

KNOWLEDGE OF FITTING FOR HOME SEWER



Careful Fitting Insures Satisfaction in One's Sewing.

(Prepared by the United States Department of Agriculture.)

Care in fitting a garment, whether homemade or ready-made, helps to determine its appearance and the way it wears. Badly fitted clothing pulls and gives at the wrong points and is a source of continual dissatisfaction. Much time may be wasted trying to remedy the trouble. A well-fitted, appropriate, becoming suit or dress will give its wearer a look of distinction and trimness.

Commercial patterns are planned for ideal figures, and must almost always be altered to fit the individual user. The bureau of home economics believes, therefore, that a knowledge of fitting is fundamental for the home sewer, and has prepared directions by which time and material may be saved when adapting commercial patterns or ready-made clothing to the individual.

Advantage of Dress Form.

The dress form is an advantage in making dresses, especially for the woman who must do her own fitting. She can study the lines best suited to her figure, regulate the length of the skirt and other parts accurately, and determine most of the changes that may be necessary. The final test of the fit of a costume should be made while sitting. It should be perfectly comfortable and no unsightly wrinkles should develop in this position.

In the illustration may be especially noted the tape that marks the so-

called waistline from which the length of the coat and skirt may be measured. This is lowered or raised according to the dictates of fashion or to suit the individual figure. As it is a horizontal line it should not be placed so as to divide the garment into two equal parts. The length of the coat and skirt will be determined by style as well as by the height, weight and figure of the individual.

Freedom of Movement.

A well-fitted garment allows freedom of movement without being too large, and is free from unnecessary wrinkles and folds. The general style of the garment determines whether the fitting should be snug, easy, or loose. Garments fitted moderately loose are best suited to large figures, for tightness emphasizes the curves and makes the figure appear larger. Make any garment too loose rather than too snug. Allow for shrinkage of the fabric when it is cleaned. Under-arm seams and center front and back threads of any garment are always perpendicular to the floor. The skirt hangs straight without swinging to the front or to the back. When fitting a garment try the seams in different positions, especially those of the shoulder. Study the figure to find the position which will emphasize the best features and conceal those which are not so good. Put the attention on fitting the figure rather than on keeping the lines of the pattern.

GINGHAMS FOR EVERYDAY WEAR

Material Is Satisfactory for School and House.

(Prepared by the United States Department of Agriculture.)

Gingham is an old-fashioned cotton fabric, but the women of a generation ago did not know gingham in the ten or more varieties to be found on the counters of the department store today. The bureau of home economics of the United States Department of Agriculture explains that the common characteristic of all types of gingham is that the yarns are dyed before weaving, or the cotton is dyed before the yarns are spun. This helps to insure fastness of color and produce a fiber dyed throughout. Gingham comes in plain colors, in plaids, checks, stripes, and with novelty figures.

French, Scotch, and zephyr gingham are fine, soft-finished, lightweight materials. They are most satisfactory for school dresses and house dresses, and in the very warm months are used for daytime wear on the street. Pajamas are also being made of these soft gingham this year. Apron checks are usually coarser and more stiff, with the character pattern. Chambray is a plain-colored gingham having a white filling.

Tissue gingham is thinner and more transparent than ordinary gingham. For this reason they are suitable for afternoon dresses and are often made up attractively with organdy. They are especially popular this spring. Many tissue gingham have heavy cords, stripes, or checks, or even embroidered designs in them. These usually wear well, but before purchasing any corded material one should be sure to study the fabric carefully to see whether the cords are firmly held in.

Gingham with large checks about an inch square are now this year. They come in many lovely colors, and among other uses, make excellent summer curtains, in combination with covers for the backs and sides of upholstered chairs.

Left-Overs Are Planned in Advance for Purpose

The only kind of left-overs a good manager has are those planned in advance for a definite purpose, and prepared at one cooking to save fuel. For example, a roast of meat is naturally depended upon in part for cold cooked meat for the next day; part of the cooked vegetables may be preserved for a soup or a salad, if carefully kept. Waste due to spoilage is so unnecessary that it is almost unpardonable. There is a Farmers' Bulletin, 1374-F, on the care of food in the home, which gives many suggestions for protecting foods in special ways to insure their good quality and safe keeping.

Improved Uniform International

Sunday School Lesson

(By REV. F. H. FITZWATER, D.D., Dean, Moody Bible Institute of Chicago.)
(© 1927, Western Newspaper Union.)

Lesson for August 21

GOD'S PROMISE TO DAVID

LESSON TEXT—1 Chron. chapter 17. GOLDEN TEXT—Thy throne, O God, is forever and ever a sceptre of righteousness as the sceptre of thy kingdom.

PRIMARY TOPIC—God's Promise to David.

JUNIOR TOPIC—How God Rewarded David.

INTERMEDIATE AND SENIOR TOPIC—How God Gives Us the Better Things.

YOUNG PEOPLE AND ADULT TOPIC—God's Great Promises.

I. David Desires to Build a House for God (vv. 1, 2).

Having subdued all his enemies, David sat down in his new and beautiful house to meditate. While thus musing, he is led to see the incongruity of dwelling in a house of cedar while the Lord's place was so common. A truly devout soul cannot be content to dwell in personal ease and luxury while the Lord's work is neglected. David's proposition met with Nathan's approval, but the next day he came with definite instructions from the Lord regarding it.

II. David's Desire Denied (vv. 3-8).

While fully appreciating David's motive, the Lord disapproved his plan. The rejection of his plan was not because of his nonappreciation of David, for He had taken him from the lowest walks of life and elevated him to the highest place among men. He assured him also that the cause would not suffer because of this change of plan. Two reasons may be assigned for God's prohibition of David's plan.

1. David was a man of war (1 Chron. 22:8; 28:3).

Since the kingdom of God is to be a peaceful kingdom, it was not fitting that a man of war should build the capital city. This was not a reproach of David for being a man of war. The enemies of the Lord must of necessity be put down. No peace or rest could be to God's people till the enemies were subdued. It showed, rather, that David had done his work and that time had now come for another to take it up.

2. The time and circumstances were not fully ripe.

God's house should be a great house, therefore it would require a man's best energies to build it. The nation's treasury was no doubt much depleted by the wars. Since much money would be required, ample time was necessary to enable the people to accumulate funds.

III. The Lord Pledged Himself to Do More Than David Proposed (vv. 9-15).

1. David was to have a great name (v. 8). David's name has gone down in history as one of the great men of the earth. It was a long way from herding his father's sheep to the throne of this great nation.

2. Israel to be established in a central place (v. 9).

The nation was not again to be moved away, nor to be wasted by the children of wickedness.

3. He was to enjoy God's continued favor and help (v. 10).

All his enemies were to be subdued.

4. Perpetuation of the kingdom in David's line (vv. 11-14).

(1) "Build thee a house." This means a granting unto him of a posterity, a family line. David proposed to build a temple as a place in which to worship God. God purposed to establish the kingdom in David's line. This was to be perpetuated in David's seed after him.

(2) "Establish his throne" (v. 12). This means the placing of him in a position of royal authority.

(3) The kingdom was to be perpetual (vv. 13, 14).

He was to be settled in his kingdom forever. Disobedience to God would be visited with chastisement (II Sam. 7:15), but the covenants were not to be abrogated. Chastisement has followed, but David's seed is destined to occupy the throne (Luke 1:31-33; Acts 15:14-17).

IV. David's Worship (vv. 16-27).

In his actual worship, note:

1. His humility (vv. 16-18).

Those who really worship God approach Him with great humility.

2. His praise (vv. 19, 20).

Out of a heart of gratitude he praised God for His faithfulness and grace.

3. His gratitude (vv. 21, 22).

He had an appreciation of God's fidelity and expressed his gratitude to Him for it.

4. His petition (vv. 23-27).

All praise and expressions of gratitude lead up to the offering of definite petitions to God.

Peace of the Heart

Thou art the true peace of the heart; Thou art its only rest; out of Thee all things are full of trouble and unrest. In this peace that is in Thee, the one chiefest eternal good, I will lay down and sleep.—Thomas a Kempis.

Unselfishness

Unselfishness is a crown that scintillates glory long after the wearer has gone to his eternal reward.—Baptist Record.

What's the Answer?

Questions No. 9

1—Who is the champion open golf player?

2—What is an electric eel?

3—Why do we smile when we are pleased?

4—For what queen was Virginia named?

5—How many Presidents of the United States came from Virginia and who were they?

6—What composer wrote the largest number of melodious and enduringly popular American songs?

7—Which continent has but one active volcano?

8—What was the real name of Pierre Loti?

9—Who said: "You can fool all the people some of the time, and some of the people all of the time, but you can't fool all the people all of the time?"

10—Which is our largest national forest?

11—What famous novel was written about a whale, and by whom?

12—Which is the largest salt water lake in the world?

13—Who is the national woman tennis champion?

14—What is an electron?

15—What is the ratio of workers to population in the United States?

16—How much did the United States pay Panama for the Canal zone?

17—What famous American explorer was once imprisoned in Mexico?

18—What was Shakespeare's professional work other than poet and playwright?

19—Who said: "The public be deceived?"

20—What proportion of the words in the present English language are derived from Norman French?

Answers No. 8

1—Manush of Detroit.

2—Gen. Henry Lawton.

3—John C. Calhoun, 1832.

4—Fourteen parts gold, ten parts alloy.

5—When Adam ate the forbidden fruit a piece is said to have lodged in his throat, where the bulge appears.

6—"Ralph Roister Doister," written by Nicholas Udall, probably between 1534 and 1541.

7—The Scandinavian.

8—At the University of Oxford; in 1602.

9—Gen. U. S. Grant.

10—United States Steel corporation, Standard Oil of New Jersey and American Telephone and Telegraph company.

11—George Burns of Cleveland.

12—Cork is the outer bark of a species of oak which grows in southern Europe and northern Africa.

13—In South America, where "cow trees" yield a fluid which resembles in appearance and quality the milk of the cow.

14—Delaware.

15—1893.

16—"The Last Supper." "Mona Lisa."

17—The Urals.

18—Washington Irving.

19—Admiral David G. Farragut.

20—The northeastern states and some parts of the West.

Human Speech Calls for Little Energy

Speech requires a small amount of energy, according to telephone engineers, who explain that if a million persons were to talk steadily, and the energy of their voices were to be converted into heat, they would have to talk for an hour and a half to produce sufficient heat to make a cupful of tea.

One acoustic expert has divided the English speech into 36 letter sounds, and he found that the vowels carry most of the energy. It is estimated that at the upper and lower limits of hearing it takes a million times as much energy to make sound audible as in the range of 1,000 to 5,000 cycles, where the ear is most sensitive.

On the radio the sounds "th," "g," "s" and "v" are the most difficult to hear correctly. This is attributed chiefly to their very weak energy.—Scientific American.

The First Doll's House

What may prove to be the earliest British doll's house has been discovered in an old country house in Chelmsford. It is a two-story house about five feet high, built of solid oak, and contains four large rooms, attics and a balcony on top. The legs on which the house is mounted and the paneling and the mirrors are, it is said of definite Queen Anne design and workmanship.

Luminous House Numbers

A luminous number which can be seen from a distance at night has been put up on the town hall at Budapest, writes the correspondent of the London Observer, and the authorities are considering the advisability of putting luminous numbers on all houses in the city, and luminous plaques at the street corners on which the street names may be easily read after dark.

It is claimed that Budapest is the first city to consider this method of obviating this difficulty.

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Girlhood Revived by

Extremes of Fashion

Dr. Jabez Jackson, president of the American Medical association, said recently that any woman who could yet wouldn't improve her appearance with cosmetics ought to be spanked.

Doctor Jackson, elaborating this novel point of view, said at a luncheon in Kansas City:

"When a woman goes in for cosmetics and beauty culture her health improves. Take the daring new fashions. They stimulate the circulation. Did you know it?"

"A grande dame, got up in the latest and most daring thing from Paris, stopped at her doctor's table at the Ritz the other day and laughed and said:

"Doctor, I adore these new fashions. They make me feel so girlish. Every time a man looks at me I blush."—Detroit Free Press.

Levity Resented

A man who had bought a very valuable building site was surveying his newly acquired property in a mood of reverie when a stranger, in a similar mood, accosted him.

"Sir," said the man, "I remember when this property was a farm. Why, I buried a dog here in those days. And now I read that it has been sold for half a million."

"Yes," said the new owner, with a smile, "I bought it."

The stranger was obviously hurt.

"But what I'm telling you," he said, "is the truth."

Oil for Human Machine

This was overheard in a little drug store in Newcastle recently. A little girl about five years old entered and timidly asked to buy a "bottle of oil."

The clerk, wishing to be specific, asked: "What kind of oil do you want, oil that you put in sewing machines?" The little girl replied: "No sir, the kind you put in babies."

The clerk wrapped up a small bottle of castor oil.—Indianapolis News.

Statesman Had Vision

The Roman emperor Justinian attempted to introduce silk manufacture into Greece in the Sixth century A. D.

Are They?

Arthur—I think she's as pretty as she can be.

Jean—Most girls are.—Tit-Bits.

Martin Johnson, the well-known African explorer, plans to return to the Congo for the chief purpose of photographing gorillas.

A fortune will be made by the man who invents a home pants pressing machine.

After a period of storm and stress we should look carefully for the rainbow; it is there.

A cheerful countenance will make fools think you good-natured.—Chatterfield.

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