

MANY GORGEOUS SILK PRINTS; FASHION FAVORS BRIGHT CREPE

WERE it possible for anything so gorgeously gay as the new silk prints which the mode heralds for spring to cast even the suggestion of a shadow, then of them might one say that "Coming events cast their shadows before." Figuratively speaking, this is true, for certain it is that all signs point to a season of patterned silks the like of which, when it comes to flamboyant design and bizarre coloring, the world of fashion ne'er knew.

Crepes, failles, shantung, georgettes, raddums, and even taffetas, show prints quaint and prints modernistic, large bold designs, tiny prim figures, border effects and all-over patternings as well. Some of the latest silks suggest the inspiration of beautiful stained glass cathedral win-

are to be "the rage" this season. However, early arrivals are not waiting for spring, but already are peeping out shyly yet confidently from beneath the "comfy" fur and novelty cloth coats of the smart set. Let come balmy days and colorful gowns of crepe and silk print will burst forth as plentiful and lovely as the spring flowers themselves.

As to colorings, the fine crepe weaves, of which so many of the new models are fashioned, almost outrival nature itself in their freshness and charm. Perhaps the rose shades come first in favor. The range includes hots de rose, arabesque (very deep rose), rose-bloom, rose-beige and rose-leaf, the latter trending to pink. Closely allied to these are peach and apricot. Blues, from periwinkle to navy, are



A HANDSOME AFTERNOON GOWN

Others bespeak flowers of exotic hue. Super-large chrysanthemums, daisies and roses splash their rich colorings in border design across silks whose upper portion is primly printed with small buds and leaves.

The styling of the new silks is as fraught with new interest as are the fabrics themselves. Two outstanding points in the making of these novelty silks are caplet effects and long fanciful sleeves. A third interesting feature is the trimming of bold patterned silks with solid colored borderings, facings and pipings.

The handsome afternoon gown in

smartly fashionable. Greens are featured as chartreuse, citron and lovebird. Some predict a success for banana and other yellowish hues, while gray, especially opal-gray and graystone, bid fair to become leaders. Sand, beige and blond retain their usual springtime popularity.

As to materials which fashion sponsors for this season, included in the list are: Flat crepe, georgette, crepe Elizabeth, crepe romain, crepe Louise, frost crepe, chiffon and georgette. The new weaves trend to crepe-like effects. When it comes to the styling of these practical and handsome mate-

CANNING MEATS AT HOME IS IMPORTANT



Meats Must Be Canned in the Steam Pressure Canner.

(Prepared by the United States Department of Agriculture.)

The canning of meats on the farm has become one of the most important methods of food preservation. Only meats that have been freshly killed and cleanly handled should be preserved in this way. The United States Department of Agriculture recommends that the steam pressure canner should always be used. A high temperature of 250 degrees Fahrenheit, equivalent to a steam pressure of 15 pounds per square inch, is required to sterilize meats properly and prevent spoilage.

In selecting a pressure canner the following points should be carefully checked: A pressure canner should be strongly built and the top should clamp on tightly so that there is no leakage of steam when it is closed. There must be an air outlet with a pet cock and the top should be equipped with a pressure gauge, a thermometer, and a safety valve. Since the temperature is a measure of the pressure, it is ordinarily assumed that one can be interpreted in terms of the other. It is better, however, to have both a gauge and a thermometer, for the one serves to check the accuracy of the other. In size a pressure canner should be suited to the kind of containers and the probable number to be handled at one time. In case the canner must be lifted on and off the stove during canning, it is also important that it should not be too heavy.

Directions for Canning.

After slaughtering, the meat may be prepared for canning as soon as the animal heat has disappeared. The directions below are given for canning roast pork, but they may be applied to similar cuts of beef or lamb. The meat should always be cooked and seasoned before it is canned—whether it is roasted, fried, baked, or stewed—just as though for immediate serving, so that the flavor will be retained. It need not be cooked tender but it should be cooked until the center is no longer red. Pack the meat as hot

as possible. Remove all bones and fill the jar or can with hot gravy stock, so that the sterilization period will not be longer than necessary.

Either glass jars or tin cans may be used for canning meats. Full directions for each step in the process in either case will be found in Farmers' Bulletin 1186, "Pork on the Farm," and also recipes for preparing the various parts of the hog in different ways for canning. The flavoring and proportions in these recipes may be varied to suit individual taste, but the length of time and temperature for the processing period of each meat or mixture should never be changed.

How to Can Roast Pork.

The ham, shoulder or loin of pork is generally used for roasting. Scrape the skin clean and wipe it with a damp cloth. If the ham is used and the skin is left on, cut with the point of a knife just through the skin so as to dice it, and trim with cloves and tufts of parsley if desired. Salt and pepper to taste should be sprinkled over the ham. Heat in a roasting pan from two to three tablespoonfuls of grease. Put in the roast when this is hot and seal it quickly all over to seal the pores and prevent loss of the juice of the meat. Add two small turnips to the roasting pan and from one-half to one cupful of boiling water. Leave skin side up and do not turn, but baste frequently. When cooked through and nicely browned, slice and pack in cans or jars to within one-half inch of the top of the can. Add the gravy from the roasting pan, or soup stock, so that it barely covers the meat. There must be at least one-quarter inch space between the gravy and the top of the can. Close the can or jar, and process in the steam pressure cooker. No. 2 cans or pint jars are processed for 45 to 50 minutes at 250 degrees Fahrenheit or 15 pounds of steam pressure. No. 3 cans or quart jars from 55 to 60 minutes at the same pressure. In case the meat is fat time for processing must be prolonged 10 minutes.

BIG DIFFERENCE IN FLOUR TYPES

Increased Use of Soft-Wheat Will Help Prices.

(Prepared by the United States Department of Agriculture.)

It behooves the housewife to learn to tell the difference between hard-wheat and soft-wheat flours, and to know the particular use for which each is best adapted. With this knowledge she can then select a flour well suited to her needs often at a distinct saving in price and to the benefit of local industry.

The United States is now growing about as much hard wheat as it can economically. The increase in the production of baker's bread and in the use of machine mixers in the bake shops, has greatly increased the demand for the hard-wheat flours. Their higher gluten content gives them greater ability to absorb water and to stand the severe "punishment" given the dough by power machinery.

For many home uses, soft-wheat flours are just as good or better than the hard-wheat. It is easier to make tender cake and flaky pie crust with a soft-wheat flour. For thickening sauces, gravies and the hundred and one other small household needs one kind is as good as another. The housewife can thus by greater use of soft-wheat flours, help in stabilizing demands and prices.

The housekeeper, however, sometimes has difficulty in telling what type of flour she is buying. The United States Department of Agriculture suggests the following simple tests for distinguishing hard-wheat and soft-wheat flours:

The flours from soft wheats have a velvety texture somewhat like cornstarch, and those from hard wheat are usually more gritty, but it requires some experience and a fine sense of touch to detect this difference. Experts usually do it by taking a pinch of flour and rubbing it lightly between the thumb and the third finger. Another way to tell is by squeezing a handful of it tightly and noticing whether as the hand is opened the flour remains in a mold and shows the impression of the fingers. In this test a hard-wheat flour acts more like

a powder and the mold breaks up more readily than that of a soft-wheat flour. Weighing is still another method used to distinguish hard-wheat flours from soft. A quart of hard-wheat flour that has been sifted once,



Bread Made of Soft-Wheat Flour.

dipped lightly into the measure, and then leveled off, weighs about sixteen or seventeen ounces or even more. A quart of soft-wheat flour sifted and measured in the same way weighs only about fourteen or fifteen ounces.

New Dessert Combination Favored in New England

Ice cream served with hot Indian pudding may be a new idea to many people, but it is a favorite combination in New England, and is worth a trial anywhere. Use vanilla ice cream and make the pudding in the following way, recommended by the United States Department of Agriculture:

Indian Pudding.

5 cupfuls milk 1 teaspoonful of salt
1-3 cupful of corn meal 1 teaspoonful of ginger
1/4 cupful molasses

Cook the milk and meal in a double boiler 20 minutes; add the molasses, salt, and ginger; pour into a buttered pudding dish and bake two hours in a slow oven. This serves about eight persons. The ice cream may be placed on the same plate with the pudding, or served in a separate saucer. If ice cream is not used, serve the pudding with cream.

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TYPICAL OF THE MODE

the picture emphasizes all of these style points. The graceful side drape also bespeaks the last word in styling as does the bow of wide velvet ribbon, for there is prophesied for velvet ribbon a pronounced vogue as millinery trimming as well as dress embellishment.

Bordered silks are being made up effectively in two-piece jumper suits, the border finishing the hem of the blouse rather than that of the skirt.

Perhaps a little too early it is for the big coming-out party of the gay silken frocks which fashion declares

rials the story is fascinating and endless. Outstanding high lights stress long and fanciful sleeves, high necks, some of which are convertible, and widened skirt hemlines.

The model here pictured is typical of the mode. It is of flat crepe, in that new deep rose shade known as arabesque. The circular skirt is one way of carrying out the dictates of fashion in regard to fullness at the hemline.

JULIA BOTTOMLEY.
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