bungalow apron-frock is being displaced by dresses of careful and fin-

Of a more sophisticated styling is the afternoon dress of green and black silk velvet. In this handsome French creation Jean Magnin combines the medieval with the modern, in that the flowing sleeves are reminiscent of the Middle Ages, while the scalloped and tiered skirt, also the bloused waistline, is of the present.

No much a part of the season's styling is the sleeve, that even in tailored cloth models a slight bell effect is introduced at the wrist.

Another method of achieving novelty for the sleeve is that of adding cuffs oddly designed and conspicuous because of their hugeness, some reaching more than half-way to the elbow. When the fullness is gathered into



Sleeves Interpret the Style.

ished design such as may be appropriately and becomingly worn at any hour of the day.

Among style points observed in the early collection of washable daytime frocks, are such items as the blouse effect, the bolero, skirts with subtle plaitings to gain fullness, and, good news to all, short sleeves are considered as proper as long ones for the coming season.

Pipings of contrasting color finish many a neat dress. The composite theme is being exploited in the realm of wash frocks, such as a solid-color material with a print or a plaid.

Midseason and early spring frock

come in regular doll sizes and in a variety of color combinations to meet the demands of the most imaginative child.

Surplice Front

The surplice front continues to attract the older women, though the juniors eschew it.

Plain Fabrics

Plain fabrics are far in the lead for winter wear. Prints and brocades have been going out for several weeks.

Rubber Aprons for Dolls

For the small girl to dress her dolls there are fancy rubber aprons, miniatures of the ones she herself wears when playing house. These aprons

4-H GIRLS IMPROVING THEIR OWN ROOMS



Corner of Joy Gann's Bedroom, Showing Hangings She Made Herself.

(Prepared by the United States Department of Agriculture)

In "Own Your Own Room" club girls learn how to plan a simple, attractive room, how to eliminate undesirable furnishings, how to select and arrange to best advantage what they already have, how to spend money wisely for new materials or furnishings, and how to care for their rooms. Very often it happens that when a girl has succeeded, with the help and advice of the extension agent, in making her own room attractive, the family becomes interested and soon the whole house is transformed.

The room shown in the illustration belongs to Joy Gann, a girl living on a farm in Albemarle county, Va. She

started by filling up the holes in her walls and floor, with putty or plaster of paris. Then she painted the walls and varnished the floor. She undertook to make over the dilapidated fireplace, replacing broken bricks at the back and making a new cement hearth with a very little assistance from her brother. She renovated the old-fashioned furniture of the room, and made cretonne curtains in brown and orange to harmonize with the sunset tint of her walls. She replaced a broken frame of glass, made three rag rugs, and a counterpane of unbleached muslin for her bed. This she embroidered in black and orange. Many other little touches completed a very comfortable and charming room which is the admiration of all Joy's young friends.

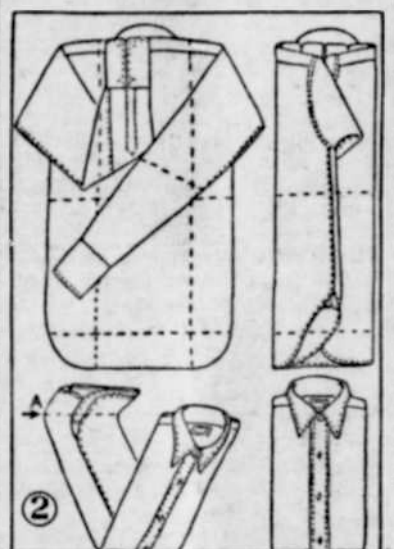
PARTICULAR WAYS TO FOLD A SHIRT

When Correctly Done Garment Retains Smoothness.

Do you know how to fold up a shirt after you have ironed it? When correctly folded the shirt will retain its smooth, trim appearance after being put away with others in a drawer or on a shelf, and it can be packed for travel with equal certainty that when taken out it will be fresh looking. Waists and dresses that are simply made can be folded in much the same way, but a better plan is to put them on hangers as soon as they are ironed, and store them in a closet that has a central pole for the purpose. All articles should be folded as little as possible, but this depends, of course, on the space available for storing them. In general, fold pieces lengthwise in the direction of the warp and then very lightly crosswise until a convenient size is reached.

To fold a shirt or blouse, button it down the front and then lay it front side down on a table or board, making sure there are no wrinkles. This is illustrated in diagram 1, which is from Farmers' Bulletin 1497, "Home Laundering," issued by the United States Department of Agriculture. The first folds are then made lengthwise, in such a way that the whole center front for about five inches each side of the middle will be kept smooth. The sleeves, by means of diagonal folds, are brought straight down the back lengthwise. Parts of the two sleeves will overlap. In the case of a shirt there will be an end or "tail" beyond the sleeves. This is turned back over the cuffs, and the shirt is folded across once more, leaving the front on the outside. A little

agram 2. Two diagonal folds are made in each sleeve, bringing the cuffs to the neck instead of straight down. They are usually pinned in place. The sides of the shirt are then turned in lengthwise, and the same two folds across are made as in the other method. The short fold is tucked between the captured cuffs and the back of the shirt and pinned. This method makes a firm package for the retail



Manufacturers' Way of Folding.

merchant to handle, but the sleeves are more wrinkled when the shirt is opened up than when it has been folded the other way.

Preparing Chocolate or Cocoa Is Not Difficult

Cocoa is easy to make. There are two points to keep in mind. In the first place, it lumps quite easily, and in the second it should be boiled to thicken it and develop a somewhat better flavor. If the dry cocoa is combined with sugar, the sugar separates the particles and prevents lumping. To this may be added a small amount of water or milk. Heat to boiling until it thickens, boiling two or three minutes. Then add all remainder of the milk and heat to serving temperature.

Chocolate may be prepared in the same way, melting the amount of chocolate required in a small amount of water or milk, with the added sugar. It is not necessary to grate the chocolate. When this is cooked smooth, add the remainder of the liquid.

Determine What Colors Are Becoming for Faces

To determine what colors are most becoming, drape materials of various colors and textures about the shoulders while standing before a mirror in bright daylight. If the dress is to be worn in the evening, artificial light should be used. As each color is tried, study the effect it has on the color of your eyes, your hair and your skin. If your skin tends to be sallow, you will notice that lavenders and purples make it appear more sallow and that shades of rose and reds are somewhat more becoming because some of the color is reflected in the skin. Some of the greens, especially blue greens, will bring out its complement, red, that is in the skin. Colors may also be chosen that will emphasize the beauty of the hair and the eyes.

HOUSEHOLD HINTS

A clean chimney will give more heat to each ton of coal.

Try baking some apples with the next ham you bake. The said that both are improved.

Too much beating makes cakes crack on top when they are baking. After all of the ingredients are in, one minute of beating is about right.

Scraps of soap can be put through a food chopper and used as soap chips.

Don't make the sewing-room shears do kitchen duty; it spoils them for delicate work. A pair of shears for the kitchen can easily be given a full-time job.

When babies' shoes are new, they should be at least one-fourth of an inch longer than their feet, and they should be replaced by larger ones before they fit tightly.

The KITCHEN CABINET

(©, 1927, Western Newspaper Union.)

As the trust society approaches always nearer solitude, so the most excellent speech finally falls into silence. Silence is audible to all men at all times, and in all places. She is when we hear inwardly, sound we hear outwardly.—Henry Thoreau.

EVERYDAY FOOD

When fresh mackerel cannot be obtained there is nothing better than the salted variety. It is packed in small wooden pails, with heads and tails removed so there is almost no waste. When soaked over night and then baked for twenty minutes, covered with cream, they are delicious eating.

Mackerel Potato Balls.—Cut enough pared potatoes into quarters to fill a pint cup. Turn into a saucepan and cover with boiling water and cook until tender. Mash and mix with flaked leftover cooked mackerel. Shape into balls, add seasoning and fry in fat after dipping the balls in egg.

Pacific Salad.—Take one cupful of cooked spaghetti cut into bits, one good-sized stalk of celery, two green peppers all cut fine, add two sweet cucumber pickles cut into thin slices and plenty of good boiled salad dressing.

Savory Loaf of Beef.—Take two pounds of beef from the top of the round, one cupful of bread crumbs, three-fourths of a cupful of milk, two tablespoonsful of butter, one egg, one and one-half tablespoonsful of salt, a dash of nutmeg and cayenne and the juice of one lemon. Add the dry ingredients, then the melted butter, lemon juice, egg well beaten and milk. Roll into a loaf and dust well with salt, pepper and bread crumbs; bake forty-five minutes, baste with butter and water or with beef extracts and water. Serve with a brown mushroom sauce.

Rice and Coconut Custard.—Put one-half of a cupful of well-washed rice into a double boiler with three pints of milk, cook until very soft, then set aside to cool. Beat three eggs—leaving out the white of one—add one cupful of sugar, and one cupful of fresh grated coconut. Stir into the cold mixture and bake in a moderate oven. Cover with a meringue made from the beaten white and two tablespoonsful of powdered sugar. Brown and serve with cream.

A Day With Candies.

A simple recipe for chocolate caramels is the following:

Chocolate Caramels.—Take one-half cupful of grated chocolate, one cupful of sugar, one cupful of molasses, one-half cupful of milk, one-fourth pound of grated chocolate and a tablespoonful of butter. Cook to soft ball stage and pour out into a buttered pan to cool. Cut into squares when cool enough.

Here is another:

Chocolate Caramels No. 2.—Take two cupfuls of brown sugar, one cupful of molasses, one-half cupful of milk, one-fourth pound of grated chocolate and a tablespoonful of butter. Boil twenty minutes, stirring constantly. Pour into buttered pans and mark off when cool.

Chocolate Creams.—Boil two cupfuls of sugar, one-half cupful of water and a pinch of cream of tartar until the sugar syrup makes a soft ball when dropped into cold water. Cool and stir until creamy, let stand well covered with buttered paper for two or three days to ripen. Then mold in balls, dip into baker's chocolate melted over hot water and place to cool on buttered sheets.

Orange Drops.—Grate rind from one orange, squeeze the juice, removing all seeds. Add to the juice and rind enough powdered sugar to make into small balls.

Ice Cream Candy.—Take two cupfuls of sugar, two-thirds of a cupful of cold water, one-half cupful of vinegar, boil without stirring until it makes a hard ball in water. Pour out to cool on a buttered platter and when cool pull, adding a few drops of flavoring.

Taffy.—Take two cupfuls of brown sugar, one-half cupful of butter, four tablespoonsful of molasses, two of water, two of vinegar. Boil fifteen minutes.

Hickory Nut Macaroons.—Take one pound of powdered sugar and chopped nuts, the unseasoned whites of five eggs, one tablespoonful of flour and two teaspoonfuls of baking powder. Mix all together and drop by teaspoonfuls on a baking sheet and bake a light brown.

Orange Angel Cake.—Cream two cupfuls of sugar and one-half cupful of butter, add four egg yolks, three squares of melted chocolate and one cupful of mashed potatoes. Sift two and one-half cupfuls of pastry flour, one-fourth teaspoonful of nutmeg, five teaspoonfuls of baking powder, one-half teaspoonful of salt and one-fourth teaspoonful each of cinnamon and cloves; add alternately with two-thirds cupful of milk, beat for two minutes, add one cupful of walnuts slightly chopped. Then fold in the egg whites beaten stiff. Bake in layers for twenty minutes.

Nellie Maxwell

First Visiting Cards

The first reference to the use of visiting cards in England was written 127 years ago. A Mrs. St. George, writing in her journal under that date, wrote: "Madame de Busche called to take me to pay my visits. We only dropped tickets."

The "tickets" referred to are supposed to have been similar to the calling cards now in use.

Cards were used for this purpose in China, however, as early as the T'ang dynasty, about A. D. 618.—Chicago Journal.

Children Cry for



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The flower of meekness grows on the stem of grace.—J. Montgomery.

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To be doing good is man's most glorious task.—Sophocles.

Drink Water If Back or Kidneys Hurt

Begin Taking Salts If You Feel Backache or Have Bladder Weakness

Too much rich food forms acids which excite and overwork the kidneys in their efforts to filter it from the system. Flush the kidneys occasionally to relieve them like you relieve the bowels, removing acids, waste and poison, else you may feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, the stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, the channels often get irritated, obliging one to get up two or three times during the night.

To help neutralize these irritating acids and flush out the body's urinous waste, begin drinking water. Also get about four ounces of Jad Salts from any pharmacy, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys may then act fine and bladder disorders disappear.

This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive and makes a delightful effervescent lithia-water drink which millions of men and women take now and then to help prevent serious kidney and bladder disorders. By all means, drink lots of good water every day.

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Love looks not with the eyes, but with the mind.—Shakespeare.

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Just as you are pleased at finding fault, you are displeased at finding perfection.—Lavater.



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