

Brownsville Briefs

(Regular correspondence)
Charles Dougherty, son of R. P. Dougherty, and wife, is home from several months spent in eastern Oregon. After the holidays he expects to go down about Salem to work.

Ruth McClain, daughter of Rev. Mr. McClain and wife, has been under the doctor's care for some time with a severe attack of inflammatory rheumatism, from which she has suffered greatly.

Theron Kent, the 6-year-old son of Dr. and Mrs. Kent, was seriously ill a few days ago with pneumonia. One night it seemed impossible for him to live, but by constant attention on the doctor's part, covering a period of several hours, he pulled through.

The cold snap played havoc with the water pipes, in some homes they burst and in some no fire could be had in the cook stove. Hard luck, not to have the cook-stove running about Christmas time!

On account of continued ill health Will Templeton has been compelled to close the Economy meat market, which he but recently opened.

The A. E. F. minstrels will appear at Odd Fellows' hall Friday evening in a performance for the benefit of the community house.

Mr. Totzauer, Brownsville's well-known cobbler, has moved his shop into one part of the old post-office building, owned by him and recently vacated by Charles Sterling. The room has been divided into two apartments, a new front put in and other improvements made.

A current rumor says that machinery for the Brownsville woolen mills has been purchased and will be installed in the not distant future.

Miss Helen Weber, daughter of Prof. and Mrs. A. H. Weber of Harrisburg is over spending the holidays with Brownsville friends.

Everett Hunter and Harry Straub motored over from Corvallis Saturday evening to spend Christmas with the former's parents, Mr. and Mrs. S. C. Hunter.

The ball game Saturday between the high school team and the alumni resulted in a tie, 0 to 0.

Mr. and Mrs. Ben Goble of Corvallis are greeting Brownsville friends Christmas.

Mrs. Henry Blakely is in Astoria making her children a visit.

Grandma Weber's home was the scene of the usual Christmas reunion when the members of her family were nearly all present to celebrate the day with her.

Prof. Baker and family drove to Jefferson Sunday to spend a portion of their holiday vacation among relatives and friends.

Prof. Weber and family were over from Harrisburg Christmas attending the family reunion.

Mrs. Daniela came over from Albany Saturday to spend Christmas with her daughter, Mrs. Dr. Kent, and family. She was accompanied by her son Theron.

The sacred cantata at the Methodist church, given Sunday evening, under the direction of Mrs. Clara Starr, before a capacity congregation, was a musical treat of rare merit. Every performer did exceedingly well and as a whole it was a musical performance such as is not frequently heard in Brownsville.

100 YEARS TO BE NORMAL AGE

Improvement in Health Conditions Held Out Promise About 153 Years Hence.

New York.—One hundred and fifty-three years from now, or in the year 2074, health conditions in this country will be so that the average person will live 100 years, according to several Red Cross statistical experts. These statisticians based their 100-years idea on what they called past passing out performances. For instance, in 1910 in New York persons died at an average of thirty-five, and in 1920 they shuffled along into the next world at an average age of thirty-nine.

This upward trend of life, they claimed, has been in evidence for many years, available statistics from the sixteenth century showing the span of life to be eighteen years. By the eighteenth century it had lengthened to twenty-eight years.

Insects as Human Food. Several kinds of insects were eaten by the ancient Hebrews, Greeks and Romans. Fabre, the French entomologist, once tried a dish of cooked cicadas, but found them unpalatable.

The Same Light and Measure. Reason, like the sun, is common to all; and it is for want of examining all by the same light and measure, that we are not all of the same mind; for all have it to that end, though all do not use it so.—William Penn.

COSTUME DRESS IN FALL FAVOR

Garment Is Really the Evolution of the Three-Piece Outfit Fashion Writer Says.

FUR TRIM FOR STREET SUITS

High, Wrapping Collars Attached to Coats and Cuffs of Sleeves Are Wide, Affording Mitts When Desired.

The costume dress is really the evolution of the three-piece dress. Just recently, observes a fashion writer, we had the coat and skirt and the costume blouse as the all-around, satisfactory winter utility dress. Before that even it was the coat and the skirt and the shirtwaist. But now it is a dress and a coat to go with it that is chosen by the woman who knows how to be smartly as well as comfortably gowned.

The dress can be as ladylike as you please, or as tailored as you please, or even an absolutely clinging one. But the coat comes along to cover it all and to make a casual observer believe that the coat is the salient feature of the whole. The outer garment hides the inner one so gracefully that it succeeds in concentrating all attention upon itself and in putting over the idea that nothing that lurks beneath it could touch it for style or for beauty. Then, presto! when the coat is laid aside the dress is so lovely and so well designed that it immediately makes one think, "Why is all this glory hidden away? It should be allowed to show its face even when the coat is buttoned into place."

But no, that is the art of the thing. It is two separate and distinct sorts of beauty and style, each as perfect in its way as is the other one. One is built distinctly for the street, while the other is designed just as clearly and cleverly for the house and each fulfills its place with distinction, and when they are joined together they become just as perfect a whole as one could hope to find in any union. The skirt of the dress usually peeps out from a coat that is three-quarters in length, though this is not by any means the all-pervading rule.

Vying for Success. The French designers are making these winter gowns de luxe and so are the American ones, each class vying with the other to make the most successful and acceptable things. They are not confined to the dressy type of dress any more than they are relegated in the class where only strictly tailored things are good. But when they do not just naturally slide into either of these well-defined types then they combine something of one with something of the other to a degree which is usually decidedly pleasing. Indeed, there is no doubt that whatever may be the needs of the individual woman, there still will be a costume dress to suit those needs. And, also, she can find this pleasant



Silk Duvelyn and Fur Are Features of This Costume Suit.

combination of coat and suit at almost any shop, from the highest priced to the lowest priced, since the idea has

been so heartily accepted by all who are concerned in providing clothes that will really be satisfactory in every way and suited to the majority of the demands of a heavy social or business season.

Fur Trimming in High Favor. Fur, of course, is the most accepted trimming, for a winter street suit of any sort needs that to make it possible. It must be warm, and extra warm about the throat and the hands, at least. And, where once we bore about with us muffs and loseable scarfs, now we have the high, wrapping collars attached to our coats and the cuffs of our sleeves are wide and ample enough to be twisted about our hands and to constitute a veritable muff, whenever the wintry blasts may demand that particular kind of attention.

The collars are all high and the cuffs are wide, sometimes even wider than the sleeves themselves. The coats are

that extra sort of protection. But almost always they are straight and high like a cuff posed on the neck. They reach the mouth or cover the mouth and they crush down around the neck until there is quite a bunch of fur massed there. But this is the fashion, and if one's neck rebels at all the covering, then real heroism is the only answer, for wrappy and thick the collar must be if it is to have the remotest relation to style. And it cannot stand away from the head about the shoulders as it was allowed to do last season. It must be tight and hugging in its manner. These styles make one pray for a cold winter, for they only appear at their best when they are buttoned closely about the throat.



Wool Velours and Crepe Satin Are Used to Make This Costume Dress.

not always coats. Indeed, but often they are capes. But always they are suited most particularly to the demands of the particular wearer, and always they refuse to be anything ordinary or common, else at once they lose that which makes them what they are.

The skirts? Well, the skirts of these costumes just as is the case with skirts of all other sorts of dresses are in a state of very decided fluctuation. At the moment they can be almost any length that suits the individual taste, but one senses a time to come when they will be long or not in the running at all. Now one sees skirts that are very short beside skirts that are unusually long and each of them has style, undoubtedly because they happen to suit the wearer admirably. But how long this state of affairs will persist is really a mystery, and those who are wise will have the hems of their gowns made as adjustable as possible so that if a sudden call comes the length can be added, to without any hurt to the lines or proportions of the suit.

Flat One-Piece Effect. One of these combinations was a frock made of tobacco-brown chiffon, that was draped and folded quite miraculously so that it looked in its entirety like a flat one-piece effect. There was no trimming of any sort upon the gown, even the edges being bound with narrow bindings and piped as their character demanded. Then the coat wrap was made of silk duvelyn in exactly the same shade, with that added warmth and richness that naturally accompanies the pile fabric. There were standing collar and very wide cuffs of brown dyed squirrel and a little toque hat of the same fur made with a fluted ribbon trimming. It was a most attractive suit and, as the coat was well interlined beneath the last chiffon layer, it became a thing suited to withstand any sort of cold weather and so light that no one could regret having to wear it.

Some of the coats on these three-piece or costume suits are cut with extremely long waists and circular skirts. One of these, imported from Paris, is made of heavy black tailor's satin. It has trimmings of gray wolf put on in narrow bands and the front of the skirt is slightly draped so that it comes together on the right side front, clasped by a Dutch silver clasp. There is a black satin dress designed to wear with this, and it is artistically combined with black chiffon, so that the thinner material is used every time to form those floating, cape appendages which are so necessary a part of the modern gown.

Collars Are High. All of the collars are high. Sometimes, as a concession, they slide away into collars that end at the waistline and fold gracefully about the throat when the weather demands

that extra sort of protection. But almost always they are straight and high like a cuff posed on the neck. They reach the mouth or cover the mouth and they crush down around the neck until there is quite a bunch of fur massed there. But this is the fashion, and if one's neck rebels at all the covering, then real heroism is the only answer, for wrappy and thick the collar must be if it is to have the remotest relation to style. And it cannot stand away from the head about the shoulders as it was allowed to do last season. It must be tight and hugging in its manner. These styles make one pray for a cold winter, for they only appear at their best when they are buttoned closely about the throat.

Jots and Tittles

(Continued from page 1)

T. M. Zosman is suing Clara for divorce.

Eddie McKern went to Albany Saturday.

J. C. Walton went to Portland Saturday.

Mrs. C. P. Stafford visited Albany Friday.

Mr. and Mrs. Eldon Cross went to Hillsboro for Christmas.

Santa found pretty fair slipping for his sleigh Sunday morning.

Travis Martin of Brownsville took Saturday's train for Portland.

The Harrisburg bridge will remain on paper for at least two more years.

Miss Ruby Schroll helped in "turtevant's" store during the Christmas rush.

Horace Coshow had his shoulder thrown out of place while playing football Saturday afternoon at Brownsville.

The two McKerns and young Bass took another look for coons Thursday and got one.

Mrs. B. M. Bond went to Salem Friday, intending to stop at Albany on her way home.

Mrs. W. A. Ringo, wife of our genial druggist, spent the Christmas holidays with her parents at Cottage Grove.

Eva Savage, 8 years old, and Mrs. Schick, 80, were among those baptized recently at the Brownsville Baptist church.

Miss Marie Sneed came home from the U. of W. at Seattle Friday to spend the holidays with her parents, Mr. and Mrs. N. T. Sneed.

Miss Gladys Enger went home to Brownsville from Roseburg Friday, Dean Tice's taxi from the former place meeting her at the train here.

Postmaster and mail carriers of Halsey see no sign of hard times in this year's Christmas shopping. More mail was handled this year than ever before.

Rev. F. C. Stanard of Chehalis, Miss Minnie Stanard of Portland and Mrs. H. W. Stanard and son came over from Brownsville Friday and took train for McMinnville.

Mrs. H. L. Straley received a card last Friday stating that a six-pound son had been born to Mr. and Mrs. W. C. Sherling, former residents of this vicinity. They now reside at Portland.

H. Wayne Stanard of Brownsville, who was clerk of enrolled bills in the legislative assembly, was at home but went to Salem Friday, having been called back to the state capitol by telephone.

Miss Beatrice Walgamuth, a teacher of Brownsville, left last Friday via Halsey to spend her Christmas vacation in Portland and Seattle. Between trains she visited Mrs. W. A. Ringo and Mrs. W. H. Wheeler.

J. A. McLaughlin of Cottage Grove, uncle of Mrs. Adda Ringo of this place, spent last Thursday visiting his niece and husband, Mr. McLaughlin is 82 years of age and has been touring the state since the state fair in Salem, which he attended, Youthful, eh?

A form letter from the Oregonian read—"The Oregonian has now improved from month to month until, as you know, it now ranks first of all the papers in America." And it doesn't even give honorable mention to the Brownsville Times or Halsey Enterprise.—Brownsville Times.

Notice of a banquet of the Ash Swale hunt club, to be held next Saturday at 8 p. m. at the Ash Swale schoolhouse, was received at this office too late for last week's paper. This organization is declared to be the oldest of its kind in the state, its purpose being to "destroy the pest and preserve the game."

Proponents of the Brownsville pioneer monument say they have \$6000 in sight and will erect a half of granite costing \$10,000 or more, probably with a bronze tablet on each side bearing the names of pioneers and the date of their arrival and surmounted by a statue of Captain James Blakely, who came with Hugh L. Brown, for whom the town was named.

There was a family reunion Christmas at the home of Grandma Frum at Brownsville. Members of the clan gathered, carrying loads of good things for the feast. Among them were O. W. Frum

How to Be Healthy
The Crusade of the Double-Barred Cross
Practical Talks on Disease Prevention
Prepared by the OREGON TUBERCULOSIS ASSOCIATION
(Practically every adult person is infected with tuberculosis. This infection need not be a source of danger. To keep the latent infection from becoming disease, bodily resistance must be kept at its best. This series of articles shows you how to keep healthy.)

EXERCISE FOR ADULTS

GEORGE J. FISHER, M. D.

THE history of man is that he has always been accustomed to vigorous bodily exercise. Consequently his muscles are numerous and large. About half the body weight is made up by the muscles. Thus they constitute a large part of his being. Furthermore, in his development the muscles came first. Heart, lungs, liver, nervous system, all came later. They came as a result of muscle contraction. When muscles were used in a greater variety of ways then there was need for richer blood, more elaborate digestion, and a nervous system to control them. Half the brain in fact is given over to the care of the muscles. Thus we see that muscles are exceedingly important organs. They are related to all the organs of the body. They are most closely connected with the nerves of the body and are very directly related to the brain. Well-toned, active muscles mean a good heart, strong lungs, good digestion, fine circulation, nervous control, and mental vigor. When the muscles get flabby and lose their tone the blood gets sluggish, the lungs lazy, the nerves jumpy, and the brain dull. You cannot neglect the muscles without feeling the results at many important points.

Now unfortunately most of our work today does not make sufficient demand upon our muscles. A great deal of it is done sitting still or standing still, and we were never made to sit still or stand still. We were made to be physically active. Most of the big muscles are quite closely related to the legs. We should concern ourselves with leg activity. Walking, slow running, leg bending, and body bending, and twisting from the hips are necessary. Note how quickly rapid walking or body bending affects our breathing, the heart rate, and if more prolonged, the digestion. Most of our ailments such as indigestion, short wind, dullness of the head, are due to muscle inactivity. Provide the activity and these will disappear. A brisk walk several times a day, indulgence in some favorite physical game once or twice a week, some muscle calisthenics in morning and evening, a daily sponge bath with a brisk rub will put most of us in excellent condition if practiced regularly. On the other hand to neglect this practice may result in a tendency toward sluggishness, occasional bilious attacks, chronic colds, increase of weight so characteristic now of mid-life, and shallow breathing.

Some of us too are in lines of work which tend to contract the chest, round the shoulders, bring the head forward, or push the lower part of the abdomen downward and forward, and thus lower the tone of muscles and the bodily organs which are closely related to them. In such cases exercises should be taken to counteract these conditions. All exercise should be taken with the head up, shoulders high, chest raised, and back slightly arched; when this is done it helps to keep the body in these positions.

People who may be in occupations which overexercise certain parts should by relaxation rest the parts affected. Those who stand a great deal should lie down when resting with feet slightly elevated. Rubbing of the tired parts in the direction toward the heart after a hot bath of the parts followed by cold will relieve the tension and the fatigue.

Most adults need vigorous exercise of the muscles located between the shoulders and the knees. Those who wish a special set of exercises I should advise to secure a copy of the Boy Scout Handbook. The chapter on Health and Endurance contains a good drill for daily use.

HALSEY GARAGE for Automobile repairing.
We carry the Fisk, Goodyear and Goodrich tires. Before buying be sure and get our prices.
We wish to thank our patrons for the business given us in the past, and we hope that our services have been such that we may deserve your future business.
HALSEY GARAGE,
Phone 10X5 **FOOTE BROS., Props.**

THE HALSEY STATE BANK
HALSEY, OREGON
Capital and Surplus \$34,000
Interest paid on time certificates of deposit
We invite your banking business
C. H. KOONTZ, Pres. D. TAYLOR, Vice-Pres.
B. M. BOND, Cashier

J. W. MOORE
Real Estate and Insurance

Automobile Insurance
Fire, theft, collision, property damage and personal liability. Protect yourself against loss.
C. P. STAFFORD, Agent.