

How World Takes Its Vacations

Hit Age-Old Trail Followed for Centuries in All Climes.

Washington.—When millions of Americans leave for three days, three weeks, or three months at the beach or the lakes, on the farm or in the mountains, they are hitting an age-old trail, says a bulletin of the National Geographic society, from its headquarters at Washington.

Lapps of Lapland and the Bakhtiari of West Persia take the vacation trail to a cool summer climate and it is called a migration because they have to go. The Athenian gentleman went to Olympia and called his recreation interval the Olympic games. In China and India popular thought satisfies the vacation impulse by religious pilgrimages. Japan and Germany are not yet entirely accustomed to pleasure for pleasure's sake so their sons and daughters go to health springs, 'bads' or spas, but it is a vacation nevertheless. The Occident alone is intellectually honest in rewarding the human desire for a change of scenes, a change of climate and relief from duty.

Ancient Olympic Games.
"Olympic games of ancient Greece were probably the first vacation excursions. Before their organization, 800 years before the birth of Christ, traveling was risky. The mountains might invite in summer, but if a man loved life he stayed in his own little kingdom though he cooked and boiled and baked in the sun. In Greece, for one month following the first full moon after June 21, every four years, a general peace proclamation went out through the states of Greece permitting contestants and hordes of excursionists to go safely to the beautiful vale of Olympia. The Assyrian kings got around the vacation problem without leaving Babylon; they built the famous hanging gardens which supplied the charms of cool, moist air under verdant foliage.

"Rome marked its conquests not with lead plates or flagpoles, but bath-houses. Many of the innumerable health springs of Europe, gathering places for multitudes to cure disease and to enjoy rest or sport, boast of Roman origin at the hands of the 'amphibian legionnaires.' The site of Bath in England attracted one of the largest Roman settlements by its famous springs. 'Bad' in German means health spring and towns with 'bad' before or after the names are almost as frequent as 'Main streets' in America.

There is Baden, Austria, the noted watering place of the Viennese—rich and poor. There is Baden, Switzerland, and the principality of Baden, Germany. The latter alone contains the health spring towns, Badenweiler, Antogast, Griesbach, Friersbach, culminating in Baden Baden, thus named in an effort to distinguish it from the other 'bads.' The word 'spa,' for health spring resort has its origin in the Belgium town Spa, once the most famous in Europe.

"The Prince of Wales goes in for outdoor life on a Canadian ranch, and the king of Spain summers at San Sebastian, the Spanish counterpart of Biarritz, whereas Peter the Great of Russia and monarchs of Austria and Sweden soaked in and drank chemically scented water in Spa. King George of England goes to the Riviera for a vacation, but his ancestral namesakes went to the pump-house of Bath.

"In the hills west of Peking are the ruins of one of the most beautiful summer resorts the world has seen, the summer palace of Manchu emperors. The Jade Fountain, a fine large spring, has been the site of summer palaces for Chinese sovereigns since the Tenth century. But the most beautiful was that built by the poet emperor in 1691. Jesuit priests described to him the beauties of Versailles palace and he wove some of the designs into his own plans. A Jesuit supervised the development of the palace enclosure. Here the emperor took his ease on a royal barge floating on a sapphire lake in the midst of which rose an artificial mountain girded with marble bastions.

Japanese Climb Fuji.
"In reprisal for the torture of captives, the British troops sacked the summer palace, in 1860, burned its buildings to the ground and leveled the pagodas. Today the grass burial broken fragments of grandeur and only some fine bridges and a bronze temple remain as reminders of the palace that lost its soul. Near by the dowager empress later built herself a summer home with \$50,000,000 which should have paid for a navy to defend China from Japan. The only boat that China got was the marble barge on the sapphire lake which has a hideous wooden cabin where tourists may now buy lukewarm beer.

"Climbing Fujiyama is the cherished Japanese idea of a vacation. Although the numerous hot springs of the nation attract thousands annually, Mount Fuji is their mecca. Every true Japanese expects to climb it once in his life time. It is sacred to both

Shinto and Buddhist believers; to the former it is the beautiful goddess 'causing flowers to bloom brightly,' to the latter it is the folded bud of the sacred Lotus.

Expenses Paid by Lottery.

"The desire to climb the perfect snow-white cone of Fuji has given rise to vacation lotteries throughout Japan. The lucky ticket gives its holder sufficient funds to ascend the supreme altar and snipe the sun as it turns the sea of cotton, as the Japanese call the cloud roof, into a fleece of gold. All summer thousands of pilgrims, staves in hand, gowned in heavy clothing for the low temperatures, and wearing straw hats shaped like the cone of Fuji itself, toll up the trail marked yellow against the black volcanic sand by discarded sandals.

"Whether by accident or plan, the most holy time to journey to Mecca coincides with the most delightful season in the desert. Spring in the Arabian desert comes after the winter rains in January and February. Then the waste of sand and rock is cool green for a brief time. Dusty shrubs bearing all appearances of having been years dead, suddenly burst into new green. Brilliant desert flowers blossom into tinted meadows. The wells are full with water that must last another long, dry year. Camels once more acquire fat humps. This is the time when thousands of pilgrims take the long road to Mecca to satisfy religious duty, and though they may not admit it, to satisfy the wanderlust and the human desire to see new beauty.

Salt Water Bathing Lures All.

"Each nation has its Atlantic City. Peruvians go down to Barranca on the Pacific, the French in Algeria go to Tiencen in the hills back from the Mediterranean, Athens listens to French operettas in Phaleron on the bay where galleys of ancient Athens were sheltered. Egyptians desert the muddy Nile for Ramieh a few miles from Alexandria and on the edge of the delta's fan. Outcast religious sects used to find refuge in the heights of Lebanon mountains of north Palestine. Now the remaining cedar groves offer retreat for vacationists from the hot plains. In India the British annually move their capital to Simla in the hills. The Lido, an island near Venice, is the famous ocean resort of Italy; and the east shore of the Baltic is one vast bathing beach during the brief summer. Mount Omelshan, a sacred peak of China rising high above the Yangtze in Szechwan, yearly attracts thousands of pilgrims and now has an annual summer colony of American missionaries."

Coast Town Opens Novel Mountain Amphitheater

San Bernardino, Cal.—A spacious and probably unique natural amphitheater, distinctive in its setting 7,000 feet above sea level in the wooded heart of the San Bernardino mountains, was opened recently with a musical program novel in itself.

This huge outdoor theater can accommodate 50,000 persons.

Instead of one stage there are many. They are composed of platforms of table-shaped rocks artistically placed by the hand of nature about the large amphitheater. On one, hundreds of feet above the audience, a violinist, standing in the shafts of colored lights blended with the moonbeams through the branches of great trees on the mountainside above him, rendered music from the masters. From another, across a ravine on a precipitous mountainside, a string quartette played softly while choruses sang from half-hidden caverns.

Varicolored lights played about the amphitheater created a queer effect.

Blind Men Skillful at Warning of Air Raids

London.—Interesting details as to how blind men were called in at one phase of the great war to assist in the defense of London were made public recently.

In the early days of the war the only sound locator was, of course, the human ear. Commander Rawlinson, royal navy, then in charge of the scanty air defenses of the city, found the ordinary man's sense of direction by hearing too inaccurate. One day he astonished the unimaginative officers and officials of Whitehall by asking that several detachments of blind men from the various institutions be sent to his headquarters. Their keenness of hearing, it was shown, was of great assistance in locating Zeppelins on their way to London.

INDIAN BONES, 1,500 YEARS OLD, FOUND IN NEW YORK

Important Discovery of Algonkian Remains Made by Head of Indian Museum.

Auburn, N. Y.—What is believed to be one of the most important discoveries of Algonkian remains ever made in New York state was announced by Donald A. Cadzow of the Museum of the American Indian, Heye foundation, New York city, who has been working in the Finger lakes region for the past two years.

On Frontenac island, the only island in Kayuga lake, Mr. Cadzow has discovered and quietly explored an Algonkian burial ground 116 feet long by 90 feet wide. The island lies off the village of Union Springs, Cayuga county.

"From a scientific standpoint it may rival any discovery ever made in the search for Algonkian remains,"

Mr. Cadzow said, "I roughly estimate the skeletons I found there to be 1,500 years old and of the first period. We found 14 skeletons, all being prone instead of flexed or bent as the Algonkians and Iroquois of later periods. Evidence that the early Algonkians were cannibals is found in the fact that we found broken and burned human bones mixed in a singular way with those of animals."

Mr. Cadzow has been associated with the Heye foundation for a number of years in archeological survey in this region. All of the bones and relics found have been shipped to the museum in New York city.

The finds include, besides many skeletons, stone implements, some of them not identified, one large perforated winged bannerstone made of white limestone, the first to be found in place with a burial site in the mid-

dle Atlantic; carved stone objects resembling deer heads; beef incisors, a small notched flint arrow point, several antler flakers, bone arrow points and the bones of swans and other birds.

"In one grave," said Mr. Cadzow, "we found a skeleton in the phalanges of the right hand of which rested a small bone spoon, three inches from which, resting on bedrock were three small beaver teeth, an imperfect barbed bone harpoon point and an antler flaker. Under the left hand was the small perforated, winged bannerstone. Touching the right fibula lay the crushed skull of another adult person, face downward, but no other bones traceable to this individual were found."

The authorities of the village of Union Springs have placed guards on the island and it has been posted against trespassers.

Bertram L. Field of Rutland Vt., owns the egg of an auk, a bird long since extinct, which is valued at \$1,200. There is said to be only one other auk's egg in the United States.

SOMETHING TO THINK ABOUT

By F. A. WALKER

MERE PRETENDERS

IN ALL communities there is a class of men and women who cannot stand up straight and put a name upon their actions. If you will take time to scrutinize them closely, you will find that they float through life like chips on the waters, governed in their movements by the whims of the tides and winds.

They nod an indifferent good-day to failures, which in their lives have a habit of coming often, and quite as supinely put out a listless hand to welcome opportunity, not concerned in the least whether it shall remain or sour away.

To these people nothing assumes importance but their pretentious selves and their unsought opinions, which usually are as threadbare as the tattered garments of a mendicant.

Being the mere pretenders that they are, they are their own court, judge and jury, oblivious to criticism and strangely indifferent to the scorn of good society.

From acquired habit they puff out their breasts, disregard all accepted laws of propriety and go parading through life as if they were specially

privileged to embarrass and humiliate their fellow-beings.

Their behavior forms a sort of background which is recognized at first glance by the unassuming, well-educated and cultured as supremely artificial and brazen.

So thinking and so acting they contaminate everything they touch.

No man or woman of earnest intentions can come in contact with these pretenders without experiencing a feeling of disgust which sometimes is tinged with genuine sorrow.

If kindly suggestions should be proffered, these wretched hypocrites turn on their heels in mock civility, bow themselves out and continue their foolish course in proud disdain.

Like dolls stuffed with sawdust, they make excellent playthings for children, but are of no material use to men and women who are waging the serious battle of life, performing nobly their role in the affairs of the world, humble in their attitude towards one another, encouraging and consoling the true-hearted, but constantly frowning upon sham.

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A LA VALENTINE

By DOUGLAS MALLOCH

THE rose is red,
The violet blue;
This little bill
Is overdue.

Please pay it now—
Don't wait till when
The rose and violet
Bloom again.

For if you do
Delay it thus,
No violet

Will bloom for us;

Unless you pay,
The rose will rest
Upon our fair
And manly chest.

The birds will sing,
But what of that?
We shall not hear them
Where we're at.

So come across;
We need the dough—
Not in the spring,
But now, you know.

The rose is red,
The violet blue;
Do we need cash?
I'll say we do!

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SCHOOL DAYS



with his wife to Germantown, Pa. Two years after that they settled permanently in Frederick county, Maryland, where they had land direct from Lord Baltimore. Henry Wagner was a fighter in the Indian wars, and he established a big and flourishing family.

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YOUR Last Name

IS IT WAGNER?

THERE is a big and flourishing family named Wagner in this country. Germany, of course, is where the original Wagners came from and there it is a very usual and very distinguished name, for besides the celebrated operatic composer and poet, there have been noted men of the name in many of the professions and arts.

The name became popular because it was an occupational name—of an occupation that was tremendously important. For it is the equivalent of cartwright or wheelwright—some one who made and repaired the wheels of wagons. And of course this was a vital trade when almost all transportation was effected in wagons and coaches and carriages.

It is an interesting thing that the English name Cartwright with the same signification, is also usual in England, and numbers among its bearers many men of distinction. The most-known man of the name here, perhaps, was Peter Cartwright of Virginia, a famous circuit rider and preacher of the Methodist church.

To get back to the Wagners, Heinrich Wagner of Schwaver, Wurtemberg, had a son Michael, born in Michelfeld, Wurtemberg, in 1723, who was a first settler in the New World. In 1744 he married Maris Elizabeth Seline, and five years later removed

Mother's Cook Book

Oh, do you know the woods in the wonder of the moon?
White mists breaking,
A million voices waking,
Ev'ry tree top reaching to the glow of the dawn
Blazoning o'er heaven that the soul of earth is born.

GOOD THINGS TO EAT

A SALAD which is easy to prepare and usually easy to assemble in any season is:

Any-Day Salad.
Take two cupfuls of diced apples, one cupful of finely diced celery, one-half cupful of minced ripe olives and one-fourth of a cupful of walnut meats chopped. Add salad dressing and mix well; serve on crisp lettuce.

Braised Liver.
Wash two pounds of fresh liver and flour well, seasoning with salt, pepper and a little lemon juice. Lay in a casserole, add two sliced onions and six carrots shredded lengthwise, a bay leaf, a sprinkling of parsley, and a pint of boiling water. Place thin slices of bacon over all; cover tightly and bake for an hour and a half, then remove the cover, baste and brown for ten minutes. Serve with chili sauce or tomato.

Ripe Pear Salad.
Cut ripe pears into halves, scoop out the core with a potato scoop, leaving a good-sized perfectly round cavity. Make cream cheese into balls seasoning with lemon juice, cayenne, and add a little cream to soften. Roll into balls, dust with paprika. Fill each cavity with a ball. Arrange the pears

on lettuce and serve with French dressing to which some of the pear juice has been added. Muskmelons and bananas may be served in the same manner, using a scoop to shape the balls of the fruit, and arrange on lettuce.

Fried Peppers With Cheese.
Choose large green peppers, blister them in the oven until they peel easily. Remove the seeds and veins and wrap each pepper around a piece of cheese. Fry in good sweet butter or lard, or better, olive oil. Prepare a cream sauce of browned butter, flour, cream, a flavor of garlic; pour over the peppers when ready to serve.

Baked Mexican Chicken.
Stew two young chickens for 20 minutes, then cut up for fricassee. Strain a can of tomatoes, mix with a can of corn, add one green pepper chopped, a little parsley, cayenne and paprika. Put the chicken into this mixture; thicken with bread crumbs and bake with pieces of bread crumbs the top for half an hour.

Nellie Maxwell
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WHO SAID

"The grave is the cradle of transformation."

WHEN Giuseppe Mazzini, the great Italian patriot, uttered these words, death was staring him in the face and he knew not but that in a short time he would be forced to lie in "the cradle of transformation."

In 1870 Mazzini engaged in an insurrection against the Italian government at Palermo, and together with many of his comrades he was arrested. Fate looked dark for a time for the patriots, but they did not despair and the threat of death aroused no fear in their hearts nor did it make them lessen their resolve that Italy should be free



SANDWICHED.

Where does Blank live?
Below his ideals and above his income.

THE YOUNG LADY ACROSS THE WAY



the quiet victims of megalomania are the ones to be watched and she doesn't believe there's a person living who threatened to commit suicide and didn't die.

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