

## MAKING SELECTION OF WASHING MACHINE



Various Types of Washing Machines on Exhibition.

(Prepared by the United States Department of Agriculture.)

Most women realize the convenience of a washing machine, especially if it can be run by electricity, but they are often puzzled when it comes to making a selection from among the many different makes. All of the makes on the market can be classified into four types, according to the principle on which they operate. Selection becomes a matter of personal preference for a particular operating principle. Each type has its advantages. In all, the washing is done by some device that forces soapy water through the clothes until they are clean.

The bureau of home economics of the United States Department of Agriculture has a permanent loan exhibit of a number of makes, differing within each type only in detail of construction. A visit to this exhibit would be a help in deciding which machine was best for one's purpose.

### Cylinder Type of Washer.

The cylinder type of washer has a perforated cylinder of metal or wood in which the clothes are placed. This revolves in an outer container holding soap and water. The cylinder has blunt projections on the inside, which carry the clothes along as it revolves. It reverses its direction automatically from time to time. The water gushes through the perforations and cleanses the clothes. There is a second type of cylinder machine in which the cylinder is in the form of a flattened perforated box which moves back and forth so that the clothes tumble from one end to the other.

The "dolly" principle consists of a revolving device suspended in the center of the tub, fastened either to the lid or to the bottom. This carries the clothes first in one direction and then

In the other. The corrugations of the sides and bottom of the tub help to cleanse the clothes partly by friction.

In the oscillating type of machine, the tub itself rocks and tilts back and forth, tossing the clothes from one end to the other, and the water moves in a curving path.

The vacuum-cup type of machine is a development of the funnel on a stick device in vogue twenty or more years ago. The soapy water is forced through the clothes by the pressure and suction produced by the cups.

### Buying Electric Machine.

When buying an electric machine, specify the voltage of the local current, and whether it is direct or alternating, and if alternating, the cycle. Consider the shape and size of the machine in relation to the room, where you expect to use it. Be sure it is not too large. Choose a flat top if you are likely to want it for a working surface between wash days. Buy a machine of the right capacity for your average washing, and of the right height for you to operate. Find out whether the manufacturer's repair service is easily available. Simple construction is advisable. The frame should be strong and rigid, but it should be possible to roll the machine about on casters. The mechanism and gearing must be properly covered for safety and cleanliness, and the motor should be located where it will not get wet. Ask how often the machine must be oiled and whether that can be done easily. Any movable parts, such as a cylinder, should be light in weight and easy to handle. The water outlet should be practical for easy drainage. See whether the wringer can be used when the machine is washing. Consider the possible advantages of a centrifugal drier.

## Veal Timbales Provide Unusual Dish for Lunch

Perhaps you have not thought of using your custard cups to prepare a meat dish. Timbales, which are dainty combinations of eggs, bread crumbs and other ingredients, are made in ramekins or custard cups, baked in a pan of surrounding water, and managed in much the same way as souffles or custards. For lunch or supper they provide just the "different" touch that makes food interesting. Veal almost always tastes better if a few drops of lemon are added to it, and if you like it, Worcestershire sauce may be used sparingly, too, as a seasoning. Chicken, lamb or any other left-over meat may be used instead of veal in making the timbales. The recipe is from the bureau of home economics.

### Veal Timbales.

1 pound veal	1 teaspoonful
2 eggs	finely chopped
1/2 teaspoonful salt	parsley
Onion juice	2 tablespoonfuls
1 cupful milk or	flour
meat broth	2 tablespoonfuls
	butter
	Lemon juice to
	taste

Simmer the veal in a small amount of water until tender, then put through the meat grinder, using the fine knife. Prepare a cream sauce of the butter, the flour and the liquid. Add to this the well-beaten eggs, the seasonings, and the meat. Mix well. Grease custard cups and pour in the mixture. Bake for one-half hour in a pan surrounded by water. Turn the timbales out, and serve hot.

## Good Chowchow Is Made From Brined Vegetables

A good chowchow is made from the following ingredients, according to the bureau of home economics. All the vegetables have been brined and must be freshened by standing in cold water overnight or longer. Some salt must always be left in vegetables that are being freshened for pickles. After the vegetables are freshened they are drained, mixed and chopped together. The spices, vinegar and sugar are brought to the boiling point and mixed with the vegetables. Stir until they are well blended and let stand overnight. In the morning stir well and pack into sterilized jars. Seal and store in a cool place. Processing will help to keep the pickles but will soften the texture. The amount given below yields three quarts.

2 cups small white	5 teaspoons	celery
onions	seed	
2 cups cauliflower	4 teaspoons	mustard
in small sections	lard seed	
4 cups cut string	6 teaspoons	horse-beans
	radish	
13 green peppers,	1 cup sugar	
medium size	2 cups cider vinegar	
1 red pepper		

## EXTRA MEAL GOOD FOR ACTIVE BOY

### Needs More Calories Than His Parents.

(Prepared by the United States Department of Agriculture.)

The active growing boy sometimes needs more calories in his daily ration than his father or mother, if they are people of more or less quiet habits. His food must be wisely chosen to supply the elements he needs for developing his body and creating his apparently inexhaustible energy. A mid-morning or mid-afternoon snack consisting of a fruit drink, or milk, and



An Extra Meal for the Growing Boy.

perhaps a lettuce and whole-wheat bread sandwich is a good thing for the boy, according to the bureau of home economics, especially if he has just used up most of the fuel provided by the preceding meal in playing baseball or on a visit to the nearest swimming hole. Food of this kind given rather as an extra meal than as "eating between meals" will not dull his appetite for the next family gathering at the dinner table.

## THE KITCHEN CABINET

(©, 1927, Western Newspaper Union.)  
A home based on right principles will be simple. No ostentation of living beyond one's means; simplicity in entertainment in offering freely of what one has to friends, without apology or explanation.

### DAINTY DISHES

Some time for Sunday night lunch put sweet corn or popped corn through the coffee mill and serve it with top-milk or thin cream.

**Spiced Tomato Soup.**—Take the juice from a quart can of tomatoes, one small can of piloncillos,

one potato, one onion, three tablespoonfuls of butter, salt, pepper, cayenne, a whole clove and a little minced parsley. Cook the onion chopped with the parsley five minutes in the butter. Pour over the tomato, add the potato chopped fine and the seasonings. Cook for half an hour, adding water if needed.

**Olives Stuffed With Anchovies.**—Peel large olives from the stone, leaving the meat in a spiral form. Wipe the oil from anchovy fillets and press one into each olive. Set on a bed of water cross in a glass dish. Serve with bread sticks, or before soup.

**Watermelon Cocktail.**—Cut the ripe portions of a good watermelon into balls with a French potato cutter. Fill sherbet glasses and cover with an orange sirup made from the juice, rind and sugar cooked together. Be sure that the pulp is strained from the juice or it may be bitter. When well chilled pour over the glasses of fruit and decorate with a sprig of mint in the center of each glass.

**Banana Fluff.**—Peel three large ripe bananas, cover them with two tablespoonfuls of lemon juice and one tablespoonful of grape juice. Let stand on ice for an hour. Mash them and beat well, adding one-half cupful of powdered sugar, and the unbeaten whites of three eggs, one at a time, beating until light. Add a teaspoonful of vanilla and serve in glasses with fruit juice and minced pistachio nuts.

**Cottage Cheese With Preserved Currants.**—Prepare balls of cottage cheese well seasoned. Make a depression in the center of each and drop in a spoonful of thick currant preserve. Serve with crackers and coffee as dessert.

**Frozen Cheese with Figs.**—Mash a good sized cream cheese or two with enough whipped cream to soften. Sweeten to taste and pack in baking powder cans and put into ice and salt. When serving, cut into slices, make a depression in the center and drop in a preserved fig.

Muskmelons are delightful served in the same way with lemon sauce or with candied or preserved ginger with some of the sirup.

### Seasonable Dishes.

A good salad which may be used with a light main dish at luncheon is:

**Green Peas and Nuts Salad.**—Take a cupful of cooked green peas and one-third cupful of walnut meats. Mix with highly seasoned boiled dressing and serve on lettuce.

**Combination Salad.**—Drain and chill after cooking a pint of lima beans. Dice two tart apples and a green pepper, add a little onion juice or finely minced onion for flavor and mix with mayonnaise. Serve on crisp lettuce.

**Lettuce and Peanut Salad.**—Take one-half cupful of freshly roasted peanuts, crush after removing the brown skins, sprinkle over head lettuce, adding a sprinkling of minced onion and French dressing.

**Celery Roots With Drawn Butter.**—Wash, scrape and cut into dice celery. Cook in boiling salted water until tender. Drain, cover with drawn butter sauce, cover and stand over heat five minutes, then serve.

**Fruit and Nut Sandwiches.**—Put through the meat chopper a quarter of a pound of blanched almonds with one-half pound of figs and a cupful of pecan meats, mixing and grinding until all are well blended. Pack the mixture into baking powder cans, the small ones, packing it in well. When wanted, remove and cut into very thin slices. Lay on circles of buttered bread.

**Banana and Pineapple Salad.**—Place rings of pineapple on crisp lettuce and in the center place a small cone of banana by cutting the fruit into half and trimming to fit the hole in the center of the pineapple. Sprinkle the top of the candie with paprika or place a red cherry on the tip to simulate the flame of the candie.

**Buttered Potatoes.**—Peel one dozen small potatoes and put them to cook in a casserole with one-half dozen medium-sized onions, all whole; add four tablespoonfuls of butter, three teaspoonfuls of salt and pepper to taste. Cover and bake in a moderate oven an hour. Season with minced parsley and serve.

**Chicken Sandwiches.**—Prepare the chicken as for salad, using twice as much chicken as celery, chopped very fine. Mix with any good salad dressing and spread on buttered bread. Rolls may be hollowed out, butter well on the inside and fill with salad. These are fine for outings.

*Nellie Maxwell*

## Improved Uniform International Sunday School Lesson

(By REV. P. B. FITZPATRICK, D.D., Dean Moody Bible Institute of Chicago.)  
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### Lesson for October 2

#### ELIJAH ON MOUNT CARMEL

**GOLDEN TEXT.**—I Kings 18. **CHOOSE YOU THIS DAY WHOM YE WILL SERVE.**  
**PRIMARY TOPIC.**—God Hears Elijah's Prayer.  
**JUNIOR TOPIC.**—Standing Alone for God.

**INTERMEDIATE AND SENIOR TOPIC.**—Standing for God Against the Crowd.  
**YOUNG PEOPLE AND ADULT TOPIC.**—The Courage of Conviction.

#### 1. Elijah's Message to Ahab (vv. 17, 18).

When Jezebel became the wife of King Ahab, she waged a savage warfare against God's prophets, killing all she could find, and thus seeking to abolish the true religion and set up idolatry instead. Elijah suddenly appeared, announcing the suspension of moisture (I Kings 17:1) as a judgment upon the people for their idolatry. He sounded three striking notes in his message:

1. "As the Lord God of Israel liveth." He knew that he represented the living God, therefore did not fear to come into the presence of the king.

2. "Before whom I stand." His standing before God indicated his constant readiness to go on His errands.

3. "There shall not be dew nor rain these years, but according to my word." This suspension of moisture continued for three and a half years, and rain came in answer to Elijah's prayer (Jas. 5:17).

#### II. A Challenge to Baal Worship (I Kings 18:17-46).

As soon as Elijah had delivered his message concerning the drought, he retired from the king's sight.

1. Elijah shows himself to Ahab (vv. 17, 18).

(1) Ahab's question (v. 17). His aim in this question was no doubt to intimidate Elijah.

(2) Elijah's answer (v. 18). He denied the charge and boldly declared that the calamity which had befallen the nation was caused by the idolatry of Ahab and his family.

2. The bold challenge (vv. 19-24).

(1) The people assemble (vv. 19, 20). At the urgent request of Elijah the king convened the people.

(2) The ringing call to decision (vv. 21-24). a. The question asked (v. 21). Many of the people had not wholly forsaken God. They attempted to worship both God and Baal, B. The silence of the people (v. 21). This may have been because of fear of the king or ignorance, for many were of the opinion that to be religious was the only thing necessary, irrespective of the being worshipped. c. The method of decision (vv. 22-24). Two sacrifices were to be provided, one to be offered to Baal, the other to God.

3. The test applied (vv. 25-39).

(1) Offering by the prophets of Baal (vv. 25-29). Elijah gave the prophets of Baal the first opportunity to prove whether Baal was a real God.

(2) The offering by Elijah (vv. 30-39). a. The people invited near (v. 30). His object in inviting the people was to see clearly in order that they might grasp the genuineness of the test.

b. The altar repaired (vv. 30-32). Elijah took twelve stones, representing the united nation. c. The offering on the altar (vv. 33-35). After the bullock was in place he had four barrels of water three times emptied upon the sacrifice and the wood so as to fill the trench about the altar. So sure was Elijah that God's power was sufficient that he heaped difficulty upon difficulty. d. Elijah's prayer (vv. 36, 37). This was a model prayer. (a) It was based upon covenants (v. 36). All real prayer rests upon covenant relationships. (b) Its object was God's exaltation (v. 36). Elijah was jealous for God's glory, but the only thing that he asked for himself was to be known as God's servant. (c) It was for the salvation of the people (v. 37). e. The result (vv. 38, 39). (a) The fire of the Lord fell and consumed, not only the sacrifice, but the wood, stones and dust, even licking up the water in the trenches. (b) The people fell on their faces and confessed that the Lord was the God.

4. The execution of Baal's prophets (v. 40). Israel's government was a heocracy. God was their king. Idolatry was treason against the King. These false prophets were traitors to God and therefore should die.

5. Elijah vindicated (vv. 41-46). The proof that Elijah was God's prophet was incomplete until rain came.

#### III. Elijah Taken Up Into Heaven (II Kings 2:1-15).

Not only was the prophet vindicated in that the offering was consumed and rain came, but God took him to Himself when his work was done.

#### Faith of Our Fathers

"The church should be kept the source of spiritual life and power. Never before did the world so need emphasis upon the 'faith of our fathers living still.'"—Rev. B. Allen Reed.

#### Saved From Doubt

At last Thomas was saved from doubt. What saved him? Love for Christ. He had anchored his soul to the Nazarene with a mighty and abiding love.—Vance.

## What's the Answer?

### Questions No. 15

1—What is the name of the highest peak of the Pyrenees?

2—Who was the winning running horse of 1926?

3—What was the first steamship to cross the Atlantic and when?

4—When was the first census taken?

5—What is copra?

6—What composer and master of the pianoforte created the form known as the symphonic poem and wove into it the folk songs and dances of his nation?

7—Who was called "The Good Gray Poet"?

8—Of what country is the Raphia palm a native and where does it grow?

9—What is the meaning of "innocuous desuetude"?

10—In what chapter of Proverbs is this verse: "It is an honour for a man to cease from strife; but every fool will be meddling"?

11—What range of hills is called the backbone of England?

12—Who was the winner of the New York-Port Chester marathon?

13—In whose administration were the alien and sedition laws passed?

14—What President served two terms with an interval of another administration in between?

15—Who was the first to make an airplane flight to the North pole?

16—What movie comedian in America, prior to Charlie Chaplin, achieved celebrity for his acrobatic clowning?

17—Where did Bret Harte die?

18—Where are Gobies found and on what do they live?

19—Why is the sentence "This is the best of the two" incorrect?

20—What is the remainder of the 5th verse, 37th chapter of Isaiah, which reads: "So the servants of King Hezekiah came—?"

### Answers No. 14

1—L. Goehring made it in 1912 by jumping 5 ft. 5 1/2 in.

2—Elias Howe, 1846.

3—Aaron Burr.

4—The science that treats of the history of the earth and its life.

5—Becky Sharp, Tess of the d'Urbervilles and Leah Kleschna.

6—Ben Nevis.

7—The Legends of King Arthur and his Round Table.

8—A tropical bird of South America whose most conspicuous ornament is a high rounded crest of slender feathers drooping forward over the end of the bill.

9—No; the word used should be "suspect."

10—"And there were born unto him seven sons and three daughters."

11—Britany, in France.

12—Locke of Nebraska made it in 9 9-10 sec.

13—1894.

14—John Quincy Adams.

15—In Colombia, South America.

16—John Ruskin.

17—Two series of humorous satirical poems and articles written by James Russell Lowell during the Mexican and Civil wars.

18—It is a genus of orchids, of commercial value as the source of an extract widely used in flavoring chocolate, ice cream, etc., and is native to North and South America.

19—The latter. The former is affected by some would be purists, without justification.

20—A sacred song.

### Witty Retort That Put End to Heckling

The late Rev. S. S. Henshaw, primitive Methodist minister, will long be remembered in Sheffield, says an English periodical. In earlier days he was an active radical, and did much to help the parliamentary candidates of his party. A little man, he had a cutting wit. On one occasion, at election time, his candidate was being badly heckled by a giant publican, who had come to smash the Liberals. The member found him a difficult customer. At last the little preacher plucked his sleeve and whispered: "Let me deal with him." Advancing to the front of the platform, he asked blandly: "Now, sir, what is it you want?" The burly publican, thumbs in the armpits of his waistcoat, eyed him scornfully for a few moments, and then growled: "Thee! Why, man, I could eat thee!" "I dare say you could," flashed back Mr. Henshaw, smiling; "but if you did, you would have more brains in your stomach than you have ever had in your head." There was no further trouble.

### Famous Richmonds

Richmond is the name of three well-known places. Richmond, in Yorkshire, England, is noted for its fine Norman castle, now used as barracks. It is a place of great natural beauty. Richmond, in Surrey, England, was formerly called Skene. The view over the Thames is celebrated. The capital of the state of Virginia, on the James river, is the city of Richmond. It was the capital of the Southern Confederacy during the Civil war.—Montreal Herald.



### WAY, WAY BACK

Mrs. Newriche (patronizing)—Were any of your ancestors men of note, Mr. Cynic?  
Mr. Cynic—Yes, madam, I should say so. One of them was the most famous admiral of his day, and commanded the allied forces of the world.  
Mrs. Newriche (with altered tone of deep respect)—Is it possible? And what was his name?  
Mr. Cynic—Noah, madam.

### AFTER HER HEART



She—Teddy, you're a man after my own heart.  
He—Good.  
She—But that's not saying you'll get it, though.

### Summer Styles

In wisdom, woman wears a dress whose weight is scarcely felt. While man still dons in mute distress A collar and a belt.

### Just Wait

Lady of the House—As cook I shall expect you to rise early. We breakfast at eight, and I will permit you one evening off every week!  
Cook—You ain't been married long, 'ave you, dear?

### Husband and Wife

They met at dinner.  
"Why have we no guests tonight, my dear?"  
"Come to think of it we were both invited out somewhere."

### Hardly

Marie—Do you have a girl in every port?  
Sailor—Don't be misinformed. We miss some ports.

### Fifty Per Cent Better



Friend—Well, old chap, how do you like being married? You were always lamenting when you were a bachelor.  
Benedict—Oh, it's much better, thanks. Before I was miserable at home and miserable when I went out; now I'm only miserable at home.

### Brevity

A man who talks for hours is heard without appreciation. Another, with a single word, Electrifies the nation.

### Not Entirely

"I understand you've got rid of your loud speaker."  
"Well, not entirely. I'm still paying her alimony."

### Sanguine

Mr. Wampus is very sanguine about everything. His wife warned him that he had parked his car out in front without any lights.  
"Well," was his easy response, "maybe the fireflies will roost on it."

### Club

"Don't you want to join our Shakespeare club?"  
"That sounds highbrow."  
"Well, girls, we do play a strict game of bridge."

### Tail Wagged or Unwagged?

Customer (thinking to have some fun with colored waiter)—Can you bring me a nice slice of Alredale, well done?  
Waiter—Doggone if ah can't, boss. D'yo like de bark loud or soft?

### Right Dress

"Have you seen Nora's new evening gown?"  
"No; what does it look like?"  
"Well, in most places it's very like Nora's."