VARIOUS METHODS

From Recipe Given.

a larger quantity is needed; also more

yeast and sugar than the recipe pro-

vides for, says the United States De-

partment of Agriculture in Farmers'

the same amount of liquid about 216

pounds or 2% quarts of sifted soft-

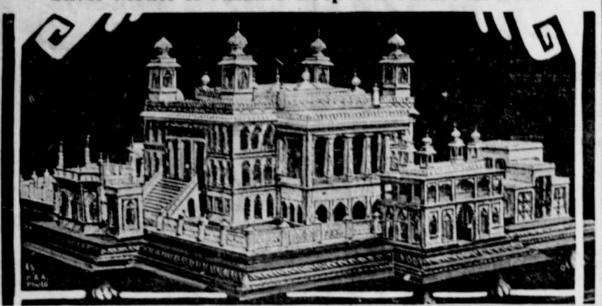
double the amount of yeast and sugar.

The liquid in either case may be milk,

water, potato water, or any combina-

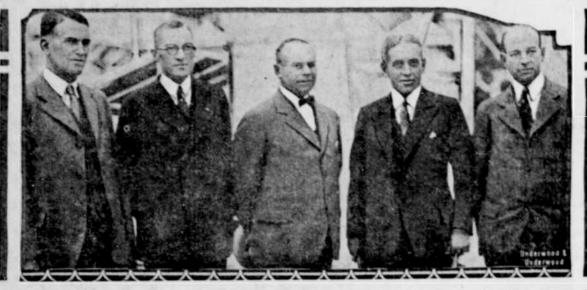
From these ingredients bread may

Silver Model of Nizam's Proposed Palace at Delhi



non people of India are beginning to complain, formally, of the huge sums taken from them by the native princes and wasted in various ways. Nevertheless the nizam of Hyderabad is now planning to build a white marble palace at Delhi, at a cost of £350,000. Above is a photograph of the silver filigree model of the palace

Our Delegates to Road Conference in Italy



is the delegation appointed by President Coolidge Milan, Italy, photographed as it was about to sail from New York. Left to right, the members are: John N. Mack-all, Paul D. Sargent, Thomas H. McDenald, H. H. Rice, and Pike Johnson.

Highland Spatees the Latest



Miss Lala and Minnie Smith, daughters of the British high commissioner for South Africa, are seen above wearing the "Highland spatee," a new fashion for women, introduced at a reception held at the Savoy hotel, London. The spatee is made of showerproof material (wool) to be worn over the silk hosiery during wet weather, to take the place of Russian boots.

Cupid Takes No Account of Years



James L. Shroyer, eighty-nine, and Mary A. Couch, seventy-two, being married in Los Angeles by Judge Holizer. Shroyer, who previously had been Rio Blanco valley. Colorado, in March married four times, took Mrs. Couch as his fifth wife, and Mrs. Couch ac- a year ago. Traffic on the highway cepted Shroyer as her second husband. Shroyer has only one child of his own, was blocked by the shifting of the but is stepfather to nine children by previous wives. Mrs. Shroyer has four mountainside. children, seven grandchildren and one great-grandchild by her former marriage. | was reported in 1909.

A man's body contains chemicals

valued at 98 cents. Water flowing from deep artesian

wells is warm because of the internal heat of the earth.

The United States is the second largest consumer of nitrogen in the world, but it ranks only tenth in production of fixed nitrogen.

Wild geese are the most wary of | The mean density of the earth is 5.5 times that of water.

usually of a dull lead color. Malaria mosquitoes cause 3,000,000 cases of chills and fever in this coun-

be made by various methods. Only the straight dough method is discussed here. With the ingredients in these proportions and with the temperature about 82 degrees Fahrenheit read can be made by this method in shortened, twice or even three times portion. The dough must then, of



The Experienced Bread Maker Tells by the Feel of the Dough When Enough Flour Has Been Added.

fermentation go too far. A small quantity of the liquid, about one-half cupful, must be set aside for softening the yeast. If milk is used, it must | The ingredients are: scalded first to check the growth

melting the sugar, sait and fat, In any case the liquid mixture should be brought to a temperature below 100 degrees Fahrenheit before mixing with the yeast. This exact temperature depends on that of the room and of the flour, and should be so adjusted to these as to bring the temperature of he dough to about 82 degrees Fahren-

The flour, except one cupful, should be added to the liquid and mixed thoroughly with a spoon, the hands or a mechanical bread mixer. All the flour may be added at once if experience has shown the amount necessary. It is impossible, however, to tell beforehand exactly how much flour will be required unless flour from this lot has been used. The experienced bread maker tells by the "feel" of the dough

when enough flour has been added. Allow the bread to rise twice to about its bulk, in a place where the temperature is from 80 to 85 degrees Fahrenhelt. Divide the loaves, mold, grease the top surface lightly, and place in pans to rise, regulating the to bake in a fairly hot oven, 400 depending on the size of the loaf. A pound louf should be baked at a higher

Peaches or Apricots May Be Peeled by Use of Lye FOR MAKING BREAD

In case a bushel or more of peaches or apricots is to be canned at one Satisfactory Article Made time, they may be peeled with the use of lye, but this method is not justified with a smaller quantity, says the United States Department of Agricul-Prepared by the United States Department of Agriculture ture. It is necessary to be careful in About three and a half pounds of using the lye, especially if there are very satisfactory homemade bread can children around, for it is a powerful be made from the proportions given caustic and serious accidents have Hard-wheat or bread flour is happened. called for. If soft-wheat flour is used

To peel peaches or apricots with lye, prepare in an agateware or iron kettle, a solution of one-fourth pound of granulated lye of a standard brand, in two gailons of water. This quan-Bulletin 1450-F, "Home Baking." For tity is equal to four ounces or four level tablespoonfuls of lye. Never use an aluminum kettle for this purpose. wheat flour will be required, and about | Heat the mixture to boiling, and while actively boiling immerse the peaches or apricots in a wire basket until the skin is loosened and partially disfon of these. All measurements are solved. This will usually require 30 to 60 seconds. Remove the fruit, wash it at once in running water, if possi-About 2% pounds, or 2 tablespoonfuls sugar 2% quarts, sifted hard-wheat flour. 2 tablespoonfuls fat tonce in running water, it at once in running water, it possible, until the skin and lye are removed, and thoroughly rinse the fruit. If still water is used, rinse the fruit in a fresh supply after washing fruit in a fresh supply after washing off the skin and lye.

Hominy Grits Left Over

Always Find Much Favor Left-overs of hominy grits, browned about four hours from the time the good, and can be served at any meal. dough is mixed until the loaves are The hominy is boiled first and often put in the oven. If the time must be part at least is served as a mush, either for breakfast or to accompany as much yeast may be used and the sausage or other meat. What is left sugar increased in about the same pro- is poured while warm into a bread tin to mold it so that attractive slices can be cut when it is cold The silices should be at least half an nch thick. They are dipped in flour and fried to a delicate brown on all ides. The United States Department of Agriculture points out that care should be taken to have the fat sufficiently hot so that a crust is quickly formed, while the inside of the slice

> are to be eaten. For dinner, fried grits may take the place of other starchy foods, such as potatoes, rice, or macaroni, or they may be used for dessert with a favorite strup, honey, preserves, or sugar and cinnamon. Served in either way, fried hominy grits may be the main dish at lunch or breakfast, much as waffles or pancakes are used.

remains soft. Time the cooking of the fried hominy grits so as to have them not and ready at the moment they

Spanish Sauce Depends

Much on a Combination Spanish or creole sauce depents for its characteristic flavor on a combination of pimento or green pepper, tocourse, be watched very closely, as matô, celery, and onion, according there is more danger of letting the to the United States Department of Agriculture. Minced ham or bacon is often added as in the following recipe, but for a Lenten menu may be omitted

1 pint canned to- 1 chopped green

of bacteria, and then cooled. In this case the part reserved for soaking the yeast should be cooled quickly, and the rest may be poured while still hot over the sugar, sait and fat.

Other liquids than milk usually do not require heating, but often this is done for convenience in dissolving and melting the sugar sail and fat.

1 pint canned to-matoes pepper or equal quantity of chopped canned pinentoes 2 tablespoonfuls butter tablespoonful of sugar (if liked)

4 tablespoonful of sugar (if liked)

5 tablespoonful of sugar (if liked)

6 tablespoonful of sugar (if liked)

7 tablespoonful of sugar (if liked)

8 tablespoonful of sugar (if liked)

9 tablespoonful of sugar (if liked)

the butter until it is tender and yellow: then the peppers, celery, tomatoes and seasonings are added and simmered together for half an hour, Remove the bay leaf before serving. This sauce will be somewhat thickened as the moisture cooks out of the various vegetables, but it will need at least a tablespoonful of flour blended with a little melted butter stirred in toward the end of the cooking period. Pour it over the omelet and serve.

Housekeepers Often Ask What Is Essential Food

It is impossible to make a fist of the essential foods, says the United States Department of Agriculture There are essential nutrients, or nourishing substances, in foods, however, and we may list foods that contain these essential nutrients. Such a list for a child one and a half years or older would contain for a day at least a pint of milk; an egg temperature carefully as before. Start or helping of ment; a whole-grain cereal breakfast food, or whole-grain grees to 415 degrees Fahrenheit, de- bread, or a baked or boiled potato, At one meal at least one cooked vegetable other than potato; at one temperature and more quickly than a | meal fruit, fresh, canned, or dried; pound and a half loaf, Turn the loaves | and at another fresh fruit or a raw around after 20 minutes and lower the green vegetable such as lettuce, or a temperature of the oven. Bake from little canned tomato. Added to these there should be butter at every meal,

COTTAGE CHEESE MADE FROM SKIM MILK



Cottage Cheese Pie, One of the Good Dishes That Can Be Made From This Valuable Food.

(Prepared by the United States Department of Agriculture.) Cottage cheese made from skim milk furnishes all the food principles found in milk except the butterfat. If desired, cream may be added to make up for this deficiency. There are many ways in which cottage cheese may be served cooked, as well as in its original form.

HOUSEHOLD HINTS

A sunbath for the bread box now and then helps to prevent moldy bread.

When peaches are over-soft, press them through a fruit strainer and serve ice cold with whipped cream.

Fat should be hot enough to brown a piece of bread in 20 seconds before potatoes should be put in for French

Windfall apples, plums and peaches

Fruit stains will come out of white or fast colored materials if the stained part is placed over a bowl and boiling water is poured through it from a height.

Buttermilk or vinegar will remove tarnish from copper or brass. The metal must be washed with water and dried afterward, however, or it will tarnish again quickly.

LUXURIOUS UTILITY COATS; **AUTUMN MILLINERY IS HERE**

C OMES now autumn with winter ing. It is the yield-to-the-touch chance not far away and what has fash- peau which is making its debut for ion to say in regard to the coats we will wear to protect us from chilling here, a clever kink there and a dimwinds? Briefly let the answer be- pling or denting-after-it-is-on of the luxurious plaids, fur-collared, and if crown milady tunes her headwear to

it so please you, fur-lined. is manifesting itself between the notice. sports or utility coats and the dressler types for more formal occasion. of new vagaries in the way of fanciful daytime affairs is remaining leyal to are as limber as a wireless, unstiffened

autumn and winter. With a deft pull her own individual style of beauty An increasing difference in styling from now on or at least until further

The new exquisitely fine felts and velours let their modishness be ac While the latter is taking on all sorts | cented through rippling brims and adjustable crowns. Just as important sleeves and decorative features, the as the felts and even more so, are the coat which we will serve for play, for muchly bestitched, besmocked and work, for school and for all practical beshirred velvet hata, most of which



A Fur-Collared Plaid Coat.

drous fur collars and sometimes long portant style items. revers at the front opening. An interthey are reversible.

Deep, roomy useful patch pockets are a prominent feature for the com- beige coloring. ing season's practical coat. The pic-

he regulation slim silhouette, stress | shape can be. The millinery group in ing warm deep-pile fabrics and won- the picture records some vastly im-

The little hat in the lower left coresting item about some of the lighter ner of this collection has three outweight fur-lined cloth coats is that standing features, namely, it is smocked, is styled of smart-looking suede cioth and exploits the popular

Stitching is one of the stressed ture defines a very stylish model of treatments for velvet. Sometimes the handsome wool plaid, its brilliant col- stitching is so close that when done ors accented in contrast to the wide, in thread contrasting the velvet the efplain but very elegant sealskin coi- fect is of a solid coloring. The gracelar. The cleverly designed pockets ful velvet hat shown last in the picand cuffs add a pleasing note of varia- ture shows a profuse stitching, also



Some Autumn Millinery.

tion in that plaid-on-the-bias is used one of the new whimsical soft brims. for trimming. Among coats for motoring, traveling and general sports fur-lined suede models are appealingly styled.

To much cannot be foretold in regard to lavish fur trimmings, but for the present many of the fall models show merely the fur collars. Coats of fur fabric with trimming of genuine fur are proving an interesting new subject in the realm of later winter

Not this season will madame or miss be expected to put on a hat and wear it, becoming or not becom-

WIRDS.

The center model to the left, too, is of velvet and being of the extremely stylish vagabond type it may be bent to become. It is everywhere apparent that brim

bindings are featuring the newer felt shapes. Note with what nicety the brim is bound and the crown be-ribboned in the hat illustrated first. Hatter's plush, please do not forget,

is to be a leading medium for the styling of hats. Note its use for the model shown to the right center.

JULIA BOTTOMLEY. (fc), 1926, Western Newspaper Union.)

Colored girdles and sashes are seen everywhere. The number of white organdie frocks with pink satin girdles reassures the most cynical as to the return of feminine modes.

Almost Mid-Victorian

Smart Millinery

Both large and small shapes are featured in sports hats of natural colored ballibunti which are introduced as the smartest hats for informal wear with sports suits or jumper frocks.

Red Is the Color

"Wear red" is the edict from Paris and red in all its tones, from a light rather pinkish tone to the deep strawberry and wine reds is conspicuously exploited in models to come from the salons of famous designers.

New Fashion Edict

The ukase is that jabots shall be visible in front only. That is to say, the white collar should never be worn outside the cost.

OF INTEREST TO EVERYBODY

Diamonds in their natural state are

try annually. Experiments have shown that seeds may sprout after being frozen for the first record of such an operation three days at a tempertaure of 427 degrees below zero. Fahrenheit.

GOLDA A. FOSSETT



Women have ventured into many fields in the business world, but Miss Golda A. Fossett is said to have the distinction of being the only one of her sex at the helm of a national live stock exposition. As secretary of the National Swine show, celebrating its eleventh anniversary at Peorla, Ill., September 13 to 18, Miss Fossett shoulders most of the responsibility incident to making this blue ribbon event of American hogdom a success. Hog men throughout the country agree that she is "boss of the show."

EATS MOST CLAMS



Mrs. Rose Rooney as she appeared winning the clarr-eating contest which was held at the Antiquarian clam bake at Rehoboth, Mass. Mrs. Rooney ate two pecks of clams, beating the record and the two men who opposed

Moving Mountain

mountain approximately 2,000 feet high moved slowly across the A similar movement

Rapid Pipe Smoking

An ordinary pipe can be smoked in eighteen minutes, although British pipe smokers who have crammed the bowl of the pipe full of a peculiar grade of tobacco have been known to smoke it in eleven minutes.

Gland Transplanting

The transplanting of glands into the human system is no new discovery, being accredited to John Hunter in 1672, says the Chicago Journal,

may be converted into fruit butters.