

WASHABLE DAYTIME FROCKS; MILLINERY FOR LITTLE MISSES

SUMMER has brought a number of washable frocks for general daytime wear, some of them made of new materials, unfamiliar but interesting, and others of familiar cotton cloths woven in new patterns. These frocks do not include house dresses, which are in a class by themselves, but they comprise one and two-piece dresses, made of rayon materials, in plain and fancy weaves, pongee dresses in tailored styles and frocks that employ printed batiste, cotton charmeuse, dotted swiss and voile in pretty and practical styling. So far, voile is the best liked and most widely known of these light summer cottons.

Pongee is made up in tailored fashion with plain skirts, short and plaited

stylists agree that the story of children's millinery does not begin and end with this A, B, C headwear. It includes many enticing fairy tales as well—much to the joy of little ladies and of all who see them. Among these fanciful hats there are types to suit little personages of various dispositions—gay, demure or elfish, and in them designers find a chance to be whimsical and amusing, also quite independent of grown-up styles or ingenious in making childish adaptations of them.

The group of hats for little girls shown here includes several popular types and leads off with an original and whimsical little model that suggests an inverted basket worn on a



MADE OF RAYON AND COTTON MIXTURE.

at the sides, and jumpers opening in a "V" shaped neckline.

Long and wide ribbon ties are worn with these jumpers. One pretty model has patch pockets at each side on the hemline.

Frocks of pastel colored voile are usually trimmed with little ruffles of the material edging the collar and cuffs, or bordered with narrow bands of plain white voile. Pearl buttons or a little simple needlework are liked on these dresses and the new models have sleeves that do not quite reach the elbows. But the most interesting of these practical and pretty frocks are those made of rayon and cotton mixtures in fancy weaves. One of

roguish head. It is made of chiffon and has an upturned brim with narrow ribbon set in loops about it. Between the loops there are tiny roses. A little work of narrow straw braid makes the collar about the crown, and ribbon is used for the bridle that ends in a little bow with falling end at the right side.

Silk, straw braid and ribbon make the pretty hat below at the left. Its puffed crown is centered with a braid plaque and two ruffles of ribbon are set on the upper brim. Two rows of braid, piped with silk, form the collar about the side crown and it is finished with an ornament placed at the right side made of loops of ribbon and



HATS FOR YOUNGSTERS.

is shown in the picture. It is a slip-on model with short kimono sleeves and square neck opening, split a little way down on the left side. Very simple embroidery in colored silks appears at the neck and low waistline. These rayon mixtures are woven in colors and in white, and shown in cross-bar and striped patterns. Some of the fancy weaves in white are very effective. In view of the durability of these new materials, the splendid way in which they stand tubbing and their silky luster, there is no telling how far they will go in supplying washable daytime and sports frocks.

The most youthful of fashionable heads are usually clad, as they should be, in very simple hats; but

a rosette of braid. At the right a plain millan hat has a collar of narrow ribbon and a simple pattern of embroidery in raffia or other lustrous medium on the crown. Another millan shape, with tall crown, mimics the new tall-crowned hats for grown-ups, but turns up its brim at the front and back in a way that is certainly saucy. Rosettes of ribbon in two colors are placed at the front.

JULIE BOTTOMLEY.
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Narrow at Shoulder
Capotes of all lengths are nearly always circular in cut, and, no matter how voluminous they become about the feet, they keep a narrow, neat shoulder line.

Black and Rose
The black frocks so universally stressed by the smart shops of New York would be considered incomplete if they did not have a touch of rose to set them off. Sometimes this takes

the form of an artificial flower. On some other rose forms or outlines the neckline, and on still others a rose split beneath a diaphanous material gives the touch needed.

New Handkerchiefs
Lovely new handkerchiefs show little embroidered flowers cut out and fastened by the centers to the corners of a colored linen handkerchief. The flowers are cut out of white linen, buttoned around the edge with white.

CHOOSING CURTAINS FOR "BETTER HOMES"



Good Curtains of Flowered Cretonne for a Room With Plain Walls.

(Prepared by the United States Department of Agriculture.)

Choosing curtains for the house brings to mind fabrics of charming color and texture hanging in graceful folds. But it is not always easy to get just the effect the mind first pictured, and cost much be considered. To curtain the windows of even a five-room house, about 60 yards of material is needed, and curtains generally have to be renewed every few years.

As a help to homemakers, the United States Department of Agriculture makes suggestions about curtain fabrics and ways of hanging them. Curtains are an excellent means of furnishing up an old house, or are needed as the finishing touch to a new one.

In planning curtains remember that windows are put in houses in order to admit light and air. Make your curtains as simple as effectiveness will permit. Elaborate curtains defeat the purpose of windows and are out of place in the average home.

Shape and Size of Window.
Look carefully at the shape and size of the windows and how they are placed in the walls. Picture the effect of curtains of various styles on those particular windows and how they will appear from the outside as well as the inside of the house. If there are lovely views from the windows, study how to keep them without sacrificing privacy and an attractive interior.

An unattractive view may need to be screened by curtains, but beware of shutting out too much light.

Study the general style of your room. Curtains can help to make a room homelike and inviting or dignified and formal, depending on the kind of material used and how it is hung.

Glass curtains made of this material and hung on a straight rod inside the casing close to the glass, soften and change the color of the light coming into the room, lend an air of privacy, and are a protection to side draperies. Glass curtains should be just long enough to escape the sill.

Side Draperies Useful.
Side draperies give a finished appearance to the window, are useful as shades if arranged to draw, and are a good means of adding color to the room and of modifying poor proportions. In small homes, side draperies that end on a line with the apron of the window are more suitable. If a more formal effect is desired, let them extend to the baseboard or an inch above the floor.

A valance used with or without draperies carries the eye across the top, and has the effect of decreasing the height of room and window.

Before buying curtain material, get samples of the kinds that seem most suitable and see how they go with walls, woodwork, floor and furniture, by both day and artificial light. Strong light shining through curtain fabrics often brings out striking effects not suspected until put to this test.

Excellent curtain materials can sometimes be found among the dress goods. Fabrics and colors that will clean well and withstand light, are the best bargain in the end. Examine also for defects in the weave that may show up when the curtains are hung.

With figured wall paper, choose plain-colored curtain material. If the walls and most of the furnishings are plain the curtains may be figured, but preferably with the background the same color or slightly deeper than the walls. With cream walls, for instance, a cretonne with soft tan background and figures that repeat the colors used elsewhere in the room might be suitable for living and dining rooms.

In selecting figured materials give preference to conventional designs that will stand the test of being looked at day after day.

PROPER FOOD FOR YOUNG CHILDREN
Essential Facts About Foods in Popular Discussion.

(Prepared by the United States Department of Agriculture.)

The time-worn question, "What shall we eat?" has been attacked from a new angle in a government bulletin written for junior homemakers. Miscellaneous Circular 49, "A Guide to Good Meals for the Junior Homemakers," recently published by the United States Department of Agriculture, approaches a group not previously appealed to in the literature of nutrition: The interest of younger children has for some time been attacked by food and health rhymes, by illustrations of animated milk bottles, grinning cereal bowls, and dancing egg cups. Adults have been encouraged through many publications, both popular and technical, to choose the right food for themselves and their offspring. But the adolescents at the pickle-eating, ice-cream-gorging stage have until now had a government bulletin solely for themselves.

The authors, Ruth Van Deman and Caroline L. Hunt, are specialists in the bureau of home economics. They have presented the essential facts about foods in popular discussion. A novel introductory paragraph suggests that if all kinds of foods in the world were to be assembled in one market where people of all races came to buy, the combinations they chose would have similar food value though made up of very different foods. For instance, the Japanese might select fish, rice, certain legumes, soja sauce, bamboo sprouts, and persimmons, while the American chose meat, eggs, milk, bread, a variety of American fruits and vegetables, but each would have the makings of a well-balanced diet. The youthful readers are introduced to the term "calorie" in such a way that it can no longer hold any mystery for them. They are also advised to keep track of their weight, to drink at least a pint of milk a day, to include an abundance of vitamins and minerals (from the vegetable and fruit groups), and to limit the quantity of sweets used.

The circular containing these valuable suggestions to home makers of the future may be had while the supply lasts by writing to the United States Department of Agriculture, Washington, D. C.

HOUSEHOLD HINTS

A sand-pile is ideal for keeping the youngsters entertained and out of mischief.

A pair of gloves, a lemon, and a good hand lotion should be part of every woman's cleaning equipment.

Remove white water marks from varnished furniture by rubbing them with a light machine oil.

Merits of Soft Custard and Cream Are Outlined

Some people always make a soft custard for pudding sauce instead of using cream. As to the relative merits of soft custard and cream used in this way, the United States Department of Agriculture makes the following explanation: Soft custard, for which the proportions are a pint of milk, the yolks of three eggs, one-quarter cupful sugar, one-eighth teaspoonful salt, and any desired flavoring is very much like ordinary cream in composition except in the matter of iron. Of that important element a given amount of custard contains three or four times as much iron as the same amount of cream. It is to be recommended, therefore, for those who specially need iron. Children who get most of their protein from milk are likely to be more in need of iron than of calcium. Adults, on the other hand, who get most of their protein from meat are likely to need calcium more than iron. In general, therefore, the soft custard is better for children and cream just as good or better for grownups. Since cream differs in price very little with the season, the economy involved in using soft custard depends chiefly on the price of eggs.

Do Not Kill Germs

Septic tanks do not kill disease germs. Some of the harmful germs in sewage die during their passage through a tank, but a septic tank has no more power of killing germs than does an ordinary barrel, box, or cistern. A portion of the solids in the sewage decompose or rot, but the escaping liquid is still foul and dangerous.

Serious Fire Risk

Oil cloths used in polishing floors and woodwork are a serious fire risk. Cloths moistened with linseed oil are especially liable to spontaneous combustion, and serious fires have resulted from this cause. They should be either destroyed immediately after use or kept in a tightly-covered fire-proof container.

Preserve Pie Crust

To keep the undercrust of a custard pie from raising up in bubbles before putting in the custard mixture, and before you put the crust in the oven prick it in several places with a fork. This will let the steam out and prevent the crust from raising up in bubbles.

Too much salt or too much sugar will make pickles wither or shrink.

A thin coat of varnish helps preserve the surface of printed linoleum.

Short, quick cooling of vegetables is being recommended in order to conserve their vitamins. Cooking in little or no water helps to save the minerals needed by the body. If cooked in a great deal of water these minerals are dissolved in the pot liquor and often thrown away.



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Three things to delight in—beauty, frankness and well doing.
Three things to avoid—idleness, loquacity and flippant jesting.
Three things to cultivate—good taste, good manners and good humor.

SEASONABLE DISHES

A tasty salad is always in season and now with fresh green things in abundance one may have a variety of summer salads. Try slicing small green onions very thin, adding half of a green pepper, more or less as one likes the flavor, cover with sour cream, adding a bit of salt and cayenne. A spoonful of mayonnaise may be added to season more highly if desired. Serve on lettuce. Cottage cheese served on lettuce with a spoonful of crushed fresh currants, sweetened very sweet, is another well-liked combination. When the fruit is not in season open a can that has been crushed with sugar and canned without cooking.

Combination Salad.—Shred a small head of early cabbage and cover with cold water to crisp. Arrange tender leaves of lettuce on salad plates and heap on the following combination well mixed with good mayonnaise: one finely cubed apple, one-half of a green pepper finely shredded, one banana sliced and chopped fine; add the cabbage; a bit of pineapple will not spoil the combination.

Strawberry Whip.—Mix one cupful of crushed strawberries with one-third of a cupful of powdered sugar. Beat the whites of three eggs, add one-third of a cupful of sugar and one-quarter of a teaspoonful of cream of tartar, beat again. Combine the mixtures and serve in sherbet cups or as a sauce on sponge cake.

Baked Beans With Sausage.—Parboil one quart of navy beans after soaking them over night. When the skins crack, place them in a bean pot, adding three tablespoonfuls of molasses and salt to taste. Bake all day. One hour before serving place link sausages over the top and allow them to bake.

Creole Soup.—Chop one small turnip, one onion and one carrot. Cook these with two tablespoonfuls of rice, a pint of tomato, two teaspoonfuls of salt and two cupfuls of water. When the vegetables are tender, rub through a colander. Add a tablespoonful of butter and serve hot.

Rhubarb Baked With Figs.—Cover well-washed figs with boiling water and cook until the water is nearly evaporated. Cut a pound of unpeeled rhubarb into inch pieces, put a layer into a baking dish, sprinkle with sugar, then add a few figs; repeat until the dish is full. Add a few tablespoonfuls of water and bake covered in a slow oven until the fruit is tender.

Helpful Suggestions.

On damp or rainy days be sure to supply the boiling pots and pans with plenty of water as the air like a wet sponge absorbs more moisture than when dry.

Obstinate stains of almost any kind may be removed with peroxide and soap; then place in the sun. Sometimes several applications will be necessary. Be sure to rinse well after using peroxide. Rust stains are easily removed with lemon juice and salt in the bright sunshine. Salts of lemon moistened with water is very effective and is always ready to use. Any stain remover should be carefully rinsed out after applying.

When baking a cake set the alarm clock so that no matter how busy the attention will be called to the kitchen.

Leftover oatmeal may, by the addition of water and reheating, serve again as fresh oatmeal.

Put a layer of finely chopped black walnuts over the top of a custard pie. Any chopped nuts or coconut will be good.

Old stocking legs make fine overshoes to slip on when working in the kitchen; they save the good dress sleeves. Cut at the seams and sewed together they make very good dust cloths and dust mops.

Candles for use on the table will burn clearer and longer if placed on ice for a day before using. A ring of salt put around the lamp wick will give a soft steady flame and will burn all night.

Cracks and splits in furniture may be filled with melted beeswax, then varnished, so that they will hardly show.

Black mustard seed, if sowed in the garden, will make the best of salad plants late into the fall. Nice for greens and served with lettuce it is especially good.

Dampener the brush of the carpet sweeper—it will do much better work in picking up threads and lint.

Solled coat collars may be cleaned with cornmeal wet with gasoline; rub in well and brush out. Velvet will look like new thus cleaned.

Pineapple juice is a good cure for indigestion. Pineapple, one can shredded, three bananas and one orange sliced very thin makes a filling for a large cake.

Nellie Maxwell

Sorta Good?

"The greatest woman in history is the wife of a man of moderate means who does her own cooking, washing and ironing, brings up a family of girls and boys to be useful members of society and finds time for her own intellectual and moral improvement."

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