

## A HAPPY NEW YEAR

Is the Morning Topic

At the

## CHRISTIAN CHURCH PLACING THE EMPASIS

Is the topic at 7:30 p. m.

Hear One or Both of These Sermons.

## A FLAVO FLOUR BAKING.

Your wife would be even better satisfied than she is, for you would know by the flavor what wonderful flour is "Flavo."

Nearly all of the rich, sweet, nut-like flavor of the wheat berry is retained in "Flavo Flour" on account of the improved direct process by which it is milled.

This new process is revolutionizing flour milling, for while it leaves the flavor in the flour on account of non-oxidation of the essential oils of the wheat berry, it also leaves in the flour more of the necessary vitamins. The protein of the bread baked from this flour is more easily assimilated so it is a better bread for children and those having a tendency to indigestion from eating fresh bread.

You will eat more bread if it is made from "Flavo Flour" for it is delicious.

Everywhere people are demanding this better flour. You can easily enjoy good bread again. For sale by

**M. V. KOONTZ CO.**



### XMAS CONFECTIONS

for the tree, stockings, or presents. Good to look at, good to eat. Our candies are pure and wholesome. Try us for candy satisfaction. Please yourself and your friends by buying your candy at

**CLARK'S CONFECTIONERY.**

## Constipation



**T**HERE IS NOTHING equal to Chamberlain's Tablets for constipation. When the proper dose is taken their action is so agreeable and so natural that you do not realize that it is the effect of a medicine. These tablets possess tonic properties that aid in establishing a natural and regular action of the bowels. Chamberlain's Tablets have cured many cases of chronic constipation.

**Chamberlain's Tablets**

**"I'll Tell the World"**  
says the Good Judge

The man who doesn't chew this class of tobacco is not getting real satisfaction out of his chewing.

A small chew. It holds its rich taste. You don't have to take so many fresh chews. Any man who uses the Real Tobacco Chew will tell you that.



Put Up In Two Styles

RIGHT CUT is a short-cut tobacco

W-B CUT is a long fine-cut tobacco

Weyman-Bruton Company, 1107 Broadway, New York City

### Methodist Church Notes

#### SUNDAY SCHOOL

Peter preaches at Pentecost. Whosoever shall call upon the name of the Lord shall be saved. Acts 2: 21.

For the next three months, we are to continue our course of studies in the lives of Peter and John, as related to the Apostolic Church. Peter was the leader in the first great revival meeting.

We are beginning another new year. Our life is a direct gift of God. Like pearly beads our blessings are strung upon the cord of time. What better recognition of his mercy can we make, than to dedicate ourselves anew to his service. We are living in a fast age, filled with doubt and misgiving. Greed and selfishness are at the bottom of many troubles. May we take the corrective step by resolving and carrying out, each one, that we will place the interests of the other fellow at par with our own. The best of all resolutions is to be more Christlike and to live a truer, purer and larger life henceforth in his name.

The missionary society will meet Friday p m with Mrs Quick. The lesson will be in charge of Mrs Gardner.

The King's Heralds will meet at the home of Melba Neal next Saturday at 2 p m.

A number of our young people are home from school at various places, spending the holidays.

Gertrude Porter favored us with an excellent solo last Sunday morning.

The Armenian offering now totals \$40.32. Any one wishing to contribute, please hand to the pastor.

### Christian Church Notes

A HAPPY NEW YEAR TO ALL.

The old year with all its many mistakes is gone; the new with all its possibilities is here; it will be just what we make it: should we not therefore start by being more concerned about the things of the kingdom of Heaven?

The Church of Christ with its various societies exists for the purpose of enlightening a darkened world.

As a congregation we want to do all in our power to advance the knowledge of Christ among the people of this community.

The lessons in the Bible school for the next few weeks deal with the fundamentals of the Christian faith, and a careful study will reveal the fact that the religion of Christ is the solution to all the problems that beset us.

Members, let us be more faithful during 1920.

Friends, may we count upon your continued co-operation in this work?

Visitors and strangers, may we extend a hearty invitation to be with us at any or all of our services?

10 a m is the hour for the Bible school to start. Be on time.

Communion and preaching at 11 a m. Sermon topic "A Happy New Year."

The CE was a huge success last Sunday and much good is expected from the inspiration we received. Come next Sunday at 6:30 prepared to take part. Topic, "I believe in God." John 14: 1, 8-10, Mark 9: 17-24, and 11: 22. Lawrence Wells, leader.

The usual good song service and sermon are promised for 7-30. The sermon topic will be "Placing the Emphasis." Come out to this service and you will feel the better for it.



### Chases Chill!

There's no chance for chance chills at baby's bath-time or any other time with a Perfection Oil Heater around.

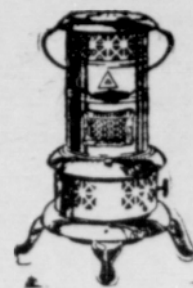
Gives the extra heat you want—where you want it—in a jiffy. Warms ten hours on a gallon of kerosene oil—portable heat for every room. Saves coal too.

Your Perfection is ready now.

at Cross & White's

**PERFECTION  
Oil Heaters**

**Begin  
Now  
Your  
Plan-  
ning  
For Christmas.**



Other suggestions are: Dining chairs, Tables, Rockers, Coaster Wagons, all articles of aluminum ware, Pocket Knives and a nice Framed Picture.

We have received a shipment of Picture Frame Moulding Especially for the Christmas Trade.

Come in and look at our Goods.

**Cross & White**



**PERFECTION  
Oil Heaters**

## FARMERS! ATTENTION!

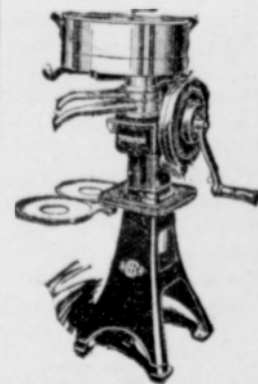
Chopping done only on Monday, Wednesday Friday and Saturday, beginning November 17.

Mill feed, Holstein, Bran, Cocoanut meal, etc. now on hand.

Hay of all kinds and grades also for sale.

**O. W. FRUM**

## The PRIMROSE Cream Separator.



I handle it. Come in and examine it, and let me show you its good points and explain its workings to your satisfaction.

Built by the I H C.

**G. W. MORNHINWEG**

## ARE YOU FIT?

The reconstruction period is at hand. The most vital period in the history of the United States. It will take Men and Women who have perfect health to gain the hill top of success. Are you fit for the struggle?

### Chiropractic will Help You

to the top. Why not get a spinal analysis today? We are equipt to prove our analysis by X-Ray.

**DR. ELMER C. GIPE--DR. ROBERT H. HARRIS**  
Cusick Bank Building ALBANY, OREGON