



MEAL-TIME MAGIC

BY Adelaide Kerr
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PECAN WAFFLES

2 cups ready-mix for pancakes
2 cups milk
1/3 cup melted butter, fat or oil
2 eggs
1/2 cup pecan meats
Place ready-mix, milk, melted butter and eggs in a medium-sized mixing bowl. Beat with a rotary egg beater until batter is fairly smooth. Fold in chopped pecan meats. Pour batter onto a hot waffle iron. Bake until iron stops steaming. Makes 5 servings.

RICE PUDDING

4 cupfuls milk
1/2 cupful rice
1/2 teaspoonful salt
1/2 cupful sugar
1/2 lemon (grated rind)
Wash rice, mix ingredients, pour into a greased pudding dish, set in a pan of hot water and bake for three hours at 300°F. Stir every 10 minutes during the first hour of baking to prevent rice from settling. Serves six.

INDIAN PUDDING

5 cupfuls scalded milk
1/2 cupful corn-meal
1/2 cupful molasses
1 teaspoonful ginger
1 teaspoonful salt
1/2 teaspoonful cinnamon
Pour milk slowly on to corn-meal, cook in double boiler twenty minutes. Add remaining ingredients. Pour into a greased baking dish, set in a pan of hot water and bake at 350°F. for two hours. Serve with top milk. Serves six.

ANGEL WINGS

1/2 cup sifted enriched flour
1/2 cup sugar
1/2 teaspoon salt
1 cup shortening, soft
2 eggs
1 teaspoon vanilla
1/2 teaspoon almond extract (optional)
1 cup oats, uncooked
Slivered almonds

Sift together flour, sugar and salt into bowl. Add shortening, eggs and flavorings. Beat until smooth, about 2 minutes. Fold in rolled oats. Drop from a teaspoon onto ungreased baking sheet, allowing about 2 inches between cookies. Flatten with a knife dipped in cold water. Decorate with slivered almonds. Bake in a moderate oven (375°F.) 10 to 12 minutes until cookies are golden brown around the edges. Remove from baking sheet immediately. Makes 4 dozen cookies.

CANDY STARS

5 cups puffed rice
1/2 cup butter or margarine
1/2 cup peanut butter
1/2 lb. fresh marshmallows (about 32)
Measure puffed rice into a shallow pan. Heat in a moderate oven (350°F.) 10 minutes. Pour puffed rice into a large greased bowl. Melt butter, peanut butter and marshmallows in double boiler stirring occasionally. Pour over puffed rice, stirring until puffed rice is evenly coated. Pack puffed rice mixture in bottom and on sides of greased star-shaped molds or custard cups, leaving centers hollow for filling. Cool thoroughly. Remove from molds. Fill centers with Cranberry Fluff which has set thoroughly. Makes 12 stars.

Cranberry Fluff—

Cook 2 cups fresh cranberries with 1 cup sugar and 1 cup water until tender. Drain juice from berries (keeping both juice and berries). Add enough boiling water to the hot cranberry juice to make 2 cups of liquid. Dissolve 1 package orange-flavored gelatin in the hot liquid. Chill until mixture is partially set. Beat until light and frothy. Fold in cooked cranberries. Whip 1 cup whipping cream and fold into cranberry-gelatin mixture. Chill until set. Fill stars as directed above.

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County Agent Remarks

by Bob Murdock

GROWTH REGULATORS AND DEFOLIANTS

In this modern era in which we are now living phenomenal discoveries are taking place every day. In the plant kingdom we have such wonderful discoveries as our antibiotics, weed killers, growth regulators, defoliants, etc. One such chemical which comes under two of the above classifications and which we have all heard of, talked about and many of us used and still do not know very much about is the common chemical known as 2,4-D or 2, 4, dichlorophenoxyacetic acid.

Many people recognize this compound exclusively as a weed-killer; it is a growth regulator also. At a concentration of a few parts per million it will do an amazing array of things; it will keep pears, apples and citrus fruit on the tree; it will prevent leaf drop after use of insecticidal sprays; it will improve the keeping qualities of potatoes when the foliage is sprayed before harvest time; it will improve the color of certain red potatoes; it will ripen bananas; it will put roots on stems in the most unusual places; it will cause pineapple plants to flower and do many other things. Yet the same compound at higher dosages will kill plants. How is all this possible? Well, in this way — these chemicals belong to a group correctly known as auxins; they are all imitations of the naturally occurring growth hormone in the plant (indoleacetic acid). The concentration or level of this hormone regulates the growth processes. Its concentration in turn is regulated by the plant itself and its environment through control of the production and destruction of the hormone. The synthetic auxins, from 4-chlorophenoxyacetic acid to 2, 4-D, are as active in the plant as they are because the plant cannot destroy them as fast as it can its own natural product, indoleacetic acid. This is why a single small dosage of these synthetic growth regulators has such a long-lasting and far reaching effect. The effect of synthetic auxins in small quantities rests simply on the raising of the auxin level in the plant by the addition of the artificial auxin to the naturally-occurring one. The artificial setting of tomatoes, the 4-D does not kill a plant directly, artificial induction of flowers in

the pineapple, the control of pre-harvest drop, and prevention of sprouting of potatoes are all explained by this supplementation of the naturally-occurring auxin by the artificial one.

In explaining 2,4-D action as a weed-killer, it must be realized first that all auxins are capable of killing plants provided they are given in high enough concentrations. Such large dosages, far beyond those which occur in nature, upset the balance between bio-chemical reactions in the plant. This in turn results in the production and accumulation of normal metabolites in abnormal quantities. Products which in their normal concentrations are beneficial now become toxic. 2,4-D is so successful as a weed-killer because molecule for molecule it is more active than most other auxins and vastly more active than the naturally-occurring auxin, indoleacetic acid. According to this view, 2,4-D is like pentachlorophenol does, but it is the plant's own products, produced in abnormal quantities under influence of this growth regulator, which ultimately are the lethal agent. This also explains the slow action of 2,4-D weed-killers — so as a word of caution I might add "follow directions in using, or your best crop might be your worst crop."

February is a good time to plant small seed legumes in winter grain or fall sown pastures. These include ladino, red, alsike, white-clovers and lotus.

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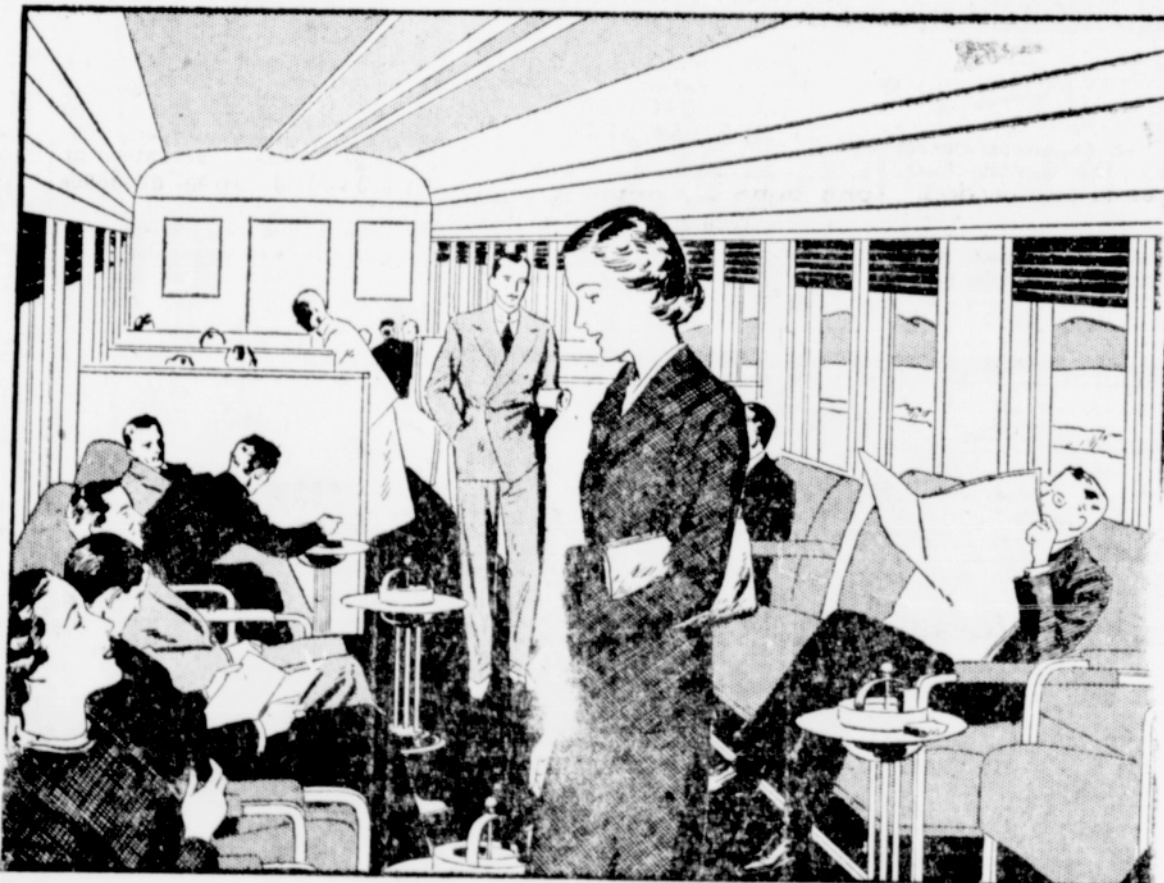
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Northbound	
Lv. Ashland	6:00 p.m.
Lv. Medford	6:38 p.m.
Lv. Central Point	6:47 p.m.
Lv. Gold Hill	7:07 p.m.
Lv. Rogue River	7:18 p.m.
Lv. Grants Pass	7:43 p.m.
Lv. Roseburg	11:46 p.m.
Ar. Portland	7:25 a.m.
Southbound	
Lv. Portland	7:00 p.m.
Ar. Roseburg	3:10 a.m.
Ar. Grants Pass	7:12 a.m.
Ar. Rogue River	7:28 a.m.
Ar. Gold Hill	7:43 a.m.
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