

| (Prepared by the United States Department of Agriculture.) <br> One of the most convenlent "oneplece" dinnere you can serve is a fish chowder, since it contalns potatoes chowder, since it contains potatoes and vegetables as well as the fish. For dessert gingerbread with cream cheese filling, Washington ple, or some other substantial sweet is suggested. <br> Recipe for Chowder. <br> For fish chowder the bureau of home economics gives the following ingredlents: One and one-half pounds of fresh fish. Cod or haddock is the kind generally preferred for chowder, but any kind of fresh, drled, or canned fish will do if it has large flakes of meat and only a few bones which can be easily plcked out before the fish is combined with the other ingredients. Or, if you prefer, use a quart of clams or oysters tnstead of the fish. <br> In addition to the one and one-half pounds of fish you will neer four potatoes, peeled and cut in small pleces; rots cut in pleces; quarter pound salt pork; two cupfuls of milk; pepper, |
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FRUIT CAKE FOR
CHRISTMAS GIFT

## Seems to Be Especially Ap

 propriate for Holidays.fruit cake. Because of fects keepln
qualttles reserve to offer the unexpected calle
or to pnss wep the evensing. As the or ginger ale in
As the seaso small-sized cakes may well be made made
seteral weeks before Christmas to use



## Great Emotional Role

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SundaySchool BIt He-There's a wonderful vista here.
She- If yưd pay more attention
to the view and less to the vistas
and other dames, you'd be better ofr.


Gift of Golden Eagl oo Yellowstone Park large golden eagle, a bird even eagle shown on the Amertcan coan-ot-
arms, has been presented to Yellow arms, has been presented to Yellow-
stone Natlonal park by Harry E
Boughers of Fort Wayne Boughers of Fort Wayne, Ind
Boughers found the eage wit
wing tujured apparenty by gun
and kept it sevenal weeks and kept it several weeks unthl
and
wound was healed. Anxlous that the Wound was healed. Anxlous that the
brd should no be exposed to any
more pot shots in a densely populate reglon, he sent to out to the park at
his ow kept and fed weil for a short tme and
then released to find tts own home to the mount $\qquad$ elk, but thuch is ontmals ons of the fow and anes
on record where the process has been
on reversed. Where the process has bee service has steality ndhered to a pol
tcy of refusigg to ontroduce antmals
or plants not native to the

To Cure a Cold in one Day


## Gamekeeper's Find

 A gamekeeper near Aberdeen, Scoland, has had a remarkable experience He discovered the latr of a fox
among the heather, and after a good
 den five youn
It chanced
cat with kltt
 enemy, and cared for them. The
young cubs have become quite triend
is with the kittens and the cat Plane Wedding Not New These airplane weddings are "ol
tuff," according to Mra. Mary A. Boyn
 go Mra, Boynton became a bride in
palloon ascension trom Central park,
New York elty. That method was ter own suggeston. Even as now the
legally of a marrlage to the alr was
No More Croup!

GLimssco

