



MEAL-TIME MAGIC

BY Adelaide Kerr

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HOME-MAKER'S CLUB, INC.

HEART

Trim the heart, and wash in cold water. For beef's heart, soak in cold water one hour. Melt one to two tablespoons fat in a kettle. Chop one onion into small pieces and sauté in the fat. Add the heart and sear on all sides. Pour over boiling water to cover and boil ten minutes. Reduce the heat and simmer gently until tender. A lamb's or calf's heart will require one and one-half to two and one-half hours. Beef or sheep heart requires two to three hours. The heart will have a better flavor if some vegetables are cooked with it—one carrot minced, three tablespoons minced celery, one tablespoonful tomato catsup or Worcestershire sauce, and a dash of cayenne. Thicken gravy with one tablespoonful flour mixed with two tablespoons cold water.

CURRIED BEEF HEART

1 beef heart
1 onion
1 pint boiling water
About 1/2 cupful flour
1 tablespoonful curry-powder
2 tablespoons fat
Salt
Pepper
Pour boiling water over beef heart and let stand for ten minutes. Trim off fat and arteries and cut up in small pieces. Try out enough of the fat which was cut off to make two tablespoons. Chop the onion, and brown it in the fat together with the pieces of heart rolled in the flour. Add the water and cook gently until the meat is tender. Replenish the water, as it boils away. When done, add seasoning and curry-powder mixed with a little cold water. Thicken with flour if needed. Sufficient to serve eight.

RAISIN STUFFED HEARTS

Calf's heart about 1 pound
2 cupfuls bread-crumbs
1 teaspoonful fat
2 tablespoons seedless raisins
1 peeled onion
1 teaspoonful salt
1/4 teaspoonful pepper
1/8 teaspoonful each paprika, powdered sage, onion salt, and marjoram
Wash the heart thoroughly and remove veins and arteries. Soak about fifteen minutes in acidulated cold water. Soak the bread-crumbs in water to soften; then mix with the fat, raisins, and seasonings. Stuff the heart with one-half of this mixture. Sew the opening together. Sprinkle the heart with salt and pepper, dredge with flour, and brown quickly in a hot, greased frying-pan. Then remove to a covered baking-dish, into the bottom of which the onion has been sliced. Half-cover with boiling water and bake at 350° F. for two hours, basting occasionally. Place the remaining stuffing in a buttered dish and bake thirty minutes. Serve with the baked heart on a platter with a gravy made from the liquor in which the heart was cooked, poured over all. Serves four to six.

LIVER

Calf's liver is considered the best of the animal livers although beef and lamb livers are good if properly cooked. They are all cooked in much the same way except beef liver, which must be parboiled for five minutes after slicing before cooking in the usual manner. Wash in cold water and remove any membranes. Cut in slices one-half inch thick. Cover with boiling water and let stand five minutes. Drain, dredge with flour, salt, and pepper and sauté in bacon fat.

CALVES' LIVER AND BACON

1 pound calves' liver
1/4 cupful flour
1 teaspoonful salt
1/4 cupful corn-meal
1/4 pound bacon
Prepare liver as above. Roll it in the flour, corn-meal, and salt mixed well together. Put bacon on to cook; as soon as fat collects, add the liver and sauté until browned on both sides. The bacon will cook first; remove it to a hot platter, and later add liver. Serves four. Slices of ripe or green tomatoes sautéed until brown add zest to this dish. Steamed rice added makes an entire course and an attractive club-plate.

LAMBS' KIDNEYS AND MUSHROOMS

1 large onion
2 tablespoons finely chopped parsley
3 tablespoons fat
3 tablespoons flour
2 beef bouillon cubes
2 1/2 cupfuls boiling water
1 bay leaf
6 lambs' kidneys
1 pound mushrooms
1/4 cupful hot water
2 tablespoons fat
1/2 teaspoonful celery salt
1/2 teaspoonful pepper
Mince the onion and sauté it, together with the finely chopped parsley, in the fat until the onions are tender and golden brown in color. Then add the flour and stir until well blended; add two and one-half cupfuls of stock, made by dissolving the beef bouillon cubes in the two and one-half cupfuls of boiling water, and stir well. Add the bay leaf, broken up fine. Cover, and simmer three minutes, or until smooth and slightly thickened. Then add the lambs' kidneys, which have been prepared as directed above. Meanwhile, clean, scrape, and skin the mushrooms and slice in halves lengthwise. Simmer them in one-fourth cupful of hot water, two tablespoons of fat the celery salt, and pepper until the mushrooms are tender. Then add them to the lamb-kidney mixture and combine thoroughly. Place a mound of well-seasoned, mashed potato in the center of a dish and sprinkle with chopped parsley. Arrange the mushrooms and kidneys in sauce around the mound of potatoes. The same mixture may be served on buttered toast for luncheon if desired. Serves six.

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Disabled Veterans Make Memorial Poppies

Making memorial poppies to be worn in honor of the war dead on Poppy Day, May 27, is providing employment for thousands of disabled veterans in hospitals throughout the country, according to Miss Barbetta Farlein, poppy chairman of Glenn Morrison unit No. 70 of the American Legion auxiliary. The work not only enables the veterans to earn much-needed money, but also is valuable as occupational therapy, Miss Farlein said.

Poppies which will be worn here are being made by patients at the veterans hospitals at Roseburg under the direction of the poppy chairmen, department of the auxiliary. They will be distributed on the streets here on Poppy Day by volunteer workers from the auxiliary and cooperating organizations. Contributions received for the little red memorial flowers will go entirely into the rehabilitation and child welfare funds of the Legion and auxiliary.

The flowers are made of crepe paper with wire stems and are accurate replicas of the wild poppies of France and Belgium, which grew in such profusion on the battlefields of both world wars. This "Flanders Fields" poppy has been the memorial flower of all English-speaking countries ever since the first World War. Millions are worn throughout the world each year and, in addition to keeping bright the memory of the war dead, they are an important source of funds for the welfare of the disabled veterans and needy children of veterans.

The veterans work on the flowers in their hospital beds, wheel chairs, or in the hospital hobby shops. In some states, special workrooms are maintained by the auxiliary where disabled men outside the hospitals are employed. The veterans develop great skill and speed in shaping the flowers and are able to earn substantial amounts without overtaxing their strength. For them the poppy fills empty hospital hours with interesting, profitable employment.

Art Exhibition Planned For G.P. in August

The Grants Pass chapter of the American Association of University Women is planning the third annual Southern Oregon Art Exhibit to be held at the Washington school, Third and B streets, Grants Pass, Oregon, Aug. 11, 12 and 13, 1950.

The exhibition is open to all artists in Southern Oregon. Media are oil, water color, pastel and black and white. Oil paintings must be framed, others matted. The entry fee is one dollar. Not more than three pictures may be submitted by any one artist.

The Grants Pass Camera club will hold an exhibition at the same time with a one dollar entry fee for non-members. Additional information regarding the Camera club exhibit may be obtained at Barrett's Stationery Store in Grants Pass. Entry blanks may be obtained at the Medford Art Center in Medford or at the Grants Pass Chamber of Commerce in Grants Pass, Oregon.

BROWNIE TROOP

Brownie Troop 81 met at the Legion hall Saturday afternoon. Birthdays were celebrated for Bertha Champney and our leader, Mrs. Harms. We drew names for secret pals. Our new assistant leader, Mrs. George, is going to teach us how to make animals out of potatoes.

Job's Daughters to Have Installation May 22

Installation of the Guardian Council of Job's Daughters will take place May 22 instead of May 15 as previously announced.

Mrs. Joan Bean has been elected the new guardian treasurer of the Bethel Council of Job's Daughters.

Forest Supervisor Change Announced in Portland

Transfer of Norman J. Penick, supervisor of the Mt. Hood national forest, Portland, Oregon, to the staff of the regional office at Portland was announced today by H. J. Andrews, regional forester.

Lloyd R. Olson, supervisor of the Wenatchee national forest, Wenatchee, Washington, for the past five years, will replace Penick as supervisor of the Mt. Hood.

In his new position, Penick will work on the forest and range land sections of a comprehensive agricultural plan for the Columbia Basin area. As a member of a forest service Columbia Basin committee Penick will direct the work of collecting information in Oregon and Washington on the conservation practices and management improvements needed on forest and range lands.

Olson comes to the Mt. Hood forest with nearly 20 years of experience on five national forests and in the regional office of the Pacific Northwest region. He has a wide background of experience in recreation, timber management, range management and improvement work in the national forests of Oregon and Washington, according to Andrews.

John K. Blair, staff assistant on the Wenatchee forest, will succeed Olson as supervisor there. Before entering the forest service, Blair was engaged in ranching, stock raising, logging and a wide variety of seasonal work on the Fremont forest. He was appointed assistant ranger on the Fremont in 1930. From there he was transferred to the Page Creek district of the Siskiyou forest in 1931 as district ranger and was in charge when that station was transferred to the Redwood Ranger station in Cave Junction. He went to the Wenatchee staff position in 1937.

Attend the Eagle's Dance Saturday night and come to the Fountain Lunch for midnight supper.

Nuptials Announced

Mr. and Mrs. George A. Mansfield have announced the engagement of their daughter, Louise, to James E. Baldwin, son of Mr. and Mrs. R. T. Baldwin of the Caves highway. No date for the wedding has been set.

COUGARS

(Continued from Page One)
Game time will be 2:00 o'clock p.m. Admission prices are 50, 25 and 10 cents.

SENIOR CLASS PLAY

(By Glenda Robinson)
The obvious thing to say about "June Mad," the new comedy by Florence Ryerson and Colin Clements, presented by the senior class, Friday, May 5, in the Kerby auditorium, which reduced its audience to a state of laughter-limp and pop-off-the-vest-buttons merriment, is that the observant authors know more about America's adolescents than anyone else since Booth Tarkington.

There was a large audience at both the matinee and the evening performances. Everyone who attended the play found it a very entertaining and enjoyable.

The gross proceeds from the play were approximately \$240.

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President Roosevelt's Board said— President Truman's Board said— Still the leaders of the Railroad Firemen's Union say— "NO! NO! NO! STRIKE!"

This ridiculous strike is an affront to every citizen of the nation. It's not for more money. It's not because of hours. It's only for soft feather-bedding spots for additional unnecessary firemen to go along in diesel locomotives just for the ride. A leading liberal newspaper calls the demands of the union leaders "horse-feathers!"

• The reckless leaders of the firemen's union want to force down the throats of the railroads and the public a ridiculous "make-work" proposal which has been twice ruled out by Presidential Fact Finding Boards duly appointed under the provisions of the Railway Labor Act.

This demand of union leaders for additional and unnecessary firemen to ride in diesel locomotives was rejected—after months of hearings—by a Board appointed by President Roosevelt in 1943.

It was again rejected in 1949 by a Board appointed by President Truman. Recent meetings with the National Mediation Board have brought no change in the attitude of the union dictators.

Union Leaders Defy Intent of Law

The union leaders helped write the Railway Labor Act. Yet in an attempt to jam through this scheme of pure

"feather-bedding" by leading the members of their union out on strike and threatening paralysis to large areas of the nation, they are defying the spirit and intent of the very law which they helped to create.

This strike is not for higher wages. It is a strike to force the railroads to employ many more thousands of firemen who are not needed! It would be indefensible waste. The railroads have refused to place this additional and unnecessary burden on the public.

But more important than any other consideration, is the action of these few irresponsible union leaders in seeking to force a crippling strike upon the

This strike is one of the silliest strikes in history!

What are these reckless union leaders trying to do? They seek to cause thousands of their members to strike, and throw hundreds of thousands of other employees on and off the railroads out of employment, with loss of pay to them and their families, plus a severe blow to industry and the citizens of the nation.

What's the strike all about? If the union has its way—what happens? The present members of the union won't get one cent more pay. They will merely have been assessed for a costly and indefensible drive in an attempt to provide more dues-paying members for the union by creating "feather-bedding" jobs for additional and unnecessary firemen.

This is certainly one of the silliest strikes in history!

nation for their own selfish purposes.

There is no other possible answer to such a demand but "No!"

The railroads in making such a reply believe they have the whole-hearted support of the people in whose interest they are willing to fight this out, despite the loss and inconvenience that all will suffer.

It is time to put an end to such un-American demands.



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