GIRL KEPT LOSING WEIGHT

Lydia E. Pinkham's Vegetable Compound Built Her Up

Scobey, Mont.—"I was working for two years—clerking in a store—and seemed to be steadily losing in weight so was forced to give up my work. A neighbor recommended Lydia E. Pinkham's Vegetable Compound to me and I have now taken six bottles and can't tell you how I have appreciated it. I am feeling better and stronger every day. I recommend it to all young girls and if any have the same trouble and will write to me I will gladly answer."—MRS. EMIL H. GERTHS, Box 476, Scobey, Montana.

Sure Relief

No more Over-Acidity

Gas, nausea, sick headache, heartburn, distress after eating or drinking quickly and surely relieved. Safe. Pleasant. Not a laxative.

Normalizes Digestion and Sweetens the Breath

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

25¢ AND 75¢ PACKAGES EVERYWHERE

A Means of Escape

Office Boy—Two men outside to see you, sir. One is a poet and the other is stone deaf.

Busy Editor—Well, tell the poet that the deaf man is the editor.—Family Herald.

Mightier Than Sword

"My pen is my upkeep."
"Are you an author?"
"Gosh, no. I raise hogs."

Charity covers a multitude of sins that should be allowed to remain uncovered.

It's a signal triumph for the weather man when his prediction happens to come true.

If a woman once poses as a beauty it keeps her busy trying to live up to it.

It May Be *Urgent*

When *your* Children Cry for It

Castoria is a comfort when Baby is fretful. No sooner taken than the little one is at ease. If restless, a few drops soon bring contentment. No harm done, for Castoria is a baby remedy, meant for babies. Perfectly safe to give the youngest infant; you have the doctors' word for that! It is a vegetable product and you could use it every day. But it's in an emergency that Castoria means most. Some night when constipation must be relieved—or colic pain—or other suffering. Never be without it; some mothers keep an extra bottle unopened, to make sure there will always be Castoria in the house. It is effective for older children, too; read the book that comes with it.

Fletcher's CASTORIA

FRECKLE OINTMENT

for real satisfaction. It does the work. $1 [illegible] Kremola Face Cream makes your skin beautiful. $1 [illegible] FREE BOOKLET. Ask your dealer or [illegible] Dr. C. H. Berry Co., 2975 Michigan Ave., Chicago

POULTRY

PROPER TIME TO FATTEN POULTRY

(Prepared by the United States Department of Agriculture.)

Early autumn is the time poultry raisers will usually find advantageous to fatten and dispose of surplus cockerels as well as early hatched pullets of a quality not desired in the flock of winter layers. Market poultry prices are usually highest just before Thanksgiving and Christmas. Another advantage in selling surplus stock fairly early in the season is found in the saving of considerable food material.

Dr. M. A. Jull, poultry husbandman, United States Department of Agriculture, recommends as a fattening ration a soft mash, measured by weight, composed of corn, four parts; oatmeal, two parts; middlings, two parts, and beef scrap, one part. The ground grain should be mixed thoroughly and moistened with sour skim milk or buttermilk. Milk is excellent in fattening mixtures and about two pounds, or a quart, of milk is used to each pound of mash.

Care should be taken not to feed the birds too much during the early part of the fattening period. For the first few days of this diet feed lightly three times a day. For the rest of the period give the birds all they will eat three times a day but do not leave it before them. A four-pound cockerel should add a pound in two weeks. Four pounds of the grain ration may produce a pound gain.

Experienced fatteners sometimes keep poultry on the fattening feed for as long as three weeks; but in most commercial fattening plants the birds are fattened for from seven to ten days. There is often a difference of 5 cents a pound between the market price of thin and plump birds. However, farmers in many parts of the country may not find such advantageous marketing opportunities, and the prices received may not pay for the expense and bother of fattening the birds. In such cases it may prove wisest to sell direct with no attempt to fatten the fowls. Many such birds are bought at the markets by fatteners and conditioned and fattened for resale.

Culling Undesirable Hens From the Flock

Culling should be a continuous process from the time the egg is selected until disposition is made of the bird. With the young stock this constitutes removal of unthrifty birds. The pullets should be selected from the standpoint of size, relative rate of maturity, and health. On the other hand, with laying hens, other than the occasional removal of outstanding poor individuals, the ideal time for culling is at the end of the laying season, which runs from July to November. From July on the flock should be examined each month for the purpose of removing the poorer hens. Just how rigid the culling is depends upon the desired reduction of the flock. The later culling enables one to be more exacting in the selection of the superior birds. Obviously it is to the advantage of the poultryman to make more than one culling as he is thereby able to immediately cut down production costs.

Poultry Notes

If pullets are too slow in starting to lay, give them a wet mash daily for a week or so. That often starts them.

* * *

Ground yellow corn, with plenty of milk and a range of rape, clover or alfalfa, will keep the young chicks in good condition.

* * *

An effective way of eradicating lice is by means of sodium fluoride. It is easy to apply and inexpensive, and yet how many fail to take advantage of this valuable procedure.

* * *

The ventilation problem in the poultry house is much easier to solve if the hens are given enough floor space. Three and one-half square feet of floor space should be allowed for each hen in the flock.

* * *

The development of chicks will be checked and hens will stop laying if the common red mites are permitted to grow and develop. In warm weather mites multiply rapidly.

* * *

More than $15,000,000 are lost each year because of fertile eggs put on the market from June to October. Most of this loss comes from the farms because the male birds are kept until fall or winter. It is the eggs fertilized by these males that rot after they leave the farms, causing heavy losses all along the marketing line.

* * *

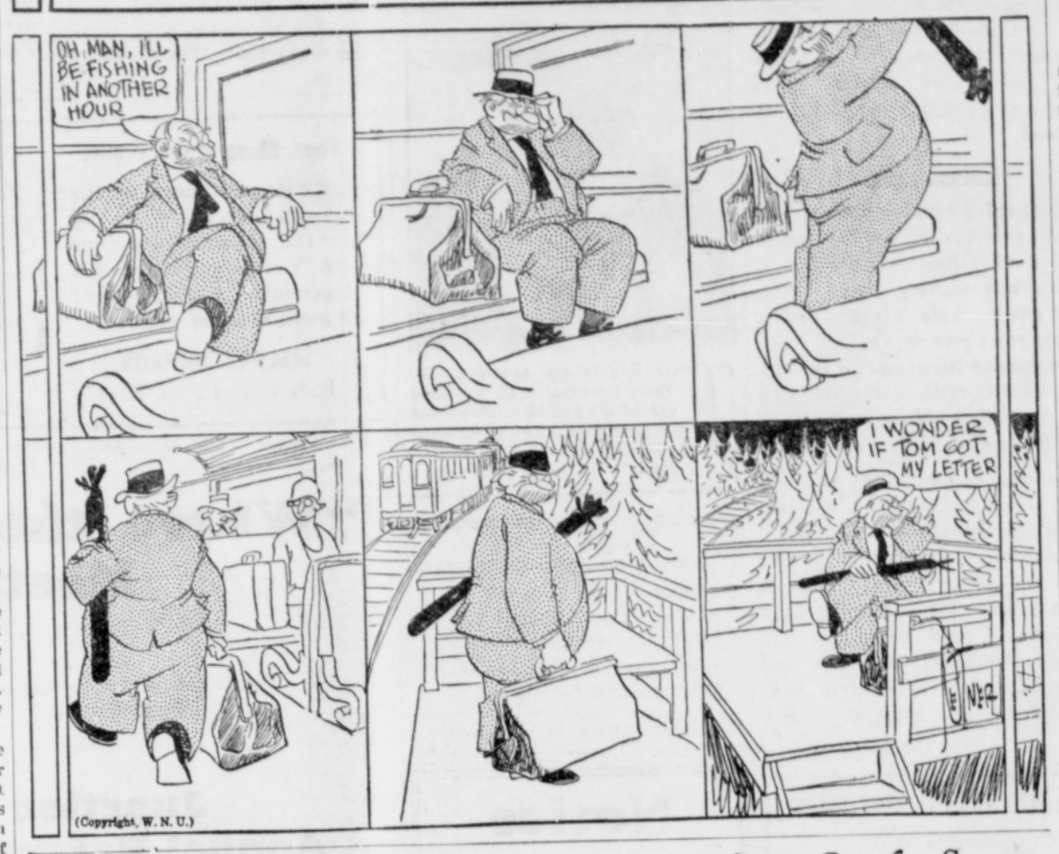
Good poultry is necessary if there is to be a profit made by keeping it. Specialized farms are becoming more numerous, but for many years to come the main output of eggs and poultry meat will be supplied by the general farms.

* * *

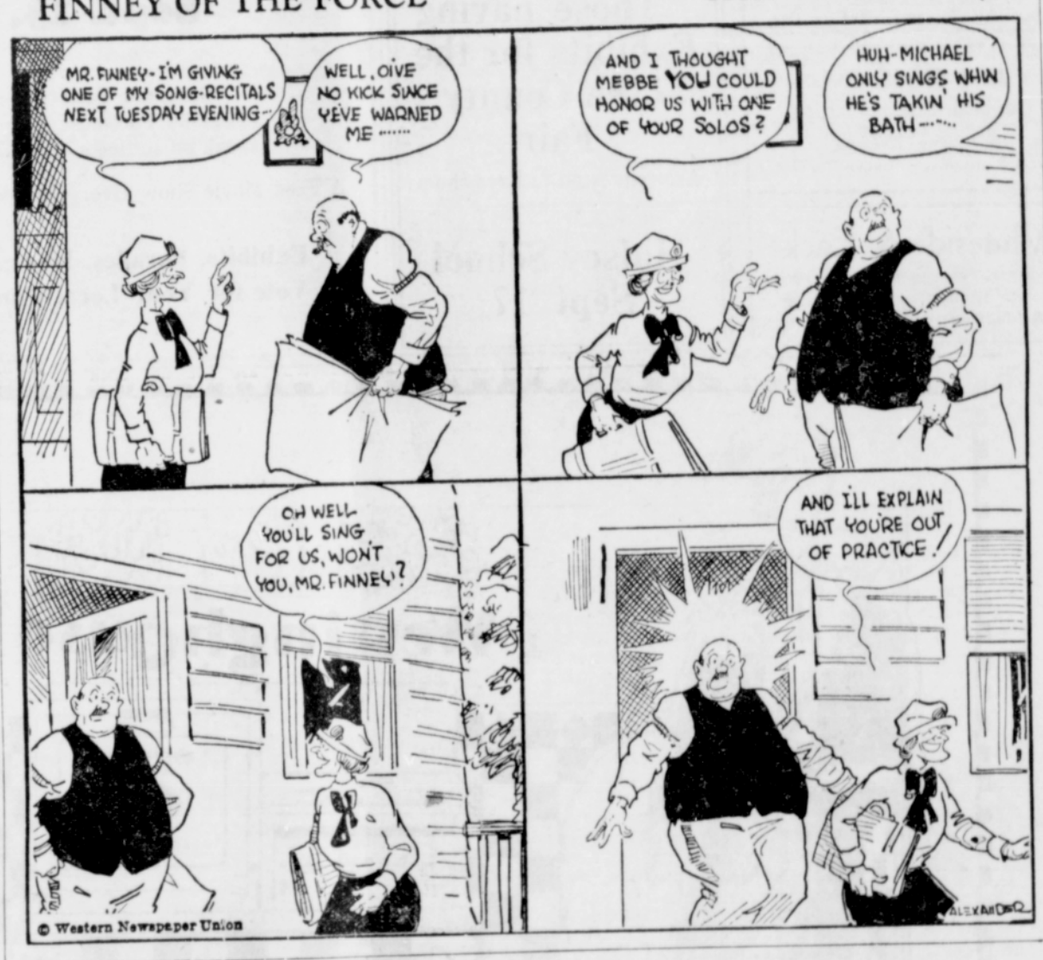
Sweet or sour milk seem to give equally good results in chick feeding. When liquid milk is not available on the farm, it pays to buy a milk substitute. Dried buttermilk is a convenient form of milk substitute to use as it can be mixed with the mash.

OUR COMIC SECTION

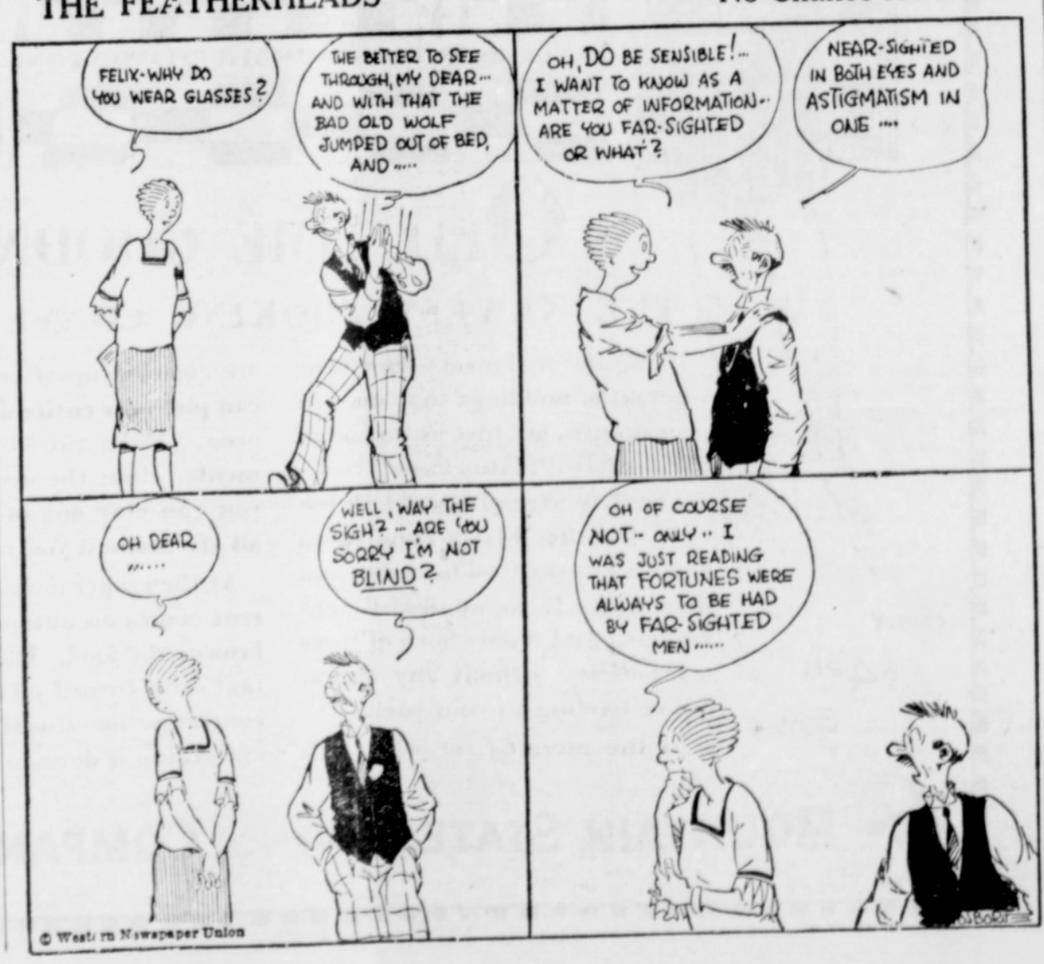
Our Pet Peeve



FINNEY OF THE FORCE — Score One for Snoop



THE FEATHERHEADS — No Chance for Felix



Written for Poetic Drama

The song "Sweet and Low" was written by Alfred Lord Tennyson as one of the songs for his poetic drama, "The Princess." Two songs were written with the same title, but the one published was chosen by his friends, to whom he submitted them. No special story has been recorded about it, other than that the thought was taken from notes made by the poet when he was spending some time at the seaside several months previous.

Books That Talk

The Visagraph is the name of a new device to aid the blind in reading. Books printed in "Braille," or raised type, are still necessary, but the reader, instead of reading the letter by passing his fingers over it, receives vibrations from a radio set. A photo-electric cell picks up a light image from the raised letter and transmits it through tubes to a radio loud speaker.—Youth's Companion.

Golden Gate Amenities

To a certain San Francisco newspaper's assertion, in alleged verse, that "this paper's large and quite enough for any person's need," the Argonaut of that city reports: "It is quite enough for wrapping an old pair of shoes, or for a few books, or even, perhaps for the laundry; but suppose it is needed for all three purposes on the same day."

Guide for Sawing

In making saw cuts across the grain of a board for the purpose of forming a groove, the beginner in woodworking may have trouble in following the lines accurately. A short straight edge, bradded or held with a hand screw against the outer side of the knife mark, will guide the saw.—Popular Science Monthly.

Train Has Right of Way

A Supreme court decision handed down recently contains the following: "When a man goes upon a railroad track he knows that he goes to a place where he will be killed if a train comes upon him before he is clear of the track. He knows that he must stop for the train, not the train stop for him."

Sentenced to Plant Trees

Out in the western part of Canada, where they appreciate the value of trees, a resident was found guilty of a piece of carelessness which resulted in a small forest fire. The forest ranger had him arrested and he was found guilty and sentenced to plant 100 trees.

Military Cycle

Designed for cross-country service, a three-wheeled motor cycle has been tested in England. There are two small wheels in the rear and the machine has a duplex steering arrangement. This cycle has been proposed especially for military uses.

Domestic Adjustments

It is not a bad guess, says a prominent medical authority, that 5 per cent of the better educated women in America find it very hard to adjust themselves to the duties and limitations of domesticity.—Woman's Home Companion.

Keep Balance Even

Pleasure is a matter of contrasts. What the other fellow has always looks better than what we possess. Variety is the spice of life, yet we should realize that a little spice goes a long way in a well-ordered career.—Grit.

A New Salad

Little Mary was not accustomed to seeing raisins in the variety of salad that was served on an occasion when she and her parents were dinner guests. "Oh, mother," she exclaimed, "look at the fly-bugs."

Old Egyptian Weaving

Elizabeth Sage, an authority on costume, says that the thread woven by the ancient Egyptians was thrown downward instead of upward as was done by all of the early peoples.

Uncle Eben

"A happy man," said Uncle Eben, "is one dat is willin' to tend to his own business wifout makin' it big enough to git mixed in no merger plans."—Washington Star.

Hobbies and Worries

Contented absorption in some activity is good for the disposition; when we are absorbed we don't stop to bother about small worries.—The American Magazine.

WELL OR MONEY BACK

Your Piles eliminated or fee refunded—is the WRITTEN ASSURANCE we give in administering the Dr. C. J. Dean famous non-surgical method of treatment. (Used by us exclusively) Remarkable success also with other Rectal and Colon ailments. Send TODAY for FREE 100-page book giving details and hundreds of testimonials.

TREATING PILES

DEAN RECTAL & COLON CLINIC

PORTLAND SEATTLE

MENTION THIS PAPER WHEN WRITING