

The Beaverton Review

and T. E. BANKS HERALD
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J. H. Hulet
Editor and Publisher

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Many a man gets fat, just because he daily doesn't.

Jumping at conclusions is quite often jumping at delusions.

Destructive criticism is nothing but a terrible waste of time and energy.

We know of a woman who is trying to reduce by careful dieting between meals.

If a man says the daily paper is growing uninteresting, it's a pretty good sign that he is tiring of cross-word puzzles.

In one of the Sunday papers was the story of a man who lives on onions alone. Anyone who lives on onions ought to live alone.

Cross-Word Puzzle No. 178, 283,934,977,863: A three-letter word meaning forty-eight cents worth of material made up into a \$30 head covering for females.

An effort is now being made to prove where and how the cross-word puzzle originated, but we always supposed that it originated with the crazy quilt.

We saw a heading on the sporting page the other day, as follows: "Princeton Eleven Will Lose Thirteen Men." Maybe the cross-word puzzle workers can figure that out.

The man who does his community, or his country, the most good is he who makes it his business to see if a thing is as wrong as it is reported to be, and then sets about to help remedy it.

The publication of a new magazine to be entitled "The Pursuit of Happiness" is now proposed. When it is issued, a man will be able to walk into the book store, throw down his money and say, "Give me 'Life,' 'Liberty,' and 'The Pursuit of Happiness.'"

HOME WATER SUPPLIES

A recent investigation of nine thousand farm wells in Illinois showed that 44 per cent of these water supplies were impure. Country life gives everyone a superior chance for health and avoidance of diseases. But to realize these chances, the people must cooperate to a certain extent and take steps to see that their water supplies are protected from pollution.

A stream of poison running into a well is likely to offset all the good that is done by the fresh air and wholesome food and outdoor work of country life.

WERELY HANGS A TALE

"He used to dream of painting a picture that would be hung in the Louvre."

"Never realized the dream?"
"No, but he had his picture hung in the rogues' gallery and he himself was hung in the jail yard."

Son—What are revenues?
Dad—Taxes Uncle Sam gets.

Son—What does he do with them, daddy?
Dad—He spends them to run the government, sonny.

Son—Silence, then "Daddy!"
Dad—Yes, sonny?

Son—Let's start a government.

The keeping qualities of the Golden Delicious apple in western Oregon are being studied at the experiment station. In eastern Oregon this variety has proved one of the best. There it develops a good waxy cuticle, which has been found to add to the keeping quality of most varieties. In the western part of the state, though it bears well, the fruit does not keep like the eastern product. However, the trees are still young, and the experiment station hopes that as they become older the fruit will develop this waxy covering.

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The Beaverton Review

Household Dept.

VALUABLE HOUSEHOLD RECIPES AND SUGGESTIONS

Lettuce Salad—Line a fancy salad dish with a few slices of cold boiled chicken, then with large crisp lettuce leaves, sprinkle over all some grated celery, add pinch of salt and pepper, toss over all a little vinegar, and lastly one-half cupful of crisp small pieces of fried bacon.

Raw Carrot Salad—Chop raw carrots and mix with a dressing made of a large cup of thick cream beaten with three teaspoons of sugar and a tablespoon of sharp vinegar. This is especially nice if the cream is whipped first.

Macaroni Salad—Grind 2 slices of boiled ham, 3 sweet pickles and one half can pimentoes and mix with 2 cups boiled macaroni or spaghetti and a good salad dressing. Serve in crisp lettuce leaves.

Celery And Apple Salad—Get one, rosy apples, wipe them carefully, and scoop out the inside, removing the cores and some of the apple. Chop equal parts of celery and apple, and squeeze some lemon-juice on the apple to keep it from discoloring. Make a French salad dressing of oil, salt, pepper and vinegar, and toss the celery and apple around in this; then fill the appleshells and garnish with sprigs of celery.

Easter Salad—Cut potatoes into long narrow strips, as for straws, boil in salted water until barely done, drain, and while still warm sprinkle with a little oil, lemon, and onion juice and let stand until cold. Arrange these straws into little nest shapes on crisp lettuce leaves. Make small balls of cream cheese, roll them in grated yellow cheese, and lay them in the nests. Serve with mayonnaise for the potatoes.

Baked Salmon Loaf—1 pint of cooked salmon, free from bone and shredded fine. One cupful of bread crumbs, one egg, one tablespoonful of butter, one-half teaspoonful of salt. Mix all together. Take two hard boiled eggs, fold them in the center of the loaf, and bake for half an hour in a moderate oven. This is very nice sliced cold for lunch, or they may be eaten hot with a white cream sauce made as follows: One tablespoonful of butter, one teaspoonful of flour, one cupful of milk. Let come to a boil, and season with salt and pepper.

Braised Steak—Wipe a thick slice of round steak, sprinkle with salt and pepper, dredge with flour and brown in a hot

the beef or bacon drippings with one teaspoon finely minced onion and one allspice berry. When evenly browned drain off some of the fat, add two cups of brown stock or water, 1 cup strained potatoes, two small, mild onions, one carrot, one sliced turnip, and a small sprig of parsley. Cover and cook it gently for about three hours. Remove meat from sauce and strain sauce, thicken with flour or cornstarch, and serve with the meat.

Crown Roast of Pork—Buy twelve pork chops. Trim the ends free from meat like a French lamb chop. Tie these together so that all the bones stand straight up and the chops form a circle or "crown" with a little space in the center. Fill this space with small white onions peeled or with sausage mixed with one-third the quantity of bread-crumbs. Place the roast in a pan and pour around it one cupful of hot water and then roast for two hours and a half or three hours until thoroughly cooked. Baste frequently.

FARM REMINDERS

To avoid a rot which attacks vegetable seedlings in spring, the careful Oregon gardener provides for the aeration of his soil beds. The large amount of damp weather in February and March is blamed by the experiment station for the spread of this disease, which causes the seedlings to rot when they are young.

Hot bed sashes are not allowed to cover up a bed of plants for any length of time without some aeration. Otherwise, water will condense on the under side of the sashes from the heat of the bed. This moisture dripping on the plants below, has a tendency to make them rot. Aeration prevents the water condensation.

Young vegetable plants, such as cabbage, lettuce, and tomatoes, are transplanted for the first time when they have shown their first true leaf, which is the third leaf. Some Oregon gardeners leave the plants in the seed bed too long before the first transplanting, the experiment station has observed. The plants become tall and spindling before they are removed to a place where they can begin to develop.

The distance apart to place these young plants in the hot beds is two inches for lettuce and cabbage, and at least 6

DR. THEO. G. HETU

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MICKIE, THE PRINTER'S DEVIL

EVERY TIME MY WIFE MENTIONS SOMETHING WE NEED I MAKE OUR HOME COMPLETE, I JOY DOWN ITS COST, "SEED ED DIBBLE." "THE TOTAL FOR A MONTH WAS \$4,687, OR OVER TWO YEARS' INCOME!"



BE, THESE CROSSWORD PUZZLES ARE PURE EDUCATIONAL, "SEED OLE CAP CRABS." "THE ONLY DIFFICULTY IS IN WORKING INTO AN ORDINARY CONVERSATION SOME OF TH' WORDS YA LEARN, SECH AS AMAH, BOA, ELI, EOH, YAPIS, EU, UBONT, ESTOP, AEO, ERA AND MALTGROSS!"

RUFLE SLADE AINT AMONG THOSE WHO ARE DISAPPOINTED BECUZ THEY DONT GET LOW NUMBERS ON THEIR AUTO LICENSE TAGS. "WHAT A FELLER NEEDS FER A QUICK AND SAFE GETAWAY," GRZ RUFLE "IS A NUMBER LIKE 17829362439251673 987."

Just Talk

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LETTERS

From Our Readers

Hillsboro, Oregon, Jan. 29, 1925.—Mr. J. B. Kamberger, Clerk District No. 18, Beaverton, Oregon. Dear Mr. Kamberger: I spent one day last week at the Beaverton Schools. I visited every room but one in both the grade school and the high school. I was especially well pleased with the good will spirit that seems to exist between pupils and teachers. The students in both schools seem quiet and well behaved and yet do not seem to be repressed. Everyone seemed busy and they seemed satisfied to be busy. Of course there are always a few pupils to whom this statement will not apply, but I did not discover them in my short visit. I would like to think of at least one thing which I could criticize adversely so that this letter will not sound like a eulogy, but I found nothing with which I could find fault. Yours sincerely, Emma Bryant, County School Superintendent.

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WANTED and FOR SALE
For Sale—Good radio outfit. Mrs. C. A. Haulenbeck. Adv-c 1117

Wanted—General Contracting and Building work, Joseph Knox, Phone, M 5863, Route 4, Box 255-A, Portland Oregon. Adv-c 11

For Sale—Improved city lot on North Main street. Inquire of Lino Arata, near Car Shops, Beaverton. Adv-c 12-15

Say It With Printing "Flowers Die" The Beaverton Review

PUT CREAM IN NOSE AND STOP CATARRH
Tells How To Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The air passage of your head will clear and you can breathe freely. No more dullness, headache, no yawning, snoring, mucous discharges or dryness; no straining for breath at night. Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly. It is just what every cold and croup sufferer needs. Don't stay stuffed and miserable.

CATARRH
Catarrh is a Local disease greatly influenced by Constitutional conditions. ELY'S CATARRH MEDICINE consists of an Ointment which gives Quick Relief by local application, and the Internal Medicine, a Tonic, which acts through the Blood on the Mucous Surfaces and assists in ridding your System of Catarrh. Sold by druggists for over 40 Years. F. J. Cheney & Co., Toledo, O.

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