

Save Food

120 million Allies must eat

United States Food Administration

School Notes

In the High School mid-year examinations will be the 15th, 16th and 17th of January.

Bertha Pyburn has returned to school after an absence of several days.

Glenn Frum is home on account of illness in the family.

Claron Gormley and Harold Ross visited school one afternoon during their Christmas vacation.

Lawrence Wells will not be able to return to school this term on account of ill health.

The 7th and 8th grades are sorry to lose Genevieve Wells, who will be unable to attend the Halsey School on account of the illness of her brother.

The following acknowledgment was received by the principal of our school from J. Teuscher, Jr., acting agent for The Boys' and Girls' Aid Society of Oregon: The shipment of various Christmas presents from your school arrived in good condition. Please accept heartfelt thanks, not only for these good things, but also for the manifestation of good will on the part of yourself, your teachers and pupils. It is noble to help the helpless. You have taken a part in this work. When in Portland do not fail to visit our institution. May the year 1919 be one of happiness and success for you, your teachers and pupils.

UNCLE SAM'S ADVICE ON FLU

U. S. Public Health Service Issues
Official Health Bulletin
on Influenza.

LATEST WORD ON SUBJECT.

Epidemic Probably Not Spanish in Origin—Germ Still Unknown—People Should Guard Against "Draclet Infection"—Surgeon General Blue Makes Authoritative Statement.

Washington, D. C.—(Special.)—Although King Alfonso of Spain was one of the victims of the influenza epidemic in 1893 and again this summer, Spanish authorities repudiate any claim to influenza as a "Spanish" disease. If the people of this country do not take care the epidemic will become so widespread throughout the United States that soon we shall hear the disease called "American" influenza.

In response to a request for definite information concerning Spanish influenza, Surgeon General Rupert Blue of the U. S. Public Health Service has authorized the following official interview:

What is Spanish influenza? Is it something new? Does it come from Spain?

"The disease now occurring in this country and called 'Spanish influenza' resembles a very contagious kind of 'cold,' accompanied by fever, pains

Coughs and Sneezes Spread Diseases



As Dangerous as Poison Gas Shells

in the head, eyes, ears, back or other parts of the body and a feeling of severe sickness. In most of the cases the symptoms disappear after three or four days, the patient then rapidly recovering. Some of the patients, however, develop pneumonia, or inflammation of the ear, or meningitis, and many of these complicated cases die. Whether this so-called 'Spanish' influenza is identical with the epidemics of influenza of earlier years is not yet known.

"Epidemics of influenza have visited this country since 1647. It is interesting to know that this first epidemic was brought here from Valencia, Spain. Since that time there have been numerous epidemics of the disease. In 1889 and 1890 an epidemic of influenza, starting somewhere in the Orient, spread first to Russia and thence over practically the entire civilized world. Three years later there was another flare-up of the disease. Both times the epidemic spread widely over the United States.

"Although the present epidemic is called 'Spanish influenza,' there is no reason to believe that it originated in Spain. Some writers who have studied the question believe that the epidemic came from the Orient and they call attention to the fact that the Germans mention the disease as occurring along the eastern front in the summer and fall of 1917."

How can "Spanish influenza" be recognized?

"There is as yet no certain way in which a single case of 'Spanish influenza' can be recognized. On the other hand, recognition is easy where there is a group of cases. In contrast to the outbreaks of ordinary coughs and colds, which usually occur in the cold months, epidemics of influenza may occur at any season of the year. Thus the present epidemic raged most intensely in Europe in May, June and July. Moreover, in the case of ordinary colds the general symptoms (fever, pain, depression) are by no means as severe or as sudden in their onset as they are in influenza. Finally, ordinary colds do not spread through the community so rapidly or so extensively as does influenza.

"In most cases a person taken sick with influenza feels sick rather suddenly. He feels weak, has pains in the eyes, ears, head or back, and may be sore all over. Many patients feel dizzy, some vomit. Most of the patients complain of feeling chilly, and with this comes a fever in which the temperature rises to 100 to 104. In most cases the pulse remains relatively slow.

"In appearance one is struck by the fact that the patient looks sick. His eyes and the inner side of his eyelids may be slightly 'bloodshot,' or 'congested,' as the doctors say. There may be running from the nose, or there may be some cough. These signs of a cold may not be marked; nevertheless the patient looks and feels very sick.

"In addition to the appearance and the symptoms as already described, examination of the patient's blood may aid the physician in recognizing 'Spanish influenza,' for it has been found

Try Halsey first.



BAD BREATH

DO YOU WANT your friends to avoid you? They will certainly do so when your breath is bad. There is no excuse for anyone having a bad breath. It is caused by disorders of the stomach which can be corrected by taking Chamberlain's Tablets. Many have been permanently cured of stomach troubles by the use of these tablets after years of suffering. Price 25 cents per bottle.

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Will have a supply of Berkshire on hand in the near future.

Custom Grinding in lots of 500 lbs. or more done at any time after the busy season is over.

O. W. FRUM

THE ENTERPRISE FOR PRINTING

BABIES MUST HAVE MILK

"You get more calories in the penny from milk than from any other food even at the present price," said Dr. E. J. Labbe, specialist, who returned recently from Europe and who spoke at the State Fair and at other patriotic gatherings. Dr. Labbe told of the children he treated in the Red Cross children's hospital in Evian, on Lake Geneva, in France. The little French and Belgian refugees were wan and weak and almost lifeless. A milk diet soon brought good results and the babies thrived. "But," said Dr. Labbe, "they will never entirely shake off the marks made by the months in which they were starved for milk. Children must have milk if the race is to go on. It is every man's and every woman's duty to do all in his power to keep the herds of Oregon alive. Feed men, mill men, dairy men, householders, dealers, everyone must co-operate. The babies of the world must be saved."

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HALSEY NEWS NOTES

ALSO ITEMS OF INTEREST FROM EVERYWHERE

Dr. Lindberg, the Dentist, Harrisburg.

S. P. Schedule for Halsey SOUTH BOUND

No. 23, due 11:54 a. m., reg. stop
No. 17, due 5:48 p. m., reg. stop

NORTH BOUND

No. 18, due 12:05 a. m., reg. stop
No. 24, due 5:00 p. m., reg. stop



USE THE HANDKERCHIEF AND DO YOUR DUTY BUT DON'T PROTECT YOURSELF

COLDS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Happy New Year! Harry Stewart of Mabel was a New Year visitor here.

Pvts. Geo. Stone and Tyler were in town Thursday.

Miss Graves spent Christmas with friends in Albany.

Miss Lillian Sneed was home from Portland for Xmas.

Mr. Tway was a passenger to Eugene Thursday morning.

The flu ban was put on again at Salem and Albany Monday.

Henry Peroni of Mt. Angel college visited Harold Stevenson New Year's.

George Hayes and Will Kirk, on a hunting trip Saturday bagged twelve geese.

Miss Glenn Frank of the U. of O. was a New Year's guest at the J. W. Miller home.

George Frum is a sufferer from flu. The youngest son, Earl, is also reported ill from the same trouble.

Miss Esther Frisbee, city school superintendent, spent Christmas at Albany, the guest of Miss Maud Henderson.

Quick Cure for Croup

Watch for the first symptom, hoarseness, and give Chamberlain's Cough Remedy at once. It is prompt and effective.

Use Thompson's Best Flour. For sale by M. V. Koontz Co.

D. H. Talmadge spent Christmas with his wife and daughter in Portland.

Wm. Grimes and family spent Christmas with Mr. Grimes' mother at Harrisburg.

Mrs. J. P. Wilbur of Stayton spent Christmas with her mother, Mrs. H. H. Kirk, in this city.

Seabert Walker and Harold Ross were among our soldier boys who were home for Christmas.

Miss Hazel Straley spent the holidays at home. She is teaching at Summit, to which place she returned Sunday.

Miss Nettie Spencer, who is teaching in the high school at Eugene this winter, is visiting at the home of her sister, Mrs. M. J. Quick.

R. A. McCully, real estate dealer of Eugene, had business which brought him to Halsey Saturday evening. He returned home Sunday.

Claron Gormley and Alfred Savage, who are stationed at Camp Lewis, were home for the holidays, returning to duty Sunday evening.

Sgt. Harrison Wallace was here from Ft. Canby to spend Christmas with Mrs. Wallace. He went to Gardiner Monday to see his mother.

Misses Ethel A. Quimby, Lillian Bressler, Dorothy Miller and Panzy Freeman were home from their respective colleges during the holidays.

H. W. Bryden and family, of Silverton, former residents of this vicinity, were in Halsey Friday looking after their ranch southeast of the city.

Lyman Marsters, Cecil Quimby, Eldon Cross and Harold Stevenson, who have been in the S. A. T. C. have received their discharges and were home over the holidays.

Dan Nash and daughter, Miss Ruth, came up from Vancouver the last of the week. Miss Ruth will make her home with her aunt, Mrs. J. C. Standish and attend the Halsey school. Mrs. Nash of Brownsville was over and spent Sunday with her son and grand laughter.



"Why do you think Slobber's wife was a chorus girl once?" "Cause she always wears a happy smile."

Chamberlain's Cough Remedy

Before using this preparation for a cough or cold you may wish to know what it has done for others. Mrs. O. Cook, Macon, Ill., writes: "I have found it gives the quickest relief of any cough remedy I have ever used." Mrs. James A. Knott, Chillicothe, Mo., says: "Chamberlain's Cough Remedy cannot be beat for coughs and colds." H. J. Moore, Oval, Pa., says: "I have used Chamberlain's Cough Remedy on several occasions when I was suffering with a settled cold upon the chest and it has always brought about a cure."

Rheumatism bother you? Try Peonia. W. J. Ribelin.

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