

BABIES CRY FOR "CASTORIA"

Prepared Especially for Infants and Children of All Ages

Mother! Fletcher's Castoria has been in use for over 30 years as a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups. Contains no narcotics. Proven directions are on each package. Physicians everywhere recommend it.

The genuine bears signature of

Wm. H. Fletcher

Soft Corns

Money Back Says Your Druggist if Moone's Emerald Oil Doesn't Do Away With All Soreness and Pain in 24 Hours.

Get a bottle of Moone's Emerald Oil with the understanding that if it does not put an end to the pain and soreness and away with the corn itself your money will be promptly returned.

Don't worry about how long you've had it or how many other preparations you have tried. This powerful penetrating oil is one preparation that will help to make your painful aching feet so healthy and free from corn and bunion troubles that you'll be able to go anywhere and do anything in absolute feet comfort.

So marvelously powerful is Moone's Emerald Oil that thousands have found it gives wonderful results in the treatment of dangerous swollen or varicose veins. Your druggist is selling lots of it.

CARBUNCLES

Carboul draws out the core and gives quick relief

CARBOIL

At All Druggists—Money Back Guarantee

Deafness—Head Noises
RELIEVED BY
LEONARD EAR OIL
"Rub Back of Ears"
INSERT IN NOSTRILS
At All Druggists. Price \$1
Folder about "DEAFNESS" on request.
A. O. LEONARD, INC., 70 FIFTH AVE., N. Y.

Porolax New Wonderful Skin Laxative, Cleanses by gentle, blackheads, boils, ingrown hairs, freckles, oily skin, etc. Guarant. Trial size 25c. Box 12, Arcade St., Los Angeles, Calif.

ITCHING RASHES

quickly relieved and often cleared away by a few applications of

Resinol

Substitute for Sun

Dwellers in smoke-shrouded cities and such as sleep by day and work by night can make up what they suffer from lack of sufficient sunshine by the use of electric sun baths, according to an eminent British health authority. Prolonged periods of wet weather tend noticeably to increase the spread of sickness in large cities, and pulmonary diseases are prevalent where sunlight is lacking, as are many ailments peculiar to children. Electric sun baths, the British physician referred to declares, offer a satisfactory substitute for nature's own.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 28 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Lake Michigan's Distinction

Lake Michigan is the only one of the Great Lakes lying wholly within the boundary of the United States, says the Dearborn Independent.

If Worms or Tapeworm persist in your system, see the real vermifuge, Dr. Peery's "Dead Shot." Only 50 cents at your druggist or 212 Pearl St., N. Y., Adv.

The longest term of office of any government official is that of the comptroller general and assistant, who each hold office for 15 years.

If You Need a Tonic, Get the Best!

Fresno, Calif.—"It is not long since I was all run-down in health and finally decided to try Dr. Pierce's Golden Medical Discovery, as I knew of other people in my neighborhood who had constantly relied upon Dr. Pierce's remedies and always received satisfactory results. I took only a few bottles and by that time I had regained my normal health.

"Dr. Pierce's Pleasant Purgative Pellets are good, too."—Manuel Y. White, 539 Callisich St.

All dealers sell Dr. Pierce's Pellets, 30 cents for 50 Pellets. When run-down you can quickly pick up and regain vim, vigor, vitality by obtaining this Medical Discovery of Dr. Pierce at the drug store, in tablets or liquid, or send 10c to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for trial pkg. tablets.

NO DESSERT WILL BEAT GOOD APPLE PIE



Every Housekeeper Prides Herself on Her Pies.

(Prepared by the United States Department of Agriculture.)

"Can she bake an apple pie, Billy boy, Billy boy?" So runs the song the lady in the picture is doubtless humming as she rolls out her dough. If she knows what a good pie ought to be like, she will probably make a good pie. It doesn't particularly matter whether or not she puts in cinnamon or nutmeg. And while most people prefer, as this homemaker seems to, the "covered" type of apple pie, a good apple pie can also be made "uncovered" with pastry strips across the top. Apple pie is a wholesome dessert because it preserves a satisfactory balance between the fruit and the pastry.

Main Pie-Making Points.

The main points are to make good pie paste, to use a suitable kind of apple, and to manage the oven properly. The crust should be tender, thin, flaky, not too rich, and delicately brown. The apples should be of the fairly tart, juicy, quick-cooking varieties, put in the pie uncooked, seasoned with butter, sugar and a very moderate amount of spice, usually cinnamon. There should be plenty of apples, too, but the pie should not be so full that the juice runs out. The undercrust in a leaky pie is apt to be tough and soggy. The baking should be done in a quick oven. If possible, serve pie a little warm.

The kind of fat used is somewhat a matter of personal taste. Some people like lard best; some prefer one of the hardened vegetable fats, and still others use part butter and part lard or other fat. Any fat used should be sweet flavored and combine properly

with the flour to make a flaky crust. Soft wheat flour is the best kind for pastry. The gluten that makes a good bread flour is a disadvantage in making pie crust.

Pie Crust Recipe.

You doubtless have your own preferred pie crust recipe. The bureau of home economics gives the following ingredients and directions for one two-crust pie:

About 2½ tablespoonfuls water
1½ cupfuls sifted soft-wheat flour
5½ to 7 tablespoonfuls fat
1 teaspoonful salt

Combine the fat and the flour. Some cooks recommend cutting the fat into the flour with knives, a pastry fork or a biscuit cutter, so the ingredients won't be warmed or handled too much, but the tips of the fingers may be used if the work is done quickly. Add the water slowly and use no more than is absolutely necessary. Roll out the dough very lightly. The temperature of the oven should be high to start with, and then be lowered rapidly after eight or ten minutes, so the filling may cook through without overcooking the crust.

For the filling you will need from four to six apples, three-fourths cupful of sugar, one-fourth teaspoonful salt, one-eighth teaspoonful cinnamon. Pack the apples into the crust carefully, so that the cover will fit evenly. They should be in thin slices after being pared and quartered. Sometimes they are cut in rings after coring and paring. Sprinkle them with sugar, salt and spice mixed together. Place the upper crust on the pie. Bake for about thirty minutes.

SAVE FOR VACATION IS EXCELLENT PLAN

Holiday Should Be Planned and Saved For.

(Prepared by the United States Department of Agriculture.)

Are you going to have a vacation of some sort this year? You need a change, some fun, some rest, something new to think about, whether you happen to be a high school student, a busy mother, or the father of a family. Every one needs a holiday occasionally. Better work as well as better health is a result of even a brief change.

Don't say you haven't time, or that you can't be spared. That ancient superstition has been long since exploded by that busiest of indispensable persons, the farmer's wife. Every summer hundreds of farm women now manage to get to mothers' camps for a complete change for a few days, returning to their families refreshed in mind and spirit, full of new ideas and happy recollections.

Don't say you can't afford a vacation. There are all sorts of vacations to be chosen—short ones, long ones, inexpensive ones, elaborate ones. If you can't take a train trip, how about the family car? If you can't go to a hotel, try camping. Decide about what you could afford—if you could put aside a little bit every week from now until midsummer. A vacation doesn't usually just happen. It has to be planned for and saved for. The sooner you begin to get ready for it, the more you have in reserve to spend on pleasant things. There are now only 14 or 15 weeks of spring and early summer left to devote to saving for this year's vacation. Next year's fund can be started as soon as this one is over. That's the better plan, but if you haven't given the matter much thought before, do the best you can from now on.

Suppose, for example, you have your eye on a two-weeks vacation in late August, to cost about \$40—all though lots of people would manage to have a fine time for a good deal less money. We'll suppose you need railroad fare as well as board money. Count up the intervening time by weeks. Three dollars a week set aside regularly for these 14 or 15 weeks will assure you the amount necessary. It sounds easy, doesn't it?

The next point is, of course, can you save that much? A few cents here and there—a little self-denial in small ways—perhaps going without something you would otherwise like to have—and the sum begins to grow. You have to make a choice almost daily. "Shall I have a soda, or put that much aside toward my weekly savings? Do I need new shoes or shall I wear the old ones a little longer and be sure of my holiday?" If you are a homemaker you may be asking

yourself: "Could I make some of the children's clothes and save a few dollars?" Or, "Are there ways in which I can buy the necessary supplies any cheaper?" Perhaps you could find ways to earn a bit here and there, too, to add to your funds, if you see no way to subtract anything from what you already have.

If you are the head of the family you will have to include the entire family in your plans, fix on a larger sum, and get everybody to co-operate. It works out the same way as for an individual. If you have never lived by a budget, don't wait until the first of January to make one. You can begin any time. The United States Department of Agriculture has a publication that will tell you how to go about making a budget that will help you spread your income over a vacation and other needed items.

Different Methods of Cooking Eggs for Table

The temperature of cooking affects markedly the consistency of eggs. Lower temperatures coagulate the white into a tender, jelly-like mass and allow the yolk to remain soft. Eggs so cooked are considered to be more easily digested than those toughened and hardened at higher temperatures and for this reason, rather than boiling, is recommended as a way of cooking eggs for children and persons of delicate digestion. Different methods of handling can also greatly change the consistency and appearance of egg dishes. Stirring while cooking, for example, makes scrambled eggs, and beating air in before cooking, the fluffy omelet. In souffles, cakes and other baked products eggs act as binders and serve as a means of incorporating air for leavening. In sauce, cream fillings, custards, candies and leings eggs thicken the mixture and give smoothness of texture. In salad dressings they are the common emulsifying agent. Their adaptability to a wide variety of uses therefore, as well as their high nutritive value, make eggs one of the most popular foods the world over.

Pan Broiling a Steak

In pan broiling a steak, the pan is heated very hot and is greased over lightly by wiping with a piece of suet so that the meat will not stick. Using a large amount of grease toughens the outside of the steak and does not increase the juiciness of the inside, says the United States Department of Agriculture. The steak is placed in the hot pan and seared first on one side, and then on the other quickly. After the steak is seared, the heat is reduced and the broiling proceeds more slowly. The meat must be turned frequently to prevent burning. Care should be taken not to pierce the crust which has formed lest the juice leak out. This method of cooking is used with juicy, tender, choice cuts.



Just a Little Smile

REAL SPEED

Pat, employed in a local quarry, one day dropped a stick of dynamite and forthwith disappeared into the clouds with several tons of debris. The catastrophe was witnessed by Mike, who, somewhat later was approached by the quarry owner.

"Where's Pat?" asked the latter. "Gone," replied Mike. "And when will he be back?" "Well," said Mike, "if he comes back as fast as he went—bedad, he'll be back yesterday!"

NOT BOSS AT HOME



Hubby—Oh, wife! I've been promoted to boss in the office. Wife—Yes, in the office maybe.

Looking to the Future

"What did you say when the duke proposed to you?" "I told him he had made me very happy," said Miss Cayenne. "So you accepted him?" "No. The compliment is something to talk about. A marriage would eventually be something to gossip about."—Washington Star.

Cruel Oversight

Jones—Why don't Brown and Robinson speak now? Smith—Well, Brown wrote a book with no end of scandal in it about people we know.

Jones—I see—he put Robinson in it. Smith—No, that's just the point. He didn't.

Cold Criticism

"You were greeted with song and compliment," remarked the admiring friend. "I was," answered Senator Sorghum. "The singers were of the key and the complimentary orators did not know what they were talking about. Otherwise, the occasion was a grand success."—Washington Star.

AND STILL ANOTHER



She—What do you hope to gain by kissing me? He—Another kiss.

On One Condition

"Could you let me have \$20 on this suit of clothes?" "Pawnbroker (eyeing the suit up and down)—Well, maybe I could, if der is about \$18 in der pockets.

Nothing to Worry About

Wife (awakened by a noise)—John! John, wake up; I heard something! Hub (drowsily)—Ah, forget it! Probably just like a lot of those things you hear at bridge club—purely imaginary.—Cincinnati Enquirer.

A Modern Man

"You do a lot of baking, Mrs. New-twyed," smiled Grocer Bill. "Yes," the young bride answered. "My hubby's a cake eater."—The Progressive Grocer.

Odd

"It's rather strange when you come to think of it." "What is?" "Women are called riddles, yet the plainer they are the more readily men give them up."—New Haven Register.

A Lap Hound

Porter—Lapdog! What do you mean by that? Why, the dog is as big as a mule! Fair Passenger—Well, you ought to see him lap up milk!



SAY "BAYER ASPIRIN" and INSIST!

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monaceticacidester of Salicylicacid

One More Chance

Dick had been listening thoughtfully to the story of Adam and Eve and when his mother was done he asked:

"Mother, doesn't God forgive sinners?"

"Yes, Dick, why?"

"Then why didn't He give Adam just one more chance?"—Indianapolis News.

Bell-Ans Really Sure Relief

Thousands of Testimonials From Doctors, Nurses and Dentists Say So.

For correcting over-acidity and quickly relieving belching, gas, stick-headache, heartburn, nausea, biliousness and other digestive disorders, BELL-ANS has been proved of great value for the past thirty years. Not a laxative but a tested Sure Relief for indigestion. Perfectly harmless and pleasant to take. Send for free samples to: Bell & Co., Inc., Orangeburg, N. Y.—Adv.

Snuff Again in Favor

Snuff is once more coming into favor in some circles in England as an elegant social accomplishment. The fine gentleman of 1927 points his witty phrases by tapping the lid of his snuff-box, and, as he takes a pinch, makes an arabesque flourish in the air with all the conscious grace of an Eighteenth century beau.

Cole's Carbolsalve Quickly Relieves and heals burning, itching and torturing skin diseases. It instantly stops the pain of burns. Heals without scars. 30c and 60c. Ask your druggist, or send 30c to The J. W. Cole Co., 127 S. Euclid Ave., Oak Park, Ill., for a package.—Adv.

At Training Camp

Lady Visitor (watching puglist shadow-boxing)—And is he really trying to hit his own shadow? Trainer—That's right, miss. Lady Visitor—Good heavens. Poor darling. How long has he been like that?—Passing Show.

Sore and inflamed eyes, sties and granulations healed promptly by nightly use of Roman Eye Balsam. 25 cents. Adv.

Similar

Allie—Why don't you tell Rod frankly that you don't like him as well as Ted? Jean—I can't. I'm not sure that Ted will propose.

PERMANENT RELIEF FOR ECZEMA

Used by noted doctor 49 yrs. Don't order unless you will follow directions. Send \$2 or write HADDER COMPANY, Box 472, El Paso, Texas, for full information.—Adv.

When the engine of an automobile equipped with a new thermostatic device overheats the car's horn is sounded.

All family trees have more or less shade.

Popular San Diego Woman Recovers From Long Illness

Amazing Improvement in Mrs. Jester's Health Surprises Friends. Serious Ailments Caused by Nervous Breakdown Relieved and Strength Restored by Tanlac. Looks and Feels Better Than Ever

"Tanlac has certainly done wonders for me; I cannot praise it enough," declares Mrs. T. D. Jester, 1268 Pennsylvania Avenue, San Diego, Calif. "I had suffered a nervous breakdown, and for many months afterward I continued to get worse and worse, despite all the different nerve medicines I tried. Nothing seemed to help until I tried Tanlac.

"I was as near to being a complete nervous and physical wreck as I could be, without entirely collapsing. The slightest noise would make me want to scream, and after retiring it would be hours before I could sleep. I would awaken with terrible nervous headaches and the slightest exertion would tire me out so that I would be trembling. I lost weight and appetite. I tried Tanlac with little expectation of improvement.

"Before I had taken all of the first bottle, I developed a ravenous appetite, and was sleeping better. I continued to improve rapidly and felt like a different person entirely. In less than three weeks I had gained seven pounds! Later, my weight went up from 105 to 125 pounds."

If your troubles are similar to those

Healthy, Happy Babies

The best way to keep baby in crowing, contented health is Mrs. Winslow's Syrup. This safe, pleasant, effective remedy regulates the bowels and quickly overcomes diarrhoea, colic, flatulency, constipation, and teething troubles.

MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator is best for baby. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients. Open formula on every label. At all Druggists Write for free booklet of letters from grateful mothers. Anglo-American Drug Co. 215-217 Fulton St. New York



INFLAMED EYES DISFIGURE YOUR LOOKS!

Don't experiment on your eyes. Use MITCHELL'S EYE SALVE for speedy relief. Absolutely safe. 25¢ at all druggists. HALL & RUCKEL, New York City

CALIFORNIA STATE APPROVED LANDS

Small improved farms in well established settlements. Fruit, alfalfa, dairy, hogs, poultry. Churches, high school, grammar schools. Also unimproved lands with first water rights. Easy terms. Write Fresno Farms, Kerman, Calif.

W. N. U., PORTLAND, NO. 14-1927.

Phlox as National Flower

The phlox was suggested as a national flower by Dr. Edward Wherry, of the Agricultural department, in addressing the Wildflower Preservation society at Washington, says the Pathfinder Magazine. At various times the columbine, goldenrod, dogwood, mountain laurel and trailing arbutus have been proposed, but congress has not given any flower such distinction. Some states, however, have adopted state flowers.

A Stiff Job

"Ah, my friend, you seem to have a very stiff neck." "Yes, I got it while sketching in Italy." "In an accident?" "No, I painted the Leaning Tower of Pisa."—Sondagnisse-Strix.



from which Mrs. Jester suffered so keenly, get relief before it is too late! Tanlac will doubtless help you just as it helped Mrs. Jester—and as it has helped thousands of other sufferers.

Tanlac is a pure and wholesome compound, made from herbs, roots and barks, according to the famous Tanlac formula. It is a wonderful tonic medicine, for run-down and nervous conditions and for digestive disorders. All good druggists sell Tanlac—get your first bottle today! Over 40 million bottles sold.