

## IS A HEALTHIER STRONGER GIRL

Because She Took Lydia E. Pinkham's Vegetable Compound

The fertile valleys of Oregon help to supply the tables of America. This is possible through the magic of the humble tin can.

In one of the canning establishments, Julia Schmidt was employed. It was complicated work because she did sealing and other parts of the work. It was strenuous work and she was not a strong girl. Often she forced herself to work when she was hardly able to sit at her machine. At times she would have to stay at home for she was so weak she could hardly walk. For five years she was in this weakened condition.

She tried various medicines. At last, a friend of hers spoke of Lydia E. Pinkham's Vegetable Compound and she gave it a trial.

"Everyone says I am a healthier and stronger girl," she writes. "I am recommending the Vegetable Compound to all my friends who tell me how they suffer and I am willing to answer letters from women asking about it." Julia Schmidt's address is 112 Willow St., Silverton, Oregon.

Girls who work in factories know just how Miss Schmidt felt. Perhaps they, too, will find better health by taking the Vegetable Compound.

**Callouses**  
Quick, safe, sure relief from painful callouses on the feet.  
At all drug and shoe stores  
**Dr. Scholl's Zino-pads** Put one on—the pain is gone

**PASTOR KOENIG'S NERVINE**  
for Epilepsy Nervousness & Sleeplessness.  
PRICE \$1.50 AT YOUR DRUG STORE.  
Write for free booklet KOENIG MEDICINE CO. 1045 N. WELLS ST. CHICAGO, ILL.

**"A God-sent Blessing"**  
is what one mother writes of Mrs. Winslow's Syrup. Thousands of other mothers have found this safe, pleasant, effective remedy a boon when baby's little stomach is upset. For constipation, flatulency, colic and diarrhoea, there is nothing like **MRS. WINSLOW'S SYRUP**.  
The Infant's and Child's Regulator  
It is especially good at teething time. Complete formula on every label. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients.  
At all Druggists  
Write for free booklet of letters from grateful mothers. ANGLO-AMERICAN DRUG CO. 215-217 Fulton St. New York

**CONSTIPATION BANISHED**  
No drugs. Complete instructions for use. Money refunded if not satisfied. N.Y.E., Box 297, EAST SAN DIEGO, CALIF.

**Big Money Making Goods at Home.** Spare or full time. Men, women. No experience necessary. Send for sample and full information. H. E. Gillis, Box 236, Oakland, Calif.

**Catty**  
"My husband," she said, "always wants me to look my best, no matter what it costs."  
"Well," her friend replied, "one can hardly blame him for feeling as he does."—Boston Transcript.

Because the show's over for the man of fifty, why should he dampen the enthusiasm of the younger men?



## "You Need a Diuretic!"

Go Be Well There Must Be Proper Kidney Function.

THE kidneys are the blood filters. If their action becomes sluggish they do not thoroughly cleanse the blood of poisonous wastes. Such impurities make one dull, tired and achy with often nagging backache, drowsy headaches and dizziness. A common warning of imperfect kidney action is scanty or burning excretions.

Doan's Pills, stimulant diuretic, aid the kidneys in their eliminative work. 50,000 users have publicly recommended Doan's. Ask your neighbor!

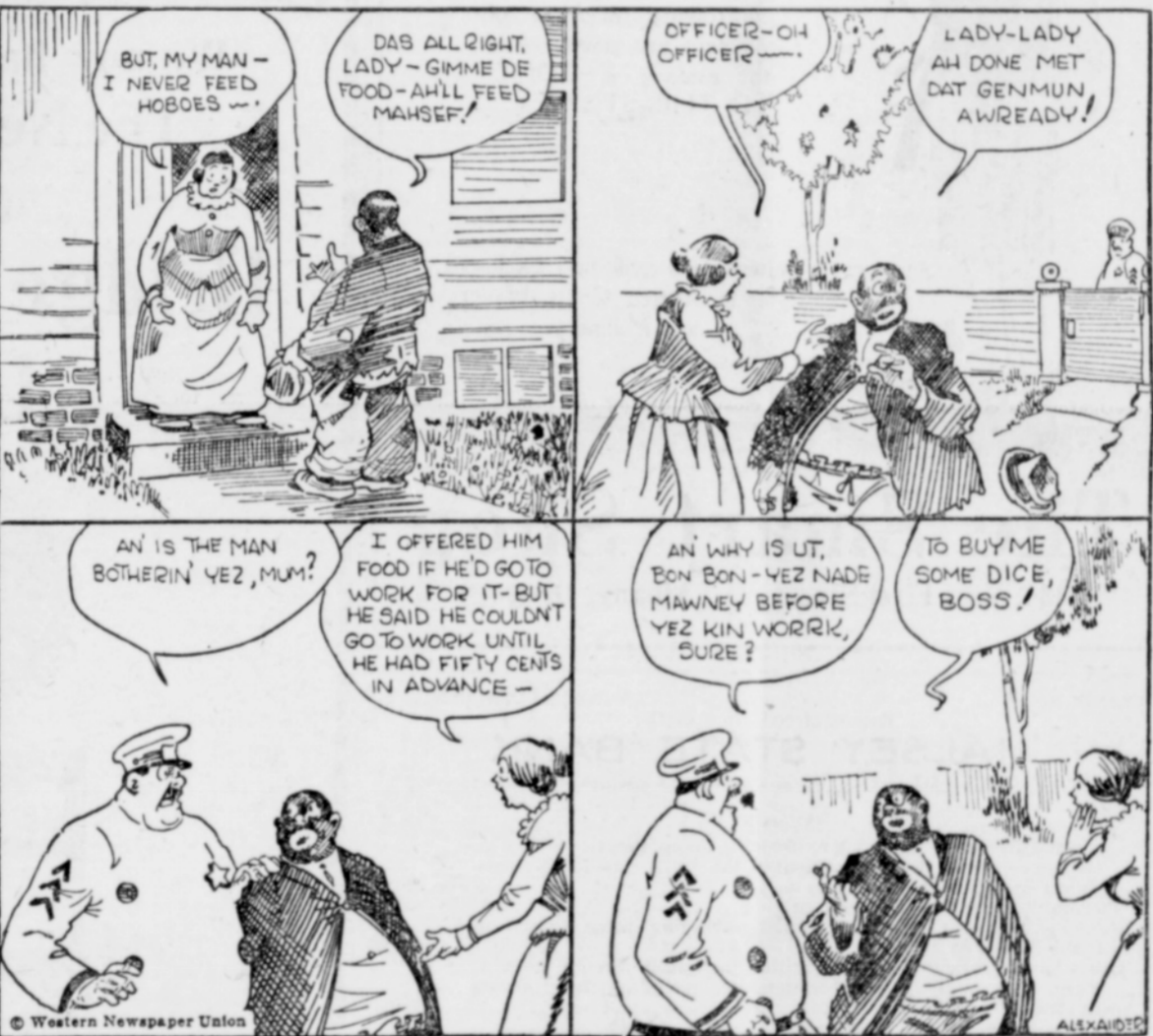
**DOAN'S PILLS**  
60c  
STIMULANT DIURETIC FOR KIDNEYS  
Foster-McMillan Co. Mfg. Chem. Buffalo, N.Y.

## OUR COMIC SECTION

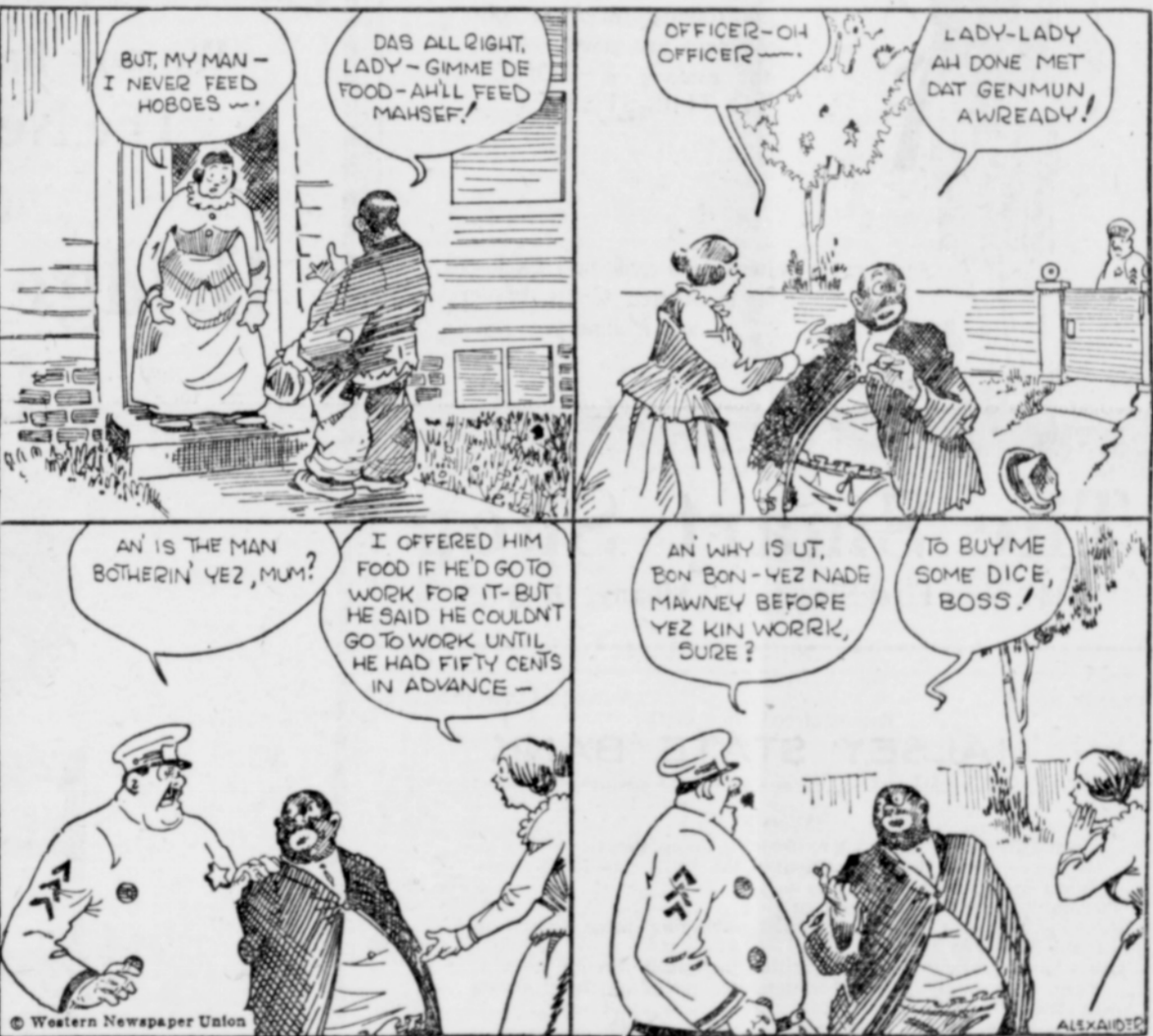
### Our Pet Peeve



### FINNEY OF THE FORCE



### His Tools



### THE FEATHERHEADS



### And So Forth—



# Genuine BAYER ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years.

DOES NOT AFFECT THE HEART

**Safe** Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monocaceticacid of Salicylicacid

**Clock Has Ten Hands**  
With ten hands, each giving the correct time in as many places throughout the world, a clock has been placed in a railway station in Berlin. The dial is divided into the 24 hours of the day and night together, and the hands are marked with the names of the place for which they tell the time.

### Salts Fine for Aching Kidneys

When Back Hurts Flush Your Kidneys as You Clean Your Bowels

Most folks forget that the kidneys, like the bowels, sometimes get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders. You simply must keep your kidneys active and clean and the moment you feel an ache or pain in the kidney region begin drinking lots of water. Also get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is intended to flush clogged kidneys and help stimulate them to activity. It also helps neutralize the acids in the urine so they no longer irritate, thus helping to relieve bladder disorders.

Jad Salts is inexpensive; makes a delightful effervescent lithia water drink which everybody should take now and then to help keep their kidneys clean.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in trying to correct kidney trouble while it is only trouble.

### Diphtheria Hits at Adults

"There is no reason why there should not come a time when we can throw all our diphtheria signs into the waste basket," says Health Commissioner Henry F. Vaughan of Detroit.

As Doctor Vaughan reiterated, everyone can be immunized against diphtheria. It is just a reasonable, ordinary precaution to be so immunized. Most adults exercise their arbitrary authority to have their children inoculated. But adults say: "Oh that's a child's disease, I won't get it."

They are wrong, but inquire among your friends and see how many have been inoculated.—Detroit News.

### Aged Driver of Auto

Isiah Cross of Belfast, Maine, at the age of eighty-seven, has just learned to drive an automobile. He motored down to Cape Cod to see what changes nature and man had made in the 72 years since he was last there. The trip covered 250 miles and he made it without mishap or inconvenience, although the traffic was extremely heavy.

**Mitchell Eye Salve**  
For SORE EYES  
A mild, soothing eye salve from Alkali of pure origin. The old simple remedy that brings comforting relief to sore, itchy, and inflamed eyes. Sold at all drug stores. Write for sample and full information. H. E. Gillis, Box 236, Oakland, Calif.

### Oregon & California Directory

**SCHOOL FOR MEN**  
Training for BUSINESS, TRADES or PROFESSIONS  
Enroll any time. Send for literature.  
**OREGON INSTITUTE OF TECHNOLOGY**  
V. M. G. A. Bldg. Portland, Oregon

**SELIG BROS., San Francisco**  
Wholesale Tailors  
Have our local dealer take your measure for a "Satisfaction Guaranteed" ALL-WOOL SUIT. Prices to suit your purse.

**HOTEL ROOSEVELT**  
SAN FRANCISCO'S NEW FINE HOTEL  
Every room with bath or shower. \$2.00 to \$3.50. Jones at Eddy. Garage next door.

**HOTEL WILTSHIRE, San Francisco**  
240 Stockton St. Near Union Square. Suite 230  
HARRY BOYLE, Manager  
Outside rooms with bath, \$2.00 single, \$3.00 double. Court rooms with bath, \$2.00 single, \$3.00 double. Breakfast 50c, 60c, 60c, Dinner 50c, Sunday \$1.00.

**Auto Parts**  
for all cars, new and used. Wheels, Tires, Accessories, etc. Write or call.  
**LITTLE AUTO PARTS CO.**  
701 Golden Gate Ave. San Francisco

**Motorcycle & Supply Co.**  
Third & Taylor Sts. Portland, Ore.  
Harley Davidson Agents. New and guaranteed used motorcycles. Terms to suit. Factory equipped shop in connection. Address Dept. G.

**Start Now EARN BIG MONEY**  
\$5 to \$10 per cent paid while lecturing. Position secured. Lectures weekly. 30 colleges. Write for catalog.  
**MOLER SYSTEM OF COLLEGES**  
306 Curia Side Street, Portland, Ore.

**PARKER'S HAIR BALM**  
Removes dandruff, restores falling hair, restores color and beauty to gray and faded hair. 50c and \$1.00 at druggists. Write for sample and full information. H. E. Gillis, Box 236, Oakland, Calif.

**FLORESTON SHAMPOO**—Ideal for use in the hair soft and fluffy. 50 cents by mail or at druggists. Hacco Chemical Works, Patheco, N. Y.

**Unnecessary Then**  
Frances—Vivian wasn't always so careful about concealing her age.  
Ellnor—No, that was before she reached the years of discretion.

### Broadcasts Good News

Whittier, Calif.—"Dr. Pierce's Favorite Prescription" and the "Golden Medical Discovery" have been used in our family off and on for a long time and they have always given us entire satisfaction. I have taken the "Favorite Prescription" and so has my mother. It was a wonderful benefit to us. I think it has no equal.  
"My father always took the 'Golden Medical Discovery' when he felt rundown, and it never failed to build up his general health in a very short time."—Mrs. J. R. Hilyard, 113 S. Whittier Ave.  
If your druggist is out of the "Medical Discovery" or "Prescription," send 65 cents to Dr. Pierce, Buffalo, N. Y., for a package of the tablets.  
W. N. U., PORTLAND, NO. 43-1927.

**Cuticura Promotes Permanent Hair Health**  
Shampoos with Cuticura Soap, with light applications of Cuticura Ointment when necessary, tend to free the scalp of dandruff and minor blemishes, and to establish a permanent condition of hair health.  
Send 25c. Claretton 25c and 50c. Talmon 25c. Sold everywhere. Sample each free. Address: Cuticura Laboratories, Dept. 25, Malden, Mass.  
Cuticura Shaving Stick 25c.

**HOW ARE YOU TODAY?**  
How often does that friendly question find you full of pains and aches caused by kidney, liver and bladder troubles? Keep your health while you can. Begin taking Gold Medal Haarlem Oil Capsules at once. Hardy Hollanders have used this remedy for over 200 years. In sealed boxes, at all druggists. 3 sizes. Look for the name on every box.