

VEGETABLE COMBINATIONS ALWAYS GOOD



Corn Fritters, Cole Slaw, Carrots and Baked Apple Make a Good Vegetable Plate.

(Prepared by the United States Department of Agriculture.)

In order to serve a "vegetable plate" at home you don't need the special kind of plates used by restaurants for the purpose. If your combination is pleasing the family will be satisfied to have the vegetables served as at any ordinary meal. From three to five vegetables are usually selected for a vegetable dinner. Innumerable good combinations may be planned as the vegetables come on the market.

Here is a good in-between-seasons menu: Corn fritters, cole slaw, buttered carrots and baked apple. This

combination fulfills the requirement that there should be something hearty—the corn fritters, made with egg and milk, and rich because they are fried; something mild-flavored—the carrots; something acid—the apple. The pungency of the cabbage gives the necessary pronounced flavor that lends character to the whole plate. The illustration was made by the United States Department of Agriculture, which further suggests that some thought be given to the color and appearance of a vegetable plate, since appetite is so often stimulated through the eye.

PROTECT AGAINST DAMAGE BY MOTHS

Woolen and Fur-Trimmed Clothing Must Be Stored.

(Prepared by the United States Department of Agriculture.)

Woolen and fur-trimmed clothing, fur coats and separate pieces, and all the extra woolen blankets that are not in use during warm weather, must, as every housekeeper knows, be very carefully protected against damage by moths. The miller, or adult moth, does not eat fabrics; it selects them for laying its eggs, however, so that the larvae, or worms, will have an abundant supply of suitable food as soon as they are hatched. If there are spots due to food on the garments reached by the moth, the larva is even more attracted to that part of the material.

It pays, therefore, according to the bureau of entomology of the United States Department of Agriculture, to put everything away scrupulously clean. Coats and suits that are properly stored immediately after a trip to the dry cleaner have a very good chance to escape moth damage. This is not only because the spots have been removed, but because, in all probability, the garments have been thoroughly brushed, so that any concealed moth eggs are dislodged, and after that they have been aired and sunned to get rid of the gasoline odor. The same general treatment—thorough cleaning and brushing, with a good sunning—applied to all clothing at home before storing it for the summer, will go a long way toward assuring protection from moths.

Everything must be kept in tight containers. A brown paper parcel will do as well as an expensive treated bag, provided it is carefully done up in such a way that no moths could possibly get in to lay their eggs. Any tight chest or trunk is good, if the clothes have first been properly prepared, but cedar chests have the special virtue of killing any young larvae that might chance to develop in spite of the most careful efforts to brush and beat the garments. The use of naphthalene or paradichlorobenzene flakes inside a tight package or box or trunk is also good and is recommended, since the fumes, when closely confined will kill the moth.

It is sometimes possible to seal a closet where clothing is being stored in such a way that moths cannot en-



Guard Against Moths by Fumigating Clothing in Closets.

ter. On the whole, the safest course for the housewife to follow is to put the clothing for each individual in a suit box by itself, with naphthalene or paradichlorobenzene, and wrap each one up in several thicknesses of heavy paper, turned under at the ends so that no insects can get in to lay eggs. It is needless to add that each box should have its contents noted on the outside so that it need not be unwrapped in order to locate some article.

Improved Uniform International Sunday School Lesson

(By REV. F. B. FITZWATER, D.D., Dean, Moody Bible Institute of Chicago.) (© 1927, Western Newspaper Union.)

Lesson for July 10 SAMUEL'S FAREWELL

LESSON TEXT—1 Samuel, Chap. 13. GOLDEN TEXT—Thy loving kindness is before mine eyes and I have walked in Thy truth. PRIMARY TOPIC—Samuel the Faithful Servant. JUNIOR TOPIC—An Old Man's Advice. INTERMEDIATE AND SENIOR TOPIC—How to Make a Clean Record. YOUNG PEOPLE AND ADULT TOPIC—Righteousness in Public Life.

Samuel means "asked of God." God gave him in answer to his mother's prayer. She promised to give him back to God. In his early childhood his mother cared for and taught him. At an early age she handed him over to the care of Eli to minister unto the Lord in the Tabernacle. While he was thus engaged God called him. He responded to this call and spent a long life in useful service to God and his nation as judge and prophet. Our lesson today is his farewell address.

1. Samuel's Challenge to the People (vv. 1-5).

1. Reminder of the way the king had been given (v. 1). He showed that they were directly responsible for the change in government. Though keenly feeling the reflection upon himself, and their ingratitude to God in their demand for a king, he had not resisted their wish.

2. Review of his own administration (vv. 2, 3).

(1) Walk from childhood (v. 2). Samuel's was a remarkable life; from childhood to old age he had lived an upright and pure life. (2) Career as Judge and ruler (v. 3). He boldly challenged them to show where and how he had even in the smallest matters defrauded or oppressed anyone.

3. The vote of confidence by the people (vv. 4, 5).

It was Samuel's right as he laid down the reins of government to have his record vindicated and to have his integrity established beyond a doubt, so that no evil-minded man could ever be able to cast reproach upon him.

II. Samuel Reviews God's Dealing From the Time of Moses (vv. 6-15).

He reasoned with them concerning the good hand of the Lord upon them from the time of Moses. Though they with ingratitude turned from the Lord and demanded a king like the other nations, He had acceded to their request and set a king over them.

1. National prosperity conditioned by obedience (v. 14).

Though they had displeased God in choosing a king, if they would fear the Lord and render obedience, national prosperity would still be given. Would that the nations today could see that obedience to God is the only way to prosperity! Nations should find out God's will and then bring themselves into harmony therewith. God's law must be obeyed by the rulers as well as the subjects.

2. Disobedience to God meant the nation's ruin (v. 15).

It is folly to ask God's blessing upon a nation while it is living in rebellion against Him. True statesmanship is to find out God's will concerning the nation and so direct that in all its laws and customs there may be harmony with that will.

III. Samuel's Own Vindication (vv. 16-19).

This was such a critical hour in the history of the nation that Samuel sought to indelibly impress its meaning on their hearts. This he did by means of the thunder and rain out of season. Harvest time was not the season for thunder and rain, so when it came at the call of Samuel the people were affrighted. They saw it as an example of God's mighty power which, if directed against them, would destroy them in an instant.

IV. Samuel's Gracious Response (vv. 20-25).

1. "Fear not—serve the Lord with all your heart" (vv. 20-22).

Samuel did not minimize their sin, but assured them that if they would serve the Lord wholeheartedly He would not forsake them. The ground of their hope was in the faithfulness of God in keeping His covenant. "For His name's sake" shows that God's honor is at stake.

"God forbid that I should sin against the Lord in ceasing to pray for you" (v. 23). Though the people had rejected Samuel, yet he had such magnanimity of soul that he has not allowed their ingratitude to stop his intercession for them. Such failure he regarded as sin for himself. He assured them that in spite of their sin their one concern should be to fear the Lord and serve Him wholeheartedly.

Be Ready to Act

Doors are opening or closing all the time in life, and what they will do for you depends on the way you grasp or fall to grasp the opportunities that come to you. Be watchful; be ready to act.—Maltbie D. Babcock.

Influence

Influence depends less on our activities than on the qualities that lie behind our activities, as the planet at tracts, not by its motion, but by its weight.—Thomas Starr King.



A Few Little Smiles

ECONOMY

In the club they were talking of men who, though famous and wealthy, were at the same time very mean. "I once knew a man," said Butler, "who was so economical that he used to cover up his inkwell between dips in case any should be lost by evaporation."

"But I knew a man," observed Cutler, "who stopped his clock every night to prevent the works wearing while he was asleep!"—London Answers.

JOLTS AND JARS



Eva—Her strength was gained through a vibratory system—jolts, you know.

May—And her beauty by means of jars.

Subdividing the Clouds

The airship leaves the earth behind; And fancy, growing bold, Says, "castles in the air" we'll find By agents bought and sold.

He Had One Regret

Master of the House—I've been waiting for you just one hour. Mistress of the House—Before we were married you said that you would be willing, like Jacob, to wait for me twice seven years.

Master (five years married)—I only wish I had.

A Defective Title

"What has become of that titled stranger who wanted to marry you?" "I'll admit," said Miss Cayenne, "that the title dazzled me a little, but father is a good business man and insisted on my having the title searched."—Washington Star.

Easy Money

Bill—Did Ted pay you that dollar he borrowed the other day? Fred—Gosh, I forgot! I'll have to ask him.

Bill—By the way, can you lend me a five?

Hopeful

Dad—I promised you a bicycle if you passed the examination, but you failed. What have you been doing? Son—Learning to ride a bicycle.

THAT PUPPY SMITH



"Why are you so angry because you saw her kissing a dog?" "It wasn't a dog—it was that puppy Smith!"

A Good Day

If Truth can stamp this on your collar: "He took his dose and didn't holler," You'll fare less ill on judgment day Than any belly-aching jay.

A Brilliant Shot

Mrs. Brown (coldly)—Will you please explain what you meant by "Oh, Helen, a kiss" in your sleep last night?

Brown—Why—er—Helen is just a pet name for a billiard ball, my dear.

Hope Deferred

Askins—I understand your old aunt is very rich. Does she enjoy good health?

Ardupp—Enjoy it? She positively gloats over it.

For the Dead Ones

Hub—We must go to some quiet, inexpensive place next summer. Wife—Oh, Bob, don't talk so gruesomely. You know there are no longer any quiet inexpensive places except the cemetery.

Slight Favor

Warden (to the man in the chair)—Is there anything I can do for you before I throw the switch?

Doomed Convict—Yes, take my place.

IS A HEALTHIER STRONGER GIRL

Because She Took Lydia E. Pinkham's Vegetable Compound

The fertile valleys of Oregon help to supply the tables of America. This is possible through the magic of the humble tin can.



In one of the canning establishments, Julia Schmidt was employed. It was complicated work because she did sealing and other parts of the work. It was strenuous work and she was not a strong girl. Often she forced herself to work when she was hardly able to sit at her machine. At times she would have to stay at home for she was so weak she could hardly walk. For five years she was in this weakened condition.

She tried various medicines. At last, a friend of hers spoke of Lydia E. Pinkham's Vegetable Compound and she gave it a trial.

"Everyone says I am a healthier and stronger girl," she writes. "I am recommending the Vegetable Compound to all my friends who tell me how they suffer and I am willing to answer letters from women asking about it." Julia Schmidt's address is 113 Willow St., Silverton, Oregon.

Girls who work in factories know just how Miss Schmidt felt. Perhaps they, too, will find better health by taking the Vegetable Compound.

Young Missionary

Mother—Stop! Didn't I tell you that it is very wrong to fight? Johnny—I know it. I'm just trying to teach Willie that.



Plagiarism

Ethel—But, papa, he says he cannot live without me. Father—Tell him to think up a new one; I told that to your mother. —Boston Transcript.

CHILDREN CRY FOR "CASTORIA"

Especially Prepared for Infants and Children of All Ages

Mother! Fletcher's Castoria has been in use for over 30 years to relieve babies and children of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep without opiates.

The genuine bears signature of

Chas. H. Fletcher.

All the rising young men should be trained under a successful man.

We all say the obvious thing, of course. It's expected.



No hope! He's gone!

"Flyosan ALWAYS kills," says Doc Fly

DON'T kill flies and mosquitoes one at a time.

Flyosan—the first and only effective fly and mosquito spray (non-poisonous)—kills all the flies and mosquitoes in your house in only a few minutes.

But use Flyosan itself. Don't take chances with inferior imitations. Rid your home quickly, thoroughly, not only of flying pests but also of the filthy, deadly germs which each one carries.

"Swatting" only scatters these

millions of disease-bearing germs.

Here is the right insecticide for each insect:

FLYOSAN, Liquid Spray—kills flies and mosquitoes.

PETERMAN'S ANT FOOD—exterminates ants.

PETERMAN'S DISCOVERY, Liquid—exterminates bedbugs.

PETERMAN'S ROACH FOOD—exterminates that cockroach army.

PETERMAN'S MOTH FOOD—protects against moths.

You must have a specific insecticide for each insect. No single insecticide will exterminate them all. We have had nearly 50 years' experience. We know that is true.

Peterman's has the right insecticide for each insect. On sale wherever drugs are sold.

Peterman's 200 Fifth Ave., N.Y.C.

Professor Forgot All

About Dinner Party

The absent-minded professor who, starting to dress for a formal dinner, thought he was getting ready for bed and was found there by his wife, has a rival for wool-gathering honors in a certain English dean. This dean had invited some friends to dine at his house, and on their arrival a little ahead of time he suggested that in the interval of waiting they might like to walk through the grounds.

After spending a quarter of an hour admiring the flowers, shrubs and greenhouses, they came suddenly upon a door in the wall. "Ah," said the dean to his astonished guests, "this will be a much nearer way home than going back to the front," and all unconscious of his invitation he opened the door and bowed them out.—Boston Transcript.

Both Johns Honored

When Mr. and Mrs. James Calamussi of Bristol, Conn., welcomed their first baby, the father decided that the child should be named John, after the father's older brother, who had been very kind to the family. In two years another boy arrived and Mrs. Calamussi said it was his turn. She, too, had a brother John, who had been a boon to her family. So the second boy also was named John.

Still Falling

At school at Lankershim the other day, the teacher asked Buddy Cohen if he knew what a falling out meant. "Sure!" exclaimed Buddy, "we have one in our family right now!" "Why, Buddy, you don't mean your father and mother are not getting along?" "Sure they do! But daddy's getting bald!"

Roman Mosaic

The British museum is soon to receive a fine example of Roman mosaic pavement. In 1793 some laborers discovered it at Orkistow hall, on the River Humber, where it remained until the owner recently agreed to its removal. Composed of small colored cubes, it depicts various Roman scenes.

Mammoth Pail

A Keene (N. H.) concern has completed a pail for a preserve manufacturer. The pail holds more than a ton of jelly and will be displayed at an exhibit in Madison Square garden, New York. The pail, with cover, weighs 225 pounds.

Nobody

Simons—I had a real time at the dance last night. Edwards—But you can't dance. Simons—Well, did anybody?—Pathfinder.

Good Reason

Len—Yeah, Frank left his home for her. Jim—Why? Len—Oh, hers was a better one.

A Feminine Test

Grace—Why did you refuse him? Gertie—Well, he said he'd die for me and I'm curious.

Sometimes, it may be, a plenty to get up for the pleasure of not inviting somebody.

Happiest people are those who do what they like and somebody decides to pay them for it.

After "Be It Resolved" always comes "Get out and work" if anything is to be accomplished.



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