

From a village in France, where I was born, I brought some years ago to this country a secret. My great-grandfather, grandfather and my framewhere all eminent and famous pasty chefs in France, known the country over, famous because of their delicate, appetizing and delicious pastries, cakes and deserts. They extered for most of the celebrated affairs

The secret that I brought over with me was a formula of a delightful Marshmallow in Creme form. This product has been and is now manufactured by the Hip-O-Lite Company of St. Louis, Mo., under the name of Hip-O-Lite. It is known and used very largely by housewives throughout the United States. Ask your grocer for Hip-O-Lite.





The Hip-O-Lite Company pub-lish an illustrated booklet in colors of famous Caterers and Chefs professional recipes. It is yours for the asking. Ad-dress the Hip-O-Lite Company, Department M, 200 Market Street, St. Louis, Missouri,

Horseshoe Pitchers

Horseshoe pitching, which develops muscular co-ordination and physical strength, has acquired a scientific status and is gaining in popularity. In a recent championship tournament one contestant pitched 5,632 horseshoes, weighing 14,800 pounds, and walked 27 miles. The game is most popular in the Middle West. An official score card is used and individual ability is rated as in baseball.

DEMAND "BAYER" ASPIRIN

Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 28 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Among Scientists

"What is that distinguished-looking man's business?" "Grave robber," answered Miss Cayenne.

"His looks belie his trade." "Not at all. He confines himself exclusively to Egyptian tombs."-Washington Star.

Personal Comment

by Mrs. G. E. Tower San Francisco, Calif.—"For the past seven or eight years I have taken Dr. Pierce's remedies off and on, that is, the 'Favor-



son who is rundown in health."— Mrs. G. E. Tower, 1105 Laguna St. Obtain now from your druggist, Dr. Pierce's famous remedies. Write Dr. Pierce, President Invalids' Hotel in Buffalo, N. Y., for free confidential medical advice.

Schoolboys' Ambitions

A London schoolmaster gives the result of a bailot from more than 100 boys of preparatory school age as to the profession or occupation in life that each hoped to adopt: "Air force 21, motor engineers 10, electrical engineers 13, navy 12, army 10, commerce 6, law 5, stage 4, politics 3, journalism and literature 3, private detectives 3, architects 3, explorers 2, civil engineers 2, painters 1, church 1, schoolmasters 1.

PERMANENT RELIEF FOR ECZEMA

Not Necessary

"Mummy, may I go to the circus this afternoon?"

"Why, Betty, fancy going to the circus when your Aunt Sarah is

"THE JUNIOR TEXT BOOK" for an Up-to-Date Church. A Most H Book 25 cents. Address the Author, V KERR, Great Bend, Kansas.—Adv.

A Bad Break

Mother-Why are you crying, Bob-Bobby-I have a toothache and there's no school today.

Why buy many bottles of other vermi-fuges when one bottle of Dr. Peery's "Dead Shot" will work without fail? Adv.

It is some compensation for great evils that they enforce great lessons.

Sure Relief

The great value of Bell-Ans in the religfof digestive disorders of the stom and bowels is proved by its substan

Perfectly Harmless to Young or Old FOR INDIGESTION 25¢ and 75¢ Pka's Sold Everywhere



HE DOOM TRA

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By Arthur D. Howden Smith

Author of PORTO BELLO GOLD, Etc.

(& by Brentano's.)

CHAPTER XV-Continued

-28-"There!" he exclaimed. "You have It in the face. What do you expect of me? Would you have me violate God's sacrament by wedding a maid against her affections? Some priests might do so, but I will never! Marriage without affection is adultery."

"You leap to conclusions, my good sir," returned Murray. "The maid does not know her own mind. She is a conquest for the Church, and her alliance with the Chevaller de Veulle cements the great work we are undertaking together."

"I will have naught to do with it," responded the priest with decision. 'Not even to admit her into the Church would I tolerate the fastening upon herself, her husband and myself of a mortal sin. As for the Chevaller de Veulle, I will say nothing at present. But I am not satisfied with everything here at La Vierge du Bois. I shall have more to say on that score

He went out and up the stairs, and Murray, after a moment's hesitation, followed him.

But our reprieve was brief. The next morning an augmented force of jailers appeared. The thongs on our arms were tightened; our legs were unlashed; and we were marched up into the wintry sunshine again, our eyes blinking at the unwonted light.

The village was deserted, and we perceived the reason when we reached the council place and saw the long row of stakes which stretched before the background of the green firs of the Evil Wood. Jeers and cries of derision greeted us.

The False Faces strung their illnened circle around us, and the feather-tufted Keepers and their women and children pressed close to view the grewsome spectacle. We were bound to the stakes, Ta-wan-ne-ars and I in the middle of the line; and almost at once the torturing began upon the unfortunates at the two extremities. Their songs and shouts of defiance soon gave way to a sinister silence, as they fought with all their will power to curb the agony which bade them cry for mercy.

The horror of it first sickened me, then flogged me into a red-hot tempest of anger. And in the midst of the orgy of bestiality Murray and De Veulle penetrated the circle of False Faces, with Marjory, white-faced, tight-lipped, between them. They walked up to the stake to which I was bound.

Murray addressed me.

"We are making a bargain with the lady, Master Ormerod. She is to renounce her objections to De Veulle, own herself mistaken in her feeling of affection for you-and you are to be permitted to escape when she has sealed her engagements."

"Do not think of it, Marjory," I called to her. "I mind this not And fear not. Help will come to you." A tinge of color showed in her

cheeks, and she stepped to my side. "I cannot let you die, Harry," she said with a sob. "Indeed I will not be able to stand the thinking of it. Better anything-better marriage to this beast-than-than-that!"

"You are wrong," I urged her. "You must not. I should go mad if you did. I should hate myself! I-" I twisted my head toward Ta-wan-

ue-ars beside me. "Bid her not, brother," I appealed to him. "Tell her I do not fear to pay

the price! And why should I escape if you-His granite features softened as his

eyes met hers. But before he could speak the scene shifted with startling rapidity. There was a bulge in the ring of False Faces, and Ga-ha-no burst into the group.

Dressed in her uniform as Ga-go-sa Ho-nun-as-tase-ta, the kilt and moceasins, she fronted De Veulle with eyes blazing, breast heaving.

"Do you seek now to buy the white maiden with this man's life?" she stormed. "You shall not! You have had your pleasure with me. Now you would like to have a woman of your own color. You shall not! I have been bad. I have forgotten the ways of my fathers. I have betrayed a good

She threw a glance at Ta-wan-ne-

ars, straining at his bonds. "For that I am sorry, but it is too ate!" she exclaimed. "White maiden, she cried to Marjory, "do not listen to this man. He is more wicked than [-and I am now a creature of Ha-ne go-ate-geh !"

De Veulle waved his arm toward the attentive circle of False Faces. Remove the Mistress," he ordered.

'She is hindering the torture." The False Faces moved forward reuctantly, but Ga-ha-no acted without hesitation. A knife leaped from a fold of her kilt, and she sprang upon De Veulle like a wildcat. He retreated, and ripped out his own knife.

But she closed with him, and the two knives sank home at the same Instant. Hers pierced De Vuelle to the heart. His drove to the hilt into her right breast, and she staggered sack, coughing blood, against the I have read in very old books that Everybody says it, and what every ligid form of Ta-wan-ne-ars, bound King Philip, the Indian chieftain of body says must be true.—James Feni

-better-so."

No torture could have distorted his face into the image of frenzied despair which it displayed as he strove uselessly to bend down to her.

"My Lost Soul!" he muttered. "Oh, Ha-wen-ne-yu, my Lost Soul! Oh, Great Spirit, my Lost Soul!"

Marjory crept nearer to me, the horror in her face turning to pity, the tears streaming from her eyes. "The poor lass!" she cried softly. "The poor, brave lass!"

CHAPTER XVI

The Might of the Long House

The silence of consternation gripped the hordes of the Keepers of the Trail. The sea of painted, scowling faces exhibited one frozen expression of awe at the suddenness of the tragedy. Only Murray gave no indication of

feeling as he knelt by De Veulle's side. He stood up, wiping a spot of blood off one of his hands with a laced hand-

"He is gone," he remarked impar-"Give a look to the Indian girl," I

urged. He shrugged his shoulders as if to say it was not worth while; but Mar-



ory stooped over Ga-ha-no, composed the disordered black tresses and closed the wildly staring eyes.

HE REPLIED

"THEY ARE ENEMIES"

"'Tis useless, Harry," she said. "She is dead."

"Ga-ha-no-is-dead!" repeated Tawan-ne-ars blankly. His heaving muscles relaxed, and he

hung limp in his bonds against the "At the least, the woman gave you an avenue of escape from an intricate

problem," commented Murray. "You do not seem glad, my dear." "I am not glad," retorted Marjory scornfully. "And I am right content that you should be unable to under-

stand why I will be mourning for her.' "Ah, well, we have never understood each other, have we?" rejoined Murray, taking snuff absent-mindedly. "Come, we will give orders for the removal of the unfortunate pair, and-" The horror dawned once more in Marjory's face.

"And what?" she gasped. "You forget, Marjory, that my savage henchmen have work to do," he answered nonchalantly. "I take it for granted that you do not wish to re-

main and view their labors?" "You would leave these-these men

-Master Ormerod-to-to-"And why not?" he replied. "They are enemies. As I have had occasion to tell him ere this, Master Ormerod has sought to contrive my ruin. But am a reasonable man. I am always willing to discuss terms,"

"And what might you mean by erms?" I demanded, taking a hand in he conversation. He deliberated as unconcernedly as

If we sat on opposite sides of a table driving attacks of the Iroquois. in London, entirely ignoring the hud-

"Ga-ha-no-was not-worthy of- | dled corpses at his feet, the line of Ta-wan-ne-ars," she gasped as her bodies stiffening in the bitter cold head slipped down his chest. "It—is against the stakes and the attendant cordon of Indians whose faces studied his as their fingers itched to resume the torture.

"An undertaking to abandon this wholly barren persecution of my enterprises," he decided. "I should require the signature of Governor Burnet to the document."

"And my companions here?" I asked curiously.

"You forget that even my powers are necessarily limited," he said. "I could not possibly snatch from my people's vengeance Iroquois warriors taken red-handed in an attempt to massacre them."

I laughed.

"You do not yet know me, Murray." "Possibly you are subject to education," he retorted, buttoning up his greatcoat. "Come, Marjory." She drew away from him.

"I choose to remain," she said coldly. "I choose that you shall not."

He waved his hand in unmistakable signal of release to the watchful False Faces and their followers. A yell of satisfaction swelled from their hungry throats, and they dashed forward.

'Twill be difficult for me to control them in a few moments," observed Murray.

He looked up in amazement, as a nantle of silence enveloped the council place for the second time.

"O my people." boomed a harsh voice in the Cahnuaga dialect, "verily Ha-ne-go-ate-geh has claimed you You are mad! You toy with your enemies here when the warriors of the Long House are as thick along the Doom Trail as the falling leaves of autumn. The Keepers who were on watch are dead or in flight. At any moment the Iroquois will be here. They have burned Ga-o-no-geh. The snow of the Trail is trampled flat by their multitudes. Aye, the Doom Trail is bringing doom upon its Keepers."

His words were drowned in a racket of firing from the heart of the Evil Wood. A number of the False Faces emerged from the shelter of the firs, their awful masks wabbling unsteadily. "The People of the Long House!" they wailed. "The People of the Long

House are come!' "We are attacked back and front," snarled Murray. "Well Master Ormerod, you and your friend the chief are excellent hostages."

He bellowed a series of commands which brought some degree of order out of the confusion, and dispatched one party of Keepers into the wood to resist the attack from that quarter. Another body he sent through the vilage to hold the approaches of the Doom Trail. Under his directions the remainder of the warriors unbound the surviving prisoners from the stakes and escorted us to the stockaded house in which he dwelt.

In the doorway they paused to await the coming of Murray. He arrived presently, with Marjory hanging unwillingly on his arm.

"The prisoners?" he rasped in answer to the question of our guards. Take them to the cellar. Look to their security if you value your lives." An echo of distant shouts reached our ears as we stood there, and across the posts of the stockade we saw the Keepers streaming from the Evil Wood and at their heels certain darting. quick-moving figures that we knew nust be the warriors of the Eight Clans.

"It is time to bring our women and children inside the stockade," proposed one of the Cahnuagas.

Murray shook his head. "We have not room nor food to spare. See," he said, as the sound of firing came from the southward, "we are surrounded. We are ignorant of the strength of the Iroquois. It may be all we can do to defend ourselves. Women and children would be so many inconveniences to us."

And whilst a squad of savages conducted us to our prison the rest manned the firing platforms around the stockade and prepared to cover the retreat of the Keepers, who were falling back rapidly before the hard-

Use of Rifle Dates From Border Warfare

een general since the war of 1754-63, date, had a rifled weapon. It may known to us as the French and Indian have been true, but I believe the rifle var, in which Braddock was defeated. dates to the early part of the Eight-

ginning of the Eighteenth century, My reasons for believing this are the Magazine. statements that Captain Dillon has a good specimen with a date of 1719, if I recall correctly, stamped in the netal of the barrel. The photo of this rifle shows it to have been the conventional long-barreled, short-stocked, single-triggered model made and used so widely in the border wars and the

ast to the stake. New England, in his great war with more Cooper,

The use of the rifle in America has | the Colonists in 1675 or some such From what I can learn, the flint- eenth century as far as general use ock rifle, as we generally understand is concerned. I believe the first makthe weapon, dates from about the be- ers were the German settlers of Pennsylvania.-Mr. Wiggins, in Adventure

Mexican Superstition The Mexicans have a superstition that whoever partakes of food that has been gnawed by rats will be false

ly accused of wrongdoing.

Proof Positive

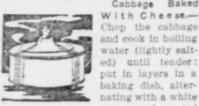
The KITCHEN CABINET

11111

If a man finds himself with bread in both hands, he should exchange one loaf for some flowers of the narcissus, since the loaf feeds the body indeed, but the flowers feed the soul.—Manager

SOME COMMON DISHES

The following are a few ways of serving the common vegetables: Cabbage Baked



Chop the cabbage and cook in boiling water (lightly salted) until tender: put in layers in a baking dish, alternating with a white sauce and grated

cheese and bake long enough to melt

the cheese, Carrots In Lemon Butter,-Cut carrots into long slender strips and lay in cold water for a few minutes to become crisp. Cook in a little boiling water until very tender, cooking down to evaporate all the liquid. Season with salt, a half teaspoonful of sugar, a tablespoonful of butter and a little cayenne to a pint of the carrots. Simmer until the butter is absorbed, then add lemon juice to taste with a little minced parsley. Boil up and serve at once very hot.

Turnip and White Sauce,-Wash and slice the turnips into half-inch slices, pare and cut the slices into cubes. Cook in boiling salted water until tender. Make a cupful of seasoned white sauce and add to the drained turnips. Serve hot.

French Peas .- Shell one and onehalf quarts of green peas, place in a saucepan with two tablespoonfuls of butter, a small onion, a heart of lettuce finely chopped, salt and pepper, a teaspoonful of sugar and three tablespoonfuls of water. Cover tightly and simmer one hour, stirring from time to time. When the peas are soft, remove the onion and add two egg yolks beaten with a little cream. Let boil up once, stirring constantly, and serve at once.

Stuffed Tomatoes.—Scald even sized tomatoes and remove the skins. Cut a slice from the top of each and scoop out the center. Chop these bits with small mushrooms which have been parboiled, add bread crumbs and seasoning with a few chopped nuts. Fill the tomatoes with this mixture, sprinkle well with seasoning and chopped parsley and place in a buttered baking dish to bake about fifteen minutes in a hot oven.

Mexican Scrambled Eggs.—Roast one dozen fresh green peppers, peel, remove the skin and seeds and chop, then boil in a very little water until tender; season well with butter. Beat six eggs, add seasoning and the peppers and cook for a moment in a little butter.

Pies Galore.

As pie has been called the great American dessert, and all data proves that it is the most popular, especially



among the men of the family, it behooves the cook to provide an edible variety. Pastry should be

rich enough to be crisp, tasty and easily cut with a fork. This is easily learned. Too rich pastry is as unpalatable as the tougher

Mix the lard and butter into the flour, then squeeze in the hand; if it lies in a ball, holding its shape, it will be plenty rich enough. Add cold water, mix quickly and handle as little as possible. Some like the hot water pastry, made the night before and chilled, prepared as follows:

Hot Water Pastry.-Take one cupful of boiling water and a teaspoonful of salt, stir until dissolved, then add three cupfuls of flour, previously sifted. Mix well and set away to chill, This makes two covered pies and one pastry shell for lemon pie. This pastry will keep for days if on ice.

Raisin Pie.-Cook two cupfuls of raisins in one and one-half cupfuls of boiling water for five minutes. Mix four tablespoonfuls of cornstarch with one cupful of sugar and cook until thick; remove from the fire and add two tablespoonfuls of lemon juice, the juice of an orange and a tablespoonful each of grated lemon and orange rind. Add one cupful of chopped nuts and bake with two crusts. The nuts may be omitted if not desired.

Coconut Pie.-Mix three tablespoonfuls of sugar and a tablespoonful of cornstarch, add one cupful of milk and cook until smooth and well cooked. Pour over the slightly beaten yolks of two eggs, cook a minute, add one-half cupful of coconut and one-half teaspoonful of baking powder and the stiffly beaten whites. Spread a layer of jam over the bottom of the pastry plate, add the cooked mixture and cover with a meringue, Brown lightly, Serve hot or soid.

Blueberry Pie.-Line a deep pie plate with good pastry and fill with two cupfuls of blueberries (canned), a pinch of salt and a dash of vinegar. Dredge with flour to take up part of the juice, cover with crust and bake When the berries are fresh a handful of green grapes are an addition, leaving out the vinegar.

Nellie Maxwell

Help Kidneys By Drinking More Water

Take Salts to Flush Kidneys and Help Neutralize Irritating Acids

Kidney and bladder irritations often result from acidity, says a noted authority. The kidneys help fitter this acid from the blood and pass it on to the bladder, where it may remain to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread; the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it.

Bladder weakness, most folks call it because they can't control urination. While it is extremely annoying and sometimes very painful, this is often one of the most simple ailments to overcome. Begin drinking lots of soft water, also get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, Continue this for two or three days. This will help neutralize the acids in the system so they no longer are a source of irritation to the bladder and urinary organs, which then act normal again.

Jad Salts is inexpensive, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by acid irritation. Jad Salts causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink which may quickly relieve your bladder irritation.

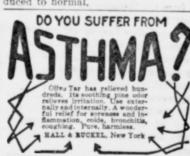
Puts An End to **Bunion Pains**

No Need to Suffer Another Day Those Agonizing Torturing Pains.

There is one simple yet inexpensive way to reduce inflamed, swollen toe joints and get them down to normal and that is to apply Moone's Emerald Oil night and morning.

Ask your druggist or any first class druggist for an original two-ounce bottle of Moone's Emerald Oil (full strength) and refuse to accept anything in its place. It is such a highly concentrated preparation that two ounces lasts a long time and furthermore if this wonderful discovery does not give you complete satisfaction you can have your money

refunded. Special note: People who want to reduce swollen or varicose veins should get a bottle of Emerald Qil at once. Applied night and morning as directed they will quickly notice an improvement which will continue until the veins and bunches are reduced to normal.



WHAT CAUSES BOILS. Bolls and carbuncles are the result of improper diet or infection of the skin. It's sometimes hard to determine the exact cause but CARBOLL will give quick relief. No expensive operation is necessary as one application of CARBOLL promptly stops the pain and continued use draws out the core. Get a 50c box from your druggist. Your money back if you are not satisfied.



In Hoosier Eden

Recently a North side family was passing the West Washington street bridge. One of the parents spoke of a huge stone placed at the end of the bridge to mark the spot where the house of the first Indianapolis settler stood.

"Mother, is that where Adam and Eve lived?"-Indianapolis News.

age eight, asked:

On hearing the remark a daughter,

Chains Clean the Chimney Chimneys, especially those in soft coal districts, require cleaning from time to time. This task can be made easier by using a bundle of automobile skid chains on the end of a rope for scraping the soot from the flues .-Popular Science Monthly.

Fever headache or grippe-Colds break in a day for the millions who use Hill's. Headache and fever stop. Grippe is checked. All in a way so reliable that druggists guarantee results. Colds are too important to treat in lescer ways.

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