

WARM COMFORTS CAN Drop Biscuits Are Good

| BE MADE AT HOME | in Case of Emergency |
| :---: | :---: |
|  | in Case of Emergency |
| Economical Way for Using | no cutter is at hand make drop | CASCARA ${ }^{2}$ QUININE Cor sad Bax Monivi mb portan




"Those bilious headaches
can be prevented
"I know how agonizing they are. For years I was a chronic
sufferer.
"And the headaches were not the worst part of it. The strong arugs I used to take to relieve the pain upset my stomach "Finally I found out that my headaches were due to constipation. My doctor advised Nujoladaches were due to cona few weeks the trouble djsappeared.
"Since then I have never had another headache. There is no
reason why I should, for the cause has been corrected."
Nujol Corrects Constipation in Nature's Way Constipation is dangerous for fects. To insure internal
anybody. Nujol is safe for cleanliness, it should be everybody. Nujol simply soft- cleanliness, it should be ens the waste matter and thus $\begin{aligned} & \text { taken regularly. Unlike laxa- } \\ & \text { tives, it does not form a habit }\end{aligned}$ permits regular and thorough and can be discontinued at ing the intestinal muscles any time. Medical authorities approve Ask your druggist for Nujol safe and natural in
perfect health that $\begin{array}{ll}\text { its action. } \\ \text { You can take Nujol } & \text { NUIOI }\end{array} \begin{aligned} & \text { is possible only } \\ & \text { when elimination }\end{aligned}$ ror any length of mencomaztuenicant is normal and time without ill ef- For Constipation regular.

