

PORTLAND BUSINESS DIRECTORY

Please Mention This Paper When Answering These Advertisements.



SEIBERLING-LUCAS MUSIC CO.
MUSIC, PIANOS, VICTROLAS, BAND
and ORCHESTRAL INSTRUMENTS.
Send for Catalogues.
125-7 Fourth St., Portland's Big Music Store.

NA-PEER TIRES one size only
MADE OF FIRST GRADE RUBBER
Dealers Write for Special Proposition
PORTLAND RUBBER MILLS,
PORTLAND, ORE.
\$19.00

CANADIAN WHEAT FARMS
Produce finest quality No. 1 hard wheat, grass lands produce finest fat cattle at lowest cost. Mixed farming insures success by producing grain, hay, cattle, hogs, and sheep. Failures unknown. Price for improved farms cropped and ready to crop, \$15.00 to \$100.00 per acre. Easy terms offered on both improved and unimproved farms. This is strictly a farmers' co-operative company, owned, controlled and operated by 35,000 farmer shareholders. A demonstrated success proven by 12 years experience.

THE UNITED GRAIN GROWERS SECURITIES CO., LTD.
Pacific Coast Representative, 624 Henry Bldg., Portland, Ore.

F. FRIEDLANDER CO., Jewelers. ESTABLISHED 1879
Make this store your headquarters during the Rose Festival.
310 Washington Between 5th and 6th Sts. PORTLAND, OREGON

Signor G. Taglieri Maestro of "La Voce Postata"
Voice Building from Elementary Stages to High
Artistic Finish. Principal tenor Italian and English Grand Opera companies.
Of international reputation. Studio—304-5 Stearns Building. Phone Main 3145.

BROOMS Keep the Northwest Prosperous by
using Northwest Made Goods.
ZAN BROS., Inc.

Hotel Alder Make Your Reservations Now for the
Rose Festival. Out of town visitors
given personal attention. 285 Alder St., cor. 4th., PORTLAND, ORE.

LAHER AUTO SPRING CO. You Can't Break 'Em!
Get Springs with written guarantee for year.
15,000 Springs in Stock. Portland, Ore.

Orpheum AT HEILIG-THEATER THE BEST OF VAUDEVILLE
Presenting at all times
the Greatest American and European Novelties.
Every SUN, MON, TUES, WED.
Mat. Daily, 10c to 50c. Nights, 10c to \$1.00

ORIENTAL CAFE AMERICAN and CHINESE DISHES.
Service at all hours. Music and Dancing. Meet
your friends here and enjoy your stay in Portland.
Upstairs, corner Broadway and Washington Sts.

'L' Cafeteria BEST PLACE IN TOWN TO EAT
We especially invite out-of-town visitors to give us a trial.
We will make you feel at home.
Sixth and Alder Streets, PORTLAND, ORE.

CONLEY'S USED CAR CENTER
We will pay you cash for late model cars or sell them for you. Remember
the place—Brick Building, at intersection of Wash., 15th and Burnside.

GENUINE FORD PARTS TALBOT & CASEY, Inc., Authorized Ford Dealer
When in town, bring your Ford to us. Exceptional
repairing facilities by first-class Ford mechanics.
Magneto re-charged in car while you wait. Try
us for parts. No. 1 Grand Avenue, Portland, Ore.

We Will Rent You an Auto City Garage
and You Drive It Yourself. FEARING & ROBBETT
REASONABLE RATES. Also general garage business. 86 Tenth St., near Stark.

MALT Extract FOR SALE. Mail orders solicited. Prices on application. Finest
Barley Malt Extract and ground Barley Malt, Choice Hops, Crown
Caps, Hand and machine Cappers, Patent Stoppers, Filter Bags, Gela-
tine, Corks tapered and straight, all sizes. F. H. STEINBAUM & SONS,
Phone, East 7799. 91 Grand Avenue, Portland, Oregon.

You Will Feel Right at Home.
Beautifully Furnished Rooms.
Safe
Central
\$1.00 Without Bath
\$1.50 With Bath
Weekly Rates
Monthly Rates
NORTONIA HOTEL
11th and Stark, PORTLAND, ORE.
Excellent Cafe and Roof Garden

Mark Your Shipments to We Pay Cash for
DAIRY BUTTER,
Cream, Eggs, Live
POULTRY.
PORTLAND, ORE. Write for Prices and Tags

For Cultivating Long,
Beautiful Eyelashes
and Eyebrows
nothing can compare with
"LASHE," at all Druggists.
ORIENTAL LABORATORIES, Portland, Ore.

KEWANEE WATER SYSTEMS
and Electric Lighting Plants, make life worth
living on the farm. Easy to install and operate.
M. D. Spencer, Distributor, 333 East Morrison,
Portland, Oregon.

THE BEST EATS IN THE CITY
St. Nicholas Cafeteria
125 Sixth Street, Portland, Oregon.
See what you want and pay for what you get.

These Days of Hysteria.
It is claimed that chess playing is
dying out. In the old days, when hys-
teria did not have possession of the
land and inhabitants thereof, chess
playing was quite popular. Now we
are a steam-heated civilization, with
no time for study for the mere de-
light of learning. Remember when
Paul Murphy of New Orleans was the
chess wizard of the world?—Los
Angeles Times.

Tablet for Horace Greeley.
The Vermont Press association
placed a memorial tablet on the old
building at East Poulitney where a rag-
ged fourteen-year-old boy, in 1825, be-
gan a painful apprenticeship as a
printer, in which he obtained a work-
ing knowledge of the most dynamic of
all the arts. The ragged boy was
Horace Greeley, and the building was
the office of the Northern Spectator—a
country weekly newspaper.

J. C. ENGLISH CO.
Electric Washing Machines
Sold on Easy Terms.
148 Fifth St. Portland, Ore.
Second Floor Between
Morrison and Alder.

SEE THE IZARD GENERATOR
making pure Gas from Coal
Oil. Fits any stove or
range. Has no equal for
cooking, heating, furnaces,
etc. Easy to operate. No
dirt, soot or odor. AGENTS WANTED
IZARD GAS HEATING CO.,
139 Fourth St., Portland, Oregon

WENTWORTH & IRWIN, INC.
Second Street at Taylor
PORTLAND, OREGON

BEEMAN GARDEN TRACTOR
and Walking
Engine \$285.00
at the factory

PERFECTED AFTER YEARS OF TESTING
and Improving.
A One Horse Motor Cultivator and an All Purpose
4 H. P. Power Plant that Goes from Job to
Job on Its Own Power.

We have a large list of clients want-
ing to rent farms. They will purchase
stock and implements and crops.
Write us if you want quick action, we
specialize in this line.
201-3-5-7 Board of Trade Bldg.
A. G. BENDER,
RITTER, LOWE & CO.

ACCORDION PLEATING
Skirts pleated any style, \$1.00. Hem-
stitching, 10c per yd. Buttons covered.
Eastern Novelty Mfg. Co., 25 1/2 Fifth St.

AGATE CUTTERS & MFG. JEWELERS
Jewelry and watch repairing. Miller's,
355 Wash. St. Majestic Theater Bldg.

ARTIFICIAL LIMBS
Oregon Artificial Limb Co., Inc. Write for
Catalog. 425 Wash. St., Portland.

AUCTIONEERS—24 HAND FURNITURE
Ford Auction Co.—Auctioneers. We
sell everything. 191 Second St., Portland.

AUTO ACCESSORIES
Motors, gears, bearings, wheels, axles,
and trailers. We wreck all makes of cars
and sell their parts at half price. David
Hodes Co., N. Broadway and Flanders.

Motor Parts Mfg Co. 325 Burnside St.
Parts for all cars at half price.
LOXT & SILVER—463 Hawthorne Ave.
Auto Wreckers. We wreck cars and sell
good parts 1/2 list price. See us for En-
gines, Magnets, Carburetors, etc.

Classy Bug Bodies
Prices—\$85 and up.
Burness & Martin
15th and Alder sts., Portland

CARPET WEAVING AND CLEANING
Fluff Rugs From Old Carpets
Rugs, all sizes. Mail orders prompt.
Portland, Ore. Dry Cleaning, \$1.50.
9x12 Rugs, Steam or Dry Cleaned, \$1.50.
WESTERN FLUFF RUG CO.,
54-58 Union Ave. N. East 6516, B-1475

BUILDING MATERIALS
SHOPE BRICK CO., face and mantle
brick a specialty. Phone East 1335; Resi-
dence, East 1797. 361 1/2 E. Morrison St.,
Portland, Ore.
We will gladly make estimates.

"City Comforts for Farm Homes."
Booklet will be sent free at your request.
J. C. Cherry Co., 271 Hawthorne Ave.,
Portland, Ore.

CITY AND FARM PROPERTIES
We protect your interests. Farm, tim-
ber, acreage, city, exchanges. Gilson Real-
Estate Co., 431 Ch. of Commerce, Main 6127.

CLEANING AND DYEING
For reliable Cleaning and Dyeing service
send parcels to us. We pay return
postage. Information and prices given
upon request.
ENKE'S CITY DYE WORKS
Established 1890 Portland

DOGS WANTED
WANTED—Thoroughly broken Pointer
or Setter, or a good prospect. Give full
particulars in reply. Deal's Kennels, box
319, route 1, Portland.

DOORS AND WINDOWS
We can sell you Doors, Windows, Roof-
ing, Paint, Glass and Builders' Hardware,
direct at wholesale prices. Write for
prices before buying. Heacock Sash &
Door Co., 212 First St., Portland.

DRUGS BY MAIL
Anything in Drugs. Rubber goods,
Toilet Articles etc. We pay postage.
Satisfaction guaranteed. Joe M. Rice,
365 1st St., Portland.

FARM LOANS
For any time desired and lowest cur-
rent rates. Wm. MacMaster, 331 U. S.
National Bank Building, Portland, Oregon.

HIDES, WOOL, TALLOW
BISSENGER & CO., P. O. Box 4878, 148
to 154 13th St. N., Cor. Irving, Portland.
Main Office, San Francisco. Branches:
Seattle, Spokane, Boise, Salt Lake, Reno,
Billings, Missoula, Vancouver, B. C.

HEMSTITCHING
K. Stephan, hemstitching, scalloping,
braiding, accordion side plait, buttons
covered; mail orders. 219 Pittcock block.

HIDES AND JUNK
L. Shank & Co., 312 Front St. Pay full
market values for hides, pelts, old rubber,
metals, etc.

A Moderately-Priced Hotel of Merit
HOTEL CLIFFORD
East Morrison St. and East Sixth
\$1.25 per Day. Two in a Room, \$1.75.

TRU-BU ENGLISH STYLE BISCUIT
The Dainty
Cakes for
Dainty
Luncheons
Serve 'Creole Creams'

EVERYTHING FOR THE OFFICE
OFFICE FURNITURE & APPLIANCES
PRINTING—ENGRAVING—BOOKBINDING
KARSHALL, 5080
A-548

Waltham
FIFTH & OAK STREETS PORTLAND, OREGON
COMPLETE LINE OF STYLES
PIPING DEVICES AND SYSTEMS

BEEMAN GARDEN TRACTOR
and Walking
Engine \$285.00
at the factory

PERFECTED AFTER YEARS OF TESTING
and Improving.
A One Horse Motor Cultivator and an All Purpose
4 H. P. Power Plant that Goes from Job to
Job on Its Own Power.

WENTWORTH & IRWIN, INC.
Second Street at Taylor
PORTLAND, OREGON

Spectacles.
The word is derived from the Latin
"spectaculum," which means show,
exhibition, display for the gratifica-
tion of the eye, etc. The word easily
accommodated itself to describe the
glasses invented in the thirteenth cen-
tury, some say by a Florentine monk
named Alessandro di Spina, and oth-
ers by Roger Bacon. They surely cre-
ated a spectacle for persons long in-
flicted with defective sight.

JUPITER
Double-Rotary-Sprinkler
SELLS ON SIGHT.



Agents wanted all over Oregon.
Distributes water like rain, covering a
space 80 to 100 feet. This sprinkler re-
volves only seven times per minute, giv-
ing the water time to soak into the
ground. A life saver for lawns and truck
gardens. Factory S. E. Cor. E. 7th and
Belmont. Offices 409-11 Dekum Bldg.,
Portland, Ore.
Make Double Shipyard Wages

OPTOMETRIST AND OPTICIAN
GLASSES AT A SAVING.
Patronage solicited on basis
of capable service and reason-
able charges. Thousands of sat-
isfied patrons. A trial will convince. Chas.
Goodman, optometrist, 209 Morrison,
Portland, Ore.

HIDES, WOOLS & CASCARA BARK
We pay highest prices—Write us
quotation. Kahn Bros., 195 Front St.

MEN WANTED
For Paper Mill work.
No experience necessary.
8 hours work
42c per hour. Opportu-
nity for advance-
ment. Single men pre-
ferred. Splendid new
hotel, meals 35c, rooms
85c. Apply
Crown Willamette
Paper Co.,
Camas, Wash.

MONUMENTS
PORTLAND MARBLE WORKS
264-266 Fourth St.—New Bros.

PHYSICAL THERAPEUTICS
DR. R. A. PHILLIPS, 906 Broadway Bldg.
Disorders of the stomach, liver, kidneys,
bowels, gonorrhea, high blood pressure and
female disorders.

DR. ELNA SORESENSEN, 608 Panama
Bldg. Druggists methods, stomach, kid-
neys, rheumatism, constipation, liver
trouble.

PLUMBING & PLUMBING SUPPLIES
We can supply you with any kind of
plumbing supplies at wholesale prices.
We will gladly estimate cost of any job.
Write for prices.
STARK-DAVIS CO.,
212 Third St., Portland

PAINTS AND WALL PAPER
Write us for prices. Pioneer Paint Co.,
186 First St., Portland.

PLATING—NICKEL AND SILVER
Write for prices—we pay return postage
on small parcels. California Plating Works,
214 2nd St., Portland.

PORTABLE DRAG SAW
Most highly improved Drag Saw on the
market. Has the only real and practical
clutch. Write for particulars and special
prices.
BEAVER MOTOR PRODUCTS CO.,
246 Hawthorne Ave., Portland.

SANITARIUMS
WHY THE MILK CURE? Ask the
Moore Sanitarium. An institution devoted
to doing one thing well. Office 908 Selling
Building, Portland, Oregon.

PORTLAND
Go with the crowd to the Abington
Bldg., Portland to buy, sell or exchange
Real Estate. Frank L. McGuire.

SANITARY BEAUTY PARLOR
We help the appearance of women.
Twenty-two inch wavy or transforma-
tion, price \$7.50, price \$12.45.
400 to 412 Dekum Bldg.

SCHOOLS AND COLLEGES
EMULER BARBER COLLEGE
Wants Men, Women to learn the trade;
positions waiting; send for catalogue.
MISS DECKER'S Private Business Col-
lege. Alisky Bldg., 3d & Morrison Sts.

Hawthorne Auto & Gas Engine School,
463 Hawthorne Ave. Practical experience
in overhauling and repairing every make
of auto and gas engine. Oxyacetylene
welding. Established 1907.

SILOS AND GRAIN BINS
The only exclusive Silo factory. No
month. Unique Siloing Co., 104 Fourth
St., Portland.

TAILORED SUITS
Suits to order, \$10 down, \$5.00 per
month. Unique Tailoring Co., 104 Fourth
St., Portland.

TEACHERS' AGENCY
ROCKY MOUNTAIN TEACHERS' AGENCY.
Frank K. Welles, ex-Asst. State
Supt., mgr., Portland, Ore. Teachers
placed promptly.

WALL PAPER—PAINT
At wholesale and retail. Mail orders
promptly filled. Smith's Wall Paper
House, 108-110 Second St., Portland.

NEW BOOKS
MAIL ORDERS SOLICITED

All orders of \$1.00 or over sent postpaid.
New Fiction
Ma Pettengill, by Harry L. Wilson. \$1.50
The Valley of Vision, by Sarah Com-
stock. 1.50
Room No. 2, by Anna K. Green. 1.50
The Cricket, by Marjorie B. Cooke. 1.50
The Wicked Marquis, by E. P. Oppen-
heim. 1.50

Popular Reprints
Against the Winds, by Kate Jordan. 1.50
The Son of Tarzan, E. R. Burroughs. .75
From Babelnab to Boches, by H. C.
Witwer. .75
His Last Bow, by A. Conan Doyle. .75
Bravado of the Engineers, by H.
Bindass. .75
The Rider in Khaki, by Nat Gould. .75
The Major, by Ralph Connor. .75
Send cash with order.
A. W. Schmale
290 Morrison St. Portland, Oregon

Coney as a Venice.
Coming up toward Sandy Hook on
a perfectly placid sea we were blessed
with just that amount of haze which
turned Coney Island into Venice, Ar-
thur E. Shipley writes in Scribner's
Magazine. The sea was an Adriatic
lagoon; we might have left Trieste
overnight! The same merciful mist
changed the clear-cut outlines of the
skyscrapers into Turner's pictures
and the Boy and the Poet became
ecstatic with the ecstasy of youth.

MORRIS BROTHERS, Inc.

The Premier Municipal Bond House
MORRIS BUILDING, 309-311 Stark St.
Government and Municipal Bonds
PORTLAND, ORE.
Established Over
Twenty-Five Years

It Works! Try It
Tells how to loosen a sore,
tender corn so it lifts
out without pain.

No hump! Any corn, whether
hard, soft or between the toes, will
loosen right up and lift out without
a particle of pain or soreness.

This drug is called freezezone and is
a compound of ether discovered by a
Cincinnati man.

Ask at any drug store for a small
bottle of freezezone, which will cost but
a trifle, but is sufficient to rid one's
feet of every corn or callous.

Put a few drops directly upon any
tender, aching corn or callous. In-
stantly the soreness disappears and
shortly the corn or callous will loosen
and can be lifted off with the fingers.

This drug freezezone doesn't eat out
the corns or callouses but shrivels
them without even irritating the sur-
rounding skin.

Just think! No pain at all; no sore-
ness or smarting when applying it or
afterwards. If your druggist don't
have, freezezone have him order it for
you.—Adv.

"A good husband ought to tell his
wife all his faults," explains the pro-
fessional solver of domestic problems
in a Milwaukee newspaper. A very
original idea, but what is the pre-
scribed method of conduct when she
persists in telling about them first?

Arabic Hides Grade Well.
Arabic skins coming into the
world markets through Egypt and the
Sudan originate exclusively in Jedda
and places in the vicinity of Mecca.
They embrace cattle hides, sheep
skins, goat skins and camel hides, and
are generally dry salted. Arabic hides
are limited in quantity; the quality,
however, is excellent.

A low station with safety is better
than a high one with danger.

Cuticura Soothes Baby Rashes.
That itch and burn with hot baths
of Cuticura Soap followed by gentle
anointments of Cuticura Ointment.
Nothing better, purer, sweeter, espe-
cially if a little of the fragrant Cuti-
cura Talcum is dusted on at the fin-
ish. 25c each everywhere.—Adv.

Inconstancy Ever Unpopular.
Nothing that is not a real crime
makes a man appear so contemptible
and little in the eyes of the
world as inconstancy, especially when
it regards religion or party. In either
of these cases, though a man perhaps
does but his duty in changing his
side, he not only makes himself hated
by those he left, but in seldom
heartily esteemed by those he comes
over to.—Addison.

Interesting Text Books.
A school in Italy uses stamp albums
to teach geography and history. Each
student has his own collection, while
the school owns a larger and more
complete one. The boys and girls are
a great deal more devoted to their
studies with such novel text books to
attract and interest them than they
would be with just common pink and
blue maps.

Are You Satisfied? BEHNKE-WALKER
BUSINESS COLLEGE
is the biggest, most perfectly equipped
business Training School in the North-
west. Fill your mind for a higher position
with more money. Permanent positions
assured our Graduates.
Write for catalog—Fourth and Yamhill,
Portland.

New Houston Hotel
Sixth and Everett Sts., Portland, Ore.
Four blocks from Union Depot. Two blocks
from New Postoffice. Modern and fireproof.
Over 100 outside rooms. Reasonable rates.
CHAS. G. HOPKINS, Manager.

FORD CAR OWNERS
YOU CAN SAVE
20% to 50% on Auto Supplies by
ordering from us. We operate seven large
stores and specialize on accessories, parts
and tires for Ford cars. Write today for
128 page FREE book of information and
supplies. Western Auto Agency, Los
Angeles, San Francisco, Seattle.

Your Eyes Granulated Eyelids,
Eyes inflamed by ex-
posure to Sun, Dust and Wind
quickly relieved by Murine
Eye Remedy. No Smarting,
just Eye Comfort. At
Your Druggists or by mail 60c per Bottle.
For Book of the Eye free write
Murine Eye Remedy Co., Chicago.

Cuticura Promotes Hair Health
All druggists, Soap, 25c, Ointment, 25c, Talcum, 25c.
Sample each free of Cuticura, Soap, 25c, Ointment, 25c, Talcum, 25c.

P. N. U. No. 23, 1919

IF KIDNEYS AND BLADDER BOTHER

Take Salts to flush Kidneys and
neutralize irritating
acids.

Kidney and Bladder weakness result
from uric acid, says a noted authority.
The kidneys filter this acid from the
blood and pass it on to the bladder,
where it often remains to irritate and
inflamm, causing a burning, scalding
sensation, or setting up an irritation
at the neck of the bladder, obliging
you to seek relief two or three times
during the night. The sufferer is in
constant dread, the water passes
sometimes with a scalding sensation
and is very profuse; again, there is
difficulty in voiding it.

Bladder weakness, most folks call
it, because they can't control urina-
tion. While it is extremely annoying
and sometimes very painful, this is
really one of the most simple ailments
to overcome. Get about four ounces
of Jad Salts from your pharmacist and
take a tablespoonful in a glass of wa-
ter before breakfast, continue this
for two or three days. This will neu-
tralize the acids in the urine so it
no longer is a source of irritation to
the bladder and urinary organs which
then act normally again.

Jad Salts is inexpensive, harmless,
and is made from the acid of grapes
and lemon juice, combined with lithia,
and is used by thousands of folks who
are subject to urinary disorders caused
by uric acid irritation. Jad Salts is
splendid for kidneys and causes no
bad effects whatever.

Here you have a pleasant, efferves-
cent lithia-water drink, which quickly
relieves bladder trouble.

Arabic Hides Grade Well.
Arabic skins coming into the
world markets through Egypt and the
Sudan originate exclusively in Jedda
and places in the vicinity of Mecca.
They embrace cattle hides, sheep
skins, goat skins and camel hides, and
are generally dry salted. Arabic hides
are limited in quantity; the quality,
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That itch and burn with hot baths
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Nothing better, purer, sweeter, espe-
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cura Talcum is dusted on at the fin-
ish. 25c each everywhere.—Adv.

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makes a man appear so contemptible
and little in the eyes of the
world as inconstancy, especially when
it regards religion or party. In either
of these cases, though a man perhaps
does but his duty in changing his
side, he not only makes himself hated
by those he left, but in seldom
heartily esteemed by those he comes
over to.—Addison.

Interesting Text Books.
A school in Italy uses stamp albums
to teach geography and history. Each
student has his own collection, while
the school owns a larger and more
complete one. The boys and girls are
a great deal more devoted to their
studies with such novel text books to
attract and interest them than they
would be with just common pink and
blue maps.

Are You Satisfied? BEHNKE-WALKER
BUSINESS COLLEGE
is the biggest, most perfectly equipped
business Training School in the North-
west. Fill your mind for a higher position
with more money. Permanent positions
assured our Graduates.
Write for catalog—Fourth and Yamhill,
Portland.

New Houston Hotel
Sixth and Everett Sts., Portland, Ore.
Four blocks from Union Depot. Two blocks
from New Postoffice. Modern and fireproof.
Over 100 outside rooms. Reasonable rates.
CHAS. G. HOPKINS, Manager.

FORD CAR OWNERS
YOU CAN SAVE
20% to 50% on Auto Supplies by
ordering from us. We operate seven large
stores and specialize on accessories, parts
and tires for Ford cars. Write today for
128 page FREE book of information and
supplies. Western Auto Agency, Los
Angeles, San Francisco, Seattle.

Your Eyes Granulated Eyelids,
Eyes inflamed by ex-
posure to Sun, Dust and Wind
quickly relieved by Murine
Eye Remedy. No Smarting,
just Eye Comfort. At
Your Druggists or by mail 60c per Bottle.
For Book of the Eye free write
Murine Eye Remedy Co., Chicago.

Cuticura Promotes Hair Health
All druggists, Soap, 25c, Ointment, 25c, Talcum, 25c.
Sample each free of Cuticura, Soap, 25c, Ointment, 25c, Talcum, 25c.

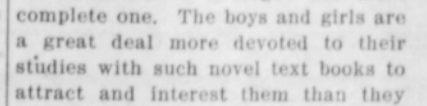
P. N. U. No. 23, 1919

THIS WEEK, NERVOUS MOTHER

Tells How Lydia E. Pinkham's
Vegetable Compound
Restored Her Health.

Philadelphia, Pa.—"I was very weak,
always tired, my back ached, and I felt
sickly most of the
time. I went to
a doctor and he said
I had nervous indig-
estion, which added
to my weak
condition kept me
worrying most of
the time—and he
said if I could not
stop that, I could
not get well. I
heard so much about
Lydia E. Pinkham's
Vegetable Com-
pound my husband wanted me to try it.
I took it for a week and felt a little bet-
ter. I kept it up for three months, and
I feel fine and can eat anything now
without distress or nervousness."—Mrs.
J. WORTHLINE, 2842 North Taylor St.,
Philadelphia, Pa.

The majority of mothers nowadays
overdo, there are so many demands
upon their time and strength; the result
is invariably a weakened, run-down,
nervous condition with headaches, back-
ache, irritability and depression—and
soon more serious ailments develop.
It is at such periods in life that Lydia E.
Pinkham's Vegetable Compound will
restore a normal healthy condition, as
it did to Mrs. Worthline.



Cuticura Promotes Hair Health
All druggists, Soap, 25c, Ointment, 25c, Talcum, 25c.
Sample each free of Cuticura, Soap, 25c, Ointment, 25c, Talcum, 25c.

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