

TO CAN PEACHES AND APRICOTS AT HOME



Most Satisfactory Plan for Canning.

(Prepared by the United States Department of Agriculture.)

Peaches are among the most satisfactory fruits for canning at home. They should be canned as soon after picking as possible. Only clean, sound fruit should be used. The canning may be done by the water-bath method—that is, in a wash-boiler or any covered vessel sufficiently deep to hold all the jars completely immersed in water while standing on a rack or false bottom. The following directions for canning peaches are taken from Farmers' Bulletin 1471-F, "Canning Fruits and Vegetables at Home," which may be obtained free from the United States Department of Agriculture.

Before preparing the fruit make thin syrup, using 1 cup of sugar to each 3 cups of water. A richer syrup may be made if desired. If the peaches are not very sweet, using only 2 cups

of water. Put in one cracked peach pit for each quart of syrup. Boil 5 minutes and strain.

Immerse the peaches in boiling water for about 1 minute, or until the skins will slip easily, cut the peaches into halves, and discard the pits. If any quantity of peaches are to be handled, it is better to use a lye solution for peeling them. The method for doing this is described in the bulletin on canning. Pack the peaches into jars as soon as they are peeled and cut into pieces, placing the halves in overlapping layers, concave surfaces downward. Fill up the containers with boiling syrup. Process quart and pint glass jars for 25 minutes in boiling water if the fruit is fairly firm and hard, or for 20 minutes if it is ripe and tender. No. 2 and No. 3 tin cans are processed 15 minutes. Apricots are handled in the same way.

USING COTTON IN TAILORED STYLES

Easily Laundered at Home and Are Crisp and Fresh.

(Prepared by the United States Department of Agriculture.)

The trend toward simple tailored styles for street and business wear is being reflected in summer washable dresses. Various cotton fabrics are seen in offices or in the shopping districts during the warm months, and because of the appropriate weaves, patterns and colors available this season, these are giving excellent satisfaction. Cotton always has the advantage of being easily laundered at home so that one may have a number of fresh, crisp, inviting garments on hand all the time.

One of the best cotton materials for making up in tailored styles suitable for street wear is dotted swiss. It comes in many different colors including several that do not readily show soil, such as brown, navy blue, gray, or forest green, and also in many lighter shades or in combinations of color—a background of one color, with dots of another. The crisp texture of dotted swiss is excellent for rather severe designs, although so often this



Dotted Swiss in Tailored Effect.

material is thought of only in connection with afternoon or party dresses. Here is a trim street costume in navy blue dotted swiss with trimmings of white bias lawn tape. There are two collars, the upper one white and detachable so that it may be washed more often than the entire dress requires. The dress appears to be a two-piece costume, but in reality it is all in one, the joining being concealed by a dark blue belt matching the tie. There are three pleats on each side of the skirt, bound on the edges with

What's the Answer?

Questions—No. 4

- 1—When was the United States weather bureau established?
- 2—What northern city was burned by what Confederate general during the Civil war?
- 3—Who invented the three-element vacuum tube used in radio?
- 4—What is the funny bone?
- 5—Who is the national amateur golf champion?
- 6—Who was the culminating genius of the Renaissance?
- 7—Where in North America are the highest mountain ranges?
- 8—Where is Robert Louis Stevenson buried?
- 9—Who said: "Gentlemen, I would rather have written those lines (Gray's 'Elegy in a Country Churchyard') than take Quebec"?
- 10—Are labor strikes permitted in Italy?
- 11—What two famous British authors were slaves of the opium habit?
- 12—Who is the heavyweight champion pugilist?
- 13—Who was President when Washington died?
- 14—What battle was fought after the treaty of peace ending what war had been signed and when?
- 15—How much of the body is composed of water?
- 16—What is the composition of air?
- 17—What comedian of the screen, most affectionately regarded by movie patrons, died before the advent of big salaries and world-wide publicity?
- 18—What is the highest point of land in Germany?
- 19—Who said: "We must make the world safe for democracy"?
- 20—What proportion of the words used by Shakespeare are of Saxon derivation?

Answers No. 3

- 1—It introduces some virile, expressive and picturesque words which may gain recognition.
- 2—General Pershing.
- 3—Antoine Gailand.
- 4—Okeechobee.
- 5—Paul Whiteman.
- 6—In Greece, not later than 1307 B. C.
- 7—The process of turning an insoluble substance into a soluble one.
- 8—The specific gravity of any substance is its weight in proportion to an equal volume of water.
- 9—Franklin Pierce.
- 10—Wyoming.
- 11—Kansas.
- 12—William E. Gladstone.
- 13—The Bible.
- 14—Asia.
- 15—William Charles Macready.
- 16—Twelve.
- 17—A traveling stairway.
- 18—Thomas A. Edison.
- 19—Louis XIV.
- 20—William Howard Taft.

Man Using Both Hands Can Accomplish More

Out of every hundred babies born, 17 are naturally right-handed, 3 are left-handed, and the remaining 80 are capable of using either hand with equal ease. Yet, owing to our method of training the young, by the time those hundred babies are three years old all except the three who were left-handed will use the right hand for such essential work as writing, painting and the use of all tools.

There are said to be over 400 different sorts of work in which the equal use of both hands is an advantage, but even in those in which one hand only is generally used it is a tremendous advantage to be able to use the left hand in order to rest the right.

Sir James Barrie, when his right hand failed him, had to learn to write with his left, but Sir Robert Baden-Powell, when bitten by a dog and forced to carry his right arm in a sling, went right on with his work, writing and drawing with the other hand, for he has been able to use both hand equally all his life.

The great animal artist, Landseer, could paint two pictures at the same time, using both hands. The famous Leonardo da Vinci was equally accomplished, and so was Holbein, the portrait painter. More wonderful seems the fact that the well-known surgeon, Mr. Simeon Shell, could operate equally easily with either hand. Sir Oliver Lodge is another well-known man who uses both hands with ease.

It is the left side of the brain that controls the muscles of the right side of the body, so by learning to use the left hand a person actually rests one side of his brain and is therefore able to do more work at a stretch.

Beautiful Church Tower

Many of the parish churches of England and Wales are beautiful, but the tower of the church at Wrexham, Wales, with its corner turrets high as medieval fortresses, its spirals and crockets, intricate bands and graceful cornices, is a thing of astonishing beauty and worthy to have graced a minister. As a noted traveler once said: "One cannot look at it without acknowledging a debt of deep gratitude to those who built it so many centuries ago."

Improved Uniform International Sunday School Lesson

(By REV. F. H. FITZWATER, D.D., Dean, Moody Bible Institute of Chicago.)

Lesson for July 17  
SAMUEL ANOINTS DAVID

LESSON TEXT—1 Samuel 16:1-13.  
GOLDEN TEXT—Let no man despise thy youth, but be thou an example of the believers in word, in conversation, in charity, in spirit, in faith, in purity.  
PRIMARY TOPIC—A Shepherd Boy Chosen King.  
JUNIOR TOPIC—God's Plan for a Boy's Life.  
INTERMEDIATE AND SENIOR TOPIC—Why God Chose David.  
YOUNG PEOPLE AND ADULT TOPIC—Discovering Future Leaders.

I. Samuel Mourns for Saul (v. 1).  
1. Why he mourned. The death of Saul was, no doubt, a personal loss to Samuel, for Saul was a commanding and lovable personality. Then, too, the rule of so promising a career would deeply affect Samuel. Finally the humiliation to God and God's people grieved his heart.

2. Excessive mourning rebuked. The fact that God had rejected Saul should have lifted Samuel out of his grief. Excessive grief over that which God does is a reflection upon Him and should be rebuked. When sorrow becomes a hindrance to the discharge of duty, it merits rebuke.

II. Samuel Sent to Anoint David (vv. 1-3).

1. Samuel's fear (v. 2). Perhaps by this time Saul was becoming a desperate character. Samuel still knew that if Saul should hear that he was taking steps to anoint a successor to the throne, his own life would be in danger. Samuel was wise in submitting this hard situation to the Lord. God's servants are to be brave. However, even when going on errands for God we should not court danger.

2. The Lord's direction (vv. 2, 3).

The Lord smoothed the way for Samuel. He showed him how to perform his duty and escape the danger. Samuel was to take a helper and announce that he was going to offer a sacrifice unto the Lord and to call Jesse to the sacrifice. The prophet was not told all that would happen. This is usually God's way with us. He gives us our work piece by piece, and guides us step by step. Samuel's purpose was known only to himself. It was to be kept a secret so that the news would not reach Saul. This was a shrewd device but entirely legitimate. We may conceal that which others have no right to know, especially when such a disclosure would be detrimental to the success of our mission. What Samuel said was true.

III. Samuel's Obedience (vv. 4-13).

1. The trembling elders of Bethlehem (vv. 4, 5).  
Their unusual movement was an occasion for alarm. To the elders' alarming inquiry Samuel responded with the assurance of peace, inviting them to join him in worshipping the Lord.

2. Examination of Jesse's sons (vv. 6-12).

The Lord had revealed to Samuel that one of Jesse's sons was to be the new king, but not the particular one.

(1) Eliab rejected (vv. 6, 7).  
Eliab was the eldest son and therefore he was the first presented as having first right to the place of honor. Furthermore, he was a splendid specimen of manhood, tall and majestic in appearance, so that even Samuel was captivated by him as he had been by Saul (10:24). Outward appearance is favorable, but the realities seen by God were against him. We frequently estimate men by their dress, cultural appearances, wealth and position. These are only surface manifestations and frequently lead us astray, but God looks into the heart.

(2) David chosen (vv. 8-12).  
All but one of Jesse's sons had been looked upon, but still the Lord's choice had not appeared. Jesse's reply to Samuel's question as to whether all his children had appeared seems to imply that David was not of much importance. At any rate he was only a boy, while his brothers were already young men. He was considered good enough to watch the sheep, but not to be called to the feast. This is ever the way of man. He overlooks the very ones whom the Lord has chosen for places of honor and influence. Because David was faithful as a shepherd boy, he was in line for promotion when God's given time arrived.

3. David anointed (v. 13).  
When the shepherd lad appeared, the Lord directed Samuel to anoint him. When the oil was applied the Spirit of the Lord came upon him. David was a gifted and attractive lad, but his gifts were of no avail without the Spirit of God. Only as we are anointed by the Holy Ghost can we truly do the Lord's will and work.

We Can Choose

We cannot tell what shall be on the morrow; but we can choose what we ourselves will be. We can resolve to live faithfully whatever befalls. . . . We can walk with the bright angels, and wrestle with the dark ones, and oblige the flying hours to leave a blessing behind.—N. Y. Frothingham.

That Which We Do for Christ

That which we do for ourselves is forgotten; that which we do for Christ is immortal.

LIFE'S LITTLE JESTS



PROOF

The boxer came to the doctor with a black eye and a broken nose.  
"Did this happen while you were training?" asked the doctor.  
The boxer laughed: "No, they can't touch me."  
"You were set on in the street?"  
"No."  
"Then I don't understand."  
The boxer breathed heavily: "My wife proved to me that she couldn't possibly go on wearing last year's hat."—Vancouver Province.

THEY MADE HIM GIDDY



She—What makes that Mexican friend of yours such a giddy chap?  
He—The revolutions he's been through, my dear.

Hymn of Hate

A guy I hate,  
I'll tell you, sister,  
Is he who calls  
Himself a supplanter."

A Sinister Heritage

A certain woman who is proud of her aristocratic ancestors happened to show her maid the silhouette of an aunt of hers.

The girl had never seen anything of the kind before, and she gazed at the portrait long and earnestly.  
"Lor, mum," she said at length. "I always thought you had some relations like that; you're that dark in the face yourself."—London Tit-Bits.

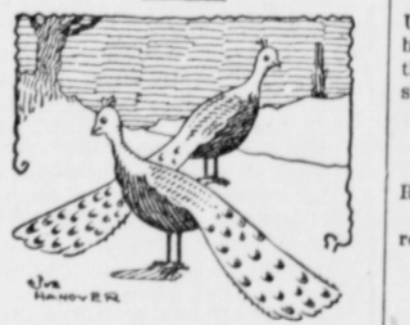
The Main One

"Yes," said the lawyer, "you go through bankruptcy and it will relieve you of all your financial burdens."  
"That so?" said the man who was in trouble. "And what becomes of her?"  
"Her? What do you mean?"  
"My wife, of course."—Boston Transcript.

Continuous

Old Gentleman—So you are looking for a square meal, eh?  
Tramp—No, I'm looking for a round one.  
Old Gentleman—I never heard of such a thing. Pray what is a round meal?  
Tramp—One that hasn't any end to it, sir.

EVOLUTION



First Peacock—What worries you?  
Second Peacock—I hope we shall never degenerate into a race without tails.

Fortune Telling

The fortune teller is a bluff.  
He hanth a sockdolager  
As soon as he hath nerve enough  
To pose as an astrologer.

Musical Menu

Cook—What are we havin' tonight, ma'am?  
Mistress—Why, I just told you; clear soup, fillet of sole, the roast and pudding.  
Cook—I meant on the radio, ma'am.  
—Boston Transcript.

No Parking

Oswald—Whew! I'm tired of dancing. I believe I'll stop and rest awhile.  
Clara—All right, but would you please get off my feet before you stop?

Above Such Matters

"Did you ever use money in an election?"  
"No," replied Senator Sorghum. "I have always had campaign managers quite competent to handle the minor considerations of pecuniary detail."—Washington Star.

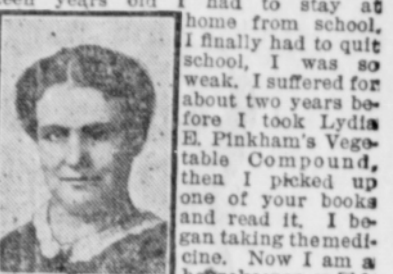
The Heart of Nature

"How far up the Hudson did you go?"  
"Oh, farther than the advertisements run."—Los Angeles Times.

GIRLHOOD TO MOTHERHOOD

Iowa Woman Found Lydia E. Pinkham's Vegetable Compound Always Helpful

Vinton, Iowa.—"When I was seven-



teen years old I had to stay at home from school, I finally had to quit school. I was so weak, I suffered for about two years before I took Lydia E. Pinkham's Vegetable Compound, then I picked up one of your books and read it. I began taking the medicine. Now I am a housekeeper with six children, and I have taken it before each one was born. I cannot tell you all the good I have received from it. When I am not as well as can be I take it. I have been doing this for over thirteen years and it always helps me. I read all of your little books I can get and I tell everyone I know what the Vegetable Compound does for me."—Mrs. FRANK SELLERS, 519 7th Avenue, Vinton, Iowa.

Many girls in the fourth generation are learning through their own personal experiences the beneficial effects of Lydia E. Pinkham's Vegetable Compound. Mothers who took it when they were young are glad to recommend it to their daughters.

For over half a century, women have praised this reliable medicine.

Along Classic Lines

The Washington memorial, near Alexandria, Va., is modeled after the ancient towers which were used as beacons to guide mariners into harbor, as exemplified in those of Rhodes. The building will consist of four colonnaded stories of diminishing perimeters, tapering from the base through successive stages to the observation tower provided at the top.

Fake Photo Made Trouble

If you are a girl in Germany, answering a matrimonial advertisement, you must send your own photograph to your prospective fiancé; otherwise, as an unwise Berlin frauin discovered for her cost, a damage suit can be brought, and won, by the disappointed swain.

Tide Will Turn

Mother—Did you put your neck in the Sunday school collection?  
Tommy—No, I lost it.  
Mother—But this is the third week in succession you've lost it.  
Tommy—I know, but that other kid's luck can't last forever.—Tit-Bits.

Oh Boy!

Grandma Lentil, whose disappointment was keen when she heard that her daughter's baby was a girl, has just learned that her informant was mistaken, and is very much buoyed up over the news.—Farm and Fireside.

At Once

Hewitt—I married in haste.  
Jewett—And repented?  
Hewitt—When the officiating clergyman held out his hand for the wedding fee.

Hopfulness

Height of hopfulness: Amateur gardener telling his neighbors that he planted a peck of potatoes and is going to get two bushels from them.—Baltimore Sun.

Why Not?

Those Eskimos that are visiting the United States may miss their whale blubber, but why can't they live on the fat of the land?—Farm and Fireside.

The Pessimist

"Well, school will soon be over, Robert."  
"Naw, we just get a few months' recess."

Met His Match

"He's fast, isn't he?"  
"Not so very. Susan caught him."  
—Sydney Bulletin.

Five counties in Colorado, Baca, Hinsdale, Jackson, Moffat and Rio Blanco, have no telegraphic facilities.

Roman Eye Balsam is an antiseptic ointment. Hence the medication heals by penetrating the inflamed eye surface. Adv.

When you say a man is erratic you mean he is hard to get along with.

MADE HANFORD'S 31 Years SINCE 1846 BALSAM OF MYRRH IT MUST BE GOOD Try it for Cuts, Bruises, Sores, etc. All dealers are authorized to refund your money for the first bottle if not suited.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.