

by his enemies unless he is betrayed by his friends. Arnold has been put in command at West Point. He has planned the betrayal of the army.

"Do you know that?" I asked.

"As well as I know light and darkness."

"Have you told Washington?"

"No. As yet I have had no opportunity. I am telling him, now, through you. In his friendships he is a singularly stubborn man. The wives of an enemy are as an open book to him, but those of a friend he is not able to comprehend. He will discredit or only half believe any warning that you or I may give him. But it is for you and Solomon to warn him and be not deceived."

"I shall turn about and ride back to camp," I said.

"There is no need of haste," he answered. "Arnold does not assume command until the third of August."

"He shaded his eyes and looked toward the west where the sun was setting and the low-lying clouds were like rose-colored islands in a golden sea, and added as he hurried away down the road to the south:

"It is a beautiful world."

"Too good for fighting men," I answered as I sat down to finish my luncheon for I was still hungry.

"While I ate, the tormenting thought came to me that I had neglected to ask for the source of his information or for his address. It was a curious oversight due to his masterly manner and that sense of the guarded tongue which an ordinary mortal is apt to feel in the presence of a great personality. I had been, in a way, self-bridled and cautious in my speech, as I have been wont to be in the presence of Washington himself. I looked down the road ahead. The stranger had rounded a bend and was now hidden by the bush. I hurried through my repast, bridled my horse and set off at a gallop expecting to overtake him, but to my astonishment he had left the road. I did not see him again, but his words were ever with me in the weeks that followed.

"I reached the Cortes farm, far down in the neutral territory, at ten o'clock and a little before dawn was with Cortes and his neighbors in a rough fight with a band of cattle thieves. In the course of which three men and a boy were seriously disabled by my pistols. We had salted a herd and concealed ourselves in the midst of it and so were able to shoot from good cover when the thieves arrived. Solomon and I spent four days in the neutral territory. When we left it a dozen cattle thieves were in need of repair and three had moved to parts unknown. Save in the southern limit, their courage had been broken.

"I had often thought of Nancy, the blaze-faced mare, that I had got from Governor Reed and traded to Mr. Paulding. I was again reminded of her by meeting a man who had just come from Tarrytown. Being near that place I rode on to Paulding's farm and spent a night in his house. I found Nancy in good flesh and spirits. She seemed to know and like the touch of my hand and, standing by her side, the notion came to me that I ought to own her. Paulding was reduced in circumstances. Having been a patriot and a money lender the war had impoverished him. My own horse was worn by overwork and so I proposed a trade and offered a sum to boot which he promptly accepted. I came back up the north road with the handsome, high-headed mare under my saddle. The next night I stopped with one Reuben Smith near the northern limit of the neutral territory below Stony Point. Smith had prospered by selling supplies to the patriot army. I had heard that he was a Tory and so I wished to know him. I found him a rugged, jovial, long-haired man of middle age, with a ready ringing laugh. His jokes were spoken in a low tone and followed by quick, stertorous breathing and roars and gestures of appreciation.

"He looked my mare over carefully before he led her to the stable.

"Next morning as he stood by her head, he asked if I would sell her.

"You couldn't afford to own that mare," I said.

"I had touched his vanity. In fact I did not realize how much he had made by his overcharging. He was better able to own her than I and that he proposed to show me.

"He offered for her another horse and a sum which caused me to take account of my situation. The money would be a help to me. However, I shook my head. He increased his offer.

"What do you want of her?" I asked.

"I've always wanted to own a horse like that," he answered.

"I intended to keep the mare," said I. "But if you will treat her well and give her a good home I shall let you have her."

"A man who likes a good joke will never drive a spavined horse," he answered merrily.

"So it happened that the mare Nancy fell into the hands of Reuben Smith."

"I learn that General Arnold is to be in command here," Jack remarked soon after the ride began.

"I have not yet announced my intention," said Washington. "Who told you?"

"A man of the name of Henry Thornhill."

"I do not know him but he is curiously well informed. Arnold is an able officer. We have not many like him. He is needed here for I have to go on a long trip to eastern Connecticut to confer with Rochambeau. In the event of some unforeseen crisis Arnold would know what to do."

"When Jack spoke out: 'General, I ought to have reported to you the exact words of Governor Reed. They were severe, perhaps, even unjust. I have not repeated them to any one. But now I think you should know their full content and judge of them in your own way. The governor insists that Arnold is had at heart—that he would sell his master for thirty pieces of silver.'"

Washington made no reply, for a moment, and then his words seemed to have no necessary relation to those of Jack Irons.

"General Arnold has been badly cut up in many battles," said he. "I wish him to be relieved of all trying details. You are an able and prudent man. I shall make you his chief aide with the rank of brigadier general. He needs rest and will concern himself little with the daily routine. In my absence, you will be the superintendent of the camp, and subject to orders I shall leave with you. Colonel Binkus will be your helper. I hope that you may be able to keep your self on friendly terms with the general."

Jack reported to the commander in chief the warning of Thornhill, but the former made light of it.

"The air is full of evil gossip," he said. "You may hear it of me."

When they rode up to headquarters Arnold was there. To Jack's surprise the major general greeted him with friendly words, saying:

"I hope to know you better for I have heard much of your courage and fighting quality."

On the third of August—the precise date named by Henry Thornhill—Arnold took command of the camp and Irons assumed his new duties. The major general rode with Washington every day until, on the fourteenth of September, the latter set out with three aides and Colonel Binkus on his trip to Connecticut. Solomon rode with the party for two days and then returned. Thereafter Arnold left the work of his office to Jack and gave his time to the enjoyment of the company of his wife and a leisure that suffered little interruption. For him, grim-visaged war had smoothed his wrinkled front. Like Richard he had hung up his bruised arms. The day of Washington's departure, Mrs. Arnold invited Jack to dinner. The young man felt bound to accept this opportunity for more friendly relations.

Mrs. Arnold was a handsome, vivacious, blonde young woman of thirty. The officer speaks in a letter of her lively talk and winning smiles and splendid figure, well fitted with a costume that reminded him of the court ladies in France.

"What a contrast to the worn, patched uniforms to be seen in that camp!" he added.

Soon after the dinner began, Mrs. Arnold said to the young man, "We have heard of your romance, Colonel and Mrs. Hare and their young daughter spent a week in our home in Philadelphia on their first trip to the colonies. Later Mrs. Hare wrote to my mother of their terrible adventure in the great north bush and spoke of Margaret's attachment for the handsome boy who had helped to rescue them, so I have some right to my interest in you. I happen to know a detail in your story which may be new to you. Miss Hare is now with her father in New York."

"In New York?"

"Odds! In New York! We heard in Philadelphia that she and her mother had sailed with Sir Roger Waight in March. How jolly it would be if the general and I could bring you together and have a wedding at headquarters!"

"I could think of no greater happiness save that of seeing the end of the war," Jack answered.

"The war! That is a little matter. I want to see a proper end to this love story."

She laughed and ran to the spinnet and sang "Shepherds, I Have Lost My Love."

Jack and Solomon exercised unusual care in guarding the camp and organizing for defense in case of attack. It was soon after Washington's departure that Arnold went away on the road to the south. Solomon followed, keeping out of his field of vision. The general returned two days later. Solomon came into Jack's hut about midnight of the day of Arnold's return with important news.

Jack was at his desk studying a map of the Highlands. The camp was at rest. The candle in Jack's hut was the only sign of life around headquarters when Solomon, having put out his horse, came to talk with his young friend. He stepped close to the desk, swallowed nervously and began his whispered report.

"Suthin' newvarions be goin' on," he began. "A British ship were lyin' nigh the mouth of the Croton river. Arnold went aboard. An officer got

Albany Directory

This is good advice: "If you live in Albany, trade in Albany; if you live in some other town, trade in that town." But in these automobile days many residing elsewhere find it advisable to do at least part of their buying in the larger town. Those who go to Albany to transact business will find the firms named below ready to fill their requirements with courtesy and fairness.

Albany Bakery, 321 Lyon street.
Best one-pound loaf of bread made. 5 cents.
Wedding cakes to order.

Albany Floral Co. Cut flowers and plants. Floral art for every and all occasions.
Flower phone 458-1.

Albany Electric Store. Radio sets. Electric wiring. Delco Light products 202 Second.
GLENN WILLARD WM. HOPLICH.

Auto Electric Service—Rechargeable A & B batteries—WILLARD storage battery. Phone 23. 119-121 W. Second st. H. D. Preston—J. C. Cochran

Blue Bird Restaurant, 309 Lyon street. Eat here when in Albany. Open from 6 to 2 and 5 to 8.
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Davenport Music company offers Piano-casc organ, good as new Estey organ, good as new Used Pianos.

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KIRK-POLLAK MOTOR CO.

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FULLER GROCERY, 285 Lyon (Successor to Steenberg Bros.) Groceries Fruits Produce
Phone 263R

F. W. SEXAUER, auto and general painter. Get my estimate.
201 E. First street

HOLMAN & JACKSON. Grocery—Bakery. Everything in the line of eats. Opposite Postoffice

Hub Candy Co., First street, next door to Blain Clothing Co. Noon lunches. Home-made candy and ice cream.

Hub Cleaning Works, Inc. Cor. Fourth and Lyon. Master Dyers and Cleaners. Made-To-Measure Clothes

If you have friends they should have your photograph. Clifford's Studio. 333 West First street, Albany.

MAGNETO ELECTRIC CO. Official Stromberg carburetor service station. Conservative prices. All work guaranteed. 119-121 W. Second.

MARINELLO PARLORS (A beauty aid for every need) St. Francis Hotel. Prop. INGA HAUGK

Men and money are best when busy. Make your dollars work in our savings department. ALBANY STATE BANK. Under government supervision.

MOORE'S MUSIC HOUSE "Everything musical" 223 W. First st.

Murphy Motor Co. Buick and Chevrolet automobiles. Tires and accessories. Albany, Oregon. Phone 260.

ROSCOE AMES HARDWARE, the WINCHESTER STORE. 322 W. First st.

S. S. GILBERT & SON Builders' and shelf hardware, garden tools, crockery and glassware. New Stock. New low prices.

STIMSON THE SHOE DOCTOR. Second street, opposite Hamilton's store. "Sudden Service."

THE MARGUERITE SHOPPE Shampooing, Marcelling and Scalp Treatments. Margaret Countryman, Globe Theater bldg. Phone 158. Prop.

Waldo Anderson & Son, distributors and dealers for Maxwell, Chalmers, Essex, Hudson & Hupmobile cars. Accessories, Supplies. 1st & Broadalbin.

New and used FURNITURE AND FARM MACHINERY bought, sold and exchanged at all times
BEN T. SUTTELL
Phone 76-R, 123 N. Broadalbin st., Albany

Albany Directory—Continued

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The Chautauqua players finished their engagement at Brownsville on Monday and took the train here for Stayton to fill their next engagement.

JUNE 19, 1924 HALSEY ENTERPRISE PAGE 5



Low Roundtrip Local Fares

You can now obtain stopover privileges on 15-day roundtrip tickets between stations in Oregon which are served by Southern Pacific Lines.

This is a new service which means much to you in added convenience.

In addition, special week-end roundtrip tickets from all stations to Portland are on sale Fridays, Saturdays and Sundays, the final return limit being the following Tuesday.

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With the High School Classics
By MARGARET BOYD
(© by Margaret Boyd.)

"... even as the pulse and water was blessed to the children Shadrach, Meshach and Abednego."—Ivanhoe.

Friar Tuck here refers to one of the earliest recorded bits of dietetic research. More than twenty-six centuries ago, Nebuchadnezzar, king of Babylon, directed that the most promising children among the captives that he had brought home with him from Jerusalem should be given a three-year course in the learning of the Chaldeans. In order that the students should have the benefit of the best food available, he ordered that they be fed with food from his own table—showing that the subject of the proper nutrition of school children is not so new as we sometimes imagine. Four of the Jewish captives thought the king's diet a poor one, and secured permission to live upon what they thought a better diet. At the end of the three years the four had made greater progress in their studies than any of their fellows, and were in better physical condition than any of those who had eaten the prescribed diet.

Interesting as this experiment was, it by no means settled the question as to what constitutes a correct diet.

Some decades ago, Voit, working on the subject of metabolism, proved that for every gram of protein eaten there must result a production of 4.1 calories of heat; for every gram of fat, a production of 9.3 calories of heat; and so on. At once the enthusiasts thought the diet question settled for all time. All you needed to do, they said, was to determine how many calories of heat you needed per day, and then eat enough to produce that many calories. An egg would produce 100 calories of heat and an apple would produce 100 calories—you could eat either. Then somebody discovered that the diet must be balanced—so much protein, so much fat, and so much starch. Still later, some one discovered a vitamin—they have found four of them up to date—and proved that one could not hope to remain in good health unless the food eaten contained enough vitamins. Just at present the correct diet seems to be back where it was a quarter century ago—we eat more lettuce and less cold slaw, more spinach and less dandelion and pokeweed, more citrus fruit and less home preserved fruit juices—but the essential values are the same.

In view of our present voluminous writings on the subject of diet, it is interesting to turn back to the times of Socrates and find out what that philosopher thought a proper diet for a genuine and healthy people. He made the basis of such a diet bread and cakes of wheat and barley, and added "something to relish their food: salt, no doubt, and olives and cheese, together with the country fare of boiled onions and cabbage. We shall also set before them a dessert, I imagine, of figs and peas and beans; and they may roast myrtleberries and beechnuts at the fire, taking wine with their fruit in moderation."

Several million salmon that have been hatched out and been in the ponds of the fish hatchery at Mehana for several months, have been released into the river, and the hatchery will now be placed in readiness to receive the new eggs which will be taken at the racks near Detroit this fall.

Halsey Happenings etc.
(Continued from page 1)

Mrs. George Hayes was in Albany on Tuesday.

Mrs. Inez Freeland was a passenger to Shed Tuesday.

Mrs. F. W. Robins, accompanied by Mrs. D. H. Sturtevant, drove to Lebanon Monday evening.

Mesdames A. E. and A. W. Foote drove to Albany Monday on a business and pleasure expedition.

Mrs. C. F. Morse, who underwent an operation at the Albany hospital Monday, is getting along nicely.

Mr. and Mrs. T. J. Skirvin returned Sunday from a few days' visit in Portland, where they visited friends and attended the rose festival.

The boys continue, undetected, to shake the city at night occasionally with big explosives. One occurred near the bridge one night last week.

Roland Marks has given up the place he planned to take in a big Portland drug store and is employed in the Woodworth drug store in Albany.

Mr. and Mrs. George F. Schroll and daughter Helen, Miss Elizabeth Osborne, Miss Ruth Finley and W. J. Ribelin attended the Brush-Creek picnic Tuesday.

O. W. Frum and family drove over to Lebanon Saturday to attend the strawberry festival. They also visited at the home of Ray Frum. They returned home Sunday.

Mrs. Chester Osborne and daughter Miss Elizabeth Osborne of Newport are visiting at the home of Mrs. Eliza Brandon. They also attended the Pioneer picnic at Brownsville.

We consider that Wear-ever aluminum frying pan the best of those premiums that we offer for subscriptions. The supply of the frying pans is limited. If you want one, take \$1.50 and come early.

Mr. and Mrs. George Tyer from Portland, who have been visiting at the home of Mrs. Tyer's parents, Mr. and Mrs. John Bressler, returned home Saturday. Mrs. Bressler accompanied them for a visit.

R. A. Templeton and family, accompanied by Mrs. Templeton's mother, Mrs. J. B. Huston, and brother-in-law, Joseph Danley of Portland, were in town Tuesday on their way to their home in Coburg.

Mr. and Mrs. H. L. Straley and Mr. and Mrs. E. S. Marsters are rapidly recovering from the cuts and bruises they suffered in an automobile accident. Mr. Straley, with three broken ribs, the most seriously injured, left the hospital Saturday and came home.

No contract has been let for the Albany bridge. The city and county authorities disagree with the state road commission as to who shall pay for damage done to property by the building of the bridge and how the difference between the cost and the estimated cost shall be divided.

(Continued on page 6)